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Advisory Committee Seeks Answers To Agent Orange Questions

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Agent Orange Review

Information for Veterans Who Served in Vietnam



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New VA Administrator Pledges Action on Agent Orange Issues

Before he was sworn in as VA's 12th administrator, Harry Walters testified before Congress and declared himself an advocate for America's veterans. He pledged to meet the special health-care needs of younger veterans, many who are combat disabled and some who may have been exposed to phenoxy herbicides.

On the Agent Orange issue, Walters said: "The questions related to Agent Orange exposure are extremely complex. The difficulty in resolving them has frustrated Members of Congress, the veterans' service organizations, those of us in the Executive Branch, and, most important, the veterans who are concerned as to how exposure may have affected their lives. These concerns are real, and VA must meet its responsibilities, whatever they may be."

Recently, Administrator Walters addressed VA's Herbicide Advisory Committee and reaffirmed his belief that VA has a special responsibility in helping to resolve the complex issues surrounding exposure to Agent Orange. He said: "I intend to commit the necessary resources and to give top priority to supporting and reviewing research that will determine, to the extent possible, the likely effects of exposure to Agent Orange, as well as the possible environmental hazards related to military service.

"We (the VA) have the additional responsibility to deal sensitively and compassionately with these deeply felt concerns.

"Pending the results of ongoing research, it is essential that we



Harry Walters testifies before the Senate Committee on Veterans' Affairs at his confirmation hearing in December 1982.

work together to provide appropriate medical care, under the provisions of Public Law 97-72 (the "Veterans' Health Care, Training and Small Business Loan Act of 1981"), to all those veterans who believe their health has been adversely affected by service-related environmental health hazards."

Australia Releases Two Reports On Australian Vietnam Vets

Two reports on Australian forces who served in Vietnam have been issued. The first examines the possible effects of pesticides on their health and the second covers whether they are at an increased risk of having children with birth defects.

After evaluating evidence and reviewing claims made by the Vietnam Veterans Association of Australia, the Australian Senate's Standing Committee on Science and the Environment released its first report on the possible effects of pesticides on Australian Vietnam veterans.

The committee reached these conclusions:

- It is unlikely that the majority of Australian troops were directly or indirectly exposed to herbicides used by U.S. forces, namely Agent Orange and other compounds containing the phenoxy herbicides 2,4-D and 2,4,5-T. However, direct exposure to insecticides (such as malathion) used to control malaria was probable in the majority of cases.
- It is accepted that all Vietnam veterans would have been exposed to harmful chemicals outside of Vietnam. The report suggests that the additional burden of exposure to potential cancer-causing substances associated with a one-year-period of service in Vietnam is likely to have been relatively small.
- There is no convincing evidence, at present, that the rates of birth abnormalities, psychiatric disorders and mortality are excessive among Vietnam veterans. The committee does not rule out the possibility that excessive rates may appear in the future.
- It is highly improbable that birth defects in children of Vietnam veterans result from the veterans' exposure to pesticides while serving in Vietnam.
- There is insufficient evidence to support allegations that there
 is an increased mortality rate among Vietnam veterans because
 of cancer. Other causes of death (suicides and accidents
 resulting from psychiatric disorders) in Vietnam veterans may
 be excessive and, therefore, may justify further monitoring.

In a separate study, a team from the Commonwealth Institute of Health, University of Sydney, attempted to determine whether Vietnam-era Australian veterans were at an increased risk of fathering a malformed child.

In February 1983, the Australian government issued a report on the results of this study entitled "Case-Control Study of Congenital Anomalies and Vietnam Service (Birth Defects Study)." It is the first scientific study on the subject ever completed.

The study found that Australian veterans of the Vietnam conflict were not at increased risk of fathering a malformed child.

Three groups were included in the study: Vietnam veterans, contemporary Army personnel who did not serve in Vietnam and community members who did not serve in the Army at that time.

The analysis also showed that the risk of fathering a malformed child was no higher for either Vietnam veteran or Army non-Vietnam veteran fathers than for other Australian males and the risk was not different for National Service and Australian Regular Army Vietnam veterans.

State Agent Orange Groups Hold First National Meeting

Seventeen states have begun their own programs relating to the Agent Orange issue.

VA's Agent Orange Projects Office maintains an ongoing relationship with each state program, providing Agent Orange informational materials and other assistance.

Representatives from seven of the official state Agent Orange programs held the first national meeting on Agent Orange in the fall of 1982. Representatives agreed to share medical, scientific and outreach information to promote action on resolving the Agent Orange issue.

Representatives also attended the VA Advisory Committee on Health-Related Effects of Herbicides in February 1983 and a special meeting with Administrator Harry Walters.

