

### **Veterans-For-Change Newsletter**

A Voice of the Veterans

Week Ending Sunday, January 02, 2022

Volume 13, Issue 01



#### This-N-That

Good evening Jim,

I hope everyone had a fantastic New Year's Eve and day! And that you're able to keep all your New Year's resolutions!

Ours is to aim high on all legislation being passed, being more aggressive with Congress and urging immediate passage in both houses and off to the President's desk to be signed into law.

Additionally, to aim higher on resolving Veteran Homelessness and Suicide Prevention in the hopes we can help push both to a **ZERO**.

We have added one new piece of legislation to the TAKE

**ACTION** list. But we still do need to continue putting the pressure on them.

I've mentioned in the past couple of newsletters tax season is just around the corner! If you're not sure what is and isn't deductible, here is a link to a check list to gather all the information you might need to have your income taxes prepared. So, if you click **HERE**, you will be taken to a download screen for a tax planning guide!

If you've not visited our website, www.veterans-for-change.org or not visited in a while, please be sure to check often for updates on documents, web links, etc., we are a bit slow, but are moving as fast as we can, yet not over-loading to put more work on our Webmaster when we get to the transition into the new look.

With an account, you will be able to access thousands more documents, be able to comment on the various articles we post and share with you, and more.

Once your account is approved, you will receive notice of approval, be sure to check your spam folder as they do end up there once in a while.

If you choose to create an account to access more information, please keep in mind not to use your E-Mail address as a user ID, and that the system is case sensitive. Neither the webmaster or myself have access to password information as it's 132-bit DoD level security encoded. But, if need be, we can change it for you.

On behalf of our Volunteers nationwide and myself, we wish you and your family good health and a Happy New Year!

Respectfully,
Jim Davis
Founder
Jim.Davis@Veterans-For-Change.org



## Semper Fi and America's Fund dedicated to serving combat wounded, ill, injured

Semper Fi and America's Fund is dedicated to serving combat wounded, ill, and injured.

**Read More** 



### **American Explorer: Robert Johnson**

Navy Veteran Robert Johnson served in World War II and completed three expeditions in Antarctica.

**Read More** 



**Military Veterans Advocacy** 



Military Veterans Advocacy is offering some free memberships for those who are struggling to get their claims through, are having financial difficulties. Annual dues are \$25.00 per year. Our organization includes

special sections, Blue Water Navy, Veterans of Southeast Asia, Central Pacific Islands, Veterans of Panama Canal Zone, and Okinawa. We have gift members available which can be paid by your fellow brother or sister Veterans. Gift members are kept confidential. Click **HERE** and help a Veteran.

You may contact Robin Barr at robin.barr@mvadvocacy.org



#### Hawaii honors Veteran, 91, for a lifetime of service

Hawaiian VIPs among those honoring Army Veteran Dr. John Henry Felix for a lifetime of service for others.

**Read More** 



### **America250: Navy Veteran Humphrey Bogart**

This week's America250 salute is Navy Veteran Humphrey Bogart, who served during World War I and later became an Academy Award-winning actor.







## VA Pacific Islands groundbreaking on new VA clinic in Kalaeloa

VA held a groundbreaking ceremony for the Advanced Leeward Outpatient Healthcare Access (ALOHA) project in Kalaeloa, Pacific Islands.

**Read More** 



How to File a Disability Claim

VA disability compensation benefits are a monthly, tax-free payment to Veterans who were injured, sustained a long-term illness or experienced a worsening medical condition during their military service.

#### **Read More**



#### Know the Warning Signs

It Matters.

