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GROUND RULES FOR O&M CHECK LIST

GENERAL GROUND RULES FOR THE RUNS

- 1. The Subjects will be informed that they must not accept help from any one other than their Orientation and Mobility Specialists.
- The Subjects will be given a brief, simple explanation of the various Runs and no street names or compass directions will be included in the instructions.
- 3. The instructions for the Runs will include a general alphabetical or geometrical, etc., pattern of the route, the number of blocks, right and left for change of direction, and specifically how to get to his destination and locate it.
- 4. The Evaluation Team members will be responsible for the safety of the Subjects and will be the only ones to assist the Subjects should they require help; the Rating Team members will be a passive group, responsible only for scoring duties and observing at a distance.

SUBTASK SCORING RULES

- There will be a 5-minute time limit within which the Student will have the opportunity to get himself oriented and headed towards his destination if he gets in trouble, before the O&M specialist offers him assistance.
- 2. If the Subject gets disoriented and heads in the wrong direction, scoring will cease until he is brought back and allowed to proceed from the point at which the disorientation occurred. The specific manner of handling this problem will be left to the discretion of the O&M specialist.
- 3. No sighted assistance must be accepted by any Subject.

BLOCK - Scorer 1

- 1. Breaks Straight Line of Travel
 - a) The edges of the sidewalk are considered to be the boundaries of straight line travel.
 - b) A break in straight line of travel occurs when the Traveler makes unintentional cane contact with building lines, grasslines, parallel curbs, or any shorelines bordering the sidewalk.
 - c) Cases of veering are scored by a vertical line for each response.

TABLE A18 (cont'd)

2. Veers Off Travel Path -

This is understood to mean the act of walking off the main pavement into added paved areas such as driveways, vacant lots, gas stations, parking areas, etc.

3. Recovers From Orientation Problems -

This category is self-evident and the scoring will be done by making a + sign for Yes and a - sign for No.

STREET CROSSINGS - Scorer 1

1. Detects Down Curbs -

Scoring for this category will be (+) for Yes and (-) for No.

2. Properly Aligns for Crossing -

Scoring for this category will be (+) for Yes and (-) for No.

3. Starts Crossing at Correct Time -

The Subject is said to start his crossing at the correct time when he does so prudently and safely and responds intelligently and appropriately to situations as dictated by traffic patterns, stop signs and traffic lights, and his own good judgment.

4. Needs Assistance to Complete Crossing -

Scoring will be entered by making a vertical line for each response; if no assistance is needed, the block will remain blank.

End of Run

- 1. Travel Time will be the responsibility of Scorer 1. He will record the time the Run begins and ends and the total travel time.
- 2. The time of day will be recorded by Scorer 1.

BLOCK - Scorer 2

- 1. Makes Cane Contact (Collision)
 - a) Cane contact is defined as any unintentional physical cane contact with a person or object.
 - b) Scoring will be entered by making a vertical line for each response; if no contact is made, the block will remain blank.

- 2. Makes Body Contact (Collision)
 - Body contact is defined as any physical body contact with a person or object.
 - b) Scoring will be the same as #1 above, cane contact.

STREET CROSSINGS

- 1. Makes Cane Contact (Collision)
 - a) Same as #1 and #2 above.
- 2. Makes Body Contact (Collision)
 - a) Same as #1 and #2 for Scorer 2.
- 3. Veers on Street Crossing
 - a) A Subject is considered not to have veered if he remains within the boundaries of the width of the sidewalk in residential areas and within the boundaries of the building line and the parallel curb in business districts.
 - b) Scoring is the same as for the other categories for Scorer 2 in Block and Street Crossings.

RULES NOT INCLUDED IN ABOVE LISTING

- All data sheets will be duplicated and the originals will be sent to Hines.
- 2. All Evaluators and Scorers will sign all Rating Sheets.
- The Rating Sheet Scorers will be given general instructions of a brief and simple nature and specific criteria for the Rating Scale will not be discussed.
- 4. Should the Subject veer off the main sidewalk onto added pavement such as driveways, gas station areas, etc., any objects or persons contacted with his cane or body must be recorded.

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				BL	OCK		S	TREET						
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H2	RUN "	A B C D	11 3 17 21	0 0 7 24	4 0 0 0	0 0 0 6	0 0 2 1	0 0 4 11	0 0 1 0	0 0 4	0 0 0 3	2 1 2 0	42 53 11 22	2 5 6 4
H3	RUN " "	A B C D	21 5 18 28	0 1 6 9	3 0 1 3	0 0 1 0	1 0 2 0	0 0 0 1	0 0 0 1	0 0 0	3 1 0 0	1 2 1 1	74 46 12 24	14 10 4 4
H4	RUN " "	A B C D	9 3 5 10	0 0 6 21	0 0 1 1	1 0 0 5	0 0 0	0 0 2 3	0 0 0 1	0 0 0 2	0 0 0 0	1 1 0 0	79 60 7 14	8 6 5 3
P1	RUN "	A B C D	24 20 19 22	1 0 8 4	12 4 2 0	0 0 0 0	0 0 0	0 0 0 4	0 0 0	0 0 0	2 3 4 4	0 0 1 0	46 70 19 17	1 3 6 4
P 2	RUN " "	A B C D	18 9 12 18	0 0 9 7	9 5 0 0	0 0 2 1	0 0 1 0	0 0 1 0	1 0 0 0	0 0 0	8 2 0 0	0 0 0 0	52 41 5 14	8 4 2 1
P3	RUN " "	A B C D	13 3 13 15	1 0 8 3	6 3 0 2	0 0 5 4	1 1 0 0	0 0 2 0	0 1 0 0	0 0 0 0	2 0 3 0	1 2 0 0	65 43 4 5	10 2 4 0
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TABLE A19

Number of Number of Number of Device Cane & Body Cane Cane Routes Contacts Contact Used Contacts Pedestrian Pedestrian Pedestrian Obstacle **Obstacle Obstacle** Total Total Total Residential Light-Business Routes Long Cane 139 2 141 41 2 43 180 4 184 A. в. Laser Cane 68 1 69 15 1 16 32 2 85 Urban Downtown Routes c. Laser Cane 139 63 202 6 9 15 145 72 217 D. Long Cane 174 108 282 10 18 28 184 126 310 Combined Routes 71 51 20 364 130 494 Long Cane 313 110 323 A & D Combined Routes 21 10 31 228 74 302 B&C Laser Cane 207 64 271

OBSTACLE NEGOTIATION - GROUP DATA

B. Orientation

1. Recovers From Orientation Problems (Block)

The eight subjects while traveling the 32 runs encountered 61 orientation problems of which 33 were dealt with independently within the time limit. On 28 occasions the subjects were given assistance. On only 6 runs were no records made of subjects having orientation problems. Subject P3 encountered as many as 8 orientation problems on one run while subject H4 met only 2 during all his 4 runs. Of the total number of 32 runs traveled, only 14 were traveled without assistance being given.

The large number of orientation problems and the low success ratio of recoveries are somewhat surprising for the caliber of travelers. From an observer's viewpoint the anxiety level created by the testing situation, the complexity of the travel routes, and the limited amount of route information which was provided may have contributed to the high totals.

The individual results show little major difference in the number of orientation problems experienced or their outcome when using either device. Except for Route A, the subjects dealt with their orientation problems independently about 50 percent of the time. The group totals (Table A21) show only a light reduction of orientation difficulties for the laser cane in use in residential--light business areas and a slight increase in the number of problems when using it in the urban downtown areas.

Route	Number of Orientation Problems	Number of Independent Recoveries	Number of times assistance was given	
A	22	15	7	
В	14	6	8	
С	14	7	7	
D	11	5	6	
A & D (Long Cane)	33	20	13	
B & C (Laser Cane)	28	13	15	

TABLE A21 NEGOTIATION OF ORIENTATION PROBLEMS - GROUP DATA

C. Travel Path Position

1. Breaks Straight Line Travel (Block)

The breaking of straight line travel was defined as any incident in which the traveler made an unintentional cane contact with the boundaries of the travel path. The width of the sidewalk was considered to define the boundaries of the travel path. All cane contacts with building lines, grasslines, parallel curbs, or any shorelines bordering the sidewalk were recorded as incidents.

The score under the category of breaking straight line travel indicates how efficiently the traveler projects his line of travel, and the traveler's ability to make directional adjustments. For this study this subtask was concerned only with asking how efficiently the traveler maintained his line of travel and adjusted his course in accordance with environmental or device input. Other related categories concerned with veering tendencies and improper cane techniques were not explored. In theory any device that would provide additional information of the traveler's immediate environment should enable him to improve his travel line, by providing appropriate information on which to make directional adjustments.

Table A19 contains the individual results being reviewed here. The subjects averaged 56 breaks (7 per block) in straight line travel per run in the residential--light business areas to 15 breaks (2 per block) per run in the urban downtown areas.

The residential--light business area results indicate that a reduced number of breaks in straight line travel was made by five subjects (H3, H4, P2, P3, P4) when using the laser cane and by three subjects (H1, H2, P1) when using the long cane. An interesting fact to note is that all subjects who reduced their breaks in travel line using the laser cane did so substantially (average 28 fewer breaks) while those with the smaller long cane scores reduced their number of breaks by an average of 15 breaks.

The urban downtown area runs contained, as would be expected, fewer breaks per run in general yet show a marked score reduction when the laser cane was used. Seven subjects reduced the number of their breaks by an average of 12 using the laser cane when compared to their scores with the long came. Subject P1 reduced his score by 2 breaks when utilizing the long came. The total number of breaks made by individuals ranged from 4 to 92 with a median of 34.

2. Veers off Travel Path

Veering off of the travel path was defined as any incident in which the traveler walked off the main pavement into another area such as a driveway, vacant lot, gas station, parking lot, etc. The frequency of these incidents was recorded per block and run. This subtask category, being concerned with the number of deviations from the travel path, is closely related to orientation skill.

The individual results are contained in Table A19. Five subjects (H1, H3, H4, P2, P3) received lower scores for travel path deviation when using the laser cane in the residential--light business areas averaging 5 fewer deviations. Three subjects (H2, P1, P4) received reduced scores when using the long cane, averaging 3 fewer deviations per person on the residential--light business area runs. The number of veers off the travel path ranged from 0-14, with 5 as the median. The subjects averaged 6 deviations using the long cane compared with 5 deviations when using the laser cane.

The urban downtown routes results show that six subjects(H1, H2, H4, P1, P2, P3) made an average of 3 fewer deviations with the long cane and that only subject P4 achieved a slightly reduced travel path deviation score using the laser cane. Subject H4 obtained the same score with either device. As the results point out, the laser cane reduced the number of veers off the travel path for over half the subjects in the residential--light business area, but was not as effective in the urban downtown area where it may have contributed to the slightly improved performance of only one subject.

D. Detects Down Curbs

The detection of down curbs score was assessed on only eight curbs--one at the end of each block traveled. Alleyways were not counted in the totals. The detection of down curbs score for the subjects as a group was excellent. The individual results are listed in Table A19. From the 32 runs the subjects obtained perfect scores on 21 occasions, scores of 7 detected curbs on 9 runs and scores of 6 on 2 runs. Subjects P2 and P3 earned perfect scores on all of their runs and each subject received at least one perfect score on one run.

On the residential--light business routes four subjects (H1, H2 H4, P1) recorded slightly improved scores using the laser cane and subject H3 obtained a slightly better score while using the long cane. In use on urban downtown runs, two subjects (H1 and H2) received slightly improved scores with the laser cane while two subjects (H3 and P4) obtained slightly improved scores while using the long cane. The group totals on the combined area routes are listed in Table A22.

Routes	Number of Curbs Detected	Number of Curbs not Detected
A	58	6
В	61	3
C	62	2
D	62	2
A & D (Long Cane)	120	8
B & C (Laser Cane)	123	5
Total	243	13

DOWN CURB DETECTION - GROUP DATA

The results indicate that the subjects achieved excellent performances on this subtask and left little room for improvement. The only improvement noticed while using the laser cane was that in the residential--light business area four subjects averaged one more detected curb than with their long cane.

E. Properly Aligns at Crossings

The individual results contained in Table A19 indicate no major differences in subject performance scores when aligning at street crossings in residential--light business areas on comparing the twc mobility aids. The scores on urban downtown routes indicate a slight improvement in the long cane performances of four subjects (H1, H4, P2, P4). Subject H2, however, received a slightly better score using the laser cane.

Of the total of 32 runs, the subjects on 14 occasions earned perfect scores, on 8 occasions obtained scores of 7, and on a further 6 occasions received scores of 6. The subjects'level of performance was quite high in all areas.

The group results are listed in Table A23, and indicate no basic change in scoring attributed to using one particular mobility aid.

Routes	Number of Proper Street Crossing Alignments	Number of Improper Street Crossing Alignments
A	59	5
В	59	5
С	51	13
D	55	9
A & D (Long Cane)	114	14
B & C (Laser Cane)	110	18
Total	224	32

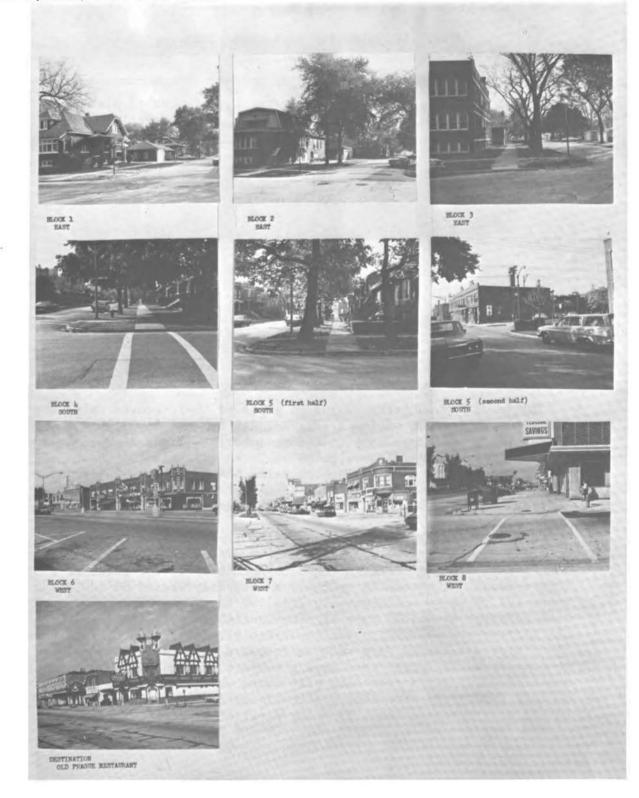
STREET CROSSING ALIGNMENT - GROUP DATA

F. Starts Street Crossing at Correct Time

The individual results in Table A19 again indicate excellent subtask performance with either mobility device. The subjects recorded a perfect score on 17 of the 32 runs, a score of seven on 10 occasions, and scores of six and five on 4 and 1 runs, respectively. On the residential--light business routes, three subjects (H3, P2, P3) gained slightly better scores with the laser cane while subjects P2 and P4 received slightly improved scores while using the long cane. On the urban downtown routes only three subjects (H1, H2, H4) achieved any differences in their scores and the improvements were in favor of the long cane. The group totals are listed in Table A24.

G. Veers on Street Crossings

This subtask category is rather strictly defined. A veer is said to occur on any occasion on which the subject's crossing is completed outside the boundary of the width of the sidewalk in a residential area or outside the boundary of the building line and the parallel curb in a business district. As in past street subtasks, the number of streets crossed was eight. The individual results are recorded in Table A19 under three categories--veers towards parallel traffic, veers away from parallel traffic, and no veers. RUN A(Hines) LONG CANE ROUTE



Route	Number of Starts Correct Time	Number of Starts at Incorrect Time
A	62	2
В	60	4
С	55	9
D	58	6
A & D (Long Cane)	120	8
B & C (Laser Cane)	115	13
Total	235	21

STREET CROSSING TIMING - GROUP DATA

Individually, subjects P3 and P4 improved their scores using the long cane, while four subjects (H1, H3, H4, P2) obtained improved scores using the laser cane in the residential--light business areas. On the urban downtown routes, three subjects (H3, P2, P3) showed a slight improvement in their scores using the laser cane while three other subjects (H4, P1, P4) obtained slightly improved long cane scores. Subjects H1 and H2 obtained the same scores, however.

Table A25 in which the group results are listed shows that the combined scores for the long cane and the laser cane are almost identical. It is of some interest to note that of the total of 255 street crossings attempted by the subjects, they veered on 100, or about 40% of these occasions. Of the 100 veerings, 83 were away from parallel traffic. This high percentage is not in harmony with the earlier figures indicating excellent alignment at crossings where 244 proper alignments were made as compared to 32 improper alignments. It would appear that once a subject started his street crossing many new factors came into play among which the concern for safety is very important. Therefore, directional adjustments tend to be biased in a direction away from the parallel flow of motor traffic.

Route	Number of No Veers	Number of Veers To- wards Parallel Traffic	Number of Veers away from Parallel Traffic
A	33	7	24
В	37	5	22
С	41	3	20
D	45	2	17
A & D(Long Cane)	78	9	41
B & C (Laser Cane)	78	8	42
Total	156	17	83

STREET CROSSING VEERS - GROUP TOTAL

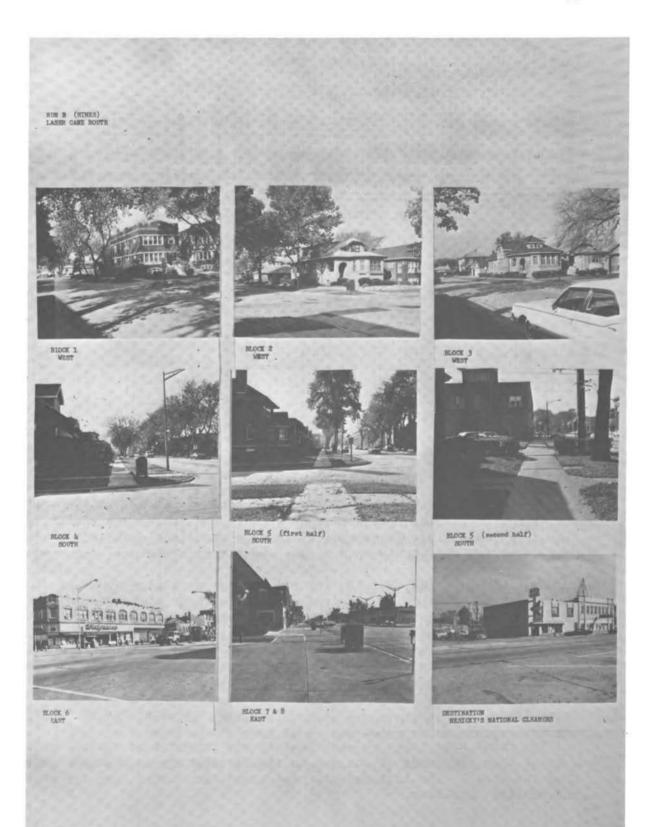
H. Needs Assistance (Street Crossing)

This subtask category concerned the number of times a subject required assistance to complete his street crossing. The individual results are listed in Table A19. The subjects achieved excellent performance scores only requiring assistance on 8 of the 256 street crossings.

Four subjects (H4, P2, P3, P4) received perfect scores on all of their routes. Subject H3 required assistance three times, Subjects H1 and H2 required assistance only twice, and Subject P1 once. Table A26 contains the group results. As the results indicate, the subjects performed capably on their street crossings and in adjusting their veering on crossings. No measurable difference in scores is apparent, however, between their laser cane and long cane performance.

I. Travel Time

The total time taken on each journey was recorded in minutes without a break from the onset of the run to its termination at the destination. Thus the travel time included the time spent recovering from orientation and mobility problems.



Routes	Number of times assistance was given	Number of independent street crossings
A	1	63
В	0	64
С	4	60
D	3	61
A & D (Long Cane)	4	60
B & C (Laser Cane)	4	60
Total	8	248

STREET CROSSING ASSISTANCE - GROUP DATA

The average time taken per run was 26.5 minutes, the range from 15 to 40 minutes and the median time 30 minutes.

The individual results are listed in Table A19. On the residential-light business routes using the laser cane, five subjects (H1, H2, H3, P2, P4) completed the distance in a time which averaged 5 minutes less than their time with the long cane. On the other hand three subjects (H4, P1, P3) averaged 6 minutes longer when traveling in this area using the laser cane.

Six subjects (H1, H2, H3, P1, P2, P3) completed the course in an average of 5 minutes less time using the long cane than when using the laser cane in urban downtown areas. Subjects H4 and P4 averaged 2 minutes less time using the laser cane on their runs. The group results are listed in Table A27.

