



Veterans-For-Change Newsletter

A Voice of the Veterans

Week Ending Sunday, February 11, 2018

Volume 9, Issue 06



This-N-That

I'd like to apologize to everyone for this weeks newsletter being put to press so late, and our slow response to all the E-Mails we have received.

I and our regular office volunteers have all contracted the flu bug, which several doctors have told us this is the worst one they've seen to date.

Sadly the four of us have done our best to steer clear of each other but we still managed to pass it back and forth and finally after three weeks, we're on the mend and catching up as quickly as we can.

We've also seen several medical reports and in the news that so far this flu virus has taken the lives of 84 people, so if you haven't gotten your flu shot, please do get one. I personally missed it this year and of course I got nailed and first time I've been sick in nearly six years.

Should you get it, the very best thing in the world you can do is first get yourself to your doctor, or the nearest urgent care. Then get home and do your level best to stay in bed, drink lots of fluids, soups, light foods and of course plenty of sleep.

Chances are you will have gotten rid of it within a week, then figure two more weeks till your 100% again!

On behalf of our Volunteers nationwide and myself, we wish you and your family good health!

Respectfully,

Jim Davis

Founder

Jim.Davis@Veterans-For-Change.org



**Today's Youth Have Distorted View on
the Military**

Unsettling myths about the military are rising among recruit-age youth and their parents, teachers, clergy and coaches — in part because they have no personal or family ties to the armed forces, according to a key Pentagon official. The DoD points out that over 60 of those surveyed believe that it is likely that a person will leave the military unable to readjust to civilian life. Read more about the "[myths](#)" and the impact they may have on recruiting in the coming years.



New Scandal Shows DoD Wasting Taxpayers' Money

Back in 2010 then-Secretary of Defense Robert Gates declared that "Health care costs are eating the Defense Department alive." Leon Panetta said the same thing when he was Secretary of Defense a few years later.

In 2015 Senator Lindsey Graham (R-S.C.) said, "So over time, we're going to have to ask Tricare retirees to contribute more to make Tricare more sustainable."

Also in 2015, one publication wrote "Unsurprisingly, one of the most vocal cheerleaders of this effort to reduce benefits for American soldiers is Senator John McCain (R-Ariz.) who stated that military personnel costs are 'one of our greatest challenges' and that

'we're going to have to make some tough decisions' soon.

Last year, Congress passed legislation that increased pharmacy co-pays for all military retirees. It also restructured the Tricare health program and added new fees, as well as increased fees for those who use Tricare Prime.

Now, a new report by Politico, a Washington, D.C., newspaper and website, says that an audit has found more waste in the Defense Department. According to the article, "the Defense Logistics Agency failed to properly document more than \$800 million in construction projects, just one of a series of examples where it lacks a paper trail for millions of dollars in property and equipment. Across the board, its financial management is so weak that its leaders and oversight bodies have no reliable way to track the huge sums it's responsible for, the firm warned in its initial audit of the massive Pentagon purchasing agent."

TREA has argued for years that DoD needs to be audited because it wastes mountains of money. Every year some new report comes out about wasteful Pentagon spending, this being only the most recent.

Yet many politicians, as well as Pentagon bean-counters, continue to insist that it's those of us who are military retirees who are the cause of unsustainable

Pentagon spending. This is outrageous and TREA will continue to fight to protect your military health care and fight to stop you from having to pay even more for your promised and earned military health care.

Source: TREA



Study Finds Married Vets at Higher Risk of Suicide

A new study from the Department of Veterans Affairs and the University of Connecticut found that veterans who are married or are in a live-in relationship have a higher risk of suicide than their single counterparts. Researchers reviewed survey responses from 772 Iraq and Afghanistan veterans and found variations in suicide risk based on age, income, marital status and religious beliefs. Being married significantly increased the risk, researchers concluded. For more information, see this [article](#), visit the University of Connecticut [website](#) and read an abstract of the study on the Archives of Suicide Research [website](#).



Veterans-For-Change Web Site

The Veterans-For-Change website has been under construction since day one back in 2009 and every day since then. The looks pretty much stay the same, but in the background constant improvement and change is being done to make our website the most user friendly “One-Stop-Shop” website to find almost everything you might have tried to find searching the internet.

