

This-N-That

Good evening Jim,

It's been a long week as we've spent a lot of time going through several hundred documents in order to see what information was contained in each one, whether or not they were worthy or of any value to anyone and receiving quite a number of web link submissions for approval and addition to the website.

We didn't make a lot of progress in getting new

documents on-line, however, we did add I believe eight or nine new documents regarding TBI (Traumatic Brain Injury) which might be useful and of some value to many of our Veterans.

This coming week we anticipate adding probably 80+ new web links and hopefully adding to and updating the FAQ (Frequently Asked Questions) page on the website, so do visit often and check for new additions.

We've also added a few more articles regarding the COVID-19 vaccine which might be of interest, as well as one noting that 1 in 3 active-duty military are rejecting the vaccine.

In the last two weeks we discussed the new Sec VA and in our initial comments we didn't have any information on whether or not he had actually served, and between that time and last weeks newsletter we did find that he had.

For that I apologize for confusion caused, mostly due to lack of adequate information found.

We have posted a number of articles from Jutice.gov noting those who have committed fraud or in some way have violated laws and been able to rob the VA and Government of millions of dollars, and we will continue to do so for the simple reason that it helps explain, not excuse the VA's inability to process claims due to lack of funds available.

There has been no real accountability within the VA Healthcare system for quite a number of years if ever, and when errors are found, the person or persons responsible for disbursement of funds or authorizing contracts don't even bother to monitor to ensure all funds being disbursed are fully legitimate or not.

This is where we have the biggest issue, that not one person is ever being held accountable. And it's long over-due that someone needs to make sure that when these costly errors are allowed that someone's head rolls.

But then this also applies to Government in general as well and billions if not trillions of dollars are being tossed away so easily and without consequences.

While we do work hard on countless Veteran issues, we do also work on the spending habits of Congress.

Most of it is pointless, helps NO Americans or our

Veterans, and in many if not all cases aren't justified.

We'd like to continue to remind everyone to please continue to practice safe practices like masks when out, keeping safe social distancing, steer clear of anyone sneezing or coughing to help protect yourself and your family.

We continue to gain momentum on MEWE, and some of our followers that we'd lost when we migrated from Face Book over to MEWE are finding us again, and we're pleased to have them rejoin us. And we encourage all of our readers to join us there, links to all our pages are further down in this newsletter.

And I'd like to encourage everyone who can to help and support Military-Veterans Advocacy go to www.militaryVeteransadvocacy.org. They helped all our Blue Water Navy Veterans, and are still working on BWN and now many other issues, and I offer a hat off to them and Commander John Wells!

On behalf of our Volunteers nationwide and myself, we wish you and your family good health!

Respectfully,

Jim Davis Founder Jim.Davis@Veterans-For-Change.org

### Migration of MTF websites to TRICARE.mil complete

The Defense Health Agency recently completed the migration of 140 military medical treatment facility (MTF) websites to the TRICARE.mil domain, a key milestone in the transition of management and administration of the MTFs from the services to the DHA.

**Read More** 

### HVAC Approves VA Portion of COVID-19 Relief Package

The House Veterans' Affairs Committee approved key provisions of the COVID-19 relief package that provides additional funding for the Department of Veterans Affairs (VA). The bill passed on a partisan roll call. The committee approved the following provisions:  \$272 million for the VA to mitigate the impacts of the pandemic on the benefits claims and appeals backlog;

• \$13.5 billion for the VA to provide health care services and related support to eligible veterans, including COVID-19 vaccine distribution, expanded mental health care, enhanced telehealth capabilities, extended support for veterans who are homeless or in danger of becoming homeless, and PPE and supplies for clinical employees;

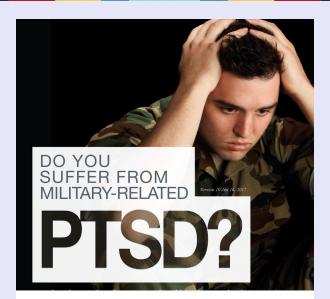
 \$100 million for accelerated deployment of the VA's supply chain modernization initiative to improve the department's preparedness and response to public health emergencies;

 \$750 million for the VA to support COVID-19 response, staff and veteran safety, and preparedness at state Veterans homes through one-time payments to support operations and additional construction grants to support shovelready projects;

 \$10 million for the VA Office of Inspector General to provide oversight;

 \$386 million for up to 12 months of retraining assistance for veterans who are unemployed due to COVID-19 and do not have other veteran education benefits; and  Providing VA health care copayment relief by waiving medical debts and billing during the pandemic, as well as costs for COVID-19 testing, treatment and vaccination services at the Department.