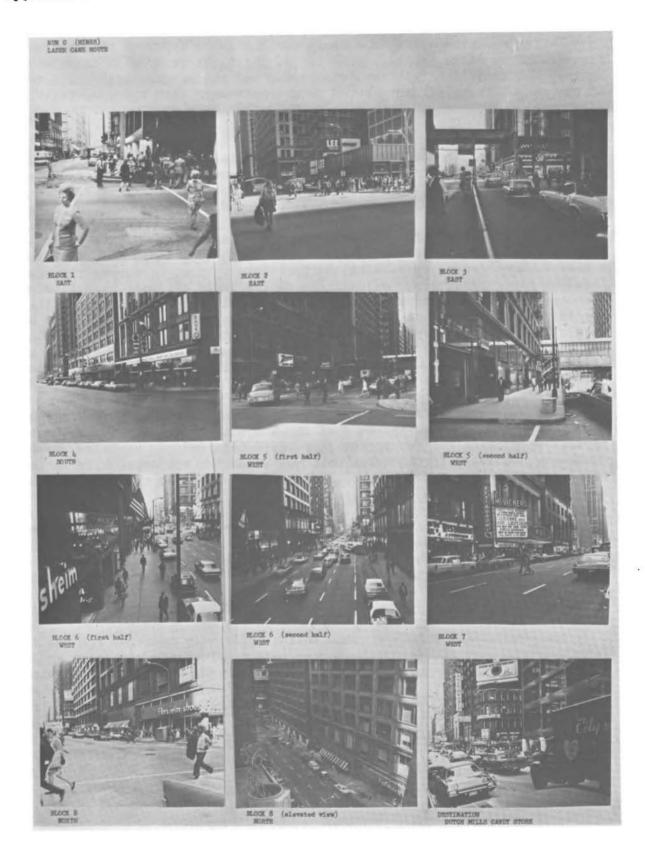
The results appear to point to the conclusion that the laser cane leads to a measurably shorter travel time in residential--light business areas but offers little aid in increasing speed in urban downtown areas. In the urban areas, six of the eight subjects traveled at slower rates using the laser cane. MEAN TRAVEL TIME - GROUP DATA

Route	Mean Travel Time (Minutes)
A	25
В	24
С	31
D	27
A & D (Long Cane)	26.
B & C (Laser Cane)	27.5
Total All Routes	26.5

Subtask Summary:

At the end of the training program each of the subjects was observed traveling four travel routes using the laser cane and the long cane. Two investigators observing the performances recorded a checklist of O&M Subtasks. Each subject traveled two comparable routes in a combined residential--light business area and two comparable routes in a downtown urban area using the laser cane and the long cane. The order in which the mobility devices were used was predetermined as also was the order in which the routes were traveled. All routes were unfamiliar to the subjects. The amount of travel route information provided was minimal and assistance from the general public was prohibited.

It was ventured in the protocol set up before commencing the evaluation that, by the end of training, the subjects would be capable of demonstrating travel improvements, if present, when using the laser cane. This position did not, of course, rule out the possibility that future use of the device in each user's home community could lead to further improvement and additional benefits. However, in practice it was found that this was not the case. In the first place the individual subjects absorbed the instruction at very different rates. Another factor which hindered accurate assessment of possible benefits of the laser cane was the unfamiliarity of the routes. The very limited knowledge that each subject had about the route he was about to take had the effect of increasing travel stress and hindering full use of the device.



In reviewing the various subtask results it is apparent that there were situational benefits gained by the use of the laser cane on an individualized basis. The individual's travel experience and the geographical characteristics of the routes traveled contributed to the outcome. With the good traveler the magnitude of improvement when present was often marginal.

The most easily observable benefit of the laser cane is its obstacle detection ability. The performances in residential--light business routes showed many substantial reductions in cane and body contact with obstacles. Downtown route results, on the other hand, showed a moderate reduction in cane contacts with obstacles, but large reductions in cane and body contact with pedestrians.

The second major area of improvement was in subtask C (Breaks straight line travel). About one-half of the subjects reduced their error in line of travel to some degree when using the laser cane. This, of course, varies with locality since directional adjustments on the basis of laser beam information are dependent on the presence of objects bordering the travel path. If nothing is present to reflect the beam, little advantage is afforded by an obstacle detector. In urban downtown areas, seven of the eight subjects, in varying degrees, reduced their contacts with boundary lines. The advantage in this particular travel environment seems to increase with the presence of building lines from which directional information can be more easily obtained.

The third area of scoring differences was associated with subtask D (Veers off travel path). About one-half of the subjects reduced their tendencies to veer when using the laser cane in a residential--light business area. Curiously, however, in the urban downtown areas the subjects, while on laser cane runs, for the most part recorded more veers off the travel path than while on long cane runs.

The last subtask category which yielded any measurable difference in performance was concerned with travel time. In the residential--light business areas the majority of the subjects returned a very slightly faster time when using the laser cane while in urban downtown areas the reverse was true.

COMMENTS

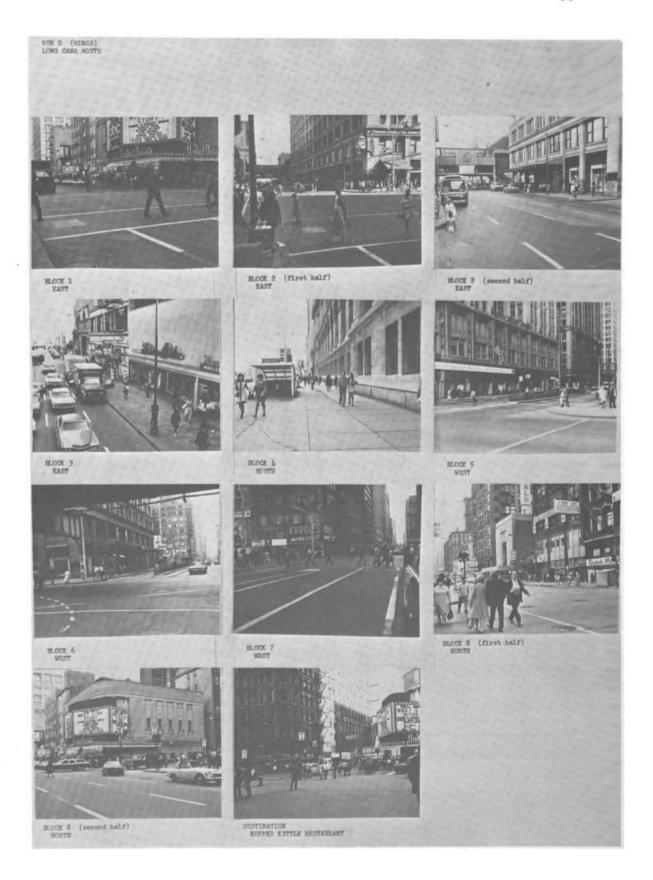
The O&M Subtask Checklist and Rating Scale were modified for use in the follow-up program. Travel performances were recorded via videotape and audio commentary in familiar and unfamiliar travel environments negotiated with both the laser cane and the long cane. The use of videotaping techniques enabled many more subtasks to be examined than was possible during onsite observations. These modified techniques are described in chapters 3-5.

(See plates facing pages 108 - 114) 15th ST. BLVD. AVE. AVE. 5 5 16th ST. AUSTIN 59th 58th 59th 58th 18th ST. STARTING 3 1 2 POINT x-19th ST. 4 21st ST. 5 8 7 6 x. 22nd ST. DESTINATION BLOCKS 1 - 4 ARE RESIDENTIAL AREAS ROUTE A - LONG CANE BLOCKS 5 - 8 ARE BUSINESS AREAS 15th ST. BLVD. AVE. AVE 5 5 16th ST. AUSTIN 59th 58th 58th 59th 18th ST. E STARTING 3 2 1 -x POINT 19th ST. 4 . 21st ST. 5 6 7 8 -x 22nd ST. DESTINATION BLOCKS 1 - 4 ARE RESIDENTIAL AREAS ROUTE B - LASER CANE

EVALUATION ROUTES (TRAINING AREA - HINES)

Fig. Al

BLOCKS 5 - 8 ARE BUSINESS AREAS



(See plates facing pages 108 - 114)

CLARK		DEARBORN		STATE	WABASH	MICHIGAN	
START	ING		~	c DES	TINAT	ON	
POINT	x-		8	1	2	3	
			1	7	6	5	

WACKER DRIVE

LAKE

RANDOLPH



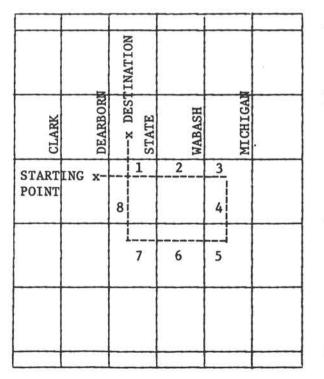
WASHINGTON



MADISON

MONROE

ROUTE - C LASER CANE



ROUTE D - LONG CANE

BLOCKS 1 - 8 ARE DOWNTOWN CHICAGO AREAS

WACKER DRIVE

LAKE

RANDOLPH



WASHINGTON

MADISON

MONROE

BLOCKS 1 - 8 ARE DOWNTOWN CHICAGO AREAS

Appendix II

LESSONS USED IN TRAINING

INTRODUCTION

The training program was conducted concurrently with the gathering of data arising from a variety of test procedures but, throughout the five week period, the primary emphasis was on the training. The instructional procedures described in this report are those that were followed by the Hines VA investigators; however, with few exceptions arising mainly from differences in locale, they are the same as those used by the Palo Alto VA investigators. Some of the lessons used in the training course were identical to those used in the regular orientation and mobility rehabilitation programs at the two VA hospitals, while others were lessons and drills designed to meet the special demands which arose in teaching use of the laser cane. The material was presented in a series of assignments, each one of which embodied a concept or principle that the panel judged to be basic to the use of the laser cane. Each lesson was conducted in an open-ended manner so that the same lesson procedure was presented during several successive one-hour or two-hour periods until the principle had been mastered. The basic approach was to isolate each function of the cane and to explore and master it separately. The lesson environment was rigidly controlled with the first lessons presented in open areas likely to give rise to a minimum number of extraneous laser cane signals. As the subject progressed, the functions of the cane were explored in exercises carried out in environments which became more and more complex. The ultimate goal of the training was to prepare the subjects so that they would be able to use the laser cane in any area of public travel.

The Panel Members were of the opinion that a total of 20 hours of training and experience with the laser cane on actual runs was necessary before any testing began. Table A28 provides an example of the typical training format with a breakdown of the approximate number of hours spent on travel, objective testing and performance rating.

TABLE A28

TRAVEL AREAS AND OBJECTIVE & SUBJECTIVE TESTS	HOURS
Pre-course travel (residential and business)	
Indoor trave1	15
Objective tests (detection-avoidance-obstacle	7
Residential travel	4
Residential/small business district travel	3
Business district travel	12
Chicago Loop travel	5
Post course travel (0&M Task Rating and Mobility Subtask Check List)	<u>4</u>

Total 52

PRE-COURSE EVALUATION OF LONG CANE SKILLS AND TRAVEL TECHNIQUES

INTRODUCTION

The first two lessons given to participants in the Preliminary Evaluation of the C-4 Laser Typhlocane were designed to get some initial assessment of the subjects' long cane skills and their relative mastery of basic O&M skills and techniques. For this purpose, two assignments were given which tested each subject's ability to travel along a prescribed residential route and a business district route, using his own long cane. Prior to starting the two journeys, the investigators explained to the subjects the goals and purpose of the training course and their roles and responsibilities.

Lesson A

Starting Point: (NE) Fifth Avenue & Harrison Street

Destination: A ten-block rectangular round-trip travel pattern.

- Procedure: Subject will travel north one block from (NE) Fifth Avenue & Harrison to (SE) Congress, turn right and walk east to (SW) First Avenue, then turn right and go south to (NW) Harrison, and come back west to (NE) Fifth Avenue, the starting point.
- Objectives: 1. To provide the subject with the opportunity to travel a distance of ten blocks in a residential area and demonstrate his ability to cope adequately with the travel conditions and situations which occur during the course of the trip.
 - To provide the opportunity for the investigators to make an initial evaluation of the subject's current cane and travel skills.
 - To acquaint the subject with the scope and purpose of the Course, along with its goals and the responsibilities of the investigators and the subjects.

Lesson B

Starting Point: (NW) Second Avenue & Lake Street

- Destination: The Baptist Retirement Home at (SW) Fourth Avenue and Pine Street.
- Procedure: Starting at (NW) Second Avenue & Lake Street, subject will travel east to Fifth Avenue on the north side of Lake Street. Upon reaching (NE) Fifth Avenue, subject will turn left and travel south, on the east side of Fifth Avenue, to (NE) Pine Street. He will then walk east, cross Fourth Avenue, and follow the left (north)

shoreline half way the block between Fourth and Third until a wide sidewalk is reached. This sidewalk leads to the south entrance of the Baptist Retirement Home. Subject will walk north to the door and enter the building.

Objectives: 1. To test the subject's ability to travel 10 1/2 blocks in a business district, remain oriented and locate his destination at the end of the trip.

- To provide the opportunity for the investigators to make an evaluation of each subject's current cane and travel skills and his ability to cope with the travel demands of a business district.
- 3. To test the subject's ability to use traffic and other environmental information as travel aids.

INTRODUCTION TO THE C-4 LASER TYPHLOCANE

Lesson A

- Purpose: To introduce subjects to the C-4 Laser Typhlocane, its history, nomenclature, purpose, and use.
 - A. Give brief history of the laser cane and its forerunners, the Cranberg Signal Corps Obstacle Detector manufactured by RCA, the G5 Obstacle Detector, and versions C-2 and C-3 developed by Mr. J. Malvern Benjamin, Jr. of Bionic Instruments, Inc., (see Bulletin of Prosthetics Research, Spring 1968) under the sponsorship of the Research and Development Division, Prosthetic and Sensory Aids Service, VA Central Office (1953).
 - Since lasers are used, there necessarily is a question about safety. Experts are confident that the gallium-arsenide lasers used in the C-4 cane are of such low power that the hazard is negligible. Even direct exposure to the eyes would be below the damage level.
 - Animals have been used to test the damage level of the GaAs lasers and the results of these experiments confirm the belief that laser beams of the energy used in the C-4 cane are safe for humans to use.

Procedure:	Α.	Familiarization	with	the	laser	car
riocedure.	n •	ramiliarisación	MTCII	LILE	Taser	

- Give subject cane to examine and ensure that as each part is discussed its location is pointed out to him.
- Discuss the following parts and vital statistics of the C-4:
 - a. The C-4 weighs 1 1/3 1b.
 - b. It is 1 3/6 in. in circumference.
 - c. Top part of cane is 21 in. and bottom part is from 40-54 in. with 2-in. and 4-in. extensions.
 - d. Sound generator at the end of the crook.
 - e. Sound volume and ON/OFF switch control.
 - f. Range set for Forward Channel.
 - g. At top of cane is circuitry that drives 3 lasers that generate the 3 separate light probes which look down, up, and forward.
 - h. The lasers which are situated behind the source lens system.
 - i. Tactile stimulator.
 - j. Receiving optics and photodiodes or detectors.
 - k. Quick disconnect
 - Cane made of light, stiff material, epoxy-reinforced with boron filaments originally, but experiments are being conducted with other materials.
 - m. Device emits pulses of infrared light which, if reflected from any object in front of it, are detected by a photodiode placed behind a receiving lens.
 - n. The angle made by deflected rays passing through the receiving lens indicate the distance to the object detected - this is called "optical triangulation".
 - Cane detects objects which extend 2 to 2 1/2 ft. aboveground.
 - p. Down channel warns of drops 9 in. or deeper.
 - q. Up channel warns of obstacles at head level 2 ft. forward of the cane tip.
 - r. The power source for the laser cane are Nickel Cadmium batteries, 600 mv. 12v.
 - s. LASER means: Light Amplification by Stimulated Emission of Radiation.
 - Cane designed to give best results when held at 45-deg. angle.
 - u. Charging jacks.
 - v. Charge cane overnight (batteries <u>can</u> be overcharged).
 - w. Discharge cane in the morning 15-20 minutes before using.
 - x. Check all channels before use.
 - y. Battery test button.

	В.	Travel with the laser cane but with the power turned off.
		1. Instruct subject to travel with the laser cane with the power off and use it as a conventional long cane.
	8,	 Instruct subject to make a trip indoors to the PX and return to the Blind Section, Building No. 13.
Objectives:	1.	To acquaint the subject with the history of the laser cane and its development.
	2.	To introduce the subject to a C-4 laser cane.
	3.	To discuss the gallium arsenide lasers used in the C-4 laser cane and to assure the subject that tests have shown the lasers to be of such low power that the po- tential hazard from them is negligible.
	4.	To familiarize the subject with the nomenclature of laser cane use, its vital statistics, and its care and maintenance.
	5.	To enable the subject to become accustomed to the weight and balance of the C-4 cane by traveling with it with the power turned off.
INTRODUCTION TO THE	FORM	ARD CHANNEL

Lesson B

Purpose: To introduce subject to the Forward Channel and the use of the tactile stimulator.

Procedure: 1. Review tactile stimulator position on the C-4 with subject and show him exactly how it is located with the index finger.

- Review the various controls for turning cane on and off, volume, etc.
- 3. Stand subject out of laser range from a wall. Ask him to turn power on and walk toward wall until initial beam contact is made. Have subject stop as soon as beam contact is made. Then have subject walk towards the wall until cane contact is made. The maximum range setting will be used for this first drill. As subject walks forward, ask him to measure mentally the distance to the wall so that he can estimate the distance from initial beam contact to cane contact.

- 4. Ask subject to repeat exercise No. 3 but this time use the minimum range setting.
- 5. Next, allow subject to scan with cane at maximum range setting to attempt to detect and localize variously placed objects within detection range of subject. Now, repeat the same drill with the range setting at the minimum level.
- 6. Use cardboard box approximately 4 ft. in height and 18 to 20 in. in width. Have subject detect the box, walk towards it, and make cane contact with it. Then have subject detect the box, walk towards it, and then attempt to circumvent it without making cane or body contact. Try using both maximum and minimum range settings.
- 7. Now, have subject try to detect, localize, and walk to a pole approximately 2 in. in circumference and 7 ft. in height, maintaining beam contact with it until he is close enough to it to grasp it or at least make cane contact with it. Next, have subject detect the pole, travel towards it, circumvent it, and regain his original line of travel.
- 8. After the student can detect and avoid several different types of obstacles, instruction on beam monitoring can start with the use of the Forward Channel. At a later date, beam monitoring utilizing all the channels should be incorporated. In order to better parallel a borderline for direction taking, location of a destination, or maintenance of better field of view when circumventing an obstacle, beam monitoring either on an intermittent or constant level may be employed with only slight alteration of the normal Touch Technique.
 - A. Intermittent beam monitoring. This type of monitoring is conducted on a sampling basis and can be performed by gently rotating the wrist at the end of the sweep of the cane arc to the side of interest. The same function can also be accomplished by rolling the wrist during execution of the arc. The subject should practice both techniques at near and far range settings.
 - B. Constant beam monitoring. This type of monitoring is useful when one must locate a break in the borderline. The most economical manner of providing a constant beam contact is to position the cane by grip held or angle held at the borderline. The subject should be informed that his beams are constantly pointing to his lateral aspect and he must maintain good manual

cane technique to provide frontal protection. The subject should practice this technique in the corridors at both the rear and far range settings.

- Set up two poles approximately 3 1/2 ft. apart and have subject travel towards the poles, detect them, and walk between them as he would go through a doorway.
- 10. Allow the subject to travel through wide and narrow doorways.
- Have the subject travel in a long, traffic-free corridor and endeavor to make only beam contact with the walls. The subject will use the maximum range setting.
 - A. Allow the subject to make beam contact with both walls of the corridor and try to walk in the center of the beam arc. Point out the advantages of caneless and bodyless contact and the distance at which beam contact can be made.
 - B. Ask the subject to maintain beam contact with just one wall and attempt to walk parallel to it, remaining far enough from it to avoid cane or body contact.
 - C. Make the subject aware of the difference between lateral and direct-path signals, and between mobile and stationary objects.
 - D. Point out to the subject that if he travels too close to the wall, he is likely to make cane and/or body contact because the beam will make contact with the wall ahead and only slightly lateral and that the cane probably will touch the wall before the beam has a chance to make contact. Have the subject make return trip with and without laser power.
- 1. To review Lesson A, Procedure A.
 - To enable the subject to learn to develop an awareness of the tactile stimulator.
 - To help the subject learn to appreciate the concepts of beam width and contact distances, dimensions of objects, colors and reflectivity of objects and how they relate to detectability, distances, etc.
 - To help the subject learn to appreciate the distances at which he must initiate evasive action if he is to avoid physical contact with objects.

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Objective:

- To give the subject experience in detecting and reacting to objects using both near and far range settings.
- To afford the subject the opportunity of using beam contact both for purposes of achieving willful contact or avoidance.
- 7. To give the subject confidence in the knowledge that he can achieve detection, localization, and avoidance of objects, even as small as 2 in. in circumference.
- 8. To enable the subject to experience the feeling of traveling without the expectancy of making cane or body contact and with the knowledge that, if anything intercepts his path, he will receive early warning.
- To give the subject the opportunity of traveling both with and without beam protection and allow him to draw his own conclusions relative to the merits of both.
- 10. To give subject the experience of pedestrian encounters.

