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## Veterans-For-Change

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### **Grilled Apples With Cheese and Honey**

Prep Time: 10 mins Cook Time: 6 mins Total Time: 16 mins

#### Ingredients

- > 1 large apple(s), or 2 small tart apples, peeled and sliced into 1/2-inch thick rounds
- > 2 teaspoon oil, almond, or canola oil
- > 1 teaspoon sugar, powdered
- > 1 ounce(s) cheese, cheddar, sharp, or Parmigiano-Reggiano cheese
- > 2 tablespoon nuts, pecans, toasted
- 4 teaspoon honey

### **Preparation**

- 1. Preheat grill or grill pan to medium heat.
- 2. Toss apple slices with oil and sugar in a large bowl. Grill the apple slices until just tender and lightly marked, turning once, about 6 minutes total.
- 3. Shave cheese into thin strips with a vegetable peeler. Top the apple slices with a sprinkling of cheese and nuts and drizzle with honey.