The FRA will continue to monitor the COVID-19 relief effort as it moves through legislative process.



Veterans Crisis Line: 1-800-273-8255 & Press 1 Ntl Call Center for Homeless Vets 1-877-424-3838

### DHA IT helps beneficiaries, providers, and workforce through pandemic

Defense Health Agency information technology

(DHA IT) teams demonstrated their versatility and responsiveness ensuring Military Health System patients continued to receive high quality health care during the COVID-19 pandemic and throughout 2020.

**Read More** 

### House MilCon/VA has Oversight Hearing on Military Housing

The House Appropriations Military Construction, Veterans Affairs, and related agencies subcommittee (H. MilCon/VA) held an oversight hearing on the quality of privatized military housing. Mr. Paul Cramer, Principal Deputy Assistant Secretary of Defense for Sustainment (Installations) and Ms. Elizabeth A. Field, Director, Defense Capabilities and Management Government Accountability Office (GAO) were the only witnesses.

A series of Reuters News articles in August of 2018, focused on deplorable conditions in military privatized housing that included faulty wiring, exposed plumbing, poor water quality, vermin infestations, mold and lead contamination, raw sewage and other toxic exposures that have had negative health impacts for all residents - many of whom are young children. In response Congress passed the Tenant Bill of Rights (18 separate provisions) for service members and their families who are in privatized housing that was included in the FY2020 NDAA.

It was later determined that only 14 of the 18 provisions were ever implemented. H. MilCon/VA Chairwoman Debra Wasserman-Schultz asked why there was no one person at the Department of Defense who was solely responsible for the quality of military housing? She claimed that was the intent of recently passed legislation. It was also noted that the FY2021 NDAA requires an Inspector General report on the quality of military housing within 90 days of enactment of the FY2021 NDAA, which will be available in about five weeks. Members of the subcommittee asked about the financial consequences for companies that allowed housing to become substandard. The FRA welcomes these oversight committee hearings to help ensure that the bureaucracy follows through with legislative mandates.

## Links to Other Stories

1. 1 in 3 US troops have refused to get a COVID-19 vaccine, a Pentagon official said 2. By referring to COVID-19 vaccines as "vaccines" rather than gene therapies,

the U.S. government is violating its 15 U.S. Code Section 41, which regulates deceptive practices in medicine. 3. Veterans say they waited hours for vaccines at VA drivethru event 4. Renovated **Soldiers** Home almost

ready for homeless Vets 5. The VA's Definition of "Veteran" An In-Depth Look 6. WWII Veteran **Wants** to Be **Buried** in Uniform, SO She Made One 7. Fargo VA expands COVID-19 vaccine eligibility

to all Veterans enrolled in VA healthcare 8. Veterans: Sign up for the VA **Burn** Pit Registry 9. Veterans **Affairs** gets 200,000 extra COVID vaccine doses as active cases continue dropping 10. GAO tells VA to

stop rollout of \$16B EHR program, but the VA 'doesn't plan to' 11. Congress Pulls the Plug on **TRICARE Dental** Program **Transition** to **FEDVIP** 12. Southeastern Physical Therapy and Owner То Pay \$152,000 То Settle

False Claims Allegations For **Submitting** Claims For Medically Unnecessary Durable **Medical** Equipment То **Veterans Administration** 13. Federal Indictment Charges Department of **Veterans Affairs Procurement** Supervisor with Pocketing **Kickbacks** 14. Local Businesswoman **Pleads** Guilty to Criminal

Healthcare and Tax Fraud Charges and Agrees То \$20.3 Million Civil **Settlement** 15. Senior Care Company Agrees to Pay \$714,996 to Resolve False Claims Act Allegations 16. Man Sentenced for Health Care Fraud in Excess

of \$175,000 17. Doctor Sentenced for Role in Unlawful Distribution of Opioids 18. Maine Man **Pleads** Guilty to Drug Trafficking, Firearm, and Fraud Offenses 19. Electronic Health Records Technology Vendor to Pay \$18.25 Million to Resolve

**Kickback** Allegations 20. Cedar **Rapids** Doctor Agrees to Pay \$100,000 to **Resolve** Allegations that He Overprescribed **Opioids** in Violation of the Controlled **Substances** Act

## Milley highlights importance of heart health during visit to WRNMMC

The nation annually observes American Heart Month during February to raise awareness about heart disease as the leading cause of death among Americans, especially women.