INTRODUCTION TO THE UP AND DOWN CHANNELS

Lesson C

- Purpose To introduce subject to the Up and Down Channels and familiarize him with their function and use.
- Procedure: A. Review Lesson B with the subject and let him practice traveling while employing the tactile stimulator of the Forward Channel.
 - Allow the subject to practice using the tactile stimulator while traveling in corridors and make a few round-trips to a relatively distant destination.
 - 2. Introduce the audible system of the Forward Channel and allow the subject to practice using it singly and in combination with the tactile stimulator.
 - B. Introduction to the Up Channel
 - 1. Ask the subject to turn off the audible system of the Forward Channel so that he may be better able to concentrate on and hear the signal for the Up Channel.
 - a. The investigators may excite the Up Channel as frequently as desired by using a long cane or stick to induce the stimuli.

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- 2. When the subject has been given ample practice, becomes alert to the Up Channel signal, and has begun to react to it quickly and accurately, allow him to practice listening to the multiple signals of the audible system of the Forward Channel in addition to sound from the Upper Channel.
 - a. Also suggest that subject use the manual protective technique when he hears the Up Channel signal to protect himself from possible contact with overhanging objects.
- C. Introduction to the Down Channel
 - 1. Take the subject to the top of a flight of stairs and let him hear the down signal and learn to distinguish it from the Up Channel and the audible system signal of the Forward Channel.
 - 2. Allow the subject to start a good distance from the top of the stairs, walk towards them, and stop when he hears the Down Channel signal. After several tries at this drill, and when the subject and investigator are satisfied that the subject has begun to react appropriately to the down signal, allow the subject to approach the down stairway and descend it.
 - 3. Give the subject the experience of hearing, and trying to distinguish, the multiple signals of all the channels.
- D. Give the subject the opportunity of traveling to a distant destination with his long cane and making the return trip with the laser cane.
- E. Give the subject travel practice in the corridors and through doorways without his cane or manual protective techniques, but supervise him very closely.
- To give the subject more practice and experience in using the tactile stimulator.
 - To introduce the use of the audible system of the Forward Channel and give the subject practice in using it singly, and in combination with the tactile stimulator.
 - 3. To introduce the subject to the Up Channel and to give him practice in listening to and responding to the signal.

Objectives:

- 4. To encourage the subject to use the manual protective technique when the Up Channel is excited.
- 5. To introduce the subject to the Down Channel, give him practice in listening to it, and distinguishing it from the Forward and Up Channel signals. Allow ample time for practice and maturity.
- To give the subject more experience in making comparative trips with his long cane and laser cane.
- 7. To help make the subject aware of his own natural perceptive powers and reinforce the importance of always utilizing these natural resources fully, whether operating with or without sighted guides or mobility aids!

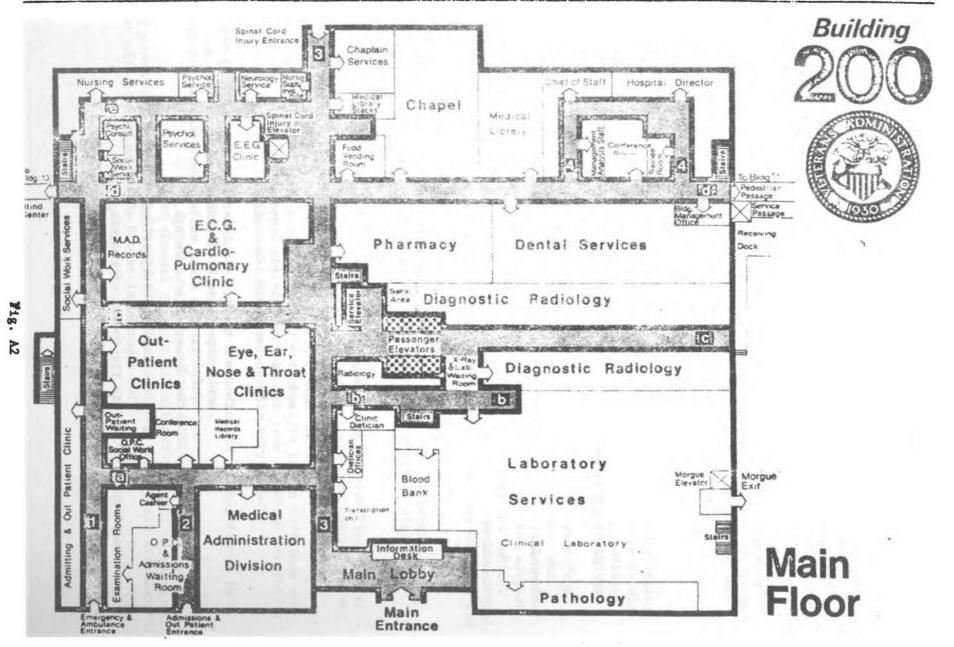
REVIEW OF ALL CHANNELS

Lesson D

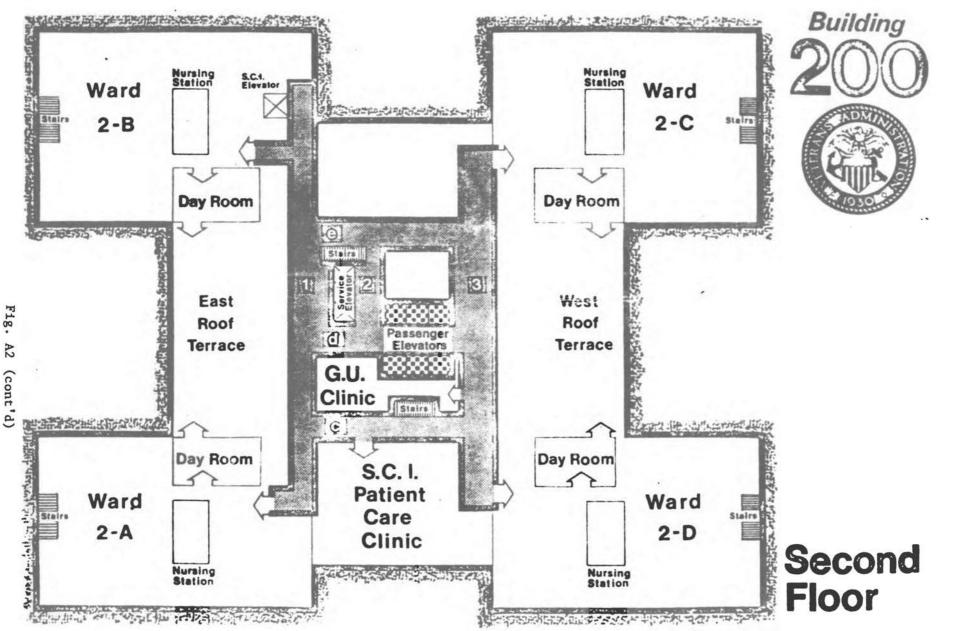
Purpose: To review all three channels and the audible system of the Middle Channel.

- Procedure: 1. Ask the subject to make several trips to various departments and destinations indoors.
 - Start out by having the subject make short segments of a given trip using each of the three channels separately (use both systems of the Middle Channel together).
 - 3. Make a round trip to a distant destination using all three channels.
 - 4. Make a practice run in a sparsely populated corridor and give the subject more practice in listening to and reacting to multiple signals from two or all three of the channels simultaneously.
 - 5. Choose a heavily populated corridor and give the subject ample experience with pedestrian encounters and object confrontations along walls. Have the subject practice the detection of openings.
 - Video tape the subject's performance indoors to provide a permanent record of his progress at the end of his first week of training.

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Objectives: 1. To provide opportunities for the subject to review previously learned techniques and reinforce his ability to use all three channels of the laser cane.

- To give the subject practice in detecting, distinguishing, and reacting to individual and multiple signals.
- 3. To afford the subject practice in handling object confrontations and coping with pedestrian encounters.
- To give the subject practice in "beam-trailing" walls and detecting openings by using Middle and/or Up Channels.
- To make a permanent visual record of subject's progress after one week of training.

Lesson E

Three testing procedures were utilized in the early phase of training to obtain objective data which would indicate device viability, subject learning ability of discrete device skills, and the appropriateness of the teaching format. Emphasis was placed on various testing procedures which would promote learning by the subjects. In future program planning these techniques may be modified to give more immediate feedback to the subjects when testing data are not required. The test procedures follow:

Detection Drill

- Purpose: The purpose of this drill is primarily to provide training in learning to recognize and respond to the tactile stimulator and audible system signals of the Forward Channel.
- Procedure: See Appendix 1 entitled "Preliminary Data Collection" for a description of testing procedures, the number and description of obstacles used, and Table A4 on which the results of the detection drills were tabulated, as well as the dimensions of the test area on Table A7.
 - Place the subject in a controlled area, such as an unused parking lot, and ask him to walk at various angles towards several different types of obstacles usually found outdoors.
 - The subject, on receiving any of the channel signals, should stop, whereupon the investigator will provide feedback on the detection distance and response distance plus information about the obstacle confronted and the dynamics involved.

Lesson E (cont'd)

- Ask the subject to repeat the drill at different range settings, gait speeds, and various types of obstacles.
- Time for correction of cane technique or clarification of various signals should be anticipated and provided.
- Objectives: 1. To measure the distance from the cane tip to the obstacle at time when warning signal is first heard through the monitoring device carried by one of the Specialists.
 - To use monitoring device to ensure that the laser cane beam is actually detecting the target obstacle.
 - 3. To ascertain the instant that the subject receives the audible signal or tactile stimulation.
 - To correlate position information (see No. 3) with observations of the subject's successes or failures to respond to signals or to avoid collisions.
 - 5. To gauge how far the subject travels before reacting to tactile or audible stimuli.
 - To record the distance between the cane tip and the obstacle at the moment when the subject stops in response to the tactile stimulator or audible signal.

Avoidance Drill

- Purpose: To evaluate the subject's ability to successfully circumvent an object in his travel path without any physical body or cane contact with it and the degree to which he is able to reestablish his original line of travel after having oypassed the obstacle.
- Procedure: See Appendix I "Training Data Collection Procedures" for a description of the procedures for avoidance measurement, the Data Sheet for Avoidance Test, and the individual and group avoidance test data. The same test area described earlier was used for all the test drills.
 - 1. Ask the subject to walk across the practice area towards a sound source (AM/FM radio) using the laser cane with the conventional touch technique. He should attempt to detect, avoid and circumvent each obstacle

Lesson E (cont'd)

without making body or cane contact with it. The subject will be told that the radio will be positioned so that each obstacle will be directly in his travel path as he walks towards the sound. The distance between the sound and the obstacle will be varied to ensure that the subject will not be able to easily guess the distance of the obstacle from himself by the loudness of the radio. The sound will be present only so long as required to get the subject heading in the right direction or to re-direct him should he veer away from a collision course with the obstacle.

- If a signal is felt or heard by the subject, he may inform the scorer by flipping his left wrist or use any other prearranged signal.
- 3. All avoidance trials will be monitored by the telemetry system which will be used by a Specialist to ascertain whether or not the laser beam has detected an obstacle, and if subject had the opportunity to receive the information.
- 4. If, for any reason, the trial results in no object detection, it will be repeated again later.
- 5. The order in which obstacles are presented will be arbitrary and a trial will be terminated when a subject either successfully detects and circumvents an obstacle or has made physical body or cane contact with it.
- All subjects will be permitted to travel at their own pace. The trials will be timed with a stopwatch.
- 7. Scoring will consist of "Yes" for correctly detecting and circumventing an obstacle, "CC" for making cane contact with the obstacle, and "BC" for making body contact with an obstacle. "CC/BC" will be used when both cane and body contact is made with the same obstacle.
- Results will be tabulated on a Data Sheet Avoidance Test Form.
- Objectives: 1. To determine the degree to which the traveler, using the Touch Technique with the laser cane, can detect an obstacle and consistently circumvent it while traveling at his normal pace and while avoiding cane or body contact with an obstacle.

- To determine if the subject can detect an object at a sufficient distance to enable him to react to it in time to make corrections in his line of travel.
- To help the subject learn to determine the position of an object in space relative to his own position as he moves towards it.
- 4. To give the subject practice in learning to estimate the distance of objects.
- To help the subject gain an appreciation of the dimensions of an object as he scans and moves toward it.
- 6. To give the subject practice in making rapid mental assessments of the above factors, analyzing them, making the necessary corrections to avoid contact with the object, and reestablishing his original line of travel after circumvention.

Obstacle Course Drill

Purpose:	To get an evaluation of the subject's performance as he receives laboratory training in learning to use the audible and/or tactile information from the Forward Channel during the process of negotiating a course through a standardized obstacle maze.
Procedure:	See Training Data Collection Procedures for a description of the procedure for conducting the obstacle course tests, the placement and dimensions of the standard obstacles and the Obstacle Course Test Recording Sheet.
	 Have subject walk in controlled practice area, at various speeds, through an obstacle course consisting of several types of outdoor obstacles. Allow him to use both his long cane and laser cane. A sound source should be used.
	 The arrangement of the obstacles on the course should become progressively more difficult.
	3. All channels and range settings should be employed.
	 Various methods of intermittent beam monitoring may be attempted.

Lesson E (cont'd)

Objectives:

- To test the subject's ability to utilize an object detector in a controlled, artificial setting.
 - 2. To evaluate the subject's ability to navigate through an area in which he must deal with a large number of obstacles.
 - To provide useful training exercises and to simulate travel experiences, under static and controlled conditions to get better acquainted with the C-4 laser cane.
 - To help the subject become more sensitive to the tactile stimulator and Forward Channel audible system of the laser cane.
 - 5. To use the obstacle course exercises as teaching clinics to analyze, diagnose and prescribe training and teaching procedures and to obtain immediate feedback.
 - To stress the importance of achieving normal gait speeds and a fluid continuity of motion.

RESIDENTIAL TRAVEL IN MAYWOOD

INTRODUCTION

For the accomplishment of the objectives for residential training, certain appropriate lessons were taken from the lesson plans used for the regular O&M Program at Hines. The first few lessons were designed to acquaint each subject with outdoor travel in a gradual and progressive manner. Few direct path obstacles, pedestrians, or complicated routes were encountered. Light traffic, square intersections, blocks of uniform length, and simple street crossings were characteristic of these early lessons. The sidewalks usually had shorelines between them and the curbs with trees populating these areas and hedges, fences, garages, etc., on the building line side of the pavement. The curbs were no deeper than six inches in some instances and less than that in others. There were areas which contained overhanging tree branches and in some areas hedges projected over the pavement. The last few lessons utilized a residential area that required the students to cross busy streets, bridges over an expressway, paved parking lots where the sidewalk was part of the paved area, streets at 3-way intersections with stop signs as the traffic controls, and to travel from a residential starting point to business establishments in a small business district. Certain characteristics of the laser cane were observed as follows:

- 1. The Down Channel had a tendency to generate warning signals at times when the investigators could find no visible cause for it to do so.
- The Down Channel would generate sound at times when the cane was jarred due to impact with the space separating the slabs of cement that make up the sidewalk.
- The traveler may be informed of water puddles on the pavement by a signal from the Down Channel and if curbs are high enough, he can avoid stepping off the curb by shorelining on the curb side.
- 4. If a pedestrian crosses too closely in front of the laser cane, the Up Channel is likely to be excited as well as the Forward Channel.
- 5. When crossing a blacktop street, the Down Channel often generates sound until the traveler is within a few feet of the curb he is approaching.
- 6. If the cane goes under a car or tailgate of a truck, the Down Channel may be activated because the light that normally would be reflected back to the receiving optics does not return.

Objectives:

- 1. To give the subject practice in using the laser cane in a residential setting and to help him learn to gain pertinent external information about his environment with the aid of the laser cane.
- To evaluate the subject's ability to use the laser cane effectively and to react appropriately to individual and multiple signals.
- 3. To evaluate the subject's ability to acquire good cane skills and effective travel techniques while being concerned with detecting and reacting to signals from objects in his environment, and remaining oriented and in contact with that environment.
- To provide the subject with opportunities to gain more experience with the laser cane, to learn to check offpath objects, and to get clear path indications.
- 5. To help the subject to develop initiative in finding new ways to put the laser beam to work.

- 6. To point out to the subject how the combination of slanting pavement and blacktop streets in this area can enable him to anticipate curbs even though they may not be 9 in. or more in height.
- 7. To provide an opportunity for the subject to gain more experience in analyzing laser cane signals and to instruct him in their use for orientation and navigation purposes.

LESSON PLANS FOR RESIDENTIAL TRAVEL IN MAYWOOD

Lesson A

- Starting Point: (NW) 5th Avenue & Roosevelt Road
- Destination: Ninth Avenue & Fillmore Street and return
- Procedure: Subject will travel north (on west side of 5th Avenue) to Fillmore and then go west (on the south side of Fillmore) to 9th Avenue, crossing 6th, 7th, and 8th Avenues enroute. After reaching (SE) 9th Avenue and Fillmore, the subject will retrace his steps back to the starting point.

Lesson B

Starting Point: (NW) First Avenue & Fillmore Street

Destination: Grocery store at (SW) 5th Avenue & Lexington

Procedure: This is a roundtrip of 12 blocks crossing 10 streets. The subject will go north (on the west side of First Avenue) across Harvard to Lexington (SW) and then head west (on the south side of Lexington) across 2nd, 3rd, 4th, and 5th and locate the grocery store there on the SW corner of the 5th Avenue Lexington Street intersection. He will then make the return trip by recrossing 5th Avenue, traveling south (on the east side of 5th) past Harvard to Fillmore at which point he will head east (on the north side of Fillmore) to (NW) Fillmore and First Avenue.

Lesson C

Starting Point: (NE) 5th Avenue & Harrison Street

Destination: (NE) 5th Avenue and Harrison Street. This is a roundtrip rectangular travel pattern involving 10 blocks and 6 street crossings.

Lesson C (cont'd)

Procedure: Subject will travel north (on the east side of 5th Avenue) to (SE) Congress, go east (on the south side of Congress) past 4th, 3rd, and 2nd to (SW) First, then south (on the west side of First Avenue) to Harrison, and head back west (on the north side of Harrison) to (NE) 5th Avenue & Harrison, crossing 2nd, 3rd, and 4th Avenues enroute.

Lesson D

Starting Point: Home at 1919 South 9th Avenue

- Destination: Lexington Primary School at (NE) 5th Avenue & Lexington Street
- Procedure: Subject will walk about 1/4 block to Lexington (on the east side of 9th Avenue) and go east (on the south side of Lexington) to and across 5th Avenue after crossing 8th, 7th and 6th Avenues. He will then cross Lexington, head east (on the north side of Lexington) following his left (north) shoreline past a wire fence to the 2nd sidewalk on the left which is approximately midway the block.

RESIDENTIAL/SMALL BUSINESS TRAVEL IN MAYWOOD

INTRODUCTION

The small business area in Maywood is approximately two blocks long on one of the main thoroughfares, Fifth Avenue. An intersection controlled by a 4-way stop sign is located at the south end. The area provides a good opportunity for the traveler to practice shorelining along building lines and detecting openings and open doorways, although one is likely to find more bicycles parked along the building lines and curbs than are usually found in larger business areas. Baby carriages are more likely to be seen in this area also. There is a railroad track at the north end of the district. Solid building lines flank both sides of Fifth Avenue with a vacant lot on the west side of the street and a vacant lot and paved parking lot on the east side. The area has parking meters.

The main objectives of the residential/small business area travel in Maywood are stated below:

 To evaluate and contrast the subject's travel skills as he walks with the laser cane from the residential area to the small business area.

- 2. To evaluate the subject's comprehension of laser cane use and potential and to help him appreciate the fact that the laser beam now gives him the option of obstacle contact or avoidance.
- 3. To assess the subject's initiative and motivation in completing and understanding mobility assignments.
- To continue to give the subject practice in the art of orientation and in the use of environmental clues to establish his position in space.
- 5. To provide an opportunity for the subject to evaluate and measure his own progress toward becoming a more effective traveler with the laser cane.

