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Feel free to pass to any veteran who might be able to use this information!

For thousands more files like this and hundreds of links to useful information, and hundreds of "Frequently Asked Questions, please go to:

[Veterans-For-Change](http://Veterans-For-Change.com)

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*Veterans-For-Change is a 501(c)(3) Non-Profit Corporation  
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***If Veteran's don't help Veteran's, who will?***

We appreciate all donations to continue to provide information and services to Veterans and their families.

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**Note:**

VFC is not liable for source information in this document, it is merely provided as a courtesy to our members.



## RETURNING SERVICE MEMBERS OEF OIF

Welcome home and *thank you* for your service to our country! VA is ready to provide health care and more to our newest veterans returning from the armed services. Here are some of the benefits VA provides that you need to know about:

**Health Care Eligibility for 5 years** — Enroll for health care at any VA Medical Center or clinic for 5 years following your military separation date. When you enroll, you may start receiving your health care at the VA right away, or not - the choice is yours! Once you enroll, the VA will be available to help serve your health care needs for years to come - but you must enroll within 5 years from separation!

**Dental Benefits** — We provide dental examinations and benefits to veterans with service related dental conditions. You may be eligible for one-time dental care but you must apply for a dental exam within the first 180 days of your separation date. Visit the [Office of Dentistry](#) for more information.

**OEF/OIF Programs** — every VA Medical Center has a team ready to welcome OEF/OIF service members and help coordinate their care. Visit [How Do I Get Help?](#) for more information.

**Federal Recovery Coordination Program** — assists severely wounded, ill or injured recovering service members, veterans, and their families in accessing the care, services, and benefits provided through the various programs in the Departments of Defense and Veterans Affairs, other federal agencies, states, as well as the private sector. Visit [How Do I Get Help?](#) for more information.

**Primary Health Care for Veterans** — We provide [general and specialized health care](#) to meet veterans' needs.

**Additional Benefits** — We provide additional, non-health related benefits which may include: financial benefits, home loans, vocational rehabilitation, education, and more. Visit the [Veterans Benefits Administration](#) for more information.

### Frequently Asked Questions

[What benefits are available?](#)  
[How do I or a loved one get into the Federal Recovery Coordination Program?](#)  
[As a returning OEF/OIF woman veteran, am I better off working with an OEF/OIF Program Manager or a Women Veterans Program Manager?](#)  
[How can I reach and speak with a chaplain?](#)  
[I don't feel like myself since I came home from Afghanistan. Is this normal?](#)  
[I've been having trouble sleeping and I can't stop thinking about some of the things that happened to me over in Iraq. Do I have PTSD?](#)

## Contact Us

<b>Benefits:</b>	1-800-827-1000
<b>Education &amp; Training:</b>	1-888-442-4551
<b>Life Insurance:</b>	1-800-669-8477
<b>Special Issues:</b>	1-800-749-8387
<b>Health Care:</b>	1-877-222-VETS (8387)
<b>Headstones/Markers:</b>	1-800-697-6947
<b>VA Insp. General:</b>	1-800-488-8244
<b>TDD:</b>	1-800-829-4833