Almost a hundred people have been involved; collecting web links to documents now houses on the VFC website, collecting thousands of web links for various issues, illnesses and benefits. Creating forums for all eras of service and two forums one just for men and one just for woman where you can go question, comment, share medical and personal concerns, what ever you'd like it to be.

We also have a forum with a licensed Mental Health Worker, again where you can seek help or just ask questions.

We average **2,100** hits per day, and downloads average **1,200** per day with a total **3,877,747** visitors as of Friday.

If you subscribe you will have full access to the entire website and best of all it's **FREE of charge!** You just need a valid E-mail address so the system can send you a confirmation E-Mail. Once received, click on the

link to be authorized automatically.

www.veterans-for-change.org

- Documents Library with over **16,163** documents on-line (Updated: 12/30/17)
- FAQ's with more than **1,600** FAQ's and answers
- Multiple Forums
 - o Afghanistan Veterans
 - o FMP - Foreign Medial Program
 - o Gulf War & Desert Storm Veterans
 - o Iraq Veterans
 - o Korean Veterans
 - o Men Veterans Forum
 - o Mental Health for Veterans
 - o Political Issues
 - o Suggestion Box
 - o The Mess Hall
 - o VA Hospitals and Medical Centers
 - o Veteran Affairs
 - o Vietnam Veterans
 - o Welcome Mat
 - o Women Veterans Forum
 - o WW II Veterans
- Job Postings
- Memorial Pages (Updated: 11/02/17)
- News (Articles On-Line: 7,113)
- Polls

- Web Links, more than 3,618, Added 1 New Links
(Updated: 01/03/18)

If you have a submission for the memorial pages, E-Mail: Jim.Davis@veterans-for-change.org



Sound Off: Should America Lower the Drinking Age for Active Duty Military?

Last week, state lawmakers in South Dakota's House State Affairs Committee considered a bill that would lower the drinking age to 18 for active duty military, including the National Guard. Representative Tim Goodwin, a military veteran and the bill's sponsor, stated, "If somebody is going to join the military and fight for his country and possibly give up his life for his country, he should be considered an adult and should be able to have an adult beverage. It's an insult that they have to wait until they're 21." The bill was ultimately not passed, but do you agree with this viewpoint? Make your opinion heard in this [Under the Radar post](#).



Learn What's New With Your TRICARE Benefit at Upcoming Webinar

Do you have a new TRICARE plan? Not sure how your new TRICARE coverage works? Do you have the same TRICARE plan, but not sure if anything changed? Join us on Monday, Feb. 12, from 1 to 2 p.m. (ET) for the "Take Command of Your Health: New Year, New TRICARE" webinar.

Read the full article [here](#).



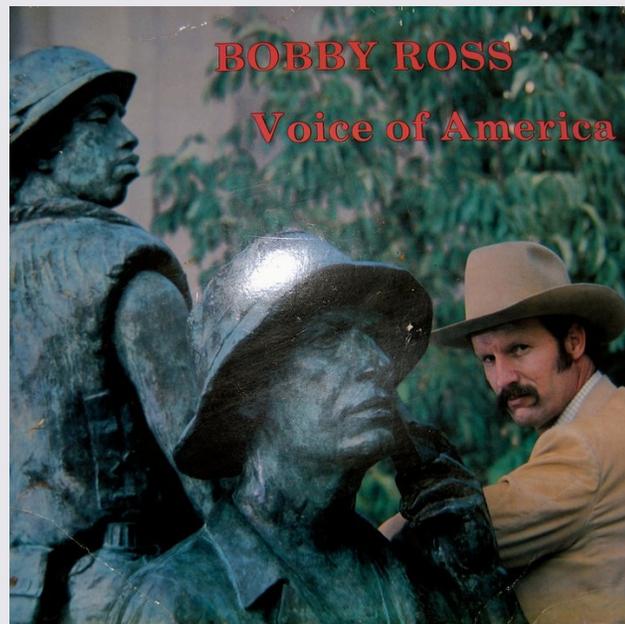
LT Bobby Ross

February's Featured
Song

JACK

LT Bobby Ross

PATRIOTIC MUSIC



The Coming of FEDVIP for Military Retirees and Active Duty Family Members

2018 is a year of big changes in TRICARE. Next year, 2019, will also present a large change. On January 1st 2019 (please note this is next year) the Federal Employees Dental and Vision Insurance Program (henceforth referred to as FEDVIP) will be available to some TRICARE beneficiaries.