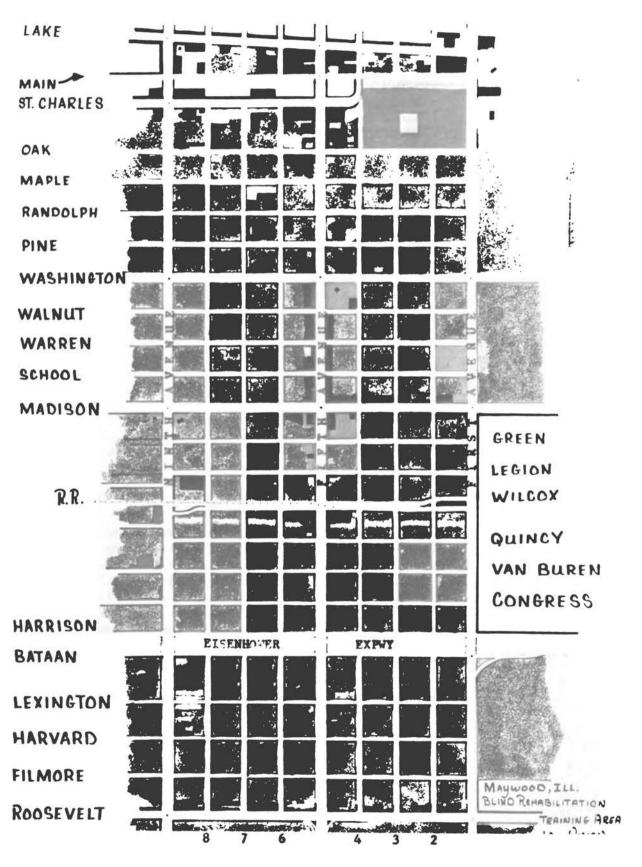
Lesson Plans for Residential/Business District Travel in Maywood

Lesson A

- Starting Point: (SE) 9th Avenue & Bataan Drive
- Destination: Chris & Tom's Grill which is located on the east side of 5th Avenue approximately one block north of Quincy Street.
- Procedure: Subject will travel east (on the south side of Bataan Drive) to 5th Avenue (SW) then head north (on the west side of 5th Avenue) across Bataan Drive, the bridge over the Eisenhower Expressway, and Harrison. Subject will then cross 5th Avenue and continue walking north (on the east side of 5th Avenue) crossing Congress, Van Buren, and Quincy. After crossing Quincy, continue north but maintain beam contact with the building line on the right until the end of the building line and a vacant lot is reached. At this point, about-face and follow the building line back south to the second opening which is a double opening with two doors leading into separate business establishments. Locate the south or door to the right, open it, and enter the Grill.

Lesson B

Starting Point:	(NW) First Avenue & Harrison Street.
Destination:	Fountain Lunch Cafe, located on the west side of 5th Avenue slightly more than a block north of Quincy Street.
Procedure:	Subject will travel east (on the north side of Harrison) to 5th Avenue and cross it. He will then travel north



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(on the west side of 5th) crossing Congress, Van Buren and Quincy Streets. After crossing Quincy, continue traveling north and maintain beam contact with the building line on the left and follow it to the end after which there is a wide vacant lot. When the building line resumes at the north end of the lot, locate the first door at the beginning of building line. It (the door) faces out on an angle (SE) across 5th Avenue, towards Chris & Tom's Grill.

Lesson C

Starting Point:

(SE) 9th Avenue and Congress Street.

Destination: The Maytown Restaurant which is located on the west side of 5th and is the first recessed opening south of Madison Street.

Procedure: Travel north (on the east side of 9th Avenue) to Madison Street, crossing Congress, Van Buren, Quincy, Wilcox, the railroad tracks, Legion, and Green. Then go east (on the south side of Madison Street) to 5th Avenue. Upon reaching 5th Avenue and Madison Street (SW) walk south, follow the building line on the right, and find the first recessed opening. Open the door and enter the restaurant.

BUSINESS DISTRICT TRAVEL IN MAYWOOD & OAK PARK

INTRODUCTION

The main Maywood business area used for O&M purposes stretches along 5th Avenue from Green Street on the south to Lake Street to the north. This area covers some 12 blocks with a set of RR tracks in the northern section between St. Charles and Main Street (see map of Maywood).

Oak Park is situated between Maywood and Chicago. The business area chosen for the O&M assignments is at the west end of the village and extends from Bonnie Brae on the west to South and North Forest on the east. Travel northward from Lake Street is usually two to three (and on occasions four) blocks and normally just one block to the south of Lake Street (see map of Oak Park).

The village of Maywood has a population of approximately 30,000 residents and the population of Oak Park is 63,511. Both of these suburbs have, on a smaller scale, most of the things normally found in a large American city.

Lessons appropriate to training subjects to use the laser cane were chosen, with but few exceptions, from the Hines master O&M lesson plans. Training was conducted under all kinds of travel conditions such as normal and peak traffic conditions and light and heavy pedestrian travel, rain, high winds, sunny conditions, different times of the day, etc.

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Following are the objectives for business district travel in Maywood and Oak Park:

- 1. To continue to stress the employment of good cane and travel skills while traveling with the laser cane.
- 2. To give the subject more practice in trailing building lines with the laser cane beams of the Forward and Up Channels and encourage him to experiment with the Forward Channel range settings to find the most practical range for achieving certain goals.
- 3. To expose the subject to heavier traffic and more pedestrian encounters.
- 4. To help the subject get more fully acquainted with loud traffic noises and to enable him to learn how useful the laser cane can be in relatively large business areas, and along streets with heavy auto traffic.
- 5. To introduce the subject to travel techniques which should be employed by a laser cane user when attempting to negotiate busy, traffic-controlled intersections.
- 6. To review the points involved in negotiating busy, trafficcontrolled intersections and to instruct the subject on how he can monitor pedestrians and cars with his laser beam to ascertain and confirm traffic flow while waiting for traffic clearance to cross streets.
- 7. To help the subject learn to use the laser beam to monitor turning cars when crossing streets and to check street light posts, mail boxes, building lines, etc., when approaching curbs at busy intersections.
- 8. To afford the subject the opportunity to review bus orientation and boarding and departing procedures and to gain experience in the use of public transportation with the laser cane.
- 9. To give the subject experience in locating supplementary landmarks while traveling in stores, and getting information about specific locations and counters inside a store.
- 10. To evaluate the subject's ability to use the laser cane effectively and to exploit the potential of the laser beam to aid him in traveling in unfamiliar as well as familiar areas.

LESSON PLANS FOR BUSINESS DISTRICT TRAVEL IN MAYWOOD & OAK PARK

Lesson A

Starting Point:	(SE) 5th Avenue & Madison Street in Maywood
Destination:	(SE) 5th Avenue & Madison Street
Procedure:	Review the travel skills and techniques subject uses in negotiating busy, traffic-controlled inter- sections. Also check on subject's ability to evaluate and interpret traffic sounds for the purpose of deter- mining when the flow of traffic is favorable and when he may safely cross the street. Have subject practice clockwise and counterclockwise crossings before the end of the period. Allow subject to make some of the crossings with the laser power on and with it off. Make some of the crossings from near the curbs and some with approaches from 50-100 feet away from the curbs. Practice using the building line and traffic sounds for alignment and direction-taking. Acquaint subject with useful landmarks which may be used to identify certain corners, help him learn to locate the proper area from which to embark when enroute to another corner across the street, and give him practice in using the laser cane to detect various objects and landmarks which can enable him to handle crossing more intelligently and efficiently. Acquaint subject with the technique of "beam-monitoring" pedestrians and traffic to ascertain and confirm traffic flow and stoplight changes. Point out that the laser beam can also be used to monitor and detect turning traffic and parked cars. Practice using the tactile stimula- tor alone and also in combination with the audible system of the Forward Channel
Starting Point:	(NW) First Avenue & Legion Street in Maywood

Destination: White Way Food Mart at (NW) 4th Avenue and Walnut Street

Procedure: Subject will travel north (on the west side of First Avenue) and cross Green, Madison (traffic-controlled), School (traffic-controlled), Warren, and Walnut. He will then walk west (on the north side of Walnut) to (NW) 4th Avenue & Walnut Street. After crossing 4th Avenue, subject will continue going west and will

Lesson B (cont'd)

maintain beam contact with the building line on his right until he gets to the end of it. Upon reaching the west end of the building, subject will turn right, step up onto an elevated sidewalk and walk north following the building line on his right until he gets to the north end, at which point he will come in contact with a metal food-basket conveyor belt apparatus. He will turn sharply around this conveyor belt to the right and step on a rubber mat which leads to the "IN" door of the White Way Food Mart. This door, as well as the "OUT" door immediately to the east, operates electronically. Subject will enter the store, get familiarization inside, and practice traveling about the store locating various departments and counters and moving up and down the aisles with as little contact as possible.

Lesson C

Starting Point: (SW) 6th Avenue and Washington Blvd. in Maywood

Destination: Coleman Instruments located at (SE) Madison Street & Greenwood Avenue.

Procedure: Subject will walk east (on the south side of Washington Blvd.) across 6th Avenue to 5th Avenue (SW). He will then go south (on the west side of 5th Avenue) past Walnut, Warren, School, and across Madison. Subject will then cross 5th Avenue and head east (on the south side of Madison) to Greenwood Avenue (SE), crossing 4th, 3rd, 2nd, First and Orchard Avenues enroute. After crossing Greenwood Avenue, subject will follow the brick wall on his right to the first opening, turn right, and take the "step - down" walk to the door of Coleman Instruments.

Lesson D

Starting Point: (NW) First Avenue & Oak Street in Maywood

Destination: Gollay's Clothing Store, located on the west side of 5th Avenue between Lake & Main Streets. It is the 2nd opening on the left north of Main Street.

Procedure: Subject will travel north (on the west side of First Avenue) past the RR tracks and across Main Street to Lake Street (SW). Then go west (on the south side of Lake Street to and across 5th Avenue). Next, head south (on the west side of 5th Avenue) past the building line and locate the first opening on the right. Gollay's may also be located by finding the 2nd opening on the

Lesson D (cont'd)

left as one travels north from Main Street. Enter the store and practice laser cane techniques inside.

Lesson E

Starting Point: (SE) Lake Street & Bonnie Brae in Oak Park

Destination: (NE) Lake Street & Bonnie Brae

Purpose: Familiarization of Oak Park business district on both sides of Lake Street from Bonnie Brae to Forest.

Procedure: Subject will travel east (on the south side of Lake Street) to and across S. Forest, passing Harlem Avenue and Marion enroute. After crossing S. Forest, subject will continue to walk east about a quarter of a block (Forest is an off-set street and the south and north extensions form T- junctions with Lake Street), cross Lake Street, N. Forest and head back west (on the north side of Lake) to Harlem & Lake. Subject will then practice street crossings and get familiarization of the business establishments on the NE, SW, and SE corners and the bus stop on the NW corner. The subject will use his laser cane and travel as independently as possible.

Lesson F

Starting Point: (NE) 5th Avenue & Main Street in Maywood

Destination: Bus ride to (SE) Harlem Avenue & Lake Street in Oak Park.

Procedure: Subject will be driven to starting point in car and will walk north (on the east side of 5th) to Lake Street (SE). He will then cross 5th Avenue to the SW corner and board an eastbound bus at that bus stop. Upon reaching the bus stop at (SE) Harlem Avenue & Lake Street, which is east of Harlem on Lake, subject will return to the Harlem-Lake intersection and review street crossings and the landmarks, business establishments, and bus stop on the corners.

Lesson G

Starting Point:	(SW) N. Forest & Erie Street in Oak Park
Destination:	Bond Clothing Store at (SW) Lake Street & Marion
Procedure:	Subject will travel south (on the west side of N. Forest) past Ontario to Lake Street (NW) and then head west (on the north side of Lake). He will cross

Lesson G (cont'd)

Marion and then Lake Street and locate the wide opening facing Lake as he "beam-trails" the building line on his right back towards Marion. Subject will go inside Bond's Clothing Store and locate the men's slacks department after which he will practice traveling to various departments and counters in the store.

Lesson H

Starting Point: (NW) Maple & Erie Streets in Oak Park.

Destination: The Appliances Department in Montgomery Ward's Department Store at (NW) Lake Street & Marion

Procedure: Subject will not be given the location of his starting point but he must solicit aid from pedestrians to get himself oriented and then proceed to his destination. He will be free to get as much verbal information and aid as he feels he needs but he may not be physically helped or escorted to the destination.

Lesson I

- Starting Point: (SW) Harlem Avenue and Lake Street in Oak Park.
- Destination: Wieboldt's Department Store at (SW) Harlem Avenue & Lake Street.
- Procedure: Subject will negotiate the revolving doors, enter Wieboldt's from the Lake Street entrance, and practice traveling inside with the laser cane. This assignment can be done before or after completing another lesson, if a roundtrip bus ride is not involved.

Lesson J

Starting Point: (NE) 5th Avenue & Main Street in Maywood

- Destination: Bus ride to Lyon & Healy in Oak Park which is located by finding the 2nd wide opening (4th opening) south of the alley between Lake Street & Westgate on the west side of Marion.
- Procedure: The subject must solicit aid to learn the location of Lyon & Healy and the bus stop closest to it. He may get this information from the bus driver, passengers, or any other reliable source. He must make the trip independent of physical aid.

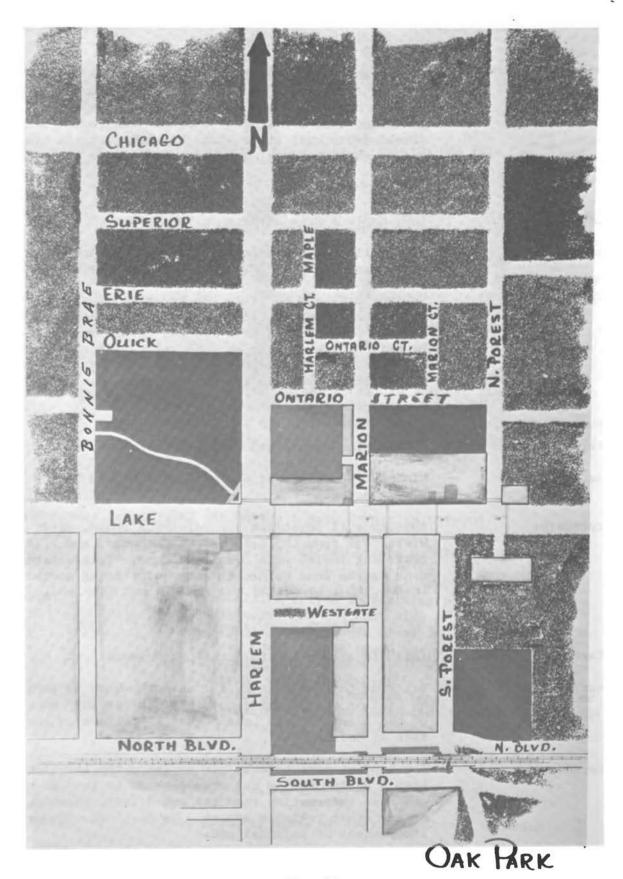


Fig. A4

Lesson K

Starting Point:	(NW) Maple & Erie Streets in Oak Park								
Destination:	The Customer Service Department at Wieboldt's Department Store located at (SW) Harlem Avenue & Lake Street.								
Procedure:	Subject will not be given the location of his start- ing point but must solicit aid from passersby to get himself oriented and then proceed on to his desti- nation. He will be free to solicit as much aid and information as he feels he needs, short of being physi- cally helped and escorted to the destination.								
	Lesson L								
Starting Point:	(NE) 5th Avenue & Main Street in Maywood								
Destination:	Bus ride to Lytton's Clothing Store in Oak Park, lo- cated at (NW) Lake Street and N. Forest.								
Procedure:	Subject will be driven to the starting point from which corner he will walk north to Lake Street and cross 5th Avenue to the bus stop. He must make sure that the bus he boards goes past Harlem Avenue on Lake Street, other- wise he might have to walk from Harlem to Forest. After getting off the bus at (SW) S. Forest and Lake, subject will cross Lake Street, head west across North Forest, find the first opening in the building line on his right facing Lake and enter Lytton's there on the NW corner. He will solicit aid in locating the men's shirt depart- ment. If time permits allow subject to practice de- tecting aisles, circumventing objects, traveling to various counters, etc.								
	Lesson M								
Starting Point:	(NE) Randolph & Marion Street in Oak Park								
Destination:	Marshall Fields Department Store at (NE) Harlem Avenue and Lake Street.								
Procedure:	Subject will travel north (on the east side of Marion) crossing Pleasant Pl., Pleasant Street, South Blvd., the "L" tracks, North Blvd., and Lake Street. Upon reaching NE Marion & Lake, subject will proceed west (on the north side of Lake) to Harlem Avenue and locate the first opening on his left as he follows the build- ing line heading back east from the curb at Harlem Avenue.								

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CHICAGO LOOP TRAVEL

INTRODUCTION

Travel in the Chicago Loop was confined, for the most part, to the heart of the downtown area in order that subjects would get maximum exposure to the city with its demanding orientation and travel conditions.

Some of the lessons used for the Chicago Loop assignments were designed specifically by the investigators to achieve certain teaching and training objectives with the laser cane.

The objectives for this final stage of training are listed below:

- 1. To expose the subject to big-city travel.
- To observe and evaluate the initiative and resourcefulness displayed by a subject in coming to grips with his travel problems and solving them by an ordered process of analysis, forming judgments, and drawing sound conclusions.
- 3. To provide an opportunity for the subject to enter business establishments, solicit information and directions, and to locate specified departments within the establishments.
- 4. To give the subject a review of techniques employed in using "L" and subway stations and taking advantage of the laser beam and structural resources inherent in such structures.
- 5. To make the subject aware of the fact that information obtained by means of pedestrians or the laser beam must be interpreted, evaluated, doublechecked for errors, accuracy and consistency.
- 6. To afford the subject the opportunity to test the laser cane in a thickly crowded situation and to experiment with various range settings to determine if the cane can be of use under these travel conditions or if it would be wiser to turn the cane off and use it as a conventional long cane.

LESSON PLANS FOR CHICAGO LOOP TRAVEL

Lesson A

Purpose: Familiarization of Des Plaines "L" Station, Washington & Dearborn Subway Station, and trip around the Loop via: Dearborn north to Randolph, east to Wabash, south to Jackson, west to Dearborn, and north back to the starting point, the subway station at Washington and Dearborn.

Lesson B

- Starting Point: Subway station at Washington & Dearborn, located midway the block between Washington & Dearborn on the east side of Dearborn.
- Purpose: Familiarization of State Street and the location of certain business establishments on both sides of State Street.
- Procedure: Proceed north from the Washington and Dearborn subway station to Lake Street, crossing Randolph enroute. Go east on Lake Street to State Street. Then travel south, on the west side of State Street, to Van Buren. Cross State Street at Van Buren and return to Lake Street on the east side of State Street. If time permits, repeat assignment in reverse or go to a predesignated destination.

Lesson C

- Starting Point: (NE) State and Randolph
- Destination: Sears, Roebuck and Company at (SE) State and Van Buren.
- Procedure: Travel south, on east side of State Street past Washington, Madison, Monroe, Adam, Jackson, across Van Buren to the SE corner and locate the destination on the corner of the intersection of State and Van Buren.

Lesson D

- Starting Point: (NW) State and Monroe
- Destination: The Prudential Building at (NE) Randolph and Michigan.
- Procedure: The subject may take any route he chooses to his destination, a trip of 5 blocks and 5 or 6 street crossings, depending on the route taken.

Lesson E

Starting Point: (NE) Randolph and Michigan

Destination: The Art Institute on the east side of Michigan at Adam.

Procedure: This is a short trip of approximately 4 blocks and 4 street crossings and is usually combined with the trip to the Prudential Building.

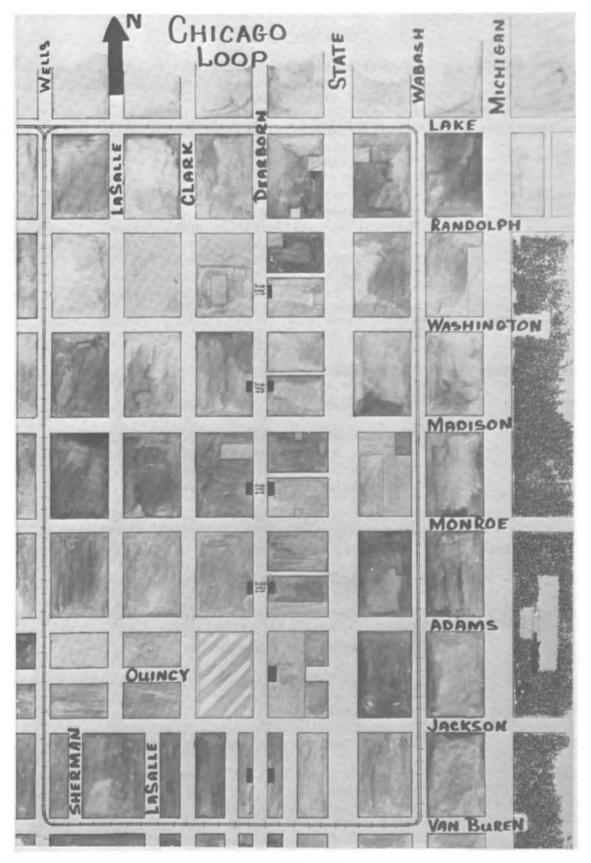


Fig. A5

Lesson F

Starting Point:	(NW) Jackson and Michigan						
Destination:	The Greyhound Bus Station at (NE) Randolph and Clark						
Procedure:	The route taken is done so at the pleasure of the subject. This trip involves 9 or 10 blocks and street crossings, depending upon the route chosen.						