**Read More** 

### Disenrolled from TRICARE Select? Here's How to Reinstate Your Coverage

As of Jan. 1, 2021, TRICARE Select Group A refers to; if a beneficiary or their sponsor's initial enlistment or appointment occurred before Jan. 1, 2018, they are in Group A. TRICARE Select retirees (NOT TRICARE-for-Life beneficiaries) are required to pay a monthly enrollment fee. According to the Defense Health Agency (DHA), 26 percent of TRICARE Select beneficiaries have NOT set up method to pay the monthly enrollment fee. If beneficiaries did not set up your enrollment fees for TRICARE Select coverage last year, they were disenrolled from their plan effective Dec. 31, 2020 (TRICARE Select replaced TRICARE Standard and TRICARE Extra in 2018). Beneficiaries wanting TRICARE Select coverage this year, must request reinstatement with their TRICARE contractor (Health Net or Humana). TRICARE Select beneficiaries have until June 30, 2021 to make a

#### **Veterans-For-Change Web Site**

The Veterans-For-Change website has been around since 2009. The looks pretty much stay the same for now, but in the background our new webmaster has been working on a whole new look and feel, a facelift so-to-speak. And we're sincerely hoping to roll out the new website sometime this coming June.

Constant improvement and change are being done to make our website the most user friendly "**One-Stop-Shop**" website to find almost everything you might have tried to find searching the internet.

Almost a hundred people have been involved; collecting web links to documents now houses on the VFC website, collecting thousands of web links for various issues, illnesses and benefits. Creating forums for all eras of service and two forums one just for men and one just for woman where you can go question, comment, share medical and personal concerns, what ever you'd like it to be. We also have a forum with for Mental Health and are currently seeking a new Licensed Mental Health Worker, where you can seek help or just ask questions.

We average **2,602** hits per day, and downloads average **3,174** per day with a total **7,127,647** visitors as of Sunday evening.

If you subscribe you will have full access to the entire website and best of all it's **FREE of CHARGE**! You just need a valid E-mail address so the system can send us a notification to approve your account. Once received, and we approve, the system will send you an E-Mail letting you know your account has been approved. Be sure to check your junk and spam folders just in case you don't receive it in your In-Box.

#### www.Veterans-for-change.org

• Documents Library with over **20,104** documents in 233+ Libraries, added 7 new documents on-line (Updated: 01/12/21)

• FAQ's on-line with **1,843** FAQ's on 104 topics! (Updated 05/30/20 - 46 NEW)

- Multiple Forums
- o Afghanistan Veterans

- o FMP Foreign Medial Program
- o Gulf War & Desert Storm Veterans
- o Iraq Veterans
- o Korean Veterans
- o Men Veterans Forum
- o Mental Health for Veterans (Counselor Needed)
- o Political Issues
- o Suggestion Box
- o The Mess Hall
- o VA Hospitals and Medical Centers
- o Veteran Affairs
- o Vietnam Veterans
- o Welcome Mat
- o Women Veterans Forum
- o WW II Veterans
- Job Postings
- Memorial Pages (Updated: 04/23/20) (3 Added)
- News (Articles On-Line: 10,241)
- Polls
- Web Links, more than **7,942**, Added 47 New Links (Updated: 02/03/21)

If you have a submission for the memorial pages, E-Mail: Jim.Davis@Veterans-for-change.org

### **DOD** participates in new COVID-19

### antibody treatment trial

While the Military Health System continues to support the development and distribution of COVID-19 vaccines to counter the ongoing public health threat of the disease, it's investing in other efforts to counter the SARS-CoV-2 virus.