This program, like the present TRICARE Retiree Dental Program is not funded by the federal government. The beneficiaries' premiums cover the full cost of the insurance. (This is also true for all civilian federal employees.) Presently 71% (1.5 million beneficiaries) of military retirees and family members eligible for the TRICARE Retiree Dental Plan (TRDP) while 600,000 (29%) of eligible beneficiaries are not enrolled.

The present FEDVIP program has 10 different dental carriers and 4 vision carriers:

Dental

1. Aetna Dental
2. Delta Dental
3. Dominion Dental
4. Emblem Health

5. FEP BlueDental
6. GEHA
7. Humana
8. MetLife
9. Triple-S Salud
10. United Concordia

Vision

1. Aetna Vision
2. FEP BlueVision
3. UnitedHealthcare Vision
4. VSP

The plans vary. Some have national and some have regional networks. Some have no maximum benefit for some dental plans - others do. Most do not have a waiting period for most dental services. The thing is they are different and you have the choice.

When you have a chance you should speak to your dentist (if you want to continue with him or her) and ask which plans they take, which they prefer and which is the best value.

Looking at the Vision plans they also vary. Some have no deductibles; some do; some have no limit on glass frames and/or contact lenses; others do. And some plans provide discounts for LASIK surgery. Again during 2018 you should study the various plans and

see if you are interested and if you are which plan is best for you.

You can enroll in one or both plans. And Active Duty family members can enroll in the Vision plan. (Active Duty family members have a dental plan that the federal government pays for 40% of the premiums.)

The most important thing for you to know is that if you wish to be covered in either plan you must affirmatively enroll in your selected plan during the FEDVIP's Open Season which will be November 12th to December 10th 2018.

There will be NO automatic transition for current TRDP enrollees to the new program.

After enrollment beneficiaries will only be able to enroll or change plans during the yearly Open Season unless you experience what is called "a Qualifying Life Event." Those include marriage, divorce, birth of a child etc.

This will seem strange to many of you but you have a year to get used to it. And FEDVIP provides more benefits than you currently have so it is definitely worth the trouble. As the program is rolled out we will write more about it- but in the meantime if you already have questions please call or email the Washington Office and ask for Deirdre Parke Holleman or write me at

Source: TREA



Navy to Synch Rotation and Separation Dates

The U.S. Navy has made some significant changes pertaining to the retention of Sailors. In the past, Sailors with projected rotation dates (PRD) after their end of active obligated service (EAOS) were able to push their EAOS to match their PRD only if they were a first term Sailor on sea duty. Now the U.S. Navy has mandated that all Sailors' EAOS and PRD match. This does not affect those Sailors who have already been given their orders to their next command. Sailors should make their intentions known on whether they plan on staying in the Navy or getting out to their chain of command. Their chain of command should then be able to provide them with the information they need to help determine what is best for their specific circumstance.





Legislation to Tackle Spouse Employment Issues

A new proposal would order the Pentagon to take a hard look at a series of military [spouse](#) employment issues and come up with action plans to address them. The legislation, which Sen. Tim Kaine, a Virginia Democrat, plans to introduce Tuesday, would also expand a federal military spouse hiring authority and broaden the Pentagon's transition program to include spouses, he announced last week. For more details, see this [article](#).

VA Benefit Payments Calendar for 2018

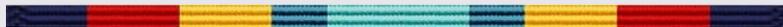
What will VA benefit payment dates for 2018 be? Military.com has come up with a guide to let veterans know when they can expect that [direct deposit to show up](#).