POST-TRAINING EVALUATION LESSON PLANS

The lesson plans for the Orientation and Mobility Task Rating Scale and the Orientation and Mobility Subtask Checklist were designed by the Orientation and Mobility Specialists at Palo Alto and Hines VA Hospitals at the end of the training program for the purposes of having noninvolved Orientation and Mobility Specialists (peer Group) and the Orientation and Mobility Research Specialists themselves rate the performances of the eight subjects, and to get numerical values for the possible differences in a subject's performance when comparing his use of the long cane with the laser cane over unfamiliar routes in suburban and city areas. Complete description of the Orientation and Mobility Task Rating Scale and the Orientation and Mobility Subtask Checklist may be found in the Training Data Collection Procedures section of this study in Appendix 1.

Four travel assignments were designed for the post-training evaluation data-collection procedures and they were coded Routes A, B, C, and D. Routes A and B were in the suburbs of Berwyn and Cicero and Routes C and D were in the Chicago Loop area (see Training Data Collection Procedures, Appendix I for rough maps of the areas used for the assignments). Following are the four evaluation runs:

ROUTE A

Starting Point:	(NW) 59th Ct. & 19th Street (Berwyn/Cicero area)
Travel Aid:	Long Cane
Destination:	Old Prague Restaurant, located at (NW) 59th Ct. & Cermak Rd.
Procedure:	Travel east (on north side of 19th Street) to 58th Avenue, crossing 59th Ct., 59th Avenue, and 58th Ct. Then turn right and walk south (on west side of 58th Avenue) to Cermak Rd., passing 19th and 21st Streets enroute. Proceed west (on north side of Cermak Rd.) to 59th Ct. (NW), crossing 58th Ct., 59th Avenue, and 59th Ct. After crossing 59th Ct., continue west and follow the building line on the right to the first opening and locate the door of the Old Prague Restaurant which has big brass bar handles.

Appendix II

ROUTE B

Starting Point: (NE) 19th Street & 58th Ct. (Berwyn/Cicero area)

Travel Aid: Laser Cane

Destination: Rosicky's National Cleaners at (NE) 58th Ct. & Cermak Rd.

Procedure: Walk west (on the north side of 19th Street) to Austin Blvd., crossing 58th Ct., 59th Avenue, and 59th Ct. Then turn left, cross 19th Street, and continue south (on the east side of Austin Blvd.) and go to Cermak Rd., crossing 21st Street on the way. Travel east, (on north side of Cermak Rd.) to (NE) 58th Ct., crossing 59th Ct., and 59th Avenue as well. Upon reaching (NE) 58th Ct., continue traveling east and find the first opening in the building line facing Cermak Rd.

ROUTE C

Starting Point: (SW) Washington & Dearborn Street (Chicago Loop)

Travel Aid: Laser Cane

Destination: Dutch Mills Candies at (NE) Washington & Dearborn Streets

Procedure: Cross Dearborn Street and go east (on the south side of Washington Street) to Michigan Avenue, crossing State Street and Wabash Avenue. Then go south (on the west side of Michigan Avenue) to Madison Street and cross it. Proceed west (on south side of Madison Street) across Wabash Avenue and State Street, to Dearborn, at which point turn right, cross Madison Street, and walk north (on the east side of Dearborn Street) to Washington Street. Cross Washington Street and find the first opening directly on the NE corner. The door faces out on a diagonal across the intersection and is a combination glass and aluminum door with a handle bar that stretches the width of the door.

ROUTE D

Starting Point:	SW) Randolph & Dearborn Streets (Civic Center	-
	hicago Loop)	

Travel Aid: Long Cane

ROUTE D (cont'd)

Destination: Kopper Kettle Lounge at (NE) Randolph & Dearborn Streets

Procedure: Cross Dearborn Street and proceed east (on the south side of Randolph Street) across State Street and Wabash Avenue to Michigan Avenue. Go south (on west side of Michigan Avenue) one block, to Washington Street and cross to south side of the street. Then travel west (on south side of Washington Street) to Dearborn, crossing Wabash Avenue and State Street. Turn right, cross Washington Street and continue north (on east side of Dearborn) to and across Randolph Street. Continue going north following the building line on the right until the first opening (an inset door) is reached.

Appendix III

SUBTASK CHECKLIST

INTRODUCTION

The Subtask Checklist developed out of a desire to record and tabulate countable and objectively measurable events of importance which can occur during travel with a cane.

This appendix contains three sections. The first section lists the definitions which were drawn up to identify the important events. The second section contains Table A29 which consists of a copy of the actual checklist, and the third section contains some concluding observations and suggestions for future improvement.

GUIDELINES FOR COMPLETING THE O&M SUBTASK CHECKLIST

The following is a list of definitions and criteria for use in scoring the Orientation and Mobility Subtask Check List. Each subject on each run will be scored according to what can be seen from the videotape and heard from the taped audio commentary. The term "travel path" in the definitions will be interpreted as that area in front of the subject which is encompassed by the width of the sidewalk.

A. Continuity of Travel

- Hesitations -- are defined as occasions when, in the opinion of the scorer, there has been an obvious conscious reduction of travel speed or momentary delay in progress without coming to a full complete stop. The only exceptions should be when the cane sticks in the guidelines or in cracks in the sidewalk, or the subject anticipates curb detection. Scoring of hesitations will be done by recording the number of incidents in the appropriate space.
- Stops -- are defined as situations where the subject comes to a full complete standstill. The only exception to this will be stops at curbs or alleyways. The total number of incidents should be recorded in the appropriate space.

B. Obstacle Negotiation

 Attempted Circumvention Without Contact -- is defined as any situation where the traveler, on detecting an obstacle in his direct line of travel, alters his line of travel so that he proceeds past the obstacle without making cane or body contact. The score in this case will be the total number of such incidents.

- 2. Attempted Circumvention With Contact -- is defined as any situation where the traveler, on detecting an obstacle in his direct line of travel, attempts to circumvent it, but makes cane and/or body contact with the obstacle. The total number of incidents should be entered in the appropriate space. An incident may be recorded in only one category.
- 3. Contact Without Attempted Circumvention -- is defined as any situation in which the traveler does not make any observable attempt to adjust his line of travel around an obstacle which is in his direct line of travel and proceeds straight ahead to make cane and/or body contact with it. The total number of incidents constitutes the score. An incident may be recorded in only one category.

C. Orientation

- Orientation Problems-- are defined as occasions when the traveler goes off the prescribed route and must search to relocate his travel path. On street crossings the efficient recovery of the travel path by use of the cane after a minor veer does not constitute an orientation problem. The total number of such incidents should be recorded as the score.
- Independent Recoveries from Orientation Problems -- are defined as situations in which the traveler, after perceiving an orientation problem, reorients himself within a five-minute time limit and continues in the correct direction. The number of these incidents should be entered as the score.
- 3. Needs Assistance with Orientation Problems -- is defined as an occasion when the traveler is unable to successfully deal with an orientation problem within the five-minute time limit. If the traveler, after relocating the travel path, proceeds in the wrong direction, he will be stopped at the first intersection he reaches or after five minutes, whichever comes first. Record the total number of incidents.
- 4. Deviations from Prescribed Route -- are defined as situations where the traveler does not follow the prescribed route to his destination, i.e., by crossing the wrong streets, reversing portions of the route, or making wrong turns. Minor veerings off the travel path do not fall within this definition. Add the number of these incidents and enter the total in the appropriate space.

D. Street Crossing

 Detection of Down Curbs -- A subject qualifies for a "yes" score in the detection of down curbs if, when confronted by a down curb (alleyways), he successfully anticipates, manually detects the curb with his cane, and appropriately responds by stopping. Falling off the curb, overstepping the curb, or using the cane as an orthopedic tool to regain balance does not merit the "yes" score and a "no" should be awarded.

- 2. Properly Aligns for Crossing -- A score of "yes" for properly aligning for a street crossing should be awarded for successful body alignment by the traveler prior to crossing the street with the aid of audible or tactual information. The traveler's alignment should be such that he could complete the crossing within the defined travel path if he maintained his line of travel. Score "yes" or "no" for each street encountered.
- 3. Starts Crossing at Appropriate Time -- A score of "yes" should be awarded if the traveler makes a prudent start at a street crossing as dictated by weather conditions, automobile traffic and the amount of traffic control. Starting long after the start of parallel traffic, crossing against a red light, or crossing when traffic pattern information is in doubt, qualifies for a "no" score.
- 4. Veers on Street Crossing -- is defined as a complete street crossing in which the traveler reaches the curb outside of the crosswalk or outside the defined travel path. Score "yes" or "no" for each crossing encountered, and in addition indicate the direction of the veer.
- 5. Needs Assistance to Complete Crossing -- is defined as assistance required by the traveler to complete his crossing in the event he becomes disoriented in the street, or places himself in a potentially hazardous situation. Score "yes" or "no" for each street crossing encountered.

E. Travel Path Position

- 1. Makes Cane Contact with Guidelines -- is defined as an occasion when unintentional cane contact is made with the travel boundary. At breaks, or openings in the boundary line (e.g., at driveways or entrances to stores), if the cane extends beyond the imaginary boundary line across the opening, a cane contact with the guideline should be scored. Scoring will be done by recording the number of incidents in the appropriate space in addition to an indication of the side on which the contact is made.
- Veers off Travel Path -- are defined as occasions when the traveler moves off the travel path with both feet. Record the number of incidents in the appropriate space and indicate the direction of the veer.

TABLE A29

ORIENTATION & MOBILITY SUBTASK CHECKLIST DATA SHEET

PRELIMINARY C-4 LASER CANE EVALUATION, 1971-72

DATE

STUDENT 1 2 3 4 5 6 7 8

RUN ____A LASER CANE FAMILIAR

____B___ LONG CANE FAMILIAR

- C LASER CANE UNFAMILIAR
- _____ LONG CANE UNFAMILIAR

CONTINUITY OF TRAVEL

1. Number of Hesitations

	1	2	3	4	5	6	7	8	TOTAL
BLOCKS									
STREETS									

2. Number of Stops

	 2	3	4	5	6	7	8	TOTAL
BLOCKS	 							
STREETS								

OBSTACLE NEGOTIATION

1. Number of Attempted Circumventions without Contact

1		1	2	3	4	5	6	7	8	TOTAL
	OBSTACLE									
	PEDESTRIAN									

BLOCKS	IN	RUN	
			and the second s

NUMBER OF STREET CROSSINGS

		1	2	3	4	5	6	7	8	TOTAL
STREETS	OBSTACLE				ļ					
	PEDESTRIAN									

2. Number of Attempted Circumventions with Contact

		1	2	3	4	5	6	7	8	TOTAL
CANE CONTACT	OBSTACLE									
	PEDESTRIAN									
BODY	OBSTACLE									
CONTACT	PEDESTRIAN				ļ					
BOTH	OBSTACLE									
	PEDESTRIAN									

	CANE	OBSTACLE	1	2	3	4	5	6	7	8	TOTAL
	CONTACT	PEDESTRIAN									
STREETS	BODY	OBSTACLE									
	CONTACT	PEDESTRIAN									
	BOTH	OBSTACLE									
		PEDESTRIAN									

		1	2	3	4	5	6	7	8	TOTAL
	CANE	OBSTACLE								
	CONTACT	PEDESTRIAN						-		
BLOCKS	BODY	OBSTACLE		-				1		
	CONTACT	PEDESTRIAN						-		
	BODY	OBSTACLE								
		PEDESTRIAN								

3. Number of Contacts Without Attempted Circumvention

			1	2	3	4	5	6	7	8	TOTAL
	CANE	OBSTACLE									
	CONTACT	PEDESTRIAN				1					
STREETS	BODY	OBSTACLE									
	CONTACT	PEDESTRIAN									
	вотн	OBSTACLE				1					
		PEDESTRIAN									

ORIENTATION

1. Number of Orientation Problems

	1	2	3	4	5	6	7	8	TOTAL
BLOCKS		1	1						
STREETS									

2. Number of Independent Recoveries from Orientation Problems

	1	2	3	4	5	6	7	8	TOTAL
BLOCKS				<u> </u>					
STREETS									

3. Number of Times Assistance Given to Subject Involved in an Orientation Problems

	1	2	3	4	5	6	7	8	TOTAL
BLOCKS				1			1		
STREETS									

4. Number of Deviations from Prescribed Route

	1	2	3	4	5	6	7	8	TOTAL
BLOCKS									
STREETS									

STREET CROSSING

1. Detection of Down Curbs

	1	2	3	4	5	6	7	8	TOTAL	
YES										
NO										

2. Proper Alignment for Crossing

	1	2	3	4	5	6	7	8	TOTAL
YES									
NO									

3. Starts Crossing at Appropriate Time

4. Veers on Street Crossing

		1	2	3	4	5	6	7	8	TOTAL
	TOWARDS PARALLEL STREET									
YES	AWAY FROM PARALLEL STREET	6 4								
NO										

5. Needs Assistance to Complete Crossing

	1	2	3	4	5	6	7	8	TOTAL
YES									ļ
NO									

TRAVEL PATH POSITION

1. Number of Cane Contacts with Guidelines

	1	2	3	4	5	6	7	8	TOTAL
TOWARDS									
PARALLEL			1						
STREET									
AWAY FROM									
PARALLEL									
STREET									

2. Number of Veers off Travel Path

	1	2	3	4	5	6	7	8	TOTAL
TOWARDS PARALLEL STREET									
AWAY FROM PARALLEL STREET									

TIME

1. Time Run Started _____

2. Time Run Ended

3. Total Travel Time _____

GENERAL TRAVEL INFORMATION

Pedestrian Traffic on Run Heavy Medium Light
 Automobile Traffic on Run Heavy Medium Light

3. Weather Conditions During Run Sunny Overcast Windy Rainy

.

- -

4. Unusual Occurrences if any _____

CRITIQUE

There appeared to be general agreement among all 4 members of the O&M research staff that the content of the checklist did include most of the important areas of independent travel performance; however, it was obvious that some of the categories such as stops, hesitations, disorientation, etc., need even more rigid and meaningful definition. For the purpose of collecting and analyzing the data it would help in the future to reorganize the arrangement of the categories according to some selected interrelationships. It would also help to be more precise in defining the specific units or sections of the travel route that one is going to be concerned with when collecting data. For example, the question must be decided as to whether the boundary is to be on the right or the left side of the travel path, and when selected, what structure is to define that boundary? Also, if the route is described in terms of the number of blocks and the number of street crossings, the question of where a block begins and ends will have to be defined as well as how the number of blocks is going to be related to actual distance when blocks obviously vary in length. These are just a few specific examples of some of the details of definition that need to be worked out if the Subtask Checklist is to have broad application.

One final observation, but a very important one in terms of evaluation procedure, should be added. All of the O&M investigators had difficulty collecting meaningful objective data during on-the-spot observations. There are too many elements of performance to attend to and the judgments must be made too quickly for an observer to be effective in this situation. Because of this difficulty, the use of videotape proved to be a very effective tool in the collection of objective data. One area of weakness that was observed in using the videotape was in the scoring of doubtful physical contacts. It would also be very helpful if the quality of the audio channel on the videotape could be improved. It seems likely that more refined videotaping techniques and procedures could further improve the objective measurement of travel performance. The checklist which was used in the present evaluation could be scored effectively from videotape.

Appendix IV

TASK RATING FORM

INTRODUCTION

The Task Rating Form was constructed to provide a means of assessing complex aspects of performance in such a way that they could be compared under different conditions and when using different aids or devices. Once again the structure of the form can still be improved. Its details are reported here, partly in the interests of providing a thorough account of what procedures were followed and partly because they could provide a starting point for future mobility aid evaluations.

Appendix 4 is in three parts. Part one consists of the text of the instructions given to each of the raters indicating how they should complete the rating form. Part two consists of Table A30 which is a copy of the Task Rating Form, and part three summarizes the comments and criticisms provided by the O&M staff members who supervised the rating experiment.

INSTRUCTIONS GIVEN TO RATERS

As a rater you are about to view the first of four videotapes. Each videotape represents an individual traveling a route of approximately six blocks while crossing six streets. The four travelers will be utilizing the long cane or the laser cane in a familiar or unfamiliar area. Details about the route will be supplied prior to each viewing session. Before viewing the videotapes, the entire list of questions should be read carefully. At that time if any questions arise or further explanation is needed, please do not hesitate to ask for clarification. Rate each videotape as a separate performance. The method of rating you should use requires that you circle the vertical hash mark that best corresponds with your judgment on each question. Please respond to each question as best you can. As a point of reference in rating, a mark of "Excellent" should be understood as representing the very best caliber of performance you have observed at your center. A mark of "Average" would represent the performance norm for the population that has received training at your center. Thank you sincerely for your time and effort in assisting us with this project.

TABLE A30

ORIENTATION AND MOBILITY TASK RATING FORM

4	_56	7	_8			
e Familia	ar					
Familia	c					
e Unfamil	liar					
Unfamil:	lar					
ler on ho	w well	he does	in each	category.		
- maintai	ins his	line of	travel?			
Excellent						
	+				- 	-+
7	6	5	4	3	2	1
- detecta	curbs?					
llent				Ave	rage	
_	-			_	-	_
1 7	6	5	4	3	2	1
- crosses	street	s?				
llent				Ave	rage	
1	1	1	1	1	1	1
7	6	5	4	3	2	1
- uses au	udito rv	informa	tion?			
				Ave	7900	
1	1			1	1	
Ţ	6	5		3	2	1
	4 Familia Familia Unfamili Unfamili Unfamili ler on ho maintai lent 7 - detectai lent 7 - crosses lent 7	E Familiar Familiar Familiar Unfamiliar Unfamiliar Ler on how well - maintains his Lent - detects curbs? Lent - detects curbs? Lent - crosses street Lent - crosses street Lent - uses auditory Lent	4567 a Familiar Familiar Unfamiliar Unfamiliar Unfamiliar Ler on how well he does - maintains his line of llent 7 6 5 - detects curbs? llent 7 6 5 - crosses streets? llent 7 6 5 - crosses streets? llent 7 6 5 - crosses streets? llent 7 6 5 - uses auditory informa llent	$\begin{array}{c} \underline{4} \underline{5} \underline{6} \underline{7} \underline{8} \\ \hline \\ \mathbf{Familiar} \\ \hline \\ \mathbf{Familiar} \\ \hline \\ \mathbf{Familiar} \\ \hline \\ \mathbf{Unfamiliar} \\ \hline \\ \mathbf{Unfamiliar} \\ \hline \\ \mathbf{ler on how well he does in each \\ \hline \\ \mathbf{maintains his line of travel?} \\ \hline \\ \mathbf{llent} \\ \hline \\ \hline \\ 7 \\ 6 \\ 5 \\ 4 \\ \hline \\ \mathbf{crosses streets?} \\ \hline \\ \hline \\ \mathbf{llent} \\ \hline \\ \hline \\ 7 \\ 6 \\ 5 \\ 4 \\ \hline \\ \mathbf{crosses streets?} \\ \hline \\ \hline \\ \mathbf{llent} \\ \hline \\ \hline \\ 7 \\ 6 \\ 5 \\ 4 \\ \hline \\ \mathbf{crosses streets?} \\ \hline \\ \hline \\ \hline \\ \mathbf{1ent} \\ \hline \\ \hline \\ 7 \\ 6 \\ 5 \\ 4 \\ \hline \\ \mathbf{crosses streets?} \\ \hline \\ \hline \\ \hline \\ \mathbf{1ent} \\ \hline \\ \hline \\ 7 \\ 6 \\ 5 \\ 4 \\ \hline \\ \mathbf{1ent} \\ \hline \\ \hline \\ \hline \\ \mathbf{1ent} \\ \hline \\ \hline \\ \hline \\ \hline \\ \mathbf{1ent} \\ \hline \\ \mathbf{1ent} \\ \hline \\ $	$ \begin{array}{c} \underline{4} \underline{5} \underline{6} \underline{7} \underline{8} \\ \hline \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ \\ $	$\begin{array}{c} -4 \ -5 \ -6 \ -7 \ -8 \end{array}$ a Familiar Familiar Pamiliar Unfamiliar Unfa

TABLE A30 (cont'd)