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## New VFW ALTAS Site Open for Patients

This week, VFW Post 7842 in Linesville, Pennsylvania, became the second VFW Project Accessing Telehealth through Local Area Stations (ALTAS) location, allowing veterans and their families to virtually connect to care with the Erie VA Medical Center. For many rural and underserved veterans, connectivity remains a critical issue. Through Project ATLAS, the VFW has worked with VA and Philips to leverage VA's anywhere-toanywhere authority to expand telehealth options for rural veterans. More than 20 VFW Posts have been identified as possible Project ATLAS telehealth locations. The VFW-supported Commander John Scott Hannon Veterans Mental Health Care Improvement Act of 2019 will provide grant programs to expand telehealth capabilities such as ATLAS sites. Read more.



Jim, below are links to all currently active prewritten E-Mails to many pieces of legislation. We ask that you go to each one, and send the prewritten E-Mails, and to also call your Reps or Senators and ask for their support on a weekly basis!

Jim you don't need to be Active Duty or a Veteran, in fact we ask all Veteran friends to also help! (Updated 02/21/21)

- 1. Oppose TRICARE fee Increases
- 2. Veterans Economic Recovery Act

Introduced 3. <mark>S</mark>. 134/H.R. 637, the Veterans **Economic** Recovery Act of 2021 4. Please Support H.R. 303, the Retired Pay Restoration Act

### Plummer, Goggins first Black nursing leadership duo at Fort Belvoir

Fort Belvoir Community Hospital at Fort Belvoir, Virginia, is in the unique position of having African Americans serving as both chief and deputy chief of nursing services. CONTACT YOUR MEMBERS OF CONGRESS! To Call your Representative: 202-225-2305 To Call your Senators: 202-224-3841 or 202-224-3553 To call Different Members of Congress: 202-224-3121 TOLL FREE: 866-272-6622 PLEASE... STOP Making Excuses! www.veterans-for-change.org

## USU researchers earn prestigious tech transfer award

Uniformed Services University researchers working on a new gamma radiation vaccine development platform have been recognized for their efforts, earning the prestigious 2021 Federal Laboratory Consortium's (FLC) Award for Technology Transfer.

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## VA Continues COVID-19 Debt Relief

VA will continue to suspend debts in order to provide critical financial relief for veterans affected by the COVID-19 pandemic. VA's suspension of collections will apply to all veteran benefit overpayments and medical copayment debts incurred after April 1, 2020. VA will notify veterans of their current debt and their options for relief. For benefit overpayment questions, you can submit a request online or call 800.827.0648. For health care debts, veterans should contact the Health Resource Center at 866-400-1238.



Follow us on MEWE! The support staff at MEWE is responsive, open to suggestions and works very hard to protect your personal information.

We hope you will join us on this new site.

**VETERANS-FOR-CHANGE** 

HOMELESS HEROES PROGRAM OF

**VETERANS-FOR-CHANGE** 

**AMVETS GROUP** 

**VETERANS SOCIAL GROUP** 

{USAVET} SUPPORTING GOD & ALL WHO SERVED OUR GREAT NATION

AMERICANS FOR SOVEREIGNTY

"History is not there for you to like or dislike. It is there for you to learn from it. And if it offends you, even better. Because then you are less likely to repeat it. It is not yours to erase. It belongs to all of us."

## COVID-19 vaccinations reaching smaller clinics, facilities

COVID-19 vaccinations are making their way through the military health system at installations both large and small in the most equitable way possible.

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## VA Extends Existing Moratorium on Evictions and Foreclosures

VA's current moratorium on evictions and foreclosures was set to expire on March 31, and is now extended to June 30, 2021. VA will also extend VA loan forbearance requests. VA home loan borrowers can find helpful information from the **Consumer Financial Protection Bureau, online from** VA, or they can call VA at 877-827-3702.