Reduced Costs for Certain Diabetes, High Cholesterol Drugs

TRICARE beneficiaries taking certain maintenance drugs for diabetes or high cholesterol are now paying lower or no copayments as part of a pilot program. The Medication Adherence Pilot Program, launched on Feb. 1, will examine whether people are more likely to follow a medication treatment plan when those drugs are available at no-or-reduced cost.

Read the full article [here](#).



**CONTACT YOUR
MEMBERS OF CONGRESS!**

To Call your Representative:

202-225-2305

To Call your Senators:

202-224-3841 or 202-224-3553

To call Different Members of Congress:

202-224-3121

TOLL FREE: 866-272-6622

PLEASE... STOP Making Excuses!

www.veterans-for-change.org



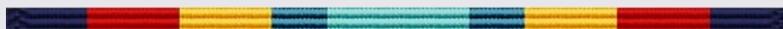
**Reduce Your Out of Pocket & Rx Costs
with a TRICARE Supplement**

Get a Tricare supplement that pays your cost shares and can pay 100% of covered excess charges. Get valuable coverage **now**.



Touring WWI Sites

Driving through northern France today it is difficult to imagine the brutal fighting that occurred 100 years ago. Farms and rolling green countryside fill the horizon, and tucked within this peaceful landscape are WWI sites connected to the American experience that are sometimes overlooked. To give visitors a better understanding of where these sites are located, the American Battle Monuments Commission (ABMC) has released 21 free specialized routes of interest. For more information and to download them, visit the [ABMC website](#).



New Features of the TRICARE Website

The TRICARE website is your first stop when you have questions about your benefit. It is now easier to take command of your health on the TRICARE website. Beyond the new look and feel of the website, new features and tools will now help you find what you're

looking for quicker. Check out these improvements to the TRICARE website:

1. Find Information Faster. Need to compare TRICARE plans, find a doctor or find a phone number? Three new search wizards on the [home page](#) have been optimized to make sure you'll answer fewer questions and get to your results faster. Use the [Find a TRICARE Plan](#), [Find a Doctor](#) and [Find a Phone Number](#) tools to see what plans you qualify for, locate a nearby provider or get contact information.

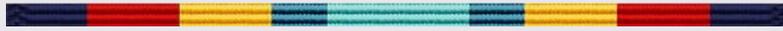
2. Understand Your Benefit. TRICARE is changing, so the TRICARE website is better organized to help you quickly understand your benefit. Use the TRICARE website to know [what's covered](#) or what a [qualifying life event](#) is. Need to submit a claim or file a form? You'll find "Forms and Claims" in the top navigation bar.

3. Access TRICARE On-the-Go. According to Pew Research Center, half of smartphone users use their phone to look up health information, and 62 percent used their smartphone to look up a health condition. With that in mind, the TRICARE website has been improved for viewing on mobile devices.

Now is the perfect time to tackle that to-do list: [schedule your next appointment](#), [change your primary care manager](#), review costs and much more.

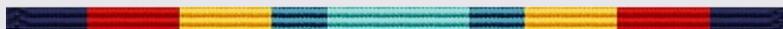
Take command of your health and your health care in 2018 at <https://tricare.mil/>

Source: TREA



AF to Enhance Fitness Tests

The Air Force has begun the roll out of Tier 2 physical training standards. The adoption of the Tier 2 standards will exempt battlefield Airmen from three of the four components of the Air Force fitness assessment. Air liaison officers and tactical air control party operators will soon see the implementation of new physical fitness test requirements, making them the first career fields in the Air Force to have occupationally-specific and operationally-relevant standards, as well as a second fitness assessment. According to [Air Force Instruction 36-2905](#), Fitness Program/AFI 36-2905_FITNESS PROGRAM.pdf Fitness Program, all Airmen are required to maintain a certain level of physical fitness. For more information, see this [article](#).

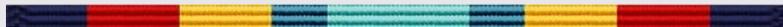




Marine Commandant Opens Up About Controversial Tattoo Policy

Despite updates to regulations in 2016 that clarified rules and gave troops slightly more flexibility on where they can put their ink, some still complain that the Marine Corps is too restrictive on tattoos, keeping out some potential recruits and resulting in denied reenlistment for others. In an interview with Military.com, Marine Corps Commandant Gen. Robert Neller revealed the one thing that would prompt him to reconsider current **tattoo restrictions**.