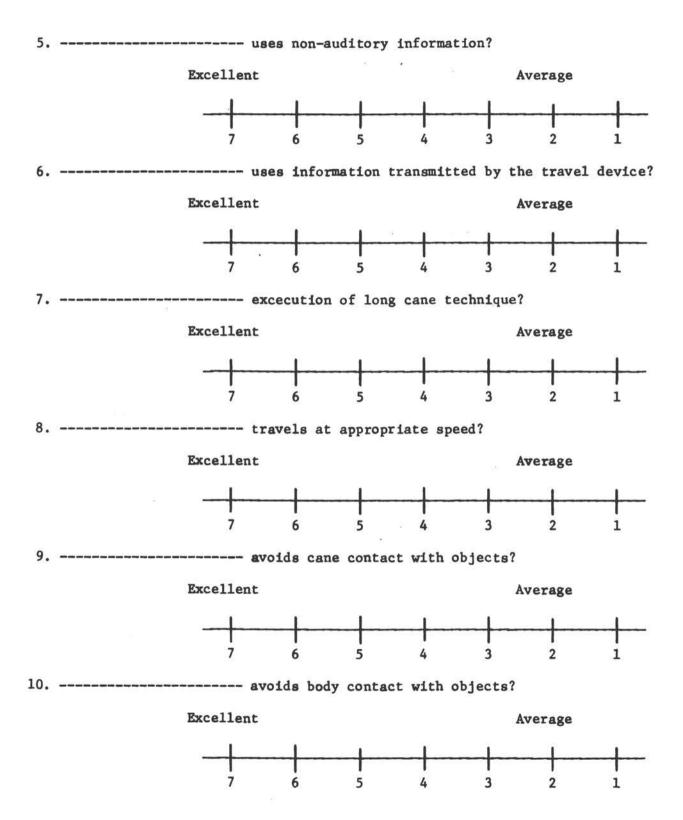


TABLE A30 (cont'd

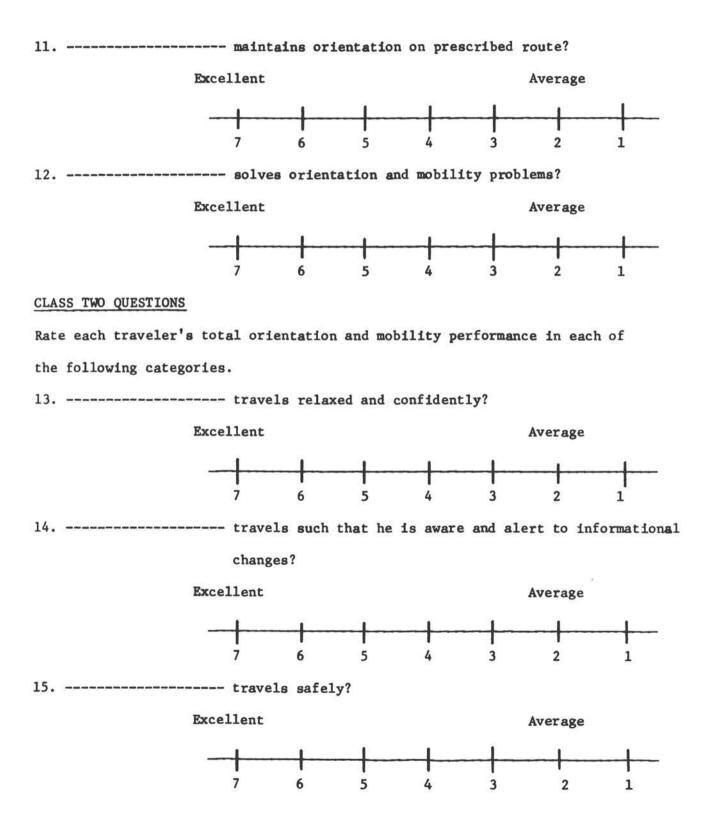
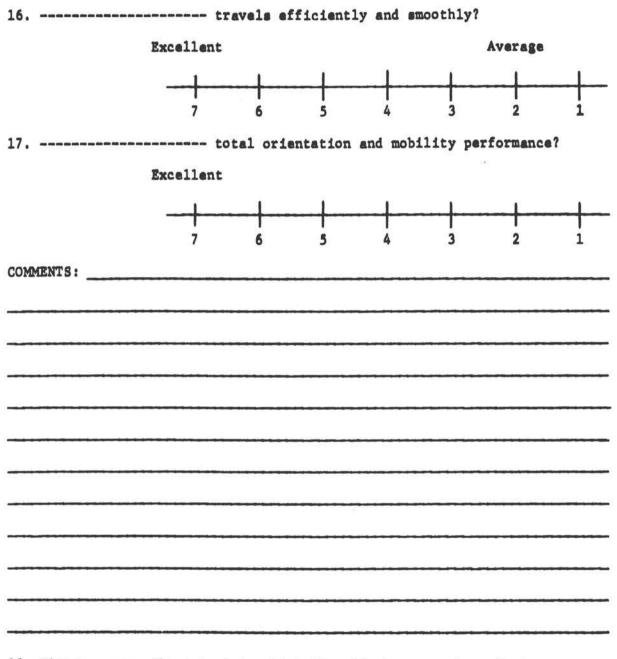
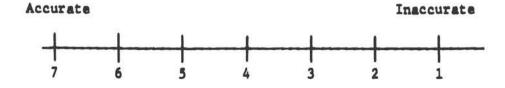


TABLE A30 (cont'd)



18. Please assess the extent to which the videotape you have just seen permits you to give an accurate rating of mobility skill.



CRITIQUE

In future studies where presumably a more random selection of travelers will be made, the rating scale should be labeled average at its midpoint. It is probable that a five point scale would be adequate. Also it should be emphasized to the raters that every question must be answered and that the answers must be located exactly on one of the hash marks. On both occasions when the rating scales have been used, there have been some unanswered questions and answers which appeared in the spaces between the hash marks.

Although in general the questions posed to the raters appeared to cover the major aspects of orientation and mobility, some of the questions could benefit from minor revisions in wording. Also, prior to rating the videotapes, the raters should view a calibrated performance in order to have a firm basis of comparison for their evaluation. Finally, the reliability of the raters might be tested by having them view several calibrated performances at various time intervals and noting their consistency of scoring. It is recommended that the details of such a consistency check should be developed with the assistance of a statistician.

Appendix V

RATER QUESTIONNAIRE

INTRODUCTION

The methods which were adopted for videotaping the cane journeys and the dimensions of mobility which were chosen for the attention of the raters, were all adopted after some preliminary experimentation carried out during the training phase. However, despite these efforts designed to refine techniques, it was recognized that numerous improvements could still be made and that it was likely that the sixteen raters would be able to contribute useful comments and suggestions for future use.

Accordingly, the rater questionnaire shown in Table A31 was prepared. The questions focussed on three principal topics; the adequacy of the videotapes for the purpose of assessing mobility performance, the relevance of the questions on the rating form to basic blind mobility skills and the rater's opinion of the utility of the laser cane. The raters' responses are listed in Table A32 and an analysis of these data is provided in the concluding section of this appendix.

UTILITY OF THE VIDEOTAPES

Fourteen out of the sixteen raters felt that the videotapes provided the needed information to rate overall travel performance (Ql) and specific travel skills (Q2) accurately most of the time, and these raters experienced no difficulty or little difficulty in using the tapes to judge performance (Q3). Of these 14 raters, ten felt that the videotape performances were at least as interesting as real life performances, while the rest felt they were less interesting (Q4).

Elements of videotaping which needed improvement were judged to be -

	Attribute	Frequency of Comment
Α.	Quality of picture	1
в.	Quality of sound	4
C.	Angle of shooting	13
D.	Length of videotapes	0
E.	Areas used for routes	0
F.	Distance of shooting from action	5
G.	None of above	1

Thus most of the distress arose from not having a good view. The two raters who did not respond enthusiastically to questions 1, 2, and 3 provided most of the complaints and listed quality of picture and/or sound (Q5).

Fifteen of the sixteen raters felt that the videotapes were of either large (13) or moderate (2) value in evaluating mobility aids. The remaining rater

TABLE A31

PRELIMINARY C-4 LASER CANE EVALUATION

Evaluator _	
Center _	
Date	

INSTRUCTIONS

We would appreciate your answering a few questions about the videotapes and the rating form in order that we can better assess the potential of these evaluation techniques. Also included are some questions concerning the Laser Cane and your impression of it. You may need a copy of the rating form to refer to in answering several of the questions. The last page has space for any comment that you may wish to add. Again, thank you for your time and assistance in this project.

VIDEOTAPES

1.	To what extent did the videotapes provide you the needed
	information to accurately rate overall travel performance?
	A. all the time
	B. most of the time
	C. about half of the time
	D. some of the time
	E. little, if any of the time
2	To what extent did the videotapes provide you the needed
	information to accurately rate specific travel skills?
	A. all the time
	B. most of the time
	C. about half the time
	D. some of the time
	E. little, if any of the time

٠

3	Did you experience any difficulty using the videotapes to				
	judge the travelers' performances?				
	B. C.	no, not at all yes, a little yes, a moderate amount yes, a great deal			
4	In comparison to real life	e observations of travel performance			
	to what extent did the vi	deotapes hold your interest?			
	B. C. D.	a great deal more slightly more about the same slightly less a great deal less			
5	Which element or elements	of videotaping, if any, needed major			
	improvement?				
	B. C. D. E. F.	quality of picture quality of sound angle of shooting length of videotapes areas used for mobility routes distance of shooting from action none of the above			
6	In your opinion what is t	he value of using videotapes as a			
	practical tool in evaluat	ing mobility devices?			
	B. C.	large value moderate value small value no value			
7	What is the value of using	g videotapes as a practical tool in			
	evaluating travel perform	ance?			
		0			

```
TABLE A31 (cont'd)
              In general did you experience any difficulty using the
 8.
              rating form to judge the travelers' performance?
                                   A. no, not at all
                                   B. yes, a little
                                   C. yes, a moderate amount
                                   D. yes, a great deal
 9.
         ----- To what extent did the rating form contain the major com-
               ponents of travel performance?
                                   A. all of the major components
                                   B. most of the major components
                                   C. about half of the major components
                                   D. some of the major components
                                   E. little, if any of the major components
                           If your answer to the above question was C, D, or
                          E, please suggest an improvement to the form
10. _____ How satisfied were you that the 7-point scale in the rating
               form allowed you to accurately rate the questions?
                                   A. very satisified
                                   B. satisfied
                                   C. dissatisfied
                                   D. very dissatisfied
11.
               Which question or questions, if any, did you find difficult
               to answer?
                                   A. question number --1--2--3--4--5--6--7
                                       --8--9--10--11--12--13--14--15--16--17
```

B. none

TABLE A31 (cont'd)

12. _____ Do you feel the rating form has practical value in evaluating mobility performance?

A. no, not at all
B. yes, a little
C. yes, a moderate amount
D. yes, a great deal

LASER CANE

13. _____ From your viewing of the Laser Cane runs, to what extent was the information provided by the device of practical value to the traveler?

- A. large value
- B. moderate value
- C. small value
- D. no value

14. _____ What effect did the Laser Cane have on improving the quality of the travelers' mobility performances?

- A. large improvement
- B. moderate improvement
- C. small improvement
- D. no improvement

15. _____ To what degree of practical application do you feel the Laser Cane has for the totally blind population served by your Center?

- A. large application
- B. moderate application
- C. small application
- D. no application

16. _____ Please indicate which particular feature of the Laser Cane impressed you the most? the least? the most _____

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TABLE A31 (cont'd)								
		t						
17	In compariso	on with	the Ori	lentation	and Mob	ility St	andards	of
	your Center	(which	are ind	licated o	on the sc	ale belo	w as	
	"average")	please	rate yo	our stand	ard of j	udgment.		
	Demanding			Average		L	enient	
					-+			
	7				3			
COMMENTS:								
								
						·····		

1		0	2
4	-	0	4

T.	ABLE	A32

DATA FROM RATER QUESTIONNAIRE

			HINES	RATERS				
	<u>H1</u>	Н2	НЗ	H4	H5	Н6	H7	H8
Questions 1	в	В	в	В	в	В	В	A
2	В	В	В	В	В	В	В	A
3	В	в	в	A	A	В	A	A
4	В	A	B	с	A	D	с	В
5	C,B	C,F	С	С	С	С	С	С
6	A	A	A	A	A	. A	A	В
7	Α	A	A	A	A	A	A	В
8	В	A	A	A	В	В	A	A
9	В	в	в	В	В	В	A	В
10	A	А	В	В	A	В	В	Α
11	6,7,14	B	В	9,10,12,14	в	4	в	В
12	D	D	D	D	С	D	D	D
13	с	В	A	В	A	Α	A	В
14	С	В	A	В	В	Α	В	В
15	С	с	А	С	В	Α	В	в
16			SEE	TABLE A33				
17	6	7	7	7	6	6	4	6

.

 \mathbf{x}_{i}

TABLE	A32

DATA FROM RATER QUESTIONNAIRE

			PALO AL	TO RATES	RS				
÷	P1	P2	P3	P4		P5	P6	P7	P8
Questions									
1	в	В	c	В		в	В	В	D
2	в	В	D	В		В	В	В	D
3	В	В	С	A		A	B	В	С
4	D	С	D	D		A	D	С	E
. 5	с	F	BCF	G		CF	BC	С	ABF
6	A	A	В	A		A	A	A	C
7	A	В	В	A		A	В	A	В
8	В	A	В	В		В	В	В	В
9	В	В	В	A		A	в	A	В
10	В	В	С	С		В	С	в	В
11	11 14	В	4,6,11,12			5	14	в	4,5,11
12	С	D	14,15,17 B	В		С	4,5,9,10 B	С	12,14 C
13	В	С	С	С		В	В	Α	В
14	В	С		С		в	В	В	D
15	в	с	С	С		С	С		с
16			SEE	TABLE	A33				
17		7	6	6		1	6	6	4

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TABLE A33

DATA FROM RATER QUESTIONNAIRE

Question 16		MOST:	LEAST:			
Rater	1	Tactile stimulator	Effects of water causing signals			
	2	Picking up obstructions	Cost and maintenance of device			
	3	Picking up overhead obstacles	Picking up straight ahead obstacles			
	4	Detecting obstacles	Small margin of error and sounds seem to create tension			
	5	No body contact	Sounds seem to irritate at times			
	6	Cane contact was not necessary to avoid obstacles	Users hand position greatly determines the information he receives			
	7	Safety factor in traveling	No comment			
	8	Auditory information supplied	No comment			
	9	Use of building lines, etc.	Curb detection and signals from water puddles			
	10	Information from forward and upper beams seem the most valuable when interpreted properly	Cane is bulky and too much useless information			
	11	The overhead channel when used well	Down channel			
	12					
	13	Ability to detect overhead obstacles	Too much noise; inaccurate signals			
	14	Detects overhead and straight out	Very cumbersome and seems to give signals when nothing is present			
đ	15	Allowing individual to project and avoid objects with cane	Is cane structure itself It could be streamline			
	16	Overhead warning	False signals on water			
		ф.				

had complained of the quality of the sound and picture provided by the tapes he saw and was generally unreceptive. He felt that videotapes were of small value (Q6). All the raters felt that videotapes had at least moderate value in evaluating travel performance (Q7).

Thus most of the raters generally approved the use of videotapes but felt that they did not get as good a view of the traveler as they would have liked.

EFFICIENCY OF THE RATING FORM

Six raters had no difficulty and the remaining 10 met little difficulty in using the rating form to judge each traveler's performance (Q8). Twelve raters felt that the rating form covered most of the major components of travel and the remaining four felt it covered all of them (Q9). Thus all the raters felt the form was relatively simple to use and fairly complete. (We should note, however, that any other response on Q9 - that at most about half the major components of travel were covered - would have elicited a request for suggested improvements.)

The seven-point scale was very satisfactory to four raters, all at Hines hospital. It was felt to be just satisfactory to nine raters, including the remaining four from Hines, and three felt it was unsatisfactory (Q10).

The rating form questions which gave difficulty were:

Ques	tion	Frequency of difficulty
R 4	- Use of auditory information	4
R 5	- Use of nonauditory information	3
R 6	- Use of information transmitted by travel device	• 2
	- Execution of long cane technique	1
	- Avoiding cane contact with objects	2
	- Avoiding body contact with objects	2
	- Maintaining orientation on prescribed route	3
	- Solving orientation and mobility problems	3
	- Awareness and alertness to informational changes	6
	- Travels safely	1
	- Total orientation and mobility performance	1

It is interesting to note that of those four raters who earlier (in Q5) had complained about the quality of sound in the videotapes, two had difficulty with R6, two with R5, and three with R4. Every rater who had difficulty with more than one question included R14 in his list. Thus the consistency of the raters' opinions is upheld.

Seven raters claimed to have had no difficulty with any question and one did not respond. The Palo Alto raters had more difficulties with the rating form than the Hines raters (Q11). Seven out of eight Hines raters thought the rating form had a great deal of practical value in evaluating mobility and the remaining rater thought that it had moderate value. Of the Palo Alto raters, only one thought that the rating form had a great deal of value and this rater was the only one at Palo Alto who had responded to Q8 that he had no difficulty using the rating form. The remaining Palo Alto raters thought the form had moderate (4) or little (3) value (Q12).

Thus the Hines raters were less critical of the rating form than the Palo Alto raters. Nevertheless, the Palo Alto raters tended to rate more leniently and one may speculate on their attitude toward the rating procedure in the light of their criticism.

VALUE OF THE LASER CANE

Only four raters, all at Hines, thought that the information provided by the laser cane was of great practical value to the traveler. The rest thought the value was moderate (7) or small (5); but none thought there was no value (Q13).

Two raters, both at Hines and both giving a top rating on the previous question, thought that the laser cane effected a great improvement in the traveler's mobility performance. Most of the raters (9) thought the improvement moderate, however, while three thought it small. One rater thought there was no improvement and another did not respond (Q14).

The same two raters who, in Q14, saw the cane effecting a large improvement in mobility performance, thought the cane had great application for the totally blind population served by their center. Of the rest, nine (six at Palo Alto) thought the application would be small, four thought it would be moderate and one did not respond, but none thought that there would be no application (Q15).

Thus the Hines raters seem optimistic about the potential of the laser cane as a mobility aid, and the Palo Alto raters seem less so.

The raters were asked (Q16) which particular features of the laser cane they liked most and which least. The overwhelming response in favor of the laser cane concerned its ability to detect obstacles, particularly overhead obstacles, thus avoiding body contact and making cane contact unnecessary. Other features mentioned were the tactile stimulator, auditory information, safety - actually a reference to the avoidance of body contact - and the use of building lines to maintain line of travel. Drawbacks included spurious signals caused by reflections from rain water, irritating sound, sensitivity to hand position, poor curb detection, bulk, and inaccurate signals. One rater did not like the down channel and another did not like the ability to pick up obstacles straight ahead. Three raters had no comment.

RATER'S RATING OF HIMSELF

A final question on this form asked the raters to rate their standards of judgment on a scale from one (lenient) through four (average) to seven (demanding). The intent was to shed some light and possibly help in the analysis of the field-trial data. However, the analysis of the data automatically adjusts for differences between raters and, in any case, one rater did not respond. We therefore have the standards of each rater rated by himself and estimated from the field-trial data. How well do these ratings agree?

Each group of raters (Hines and Palo Alto) was ranked according to the self-ratings and according to the within-location rater effects estimated in the analysis of variance of the field trial data for:

a) the average of rating-form questions R1 - R12 and

b) R17, overall performance rating (Table 11, page 47).

Since one of the Palo Alto raters did not rate himself, the ranks of the self-ratings were rescaled for the Palo Alto group. The results are summarized in the plots of Figure A6, which suggest a low positive correlation. We may conclude that, at best, a rater has a vague idea of his standards relative to those of his peers, assuming that the ratings are accurate and consistent and reflect only the degree of proficiency displayed in each performance.

QUANTITATIVE SUMMARY

The results of most of the questionnaire are described quantitatively in Table A34. The responses have been scored on a scale from one (least enthusiastic) to four (most enthusiastic). Where more than four choices existed, two responses at the low end were combined. The exceptions are question 11, where those raising no objections were given a score of four and those with four or more scored zero, and Q17 where the self-rating is given on a scale from 1 to 17.

It does not need a detailed statistical analysis to see that certain raters (e.g., raters H-3, H-5 and H-8) are consistently more positive in their responses than the rest, while others are considerably more negative or cautious (e.g., raters P-3 and P-8). Hines raters seem more enthusiastic in general. However, the field-trial data shows that the Palo Alto raters tended to give high ratings, i.e., to be more lenient than the Hines raters. Statistical tests (t test, run test) on the self-rating show there are no grounds for believing that Palo Alto raters as a group believe themselves to be more lenient than the Hines raters do. This suggest that the discrepancy is attributable to the predisposition of the raters, their interaction as a group and their enthusiasm and desire to participate. It would seem desirable, therefore, to have ratings performed by personnel who are totally independent of the training staff and to take precautions against members of the rater-groups comparing notes and being influenced by one another while the work is in progress.

