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## **Patient File Checklist**



## Creating a patient file will assist you in advocating for the Veteran. This file serves many purposes:

- Keeps medical records organized
- Builds a history of the Veteran's health care
- Helps you and the Veteran to partner with the health care team
- Saves time because the Veteran's health information can easily be located

You can create a patient file using a simple three ring binder with dividers, an accordion file, or a computer file. As with any tool, the patient file will be useful only if it is kept up-to-date. Here are some helpful tips:

- 1. Store the file in a place that makes sense to you a place where you can grab it quickly in an emergency, or on your way out the door to an appointment.
- 2. Always keep the file in the same place.
- 3. Update the Veteran's patient file after every encounter with the health care team whether face-to-face, telephone, vTel or email.

## What should the Veteran's Patient File contain?

- Veteran's Medical History
- Insurance Information
- Medications from both VA and non-VA providers including over the counter medications, vitamins, herbal remedies, etc.
- Durable Power of Attorney for Health Care
- Contact information (i.e., telephone numbers, addresses, email) for medical providers, nurses, case managers, and other health care providers
- Your observations of the Veteran's response to treatment
- Notes from the visit
- Questions for the next visit
- A large envelope or pouch to store loose documents or CDs

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