Fitness Trackers Cause Security Risk

The Department of Defense (DoD) is studying security issues raised by physical conditioning trackers that also can be used to track servicemembers' whereabouts. The concern comes from a 'heat map' posted by Strava, the makers of a fitness tracking application, that shows the routes servicemembers run or cycle in their daily exercises. These maps can show military bases and may be used to target individuals. The heat map incident re-emphasizes the need for servicemembers to be cautious about what data to share via wearable electronic devices. Soldiers and civilians who are interested in learning about more ways to protect their online presence can study the U.S. Army's [Social Media Handbook](#) and read this [article](#).



WWI Ceremonies Scheduled

To commemorate and remember America's role in World War I, American Battle Monument Commission (ABMC) sites will host a variety of centennial ceremonies in 2018. The commemorations begin Memorial Day weekend with special ceremonies at Somme American Cemetery, Aisne-Marne American Cemetery and Cantigny Monument. See a full listing of events on the American Battle Monuments Commission [website](#).

TREA Supports H.R. 4403, The Moving Americans Privacy Protection Act

The Customs and Border Patrol (CBP) requires

manifest documents for any shipments into and out of the United States. Under current law CBP can make this information publicly available and sells it to third-party data brokers for a fee. The vast majority of manifest information contains commercial trade information and is used to produce statistical information regarding cargo shipments in and out of the United States.

However, when individuals move household goods internationally, the manifest information disclosed by CBP includes Personally Identifiable Information (PII). When this occurs, personal information can become available online or deliberately stolen, subjecting those individuals to identity theft, credit card fraud and unwanted advertising solicitations. While this affects all Americans moving overseas, service members and foreign service officers are the main victims, especially so with the frequency in which they are ordered to move overseas. This is not only an issue about identity theft, but a national security issue as well considering how many of our servicemembers' Personally Identifiable Information is being revealed through this process.

HR 4403, the Moving Americans Privacy Protection Act, addresses this major security breach at CBP by preventing them from selling any lists that have not had

Personally Identifiable Information scrubbed from them.

TREA: The Enlisted Association supports this common-sense, straightforward legislation that would make the lives of our service men and women, as well as our Foreign Service Officers, more safe and secure.

Source: TREA



Veteran Crisis Resources

Veterans Crisis Line 1-800-273-8255 and Press 1

Military Crisis Line 1-800-273-TALK (8255)

**National Call Center for Homeless Veterans
1-877-4AID-VET (424.3838)**

VA Caregiver Support Line 1-855-260-3274



TRICARE Offers Dental Cleanings

Frequent dental cleanings may help your overall health in many ways. If you are enrolled in the **TRICARE Dental Program**, **TDP** covers yearly diagnostic and preventive services. During a 12-month period, the TDP covers two routine teeth cleanings. If noted on the claim form that you are pregnant or have a covered chronic medical condition, then a third routine teeth cleaning is covered. A healthy mouth may lower your risk for some serious medical issues, including stroke and heart disease. **Make an appointment** for your next cleaning now. For more information about the TDP, download the **TRICARE Dental Program Handbook**.



The Truth About MLM Businesses and How They Hurt Troops

Direct-sales businesses are prevalent in military communities, as military spouses and even some service members try to either launch full-time jobs or just make some extra cash on the side. But according to a study hosted on the FTC's website of nearly 350 direct-sales companies, roughly 99% of employees lose money after accounting for overhead costs, inventory, and other fees. For more details, see this **article**.