TABLE A34

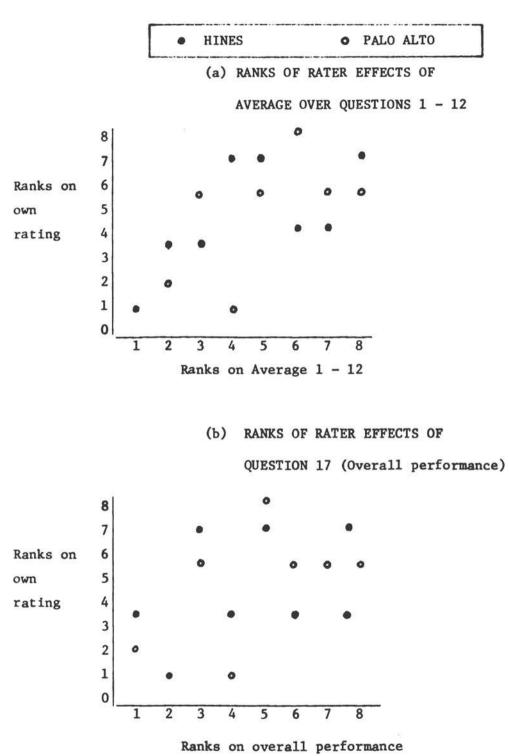
RATER QUESTIONNAIRE

3

2

			H	ine	8						Pa	10	Alt	0			D	istr	ibut	ion	
Questions	1	2	3	4	5	6	7	8	1	2	3	4	5	6	7	8	4	3	2	1	
Videotapes 2 9 7 2 7 1	3 3 3 3 4	33344	33334	33424	3 3 4 4	3 3 3 1 4	33424	4 4 3	3 3 3 1 4 4	3 3 2 4 3	2 1 2 1	3 3 4 1 4	33444	3 3 3 1 4	3 3 3 2 4	1 1 2 1	1 1 6 3 13 11	13 13 8 3 2 5	1 0 2 9 0	1 2 0 1 1 0	
Vide 2 9	4	4	4	4	4	4	44	3 3	4	4 3	1 3 3	4	4	4 3	4	1 3	13 11	2 5	0 0	1 0	
Rating Form 1 11 7	3 3 4 1 4	43444	4 3 3 4 4	4 3 3 0 4	3 3 4 4 3	3 3 3 3 4	4 4 3 4 4	4 3 4 4 4	3 3 3 2 3	4 3 4 4	3 3 2 0 2	3 4 2 - 2	3 4 3 3 3	3 3 2 0 2	3 4 3 4 3	3 3 3 0 3	6 4 4 7 8	10 12 9 2 5	0 0 3 1 3	0 0 0 1 0	4
13 a a 14 88 H 14 15	2 2 2	3 3 2	4 4 4	3 3 2	4 3 3	444	4 3 3	3 3 3	3 3 3	2 2 2	2 - 2	2 2 2	3 3 2	3 3 2	2 3 -	3 1 2	4 2 2	7 9 4	5 3 9	0 1 0	
Self Rating 17	6	7	7	7	6	6	4	6	-	7	6	6	1	6	6	4					

20



RANKS OF RATERS OWN RATING PLOTTED AGAINST:

Appendix VI

SUBJECT OUESTIONNAIRE

INTRODUCTION

A summary of the replies received in response to the subject questionnaire is given in Chapter 6 of this report. This appendix contains a detailed list of the questions, the replies to the "bonus question" and some critical comments on the composition of the questionnaire.

QUESTIONS

- Is the process of learning to use the laser cane, in your view, very easy, fairly easy, difficult, very difficult?
- 2. How would you rate your confidence in the device, very high, high, low, very low?
- 3. Do you find the device comfortable to use? Please explain.
- 4. When using the laser cane, how, in your opinion, does it compare with long cane in the following areas?
 - a) Weight
 - b) Balance
 - c) Touch
 - d) Position at which the device is held.
- 5. Is the device reasonably durable?
- 6. Is the device reasonably maintenance-free?
- 7. Do you feel relaxed using the laser cane?
- 8. As relaxed as when using your long cane or collapsible cane?
- 9. Are the audible signals easily interpreted?
- 10. Do you have any difficulty telling the difference between the audible signals of the laser cane? If so, which one(s) confuse you?
- 11. Can you readily feel the tactile stimulator? If not, does it require undue concentration?
- 12. Which signal, audible or tactile, do you prefer to use for the Middle Channel? If you have preferences, under what circumstances do they apply?
- 13. Does your index finger ever become fatigued or numb to the tactile stimulator? If so, under what circumstances?

- 14. What channel do you use the most? The least?
- 15. Are there any occasions on which you do not respond to the signals of the laser cane? If so, under what circumstances do you not respond?
- 16. With reference to Q15, what objects do you fail to respond to?
- 17. In which situations do you feel the cane is most useful?
- 18. For what particular purpose is each channel most useful?
- 19. With reference to Q18, for what objects are each of the three channels most useful?
- 20. Do you feel that the range at which it is possible for you to detect objects with each channel is adequate?
- 21. Do you find the laser cane more useful in a familiar environment or in an unfamiliar one?
- 22. What general differences in technique or utilization do you note with the device in familiar and unfamiliar environments?
- 23. Does the device provide more aid to you in orientation or in the recognition of landmarks in familiar areas than the long cane?
- 24. Does the device aid you in orientation or in the recognition of useful landmarks in unfamiliar areas; how does this capability compare with that provided by your long cane in unfamiliar areas?
- 25. Does the laser cane or its signals create any confusion in orientation procedures or hinder use of environmental information?
- 26. Does the laser cane give reliable and useful direct travel path information?
- 27. Does the laser cane appear, at times, to be giving inexplicable signals?
- 28. Can you readily react to the tactile and/or audible signals of the device?
- 29. Can you readily determine the direction and width of objects with the laser cane while traveling at your normal gift?
- 30. Can you roughly estimate your distance from a detected object soon enough to take the proper action?
- 31. Do you feel your line of travel has improved using the laser cane in comparison with your usual line of travel when using your long cane?
- 32. Do you feel your speed of travel has been changed by using the laser cane as compared to your usual rate using the long cane?

- 33. Do you feel that, compared to your long cane, the laser cane provides you with any added information or a state of well-being that enables you to perform differently when traveling?
- 34. Are you relaxed while using the laser cane and its signals?
- 35. Does the laser cane or its signals cause you to become uncomfortable when you are around people? Do you feel the same or differently with the long cane?
- 36. Is the frequency or range of your travel influenced in any way when the laser cane is available?
- 37. Do you make any modifications of your conventional long cane technique when using the laser cane?
- 38. What improvements or modifications, if any, would you like to see incorporated in the present laser cane?
- 39. What additional information would you like to add to this interview?
- 40. Would you like to continue to use the laser cane? Can you give a rough percentage estimate of the extent to which you would like to use the laser cane in the future?
- BONUS QUESTIONS
- How many breakdowns do you feel would be tolerable for a mobility device per year?

Subject	Hl	No more than five per year
Subject	H2	Six per year
Subject	H3	Three to four per year
Subject	H4	About two per year
Subject	P1	Maximum of three
Subject	P2	Two or three per year
Subject	P3	Two breakdowns per year
Subject	P4	No reply

2. How much would you spend per year for repairs and maintenance?

Subject	Hl	\$100 per year
Subject	Н2	\$100 per year
Subject	H3	Between \$50 and \$100 per year
Subject	Н4	\$50 per year
Subject	P1	\$100 per year
Subject	P2	Between \$80 and \$100 per year
Subject	P3	Between \$75 and \$100 per year
Subject	P4	No reply

1

3. How long should it take to repair a mobility device, including shipping time?

Subject	Hl	No longer than two weeks
Subject	H2	No longer than one week
Subject	H3	No longer than 10 days or two weeks
Subject	H4	No longer than 1 1/2 or two weeks
Subject	P1	Two weeks
Subject	P2	No reply
Subject	P3	A maximum of three weeks
Subject	P4	No reply

4. If you had to purchase your own laser cane, what would be the maximum amount of money you would pay for it?

Subject	H1	No	more	than	\$7,500
Subject	H2	No	more	than	\$1,200
Subject	H3	No	more	than	\$100
Subject	H4	No	more	than	\$500

The opinions of the Palo Alto subjects on this subject were not solicited.

CRITIQUE

In reviewing the results of the follow-up questionnaire, there was general agreement among the investigators that it successfully served the purpose of providing a general insight into the subjects' experiences with the laser cane. In retrospect the questionnaire thus appeared to have encompassed most of the information which the investigators had hoped to obtain. Also of interest was the fact that despite the inevitable differences between the Hines and Palo Alto subjects, both in their training and travel environments, and also performance differences between the canes that the subjects used, there was, nevertheless, substantial agreement among the subjects in their responses to the questionnaire. However, as one would expect in the initial application of this type of research instrument, there were some evident problem areas. Listed below are some general comments concerning suggested improvements and modifications of the questionnaire.

- 1. The categorization and sequential ordering of the questions needs to be improved. Questions dealing with the same general topic should be grouped together and ordered in some logical sequence from general to progressively more specific questions.
- All questions should be stated in such a way that they would require a uniform type of response such as yes-no or multiple choice, etc. This would permit quantified scoring of responses and lend itself to statistical analysis and comparisons with data from other research instruments which might be employed.

- 3. Most of the questions were asked too many times some questions as many as 4 or 5 times. The subjects quickly became familiar with the contents of the questionnaire and at times seemed to view it with rather amused indulgence. Perhaps it would be better in the future to formally administer the questionnaire only twice, once at the end of training and once at the end of the follow-up period. Obviously, certain questions would be more appropriate after some practical experience rather than immediately after training and this should be considered during any analysis of the data. Also, this suggestion should not exclude the benefit of maintaining contact with the subjects at interim periods during the follow-up and perhaps informally asking a few specific questions of particular relevance.
- 4. The telephone presentation of a lengthy formal questionnaire proved to be an awkward and unsatisfactory procedure.
- 5. There were several groups of questions which elicited redundant responses from the subjects. Some of these questions need to be deleted or restated and combined with other questions.
- 6. There are some questions which need to be revised because they were too awkward and lengthy or the terminology was unclear and confusing.
- 7. Some questions were really combinations of two questions. These should be divided into separate and distinct questions. As mentioned in suggestion #2, they should be reworded so that they require a specified type of response without the need of any qualification or explanation.
- 8. In the follow-up evaluation of a travel device, there seems to be some advantage in combining the use of a questionnaire which yields quantifiable responses with the application of an informal interview. This interview could contain very general questions which would serve to stimulate discussion and would define broad areas of inquiry. The informality would allow interaction between the subjects and the investigator and would provide for elaboration and explanation of questions and responses. This type of interview provides the investigator with a better picture of the subject's personal experiences, his home environment and his life style. While this type of interview is potentially more informative, it is also more open to bias and subjective interpretation. Therefore it would seem most beneficial to compare and contrast this type of informal interview with the more rigidly designed objective questionnaire and thus achieve a complementary balance between the two approaches.

SUPPLEMENT

Final Report on a Preliminary Evaluation of the C-4 Laser Cane

Results Obtained from a Replication

of the Rating Experiment

Introduction

The original rating data (RD1) were inconclusive and shed no definitive light on the existence of any differences in performance between subjects using the laser cane and the same subjects using the long cane.

Specifically, the analysis of the data pointed to the following weaknesses:

- The original raters had been drawn from the same two centers where the subject training had been carried out, and they appeared to be biased in favor of "their own" subjects.
- 2) The raters proved to lack consistency, may not have been sufficiently prepared to carry out their task and may not have fully understood the rating procedure.
- The raters had shown little agreement as to what constituted an "average performance".

It appeared that these faults could be avoided by obtaining new raters unconnected with the original training centers, by instructing them more carefully, and by providing a benchmark performance against which they could compare each of the eight cane travelers. By adopting these precautionary measures, it was hoped that the variability could be reduced to a point where distinctions would emerge.

The essential design of the new experiment remained the same as before. The particular combinations of tapes shown to each rater (and, of course, their order of presentation) were changed. This was done to avoid the possi bility (probably remote) that a particular combination of tapes shown in a particular order would create a bias of its own. An additional videotape of a ninth traveler, depicting an "average" long cane performance, was used to establish standards for the raters' scoring.

On this occasion sixteen raters were drawn from two different institutions. Eight of the raters were mobility instructors employed at the Carrol Rehabilitation Center in Newton, Massachusetts (referred to as Group A), while the remainder were mobility instructors from the Veterans Administration Hospital at West Haven, Connecticut (Group B). The raw data are shown in Table S1.

The rater preparation involved direct discussions with several panel members which were supplemented by telephone conversations. In addition,

	TA	BLE	S1
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		SUBJ	ECT H1			SUBJEC	г н2	
ORDER OF RUNS	3	1	4	2	2	4	1	3
	LONG F	LASER F	LONG UN	F LASER U	NF LONG F	LASER F	LONG UNF	LASER UNF
	A-8 B-2	A-1 B-1	A-7 B-8	A-6 B-4	A-5 B-3	A-8 B-7	A-2 B-2	A-7 B-1
RATING QUESTION						1.		
1	7 - 6	7 - 6	6 - 4	7 - 5	7 - 4	7 - 3	7 - 6	7 - 4
2	7 - 4	7 - 6	5 - 4	7 - 4	5 - 3	7 - 3	7 - 4	6 - 2
3	6 - 2	6 - 5	6 - 4	7 - 3	7 - 2	7 - 3	6 - 2	6 - 3
4	6 - 3	7 - 6	6 - 4	7 - 4	2 - 6	7 - 3	6 - 3	6 - 3
5	7 - 2	7 - 6	6 - 4	7 - 3	6 - 3	7 - 2	7 - 2	6 - 5
6	7 - 3	7 - 5	6 - 5	4 - 4	5 - 3	7 - 3	7 - 3	6 - 4
7	7 - 5	5 - 5	7 - 4	4 - 3	7 - 3	7 - 3	5 - 5	5 - 4
8	5 - 2	5 - 5	6 - 5	4 - 4	7 - 3	7 - 3	7 - 2	5 - 5
9	6 - 2	7 - 6	6 - 5	6 - 4	7 - 4	7 - 4	7 - 2	6 - 5
10	7 - 3	7 - 5	6 - 4	4 - 5	7 - 4	7 - 4	7 - 3	7 - 6
11	6 - 6	7 - 6	5 - 3	4 - 4	7 - 5	7 - 3	6 - 6	7 - 6
12	7 - 5	7 - 6	6 - 5	4 - 4	6 - 3	7 - 2	7 - 5	6 - 6
13	7 - 5	6 - 4	7 - 4	2 - 4	7 - 5	7 - 4	7 - 5	6 - 5
14	7 - 3	7 - 5	6 - 5	5 - 3	3 - 4	7 - 4	7 - 3	6 - 4
15	7 - 5	5 - 5	6 - 5	7 - 4	6 - 2	7 - 4	6 - 5	6 - 5
16	6 - 5	6 - 5	6 - 4	4 - 4	7 - 5	7 - 4	5 - 5	6 - 5
17	7 - 6	7 - 5	6 - 4	5 - 4	5 - 5	7 - 3	6 - 6	6 - 4
18	4 - 4	5 - 4	5 - 5	5 - 3	4 - 3	5 - 1	1 - 4	5 - 5

		SUB	јест нз			SUBJEC	г н4	
ORDER OF RUNS	1	2	3	4	4	3	2	1
	LONG F	LASER F	LONG UNF	LASER UNI	LONG F	LASER F	LONG UNF	LASER UNF
	A-3 B-4	A-4 B-5	A-1 B-7	A-5 B-6	A-6 B-5	A-2 B-8	A-3 B-6	A-4 B-3
Rating Question								
1	4 - 4	3 - 2	7 - 3	6 - 3	7 - 3	7 - 5	6 - 4	6 - 2*
2	4 - 4	3 - 4	7 - 4	1 - 2	7 - 3	5 - 5	4 - 3	3 - 2
3	3 - 3	3 - 4	6 - 2	2 - 1	7 - 2	6 - 5	5 - 3	5 - 2
4	3 - 4	2 - 2	7 - 1	3 - 2	7 - 3	7 - 6	5 - 4	5 - 4
5	3 - 3	3 - 2	7 - 3	7 - 2	2 - 3	2 - 4	5 - 4	5 - 3
6	3 - 4	2 - 2	7 - 2	5 - 1	7 - 3	7 - 6	5 - 3	6 - 5
7	3 - 4	3 - 2	7 - 3	6 - 2	7 - 2	6 - 5	5 - 2	5 - 3
8	3 - 4	3 - 3	7 - 4	5 - 3	7 - 3	7 - 5	6 - 4	5 - 4
9	3 - 3	2 - 3	7 - 4	2 - 2	2 - 2	7 - 5	5 - 2	4 - 4
10	3 - 2	2 - 4	7 - 4	2 - 2	3 - 2	7 - 6	5 - 4	5 - 5
11	2 - 4	2 - 2	7 - 3	6 - 6	7 - 4	7 - 6	6 - 5	6 - 3
12	2 - 3	2 - 2	7 - 3	5 - 3	7 - 2	2 - 6	6 - 4	6 - 3
13	2 - 4	2 - 4	7 - 2	5 - 2	7 - 4	3 - 4	5 - 4	5 - 3
14	2 - 3	1 - 2	7 - 2	3 - 2	7 - 3	7 - 6	6 - 3	6 - 4
15	2 - 3	3 - 3	7 - 2	5 - 3	7 - 3	6 - 6	6 - 4	5 - 2
16	2 - 4	2 - 4	7 - 2	4 - 2	7 - 3	3 - 6	6 - 3	5 - 3
17	2 - 3	2 - 3	7 - 3	5 - 2	7 - 3	5 - 6	6 - 3	6 - 4
18	3 - 1	4 - 2	6 - 1	4 - 2	7 - 2	2 - 5	4 - 4	5 - 3

		SUBJECT	P1			SUB	JECT P2	
ORDER OF RUNS	2	1	4	3	3	4	1	2
	LONG F	LASER F	LONG UNF	LASER UNF	LONG F	LASER F	LONG UNF	LASER UNF
	A-1 B-8	A-5 B-6	A-4 B-4	A-3 B-5	A-4 B-6	A-3 B-3	A-6 B-5	A-2 B-7
RATING QUESTION 1	7 - 6	4 - 5	6 - 5	5 - 2	2 - 6	4 - 5	4 - 5	7 - 2
					1000			
2	7 - 6	6 - 6	6 - 2	6 - 2	3 - 7	4 - 3	7 – 5	7 - 3
3	7 - 6	3 - 5	6 - 4	4 - 2	3 - 6	5 - 5	7 - 5	7 - 3
4	7 - 6	1 - 5	6 - 4	5 - 2	4 - 6	5 - 6	4 - 6	7 - 3
5	7 - 5	5 - 4	6 - 4	5 - 2	3 - 6	4 - 3	4 - 5	7 - 2
6	7 - 5	1 - 4	6 - 3	6 - 2	4 - 6	5 - 7	4 - 5	7 - 1
7	7 - 6	6 - 4	6 - 3	6 - 2	3 - 5	3 - 4	5 - 4	6 - 2
8	7 - 5	6 - 5	5 - 3	6 - 3	4 - 6	5 - 7	4 - 5	7 - 3
9	7 - 5	1 - 4	5 - 2	6 - 2	4 - 5	5 - 7	2 - 4	7 - 3
10	7 - 4	2 - 5	5 - 2	6 - 2	4 - 6	5 - 7	3 - 3	7 - 3
11	7 - 7	1 - 3	6 - 5	6 - 3	7	4 - 4	7 - 5	7 - 3
12	7 - 7	3 - 3	7 – 4	6 - 2	4 - 7	4 - 3	7 - 6	7 - 2
13	7 - 6	7 - 5	6 - 4	7 - 4	4 - 6	4 - 5	7 - 5	7 - 2
14	7 - 6	2 - 4	6 - 3	7 - 3	4 - 6	5 - 7	7 - 5	7 - 2
15	7 - 7	5 - 5	6 - 3	5 - 2	4 - 5	5 - 6	5 - 5	7 - 2
16	7 - 6	1 - 5	5 - 4	6 - 2	5 - 6	5 - 6	5 - 5	6 - 2
17	7 - 6	3 - 4	6 - 4	6 - 2	4 - 6	4	7 - 5	7 - 2
18	6 - 6	3 - 4	5 - 5	4 - 2	4 - 5	4 - 3	7 - 3	3 - 1

TABLE S1 (cont'd)

		SUBJEC	T P3			SU	BJECT P4	
ORDER OF RUNS	1	3	2	4	4	2	3	1
	LONG F	LASER F	LONG UNF		LONG F	LASER F	LONG UNF	
	A-7 B-7	A-6 B-4	A-8 B-1	A-1 B-2	A-2 B-1	A-7 B-2	A-5 B-3	A-8 B-8
RATING QUESTION 1	4 - 1	7 - 3	7 - 3	7 - 5	7 - 5	6 - 6	4 - 5	6 - 6
2	5 - 3	7 - 4	6 - 5	7 - 7	7 - 4	5 - 6	7 - 5	6 - 4
3	4 - 1	6 - 2	3 - 3	6 - 6	6 - 4	4 - 5	3 - 5	4 - 4
4	3 - 3	6 - 3	4 - 3	7 - 7	6 - 5	5 - 6	3 - 5	5 - 4
5	4 - 2	4 - 3	5 - 3	7 - 6	7 - 6	6 - 6	6 - 6	4 - 2
6	5 - 3	5 - 4	6 - 3	7 - 5	7 - 5	4 - 6	6 - 6	4 - 3
7	4 - 1	7 - 3	6 - 4	7 - 6	7 - 3	6 - 6	4 - 6	7 - 4
8	5 - 3	6 - 4	7 - 5	7 - 7	7 - 3	6 - 5	7 - 6	7 - 6
9	5 - 3	7 - 4	6 - 3	7 - 5	7 - 4	4 - 4	4 - 4	5 - 2
10	4 - 3	7 - 4	6 - 4	7 - 7	7 - 4	5 - 6	7 - 5	4 - 2
11	4 - 2	7 - 3	4 - 4	7 - 7	7 - 5	6 - 6	7 - 6	3 - 1
12	3 - 5	7 - 4	5 - 4	7 - 7	7 - 4	5 - 7	7 - 6	4 - 3
13	5 - 5	7 - 4	7 - 4	7 - 7	6 - 5	6 - 6	6 - 7	6 - 5
14	4 - 4	7 - 3	6 - 3	7 - 7	7 - 5	6 - 7	5 - 7	6 - 4
15	4 - 3	7 - 3	6 - 3	7 - 7	7 - 4	5 - 6	5 - 7	5 - 4
16	4 - 3	7 - 3	6 - 4	7 - 7	7 - 5	5 - 6	3 - 7	5 - 2
17	4 - 3	7 - 4	6 - 4	7 - 7	7 - 5	5 - 6	5 - 6	5 - 4
18	5 - 1	7 - 4	4 - 5	6 - 6	5 - 5	4 - 5	2 - 5	4 – 4

each rater was encouraged to familiarize himself thoroughly with the rating form in advance of the viewing session. The text of the instructions supplied to each rater with spare rating forms ran as follows.