Agent Orange Research Update

Air Force Health Study

The Air Force released preliminary findings from their study on Ranch Hand personnel who were involved in herbicide spraying missions in Vietnam from 1962 to 1971.

The three-part study — a mortality study, a morbidity study (diseases, including birth defects in offspring) and followup — was begun in 1980.

Although more extensive analyses and comparisons of the data remain to be done, preliminary findings show that the overall mortality rates of the Ranch Hand and comparison group have been very similar. Based on the 60 deaths identified in the Ranch Hand group, excluding 22 killed in action, no statistically significant differences in total death rates have been found between the Ranch Hand group and the comparison group.

Statistics for both groups were lower than for a similarly aged U.S. white male population. However, thus far, very few deaths have occurred in the study groups, and these deaths represent only a very early assessment of mortality. Further analyses will continue as the data are updated and periodically reassessed.

Face-to-face interviews of participants selected for the in-home questionnaire part of the study have been conducted by Louis Harris Associates.

The interviews, begun in October 1981, were completed in November 1982.

Of the original 2,486 subjects selected for the study, only one Ranch Hand and four comparison subjects could not be located. This location rate of 99.8 percent is very high for an epidemiological study. Interviews with current and former wives and next-of-kin of deceased individuals also took place.

Ninety-seven percent of the Ranch Hand subjects chose to participate in the face-to-face questionnaire.

The indepth physical examinations and psychological evaluations of the participants began in January 1982. The examinations were completed in mid-December 1982.

A mortality report is expected to be issued in May 1983, and preliminary reports on the data from the questionnaire and examinations are expected to be released in mid- or late summer.

Followup examinations will be administered to the study subjects at 3, 5, 10, 15 and 20 year points.

Soft-Tissue Sarcomas

VA's Agent Orange Projects Office is now in the process of researching data on the number of Vietnam-era veterans who have been diagnosed as having soft-tissue sarcomas (malignant tumors).

With support from VA's Data Processing Center in Austin and the use of patient treatment records, the Agent Orange Projects Office expects to obtain a count and a list of names of those veterans.

VA also is looking into data indicating the prevalence of soft-tissue sarcomas among adult males, ages 30 to 50. The National Cancer Institute and other sources are providing the data.

Several epidemiological studies conducted by Swedish scientists have reported evidence of a relationship between soft-tissue sarcomas and exposure to phenoxy herbicides and dioxin. Similar studies in New Zealand and Finland, however, show no such relationship.

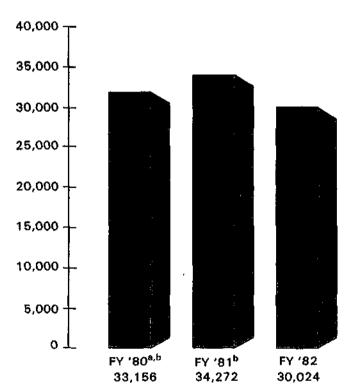
The Swedish studies consisted of three investigations. The first involved 52 soft-tissue sarcoma patients who were matched with 208 controls without such tumors. Results indicated a five-fold increase in the risk of soft-tissue sarcomas in those workers exposed

to phenoxy herbicides. In the second study, using the same technique as the first, 110 patients with soft-tissue sarcomas and 219 controls were matched. Forestry and agricultural workers had a risk five-times greater than that of the other workers. The third study concentrated on malignant lymphomas. Sixty patients with Hodgkin's disease and 105 with types of non-Hodgkin's lymphomas were matched with 335 controls. Results were similar to the findings of the other investigations.

New Zealand scientists conducted a study involving 102 males with soft-tissue sarcomas who appeared on the New Zealand Cancer Registry between 1976 and 1980 and 306 controls chosen from patients with other forms of cancer. The two groups were matched by age, year and occupation when added to the Cancer Registry. In spite of the fact that phenoxy herbicides have been used extensively for many years in New Zealand in agriculture and forestry, so far the study findings do not show an excess of soft-tissue sarcomas for those workers involved in these occupations.

In Finland, mortality data on 1,926 workers involved in dioxincontained-herbicide spraying during 1955-1971 were studied from 1972 to 1980. Although exposure was rather low and of a short duration (but similar to that reported in the Swedish studies), no cases of death from soft-tissue sarcomas or lymphomas were found. Mortality figures (including deaths from natural causes and from all types of cancers) also were studied separately for subgroups of workers who were more heavily exposed. Results did not show an increased mortality rate for these workers.

AGENT ORANGE EXAMINATIONS



Cumulative total number of initial examinations as of September 30, 1982 (as illustrated by graph): 97,452; as of January 31, 1983: 106,149.

alnoludes totals for FY '78 and FY '79.

^bBecause of changes in examination reporting procedures, actual totals prior to 5/81 are unavailable. Estimated figures have been used.

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