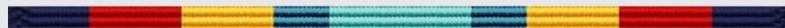


Links to Other Stories

- 1) 12-year-old Preston Sharp's campaign to honor Veterans recognized by president, VA leaders
- 2) Dallas VA expands Veteran access, choice with new evening health care option
- 3) Depression and the VA
- 4) February is Heart Month - A Veteran Nurse's Story
- 5) Gulf War Veterans Face Bigger Challenges With Claims Process
- 6) New and Material Evidence
- 7) New Online Tool Will Provide Veterans With Customized Instructions for Discharge Upgrade Process
- 8) Statement by VA Secretary David Shulkin — State of the Union
- 9) VA Announces Leadership Changes at Roseburg (Oregon) Medical Center
- 10) VA study: Nearly one in four Vietnam combat Vets harbored parasite
- 11) VA, Health and Human Services Announce Partnership to Strengthen Prevention of Fraud, Waste and Abuse Efforts
- 12) VA's National PTSD Brain Bank Collaborates With PINK Concussions Group

You can help VFC by reading articles posted and commenting at the bottom and rate the articles. If you don't have an account, sign up today, it's FREE. Your comments and rankings tell us what type of information you want most.

Check us out today: www.veterans-for-change.org



DOL Launches New Program to Recognize Veteran Employers

The U.S. Department of Labor has announced the launch of the HIRE Vets Medallion Program Demonstration, an effort that will recognize up to 300 employers for their investments in recruiting, employing, and retaining our nation's veterans. The program demonstration will raise awareness of the HIRE Vets Medallion Program, which kicks off in 2019. Program demonstration applications will be available on Jan. 31, 2018, online at the HireVETS [website](#). The demonstration has no application fee and is limited to the first 300 applications across all categories (large, medium, and small employers). Any employer with at least one employee on staff is eligible to apply. For more information, visit the HIREVets website for updates, or contact HIREVETS@dol.gov.



VA Offers Same-Day Urgent Care

The Department of Veterans Affairs (VA) has announced that 100 percent of its more than 1,000 medical facilities across the country now offer same-day services for urgent primary and mental health-care needs. Same-day services means a veteran with an urgent need for primary care and mental health-care receives services that may include: a face-to-face visit with a clinician; advice provided during a call with a nurse; a telehealth or video care visit; an appointment made with a specialist; or a prescription filled the same day, depending upon what best meets the needs of the veteran. For more information, read the VA [VA Vantage Point Blog](#).

Veteran Assistance in California This Month

American Legion national staff and Department of California Legionnaires are teaming up for a pair of veterans outreach efforts in the Shasta and Central Valley areas. The Shasta effort will take place from 9 a.m.-5 p.m. Feb. 8-9 at Shasta Dam American Legion Post 720, 4309 Vallecito St., Shasta. The Central Valley effort will take place Feb. 9-11 at the Stanislaus County Veterans Center, 3500 Coffee Road, Modesto. The hours are 4-8 p.m. Feb. 9, 9 a.m.-4 p.m. Feb. 10 and 9 a.m.-noon Feb. 11. A county veterans' service officer will be available both days at both locations.



The Department of Defense and the U.S. Department of Veterans Affairs Partner With the American Foundation for Suicide Prevention to Focus on Reducing Suicide

On Jan. 30, at its annual Chapter Leadership Conference, the American Foundation for Suicide Prevention announced a milestone partnership with the U.S. Department of Defense and the U.S. Department of Veterans Affairs. The three organizations have been champions for service member and veteran suicide prevention for many years, but this announcement marks the first time they are joining together to reduce service member and veteran suicide.

"As the nation's largest suicide prevention organization, the American Foundation for Suicide Prevention is proud to announce two new partners in the fight to prevent suicide - DOD and VA," said Bob Gebbia, AFSP CEO. "We know from research that suicide is a national public health issue that impacts all Americans, including our service members and Veterans. By having the DOD and the VA involved, we can make it a top priority to reach the men and women who serve, and have served, our country."

"VA and DOD have endorsed AFSP's goal of reducing the national suicide rate 20 percent by the year 2025

and will not stop in our efforts to work towards eliminating suicide among our service members and veterans," said Dr. Keita Franklin, acting national director of suicide prevention, Department of Veterans Affairs. "Suicide is a national public health issue that impacts people of all ages, and prevention requires the cooperation and commitment of communities across the nation. Reducing veteran suicide is VA's highest clinical priority, and this partnership is a momentous step in advancing our work."