### **Office of Inspector General**

 Electronic Health Records: VA Has Made Progress in Preparing

for New System, but Subsequent Test Findings Will Need to Be **Addressed** 2. Operation Warp Speed: Accelerated COVID-19 Vaccine **Development Status** and **Efforts** to **Address** Manufacturing Challenges 3. Electronic Health **Records:** VA Has Made

Progress in Preparing for New System, but Subsequent Test Findings Will Need to Be Addressed 4. Child Care: Subsidy Eligibility and Receipt, and Wait Lists 5. Medicaid in Times of Crisis 6. Military Housing: DOD Has

Taken Key Steps to Strengthen Oversight, but More Action Is Needed in Some Areas

### USAISR Burn Center observes National Burn Awareness Week

Since 2003, more than 1,200 U.S. service members have received 'burn injuries' requiring specialized burn care treatment and rehabilitation.

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Navy Lt. stresses importance of being proactive during winter training The most important lesson for Navy Lt. Victoria Selkirk during a recent five-day leadership course at Marine Corps Mountain Warfare Training Center (MCMWTC) was that learning about cold-weather training in a lab or clinic is very different from experiencing cold-weather training.

#### **Read More**



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## DOD Announces Use of Masks, Other Public Health Measures

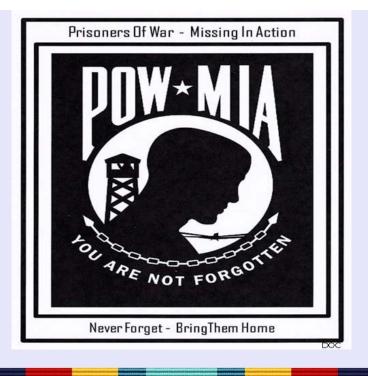
On February 4, Secretary of Defense Lloyd J. Austin III signed a memo that, effective immediately, directs all individuals on military installations and all individuals performing official duties on behalf of the Department from any location other than the individual's home, including outdoor shared spaces, to wear masks in accordance with the most current Centers for Disease Control and Prevention (CDC) guidelines.

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### USU cohort study investigates COVID-19 impacts on DOD personnel

The Uniformed Services University of the Health Sciences' Infectious Disease Clinical Research Program is leading a multi-year study to identify risk factors for COVID-19 in the military population, understand the symptoms and disease course, and investigate clinical outcomes.

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## COVID-19 vaccine rollout ongoing in U.S. Army Central footprint

The COVID-19 vaccination program in the U.S. Army Central's area of operations is underway.

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# Keeping kids' teeth healthy during a pandemic: brush, floss, no sugar

February is National Children's Dental Health Month, and when it comes to pediatric dental health, you can't but help think of the mantra: 'Brush after every meal, floss daily, see the dentist twice a year for checkups, and avoid sugary foods and drinks.'

### **Read More**



1. FDA **Approves** Drug to Reduce Bone Marrow Suppression Caused by Chemotherapy 2. Outbreak Investigation of Listeria monocytogenes

Hispanicstyle Fresh and Soft Cheeses (February 2021) 3. Boston Scientific Corporation Recalls **EMBLEM** S-ICD (Subcutaneous Implantable Cardioverter **Defibrillator**) **System** Due to **Risk** of Short-Circuit 4. Pulse Oximeters and Oxygen **Concentrators:** What to

Know **About** At-Home Oxygen Therapy 5. Coronavirus Disease 2019 (COVID-19) (02/19/21)6. FDA Warns 10 **Companies** for llegally Selling Dietary **Supplements** Claiming to Treat Depression and Other **Mental** Health Disorders 7. Pulse Oximeter Accuracy

and Limitations: **FDA** Safety Communication 8. FDA Drug **Shortages** 9. COVID-19 Update: USDA, **FDA** Underscore Current Epidemiologic and **Scientific** Information Indicating No **Transmission** of COVID-19 Through Food or Food Packaging 10. Adamssecret.co Issues Voluntary

Nationwide Recall of Adam's Secret Extra Strength 1500 and 3000 Capsules Due to Presence of Undeclared Sildenafil and/or Tadalafil 11. Russ Davis Wholesale Issues Allergy Alert on Undeclared Fish (Anchovies) in Kowalski's **Buffalo** Cauliflower