Instructions

The enclosed forms have been designed to measure the mobility performances of blind travelers who use different kinds of aids. A few weeks after receiving these copies you will be asked to view five videotape recordings of blind travelers and to rate their performances in a number of categories. In the meantime it is strongly recommended that you examine the form carefully and practice its use by rating the performances of some of your best clients.

The method that you should use to record your rating is to <u>circle the</u> <u>vertical hash mark</u> that best corresponds to your judgment on each question. Please provide an answer to <u>every</u> question. As a point of reference in rating, a mark of "Excellent" should represent the very best caliber of performance you have observed and when you are rating your own clients; the mark of "Average" should be taken as the performance norm for the population that has received training at your center. Later, when the videotaped journeys are screened, a special tape will be shown which will depict a performance level which, for the purpose of rating the other videotapes, you should regard as the "Average" performance. It is very important that all your judgments are made in relation to the performances of this "Average traveler".

You will provide ratings on four videotapes. Each tape represents an individual traveling a route of approximately six blocks while crossing six streets. The four travelers will be utilizing the long cane or the laser cane in either a familiar or unfamiliar area. Before viewing each tape you will be informed of the traveling conditions.

Once again you are urged to make use of these spare forms before the videotape rating sessions begin. Any questions about the form or the rating procedure which arise from your preliminary experiences should be addressed to Mr. Ekstrom who will be visiting your center for this purpose just prior to the viewing sessions.

Thank you sincerely for your time and conscientious effort in this project.

Results

Despite these instructions, the data which were produced lacked two entries. Suitable values were estimated for the missing data (as was necessary in the previous analysis) and the analysis was performed by the same program as before.

The results of the analysis are summarized in Tables S2 and S3. They are, in general, as unremarkable as those which emerged from the analysis of RD1.

			ASS URE	40PD1	LOND						
	1 2	3	5	6	7	8	9	10	11	12	
Sstimates	Line of Travel Curbs	Cross Streets Auditory	Information Nonauditory Information	Information from Device	Long Cane Technique	Appropriate Speed	Avoids Cane Contact	Avoids Body Contact	Maintains Orientation 88Frescribed	Solves 0&M Problems	Ave. 1 - 12
Mean	5.03 4.84			4.67	4.64	5.00	4.44	4.72	5.03	4.89	4.73
Subject Location a Times ⁷¹ ⁷² ⁷³	22 .09	160	3136 06 .14	36 48 .39	26 14 .23	25	56 .06 .44		91 09		38
Treatments K1 K2 K3 K4	03 .09 03 .22 .09 .22 0353	.28 .	L923 L9 .33	.02	.11 14	.13 .19	.38 19 06	.47	.22 41 .28 09	52 .67 20	
Rater Location θ_1	.84 .81	.84 .	.86			.78	.75	.66	.56	.64	.75
Subjects b(1) 1 2 3 4	.84 1.06 .47 .19 -1.1681 1644	.31 0.		.16 -1.34	.37		.84 .84 -1.16 53		.75 -1.13	.84 .59 -1.28 15	.62 .44 -1.08 .01
(2) 1 2 3 4	.0913 5338 28 .25 .71 .25	.63 . 63	3841	0.0	78 03	25 .13		66 03 .47 .22	19	13	09 02 .30
Subj. X Rater (αθ)	1 .31* .06	.47°.	38* .27	.30	.11	.16	.09	.06	.06	.14	.20
Treatment Contrasts											
(Laser-Long) Fam. (Laser-Long) Unf. Laser-Long Unf Fam. Type X Fam.	$\begin{array}{rrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrrr$	31 . 0.0 . 50	L906 L925 3831 38 .81 019	44 56 31	25 19 06	.38 .50	.13 .63 50	06 .75 25		88	18
<u>Time Contrasts</u> Linear Quadratic	1.00 -1.13 1350		25 1.69 2519		1.69 19						1.92 42

TABLE S2 CLASS ONE QUESTIONS

TABLE	\$2	(cont'd)	
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							F							
Source	df	1	2	3	4	5	6	7	8	9	10	11	12	Ave.
Subject Loc.	(1, 6)	.24	3.45	.41	.20	.49	.10	.48	5.68*	.01	.05	.20	.91	.43
fime	(3, 36)	.22	. 38	.49	.67	.51	2.14	.47	.32	1.31	3.58°	2.52*	.62	.92
freatment	(3, 36)	.03	.83	. 38	.16	.46	.38	.09	.54	.49	1.01	.55	1.39	.16
Rater Locati	on (1,36)	23.00°°	17.07°°	20.20°°	6.81°	20.46 **	22.57°°	29.20°°	20.23°°	17.18°°	14.94°°	6.93°°	9.02°°	26.65°°
Subj. w. Loc	. (6,36)	2.14*	1.24	1.67	2.09*	1.68	2.18*	1.33	.82	2.30*	2.77°	.96	1.32	1.85
SL X Time	(3,36)	2.50*			2.30*		3.57°	2.23*		3.13**	4.4900	2.20		2.56
SL X Tr	(3,36)									2.24*				
SL X RL	(1,36)	3.16*		6.23°	3.83*		3.13*							
Cime X RL	(3,36)													
fr X RL	(3,36)						2.41*							
Error M.S.	$\sigma_2^2(36)$	1.98	2.48	2.26	2.35	2.31	1.80	1.99	1.93	2.10	1.85	2.92	2.91	1.35
Subj.Variang	$e \sigma_b^2$.28	.07	.28	. 32	.20	.27	.08	0.0	.34	.41	0.0	.12	.14
fult.Corr R ²	D	.60	.52	.57	.54	.58	.66	.59	.52	.62	.66	.47	.49	.61
later M.S.		2.57	2.75	2.61	3.41	1.93	2.10	1.90	2.02	2.30	1.85	3.53	2.37	1.53
Res. M.S.		1.61	2.29	2.03	1.68	2.55	1.61	2.05	1.87	1.97	1.84	2.53	3.26	1.23
7(14,22) app	rox.	1.60	1.20	1.28	2.03*	.75	1.31	.93	1.08	1.17	1.00	1.40	.73	1.24
	R ²	.80	.73	.76	. 80	.71	.81	.75	.71	.78	.79	.72	.65	.79
EMS Comparis	on with													
irst data s		2.29	1.69	2.43	2.10	2.70	2.44	1.57	1.43	2.22	2.12	2.18	1.47	1.27
?(36,36) = o	$\frac{2}{1}/2^{+}$	1.16	.68	1.08	.89	.86	1.36	.79	.74	1.06	1.15	.75	4.93**	.94

NOTE: F values less than 2.0 for interactions are omitted.

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Significance levels attained: * 10%; ** 5%; ° 2 1/2%; °° 1% TABLE S3 CLASS TWO QUESTIONS

	13	14	15	16	17	18
Mean	Grefaxed &	A Sensitivity to Informational Changes	5 Travels 6 Safely	P Travels C Efficiently	Performance	Videotape αRating
						30
Subject Loc. a1	48	41	16	15	16	30
Times τ_1 τ_2 τ_3 τ_4	05 23 .14 .14	31 44 .38 .38	59 03 .21 .41	68 06 .18 .44	31 19 .31 .19	42 05 .08 .39
Treatments κ_1 κ_2 κ_3 κ_4	.20 23 .33 30	19 .13 .19 13	16 .16 .16 16	.38 -0.06 .06 38	.06 19 .31 19	.08 11 .14 11
Rater Loc. θ_1	.64	.75	.75	.47	.65	.45
Subject b(1) 1 2 3 4	.25 1.13 -1.13 25	.65 .28 -1.72 .78	.75 .38 -1.25 .13	.41 .91 -1.22 09	.72 .47 -1.41 .22	.69 19 81 .31
b(2) 1 2 3 4	.16 59 .16 .28	53 .09 16 .59	06 19 06 .31	41 .09 .22 .09	34 09 .16 .28	.09 53 .47 03
Subj. X Rater Loc.(o	θ) ₁₁ .05	.22	.19	.13	.13	.17
Treat. Contrasts	11					
(Laser-Long) Fam (Laser-Long) Unf Laser-Long Unf Fam. Type X Fam	44 63 -1.06 .06 19	.31 31 0.0 .13 63	.31 31 0.0 0.0 63	44 44 88 63 0.0	25 50 75 .25 25	19 25 44 .06 06
Time Contrasts						
Lin Quad	.94 .19	2.88	3.25 38	3.5	2.00	2.56 06

TABLE S3 (cont'd) CLASS TWO QUESTIONS

ANOVA			F			
Source	13	14	15	16	17	18
Subject Loc. Time Treatment Rater Location Subjects w Loc. SL X Time SL X Tr SL X RL Time X RL	3.59 .27 .83 13.94°° 2.22	1.67 1.36 .24 16.14°° 2.83 2.06	.48 1.53 .26 18.19°° 1.63	.43 1.55 .64 5.83°° 1.50	.39 .75 .49 14.61°° 2.11*	2.38 .66 .10 4.83** .87
Error HS σ^2 Subj.variance $\sigma_{\rm L}^2$	1.88	2.23	1.98	2.41	1.89	2.72
Mult. Corr. R ²	.56	.62	.55	.48	.55	.35
Rater H.S. Res. H.S. F(14,22) approx. R ²	1.52 2.11 .72	2.82 1.86 1.51	2.29 1.78 1.29	2.35 2.45 .96	2.51 1.49 1.68	4.98 1.28 3.88°°
EMS comparison	1.55	1.75	2.36	1.15	1.69	1.17
with first data 2 set: σ_1	.82	.79	.93	.48**	.89	.43°°

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In fact, close inspection shows almost no consistency between the two sets of data.

We note, for example, that the "Subject Location" α_1 , which was positive for questions 1-17 in the RD1, is nearly always negative in the new data (RD2), but no value is significant for either data set. Item 8 in RD2 reaches a 10% significance level but this may be due to chance.

The difference between Rater Locations, θ_1 , is always "highly significant." However, this should not cause any excitement. Similarly, it is quite often the case that the "Subjects within Locations" effect is significant-indicating that subjects differ from each other. The significance levels achieved for this effect are somewhat lower in RD2 than in RD1.

The Subject Location x Rater Location interaction is small in RD2 compared to RD1.

The Time effect appears significant--at 2 1/2% for Item 10 (Avoids Body Contact) and 10% for Item 11 (Maintains Orientation) but the significance is not isolated in the linear or quadratic contrasts. However, we suspect it is "close to" linear.

The Subject Location x Time interaction shows some significance, which is hard to account for. One wonders whether the observer teams who made the videotapes (and are confounded with subject location) did not undergo some change of technique as the recording proceeded.

The estimates of the separate Time and Treatment effects (τ 's and κ 's) are not consistent from RD1 and RD2. The subject effects (b's) are also of dubious consistency, with the possible exceptions of H2 and H3.

One set of estimates which does remain consistent from RD1 and RD2 is the Error Mean Square--the estimate of the underlying variance which limits the sensitivity of the analysis. Only items 12 (Solves Orientation and Mobility Problems), 16 (Travels Efficiently) and 18 (Quality of Tape) are "significantly different." In these cases, the Error Mean Square is larger in RD2. The multiple correlation coefficient, R^2 , is about the same in RD2 as it is in RD1, and adjusting for raters as in RD1 brings about the same improvement in fit with no dramatic reduction in the Error Mean Square.

Conclusions

We must therefore conclude that there are more sources of variation at work than we can account for. Despite the effort to standardize the subjective ratings, no improvement is apparent in the data--the Error Mean Square is not reduced, and the Main Effects, if any, are relatively too small to be detected by this rating method. It would seem that almost any subjective rating technique would suffer from this problem unless, perhaps, a much larger number of raters and/or subjects could be found.* In most cases, however, such a procedure would be impractical.

Therefore, to assess small differences in travel performance we would recommend concentration on the development and refinement of objective measures.

^{*}It is a legitimate question to ask why the two data sets, RD1 and RD2, were not combined and then analyzed. One of the reasons was practical--the statistician had no access to a computer on which to prepare a new program. The other reason is more fundamental--the two ratings were essentially different experiments, being separated in time and in the receptiveness and preparation of the raters. Thus there is no <u>a priori</u> justification for combining the data sets.

Introduction

Members of both groups of raters were asked to complete the rater questionnaire described in Appendix 5. However, raters A-8 and B-6 did not return their forms, so only data from seven raters in each group are available.

Utility of the Videotapes

Of the fourteen raters, eight (seven in Group A and one in Group B) felt that the videotapes provided the needed information to rate overall travel performance accurately most of the time (Q1), while seven (five in Group A and two in Group B) felt the information to rate specific travel skills was provided most of the time (Q2). Six raters (four in Group A and two in Group B) experienced only little difficulty in using the tapes to judge performance, while the remaining eight had at least moderate difficulty (Q3). Only five raters felt the videotape performances were at least as interesting as real life performances, while the rest felt they were less interesting (Q4).

Elements of videotaping which needed improvement were judged to be:

	Attribute	Frequency of	Comment
		RD2	RD1
Α	Quality of picture	4	1
В	Quality of sound	3	4
С	Angle of shooting	12	13
D	Length of videotape	1	0
Ε	Area used for routes	5	0
F	Distance of shooting from action	3	5
G	None of above	0	1

Most of the dissatisfaction seems to be caused by the angle of shooting. This is consistent with the opinions of the raters of RD1 (Q5).

Eleven of the fourteen raters felt that the videotaping technique was of large (3) or moderate (8) value in evaluating mobility aids. Three raters felt that the videotapes were of small value (Q6). All the raters in Group A and four in Group B (eleven in all) thought that the videotapes had at least a moderate value in evaluating travel performance (Q1).

The raters' reception of the video recordings was mixed although the data show that Group A is more positive than Group B. Both groups are not as receptive as the original sixteen raters of RD1.

TABLE S4

DATA FROM RATER QUESTIONNAIRE

CARROLL CENTER

	<u>A1</u>	A2	A3	A4	A5	A6	A7	A8	
Questions		2							
1	В	В	В	В	В	A	В	-	
2	В	D	В	В	В	D	В	-	
3	в	D	В	В	С	В	С	-	
4	D	D	D	D	D	С	С	-	
5	С	A,C,E,F	A,C,E	C*	C,E	A,E	A,B,C	-	
6	в	В	A	В	С	A	В	-	
7	В	в	A	В	A	В	в	-	
8	В	В	В	В	D	В	A	-	
9	в	C*	B*	B*	D	A	в	-	
10	В	С	В	С	С	В	В	-	
11	В	5,6,9,11	17	9,10,11	9,10	5,6,8,9,1	4 4,5,6	-	
12	С	В	D	В	С	С	В	-	
13	С	С	A	В	С	С	В	Ξ	
14	С	С	В	*	С	D	в	-	
15	В	С	С	В	С	С	A	-	
16	-							e.	
17	-	5*	5*	*	7*	4	6*		

*Additional comments were volunteered

DATA FROM RATER QUESTIONNAIRE

EASTERN BLINDNESS REHABILITATION CENTER (EBRC)

V. A. WEST HAVEN

	B1	B2	B3	B4	B5	B6	B7	B8	
Questions									
1	D	D	D	D	E	-	В	С	
2	С	В	D	D	D	-	В	D	
3	с	С	В	D	D	-	В	с	
4	С	Е	В	D	D	-	E	с	
5	с	B,C	C,D,F	C,F	С	-	B,E	С	
6	с	В	B*	в*	С	-	В	A	
7	В	С	B*	С	С	-	В	A	
8	В	В	В	С	С	=	D	A	
9	В	В	B*	В	D*	-	B*	В	
10	В	В	C*	в	В	-	D (5 11	В	
11	4,5,14	12,14	3,8*	4,6,14	3,4,12,17	-	4,5,11 2,15,17	11,17*	
12	с	В	в*	В	В	-	В	С	
13	С	В	В	С	-	-	C*	С	
14	*	В	С	С	-	-	D*	В	
15	С	С	C*	С	С	-	D*	С	
16									
17	5	2*	5	6*	6*	-	-	6*	

*Additional comments were volunteered.

Efficiency of the Rating Form

Ten out of fourteen raters had little or no trouble using the rating form to judge the travelers' performance (Q8). Eleven raters felt the rating form covered most, or all, of the major components of travel. Of the three who were dissatisfied with the coverage, none actually suggested an improvement although a variety of comments was offered, with one rater noting that not all components on the form could be observed in the video image (Q9).

The seven-point scale was satisfactory to nine raters (Q10).

The rating form questions which gave difficulty were:

Question	Group A	Frequency of a Group B	<u>iifficulty</u> Total RD2	RD1
R3 Crosses streets	0	2	2	0
R4 Use of auditory information	1	4	5	4
R5 " " nonauditory information	3	2	5	3
R6 " " information from device	3	1	4	2
R7 Long cane technique	0	1	1	1
R8 Appropriate speed	1	1	2	0
R9 Avoiding cane contact	4	0	4	2
R10 Avoiding body contact	2	0	2	2
R11 Maintaining orientation	2	3	5	3
R12 Solving Q&M problems	0	2	2	3
R13 Relaxed and confident R14 Awareness and alertness to	0	1	1	0
information change	1	3	4	6
R15 Travels safely	0	0	0	1
R17 Total O&M performance	1	2	3	1

The sparsity and interdependence of the data make them difficult to judge objectively; but it would seem that the majority of the raters' problems occurred with roughly the same questions as bothered the original raters: R4, R5, R6, R9, R11 and R14. One rater claimed to have had no difficulties. The sorts of consistency noted in the earlier report on the rater questionnaire did not surface in this case (Q11).

Six of the raters thought the rating form had at least moderate value (only one, in Group A, thought it had a great deal of value), and eight thought it of little value in evaluating mobility performance (Q12).

Thus the two groups were somewhat critical of the rating form, and certainly more critical than the original raters.

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Value of the Laser Cane

Only one rater, in Group A, thought the information provided by the laser cane was of great practical value to the traveler. Four raters thought it of moderate value; but most (8) thought it of small value. One rater did not respond (Q13). However, four raters thought the laser cane effected a moderate improvement in the travelers' mobility performance (but only two of these, both in Group A, opted for "moderate" or "large" response to Q13), five thought the improvement was small and two thought there was no improvement. Three of the fourteen raters did not respond, one of them commenting that "it depended on the traveler" and another, more cogently, that having "viewed four travelers in isolation for only one try [he was] unable to properly judge improvement" (this observation was also made by one of the respondents) (Q14).

Three raters, all in Group A, thought the cane had a large (1) or moderate (2) application for the totally blind population served by their center. Of the rest, ten raters thought the application would be small and one thought there would be no application unless one used "just the upper beam for over-head objects" (Q15).

Group A seemed slightly more optimistic about the potential of the laser cane as a mobility aid than Group B, but neither group appeared wildly enthusiastic.

The raters were asked (Q16) which particular features of the laser cane they liked most and which least. As with the original set of raters, by far the most favorable feature was the ability to detect obstacles, particularly overhead obstacles. Other features mentioned were the uses for trailing the shoreline, for maintaining or recovering the line of travel and for aligning with pedestrian traffic in street crossings. Unfavorable features were inaccurate signals, too many signals in congested situations, and the lower channel in general. The lower channel was criticized particularly for poor curb detection and for its generation of inaccurate or uninformative signals. These comments are consistent with the opinions of the original raters. One rater offered the opinion that the <u>delay</u> in audio-feedback from the upper channel caused collisions with overhead obstacles to occur despite the warning. One rater did not like the forward channel and one thought the device too expensive to be practical. One rater did not comment at all.

Rater's Rating of Himself

These data were not analyzed because there were only eleven responses obtained and because the quality of the data obtained from the previous raters proved to be so poor.