Formalizing this partnership allows AFSP, DOD and VA to mobilize their respective nationwide networks of staff and volunteers towards a shared goal of reducing service member and veteran suicide. This partnership is a powerful example of the public health approach to suicide prevention in action, allowing all three organizations to reach service members and veterans where they are. The partnership will also enhance the ability of AFSP, DOD and VA to share evidence-based best practices and strategies to prevent suicide, helping advance the entire field of suicide prevention.

"Ensuring consistency throughout our communities - that our service members and veterans have access to resources before, while, and after wearing the uniform, and that the transition is seamless - is vital to our collective goal of reducing suicide," said George Parisi,

acting director, Defense Suicide Prevention Office, Department of Defense. "Partnering with AFSP and VA is key to ensuring service members, veterans, and their families receive the support they need."

"Suicide impacts people of all walks of life, regardless of whether or not they've served in the military." said Franklin. "There is no wrong door to treatment, whether that's with VA or another provider. Our responsibility is to equip communities to help service members and veterans get the right care for them, whenever and wherever they need it."

If you, or someone you know, is in crisis, support is available 24/7. The National Suicide Prevention Lifeline is available to anyone by calling 1-800-273-8255. Service members, veterans, and their loved ones can call the Military and Veterans Crisis Line at 1-800-273-8255 and Press 1, chat at VeteransCrisisLine.net, or text to 838255.

About the Defense Suicide Prevention Office

Established in 2011, DSPO serves as the government oversight authority for the strategic development, implementation, centralization, standardization, communication and evaluation of the DOD suicide and risk reduction programs, policies and surveillance activities to reduce the impact of suicide on service

members and their families.

Service members and their families in crisis should seek help immediately by contacting the 24/7 Military Crisis Line by phone at 800-273-8255 (press 1 for military), online chat (www.militarycrisisline.net), or text (838255). The DOD BeThere Peer Support Call and Outreach Center offers non-crisis peer support and is available a www.betherepeersupport.org, 844-357-PEER (7337), or text (480) 360-6188.

Source: TREA



U.S. Government Accountability
Office Reports

- 1) [Medicaid Assisted Living Services: Improved Federal Oversight of Beneficiary Health and Welfare is Needed](#)
- 2) [Medicare Fee-For-Service: Modernizing Cost-sharing Design Would Involve Trade-offs, the Results of Which Would Depend on Time Horizon](#)
- 3) [Military Personnel: Actions Needed to Better Position the Navy and the Marine Corps to Support Expanding Unmanned Systems Operations](#)



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Military Personnel & Families”**



**U.S. FOOD & DRUG
ADMINISTRATION**

- 1) Extracorporeal Photopheresis (ECP) Treatment :
Letter to Health Care Providers - Death and Pulmonary Embolism
- 2) HeartStart MRx Defibrillator by Philips Electronics:
Class I Recall - Defects in Gas Discharge Tubes May Cause Device Failure
- 3) Kanan Enterprises Conducts Voluntary Recall of Southern Grove Unsalted Almond Due to Undeclared Wheat and Soy
- 4) Meijer Recalls Select Meijer Greek and Low Fat Yogurt Products
- 5) Pentax Medical Duodenoscope Model ED-3490TK:
FDA Safety Communication - Updated Design and Labeling Cleared
- 6) Raws For Paws Recalls Turkey Pet Food Because of Possible Salmonella Health Risk
- 7) Smokehouse Pet Products Inc Recalls Limited Lots of “Beefy Munchies” Sold Regionally Because of Possible Salmonella Contamination
- 8) Weis Markets Issues Recall for its Pre-Made Penne Pasta with Asiago Sauce and Grilled Chicken Single Serving Meal Due to Undeclared Milk Allergen
- 9) Weis Markets Issues Recall for Weis Quality Dried Beef Party Rye Dip Sold In 11 Stores





If you received this newsletter as a courtesy or a forward from a friend or relative, you can sign up to receive in your E-mail every week.



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ALL THE DIFFERENCE!**



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Riverside County, CA

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**Please pass on to all your Veteran Friends and
Family!**



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E-Mail address, please send all correspondence to:

Jim.Davis@veterans-for-change.org

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