10	Bites
12.	Outbreak
	Investigation
	of Listoria
	Listeria
	monocytogenes –
	Hispanic-
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	Fresh
	and
	Soft
	Cheeses
	(February
10	2021)
13.	Litehouse
	Inc. Issues
	Allergy
	Alert
	on
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	Anchovies
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14.	FDA
	Approves
	First
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Its-Kind Implant for the **Treatment** of Rare Bone Disease as a Humanitarian Use **Device** 15. Reflections on a Record Year for Novel Device Innovation Despite COVID-19 Challenges 16. FDA issues warning to **AcelRx** 

for making false and misleading claims about the risks and benefits of Dsuvia 17. FDA **Approves** Drug to Reduce Bone Marrow Suppression Caused by Chemotherapy 18. Coronavirus (COVID-19) Update: **FDA Authorizes** Monoclonal **Antibodies** for

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Treatment
of
COVID-
19
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### Military, medical leaders discuss COVID-19 issues with service members

Top military and medical officials gathered earlier this month for a virtual town hall meeting with service members and their families to discuss COVID-19 vaccinations.

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### Improving health outcomes, readiness is aim of new grant funding

The Defense Health Agency (DHA) Research and Development Directorate released a grant opportunity to support research aimed at improving health care and military readiness within the Military Health System. If you received this newsletter as a courtesy or a forward from a friend or relative, you can sign up to receive in your E-mail every week.



CLICK HERE TO SUBSCRIBE TO THE VFC NEWSLETTER!

### Army leader finds rewarding position through Operation Warfighter

Army Sergeant First Class Samuel Ortiz was in Kuwait when he got hurt and had to return home from his military duties.

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COVID-19, influenza provide twice the challenge to health care workers It's a double whammy that public health experts across the country had indicated could happen.

**Read More** 



### Navy Lt. Earns Geriatric Pharmacological Board Certification

Michael McDonnell with the Uniformed Services University of the Health Sciences (USU) talked with leaders of the Mayo Clinic and the Defense Health Agency (DHA) on April 21, 2015.

**Read More** 

### DOD initiatives address the sexual health of our military

When it comes to sexual health statistics and the military, there is promising news – and concerning news.

**Read More** 



### More Options to Get COVID-19 Vaccine

Are you and your family looking to get a COVID-19 vaccine near you? If so, you'll soon have more options for where you can go to get it. As part of the ongoing response to COVID-19, the federal government has launched the Federal Retail Pharmacy Program for COVID-19 Vaccination.

To learn more, read the article.

# **COVID-19 vaccine does not affect fertility, immunization experts say**

You're pregnant, or you're breastfeeding. Should you get a COVID-19 vaccine?

**Read More** 



### Proactive communication remains paramount during COVID-19 pandemic

Crisis and innovation seem intricately linked throughout history, perhaps most notably in the field of health care.

**Read More** 

## Tax & Credit Information

\$

1. IRS seeks applications for the Electronic Tax **Administration Advisory** Committee through March 1 2. IRS sends Taxpayer **First** Act Report to Congress 3. Treasury issues millions of second **Economic** Impact

**Payments** by debit card 4. Treasury, IRS provide regulations to help businesses claim credits for carbon capture 5. Eligible Paycheck **Protection** Program expenses now deductible 6. IRS releases 2020 Progress Update; annual report details unprecedented year

7. Form 1024-Α **Revisions** and Required Electronic **Submission** 8. IRS revises Form 1024-Α, application for **Section** 501(c) (4) taxexempt status as part of ongoing efforts to improve service 9. Economic Impact **Payments** on

	their way, visit IRS.gov instead of calling All taxpayers now eligible for Identity Protection PINs Get a federal tax	
12.	refund faster with direct deposit IRS urges taxpayers to gather tax documents now for	

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payments of deferred Social Security taxes from 2020 16. Taxpayers can visit IRS.gov from the safety of their home for answers to tax questions 17. 2021 tax filing season begins Feb. 12; IRS outlines steps

18.	to speed refunds during pandemic IRS Free File available today; claim Recovery Rebate Credit and other tax credits	
	Millions of taxpayers will receive their second Economic Impact Payments by debit card IRS reminds	

taxpayers to make final estimated tax payment for 2020 21. IRS ready for the upcoming tax season; lastminute changes to tax laws included in IRS forms and instructions 22. Beware of 'ghost' preparers who

	don't sign	
	tax	
	returns	
23.	Tips	
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19 protective items 26. Here are reasons taxpayers should file a 2020 federal tax return - and why e- file is best 27. People can get their federal tax refund faster with direct deposit 28. IRS			
are reasons taxpayers should file a 2020 federal tax return - and why e- file is best 27. People can get their federal tax refund faster with direct deposit		items	
27. People can get their federal tax refund faster with direct deposit	26.	are reasons taxpayers should file a 2020 federal tax return  and why e- file is	
28. IRS	27.	can get their federal tax refund faster with direct	
	28.	IRS	

offers contactfree signature options for authorization forms 29. Many taxpayers can file their state and federal tax returns for free 30. EITC Awareness Day: Critical tax credit provides a significant refund boost to millions

31.	IRS	
	offers	
	guidance	
	to	
	taxpayers	
	on	
	identity	
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	benefits	
32.	2021	
	tax	
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	credit	
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	employers	
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	workers	
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	payroll	

34.	taxpayers are now eligible for identity protection PINs	
35.	What taxpayers need to know to claim the earned income tax credit	
	IRS, Summit partners issue urgent EFIN scam alert to tax professionals Common	
071		

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	taxpayers should	
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SOUND OFF! SHARE YOUR STORIES AND COMMENTS WITH US: We know most Veterans have had issues both current and in the past with the Veterans Affairs, and we'd really like to hear from you!

So now is your chance to voice your concerns, opinions, problems, compliments, advice, etc., anything you'd like to have heard.

We will be creating another category in the "NEWS" section of the website called "SOUND OFF" and instead of us continually sending this type of information in fax blasts to all 535 members of Congress, we will be adding to the website as we know many members of Congress do watch us, and this makes it a lot easier for us to track the number of people reading the issues.

In addition, it might even open the door for your fellow Veteran's to see they're not alone, and they too might voice their concerns.

Your story can be as long or as short as you'd like to express what you have to say, we can post as anonymous, or if you want we can post your name to the article, just tell us how you would like for us to post your story and we will adhere to your request.

We only ask that you keep it clean from foul

language, and we will edit only to correct grammar, and if need be to edit out any foul language as that is an almost immediate cut off from Congress to pay attention.

Send your story to JIM.DAVIS@VETERANS-FOR-CHANGE.org and we will get it posted as quickly as we can. And if you have a title for your story that would be fantastic, as we will be providing the story title and link to Congress.

### TRICARE Health Matters Newsletter, Issue 1 2021

How much do you know about your TRICARE benefit? In this issue, you can learn how to find a provider, get care, and take command of your health. Here are some of the articles you can read in the latest issue of the TRICARE Health Matters Newsletter:

- Get to Know Your TRICARE Benefit
- How to Find or Change Your Provider
- Cost Terms You Should Know
- Remember to Schedule Your Annual Exams

Download the latest East Region or West Region newsletter at www.tricare.mil/publications.



The Defense POW/MIA Accounting Agency announced three new identifications for service members who have been missing and unaccounted-for from World War II and Korea. Returning home for burial with full military honors are:

#### Navy Fireman 1st Class William D. Tucker,

19,was assigned to the battleship USS Oklahoma, which was moored at Ford Island, Pearl Harbor, when the ship was attacked by Japanese aircraft on Dec. 7, 1941. The USS Oklahoma sustained multiple torpedo hits, which caused it to quickly capsize. The attack on the ship resulted in the deaths of 429 crewmen, including Tucker. Interment Services are pending. Read about Tucker. **Army Cpl. Paul Mitchem**, 20, was a member of Company K, 3rd Battalion, 34th Infantry Regiment, 24th Infantry Division. He was reported missing in action on July 7, 1950, after his unit sustained heavy casualties while defending against the North Korean army's advance near Ch'onan, South Korea. His body was not recovered because his unit was forced to retreat, nor were any remains found that could be identified as Mitchem. Interment Services are pending. Read about Mitchem.

**U.S. Army Pfc. Michaux Turbeville**, 31, was a member of Headquarters and Headquarters Company, 3rd Battalion, 31st Infantry Regiment, 7th Infantry Division. He was reported missing in action on Dec. 1, 1950, after his unit was attacked by enemy forces as they attempted to withdraw near the Chosin Reservoir, North Korea. Following the battle, his remains could not be recovered. Interment services are pending. Read about Turbeville.



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