### Sometimes, a crisis may involve thoughts of suicide. Learn to recognize these warning signs:

- Hopelessness, feeling like there's no way out
- Anxiety, agitation, sleeplessness, or mood swings
- Feeling like there is no reason to live
- · Rage or anger
- Engaging in risky activities without thinking
- Increasing alcohol or drug abuse
- Withdrawing from family and friends

### The presence of the following signs requires immediate attention:

- Thinking about hurting or killing themselves
- Looking for ways to kill themselves
- Talking about death, dying or suicide
- Self-destructive behavior such as drug abuse

• Confidential chat at VeteransCrisisLine.net or text to 838255 • • • • • •





## VOICES – Veteran outreach in the community expands social support

VOICES events are designed to foster interpersonal connections and social support among community members, including Veterans of all ages and service branches.

**Read More** 



### **Live Whole Health #103 – Loving Kindness**

Happy, healthy, safe, peaceful. This is the kind of life we want for ourselves and those we love. As you head into a new year consider bringing the Loving Kindness Meditation into your life as a regular practice. It is a simple and powerful way to create more positive feelings in your life.

**Read More** 



**Links to Other Stories** 

- 1) Biden signs two new bills into law that aim to help burn pit Veterans
- 2) California Man Convicted of Federal Violations in Health Care Kickback Scheme
- 3) COVID-19 cases within VA hit new pandemic highs
- 4) Defense bill permits Medals of Honor for five soldiers from Korea and Vietnam wars
- 5) Former Black Hawk helicopter pilot Jana Tobias on posing for Pin-ups for Vets: 'I still can't believe it's me'
- 6) Former Indian Health Service Doctor Sentenced to 120 Months of Imprisonment for Abusive Sexual Contact
- 7) Former Long Island Doctor Sentenced to 23 Years in Prison for Causing the Overdose Deaths of Two Patients and Illegally Distributing Oxycodone
- 8) Medical Equipment Company Owners Sentenced to More Than 12 Years for \$27 Million Fraud Scheme
- 9) Missoula vascular surgeon settles alleged health care fraud claims for \$3.7 million
- 10) Oklahoma Guard bars unvaccinated airmen from drilling after Jan. 1
- 11) Pregnant Navy Veteran shot dead while celebrating Christmas days before her wedding
- 12) Registered Nurse Sentenced for Drug Diversion
- 13) Tennessee Nurse Practitioner Arrested for Unlawfully Distributing Prescription Opioids



Vets First Podcast S:2 E:8: Exploring treatment of PTSD, headache, depression through brain stimulation: Wave Neuro and TMS

In this episode, podcast hosts Levi Sowers and Brandon Rea dive into Transcranial Magnetic Stimulation, a treatment for depression, PTSD, and headache.

#### **Read More**



## Oklahoma City VA receives donations from local Veteran organization

Combat Veterans Motorcycle Association 10-3 Chapter donated shoes, boots, jackets, sweaters, pants, hygiene items worth more than \$6,000.

#### **Read More**



## Suicide Prevention Resources for Military and Veterans

### Military & Veterans Crisis Line

1-800-273-8255, Press 1 Text 838255, 24/7

#### **Vets 4 Warriors**

855-838-8255

#### **InTransition**

1-800-424-7877

### Office of Warrior Care Policy

warriorcare.dodlive.mil/

#### Military One Source 1-800-342-9647

Tragedy Assistance Program for Survivors [TAPS]

1-800-959-8277



## Best of 2021: Our top career advice for Veteran and civilian job seekers

With the new year just around the corner, now is a great time to renew your job search. Explore some of the best career advice VA offered this year.

#### **Read More**



## **#VeteranOfTheDay Marine Corps Veteran Kenneth**A. Walsh

Today's #VeteranOfTheDay is Marine Corps Veteran Kenneth A. Walsh, an aviator during World War II and the Korean War.







### Veterans receive holiday cheer

At VA medical centers around the country, VA employees and local community members went out of their way to make sure Veteran patients had a happy holiday.

#### **Read More**



## VA woman Veteran author: Navy Veteran Lisa Washington

Author and Navy Veteran Lisa Washington is a Christian fiction author, who has written three books, including her newest, "Kaleigh."

#### **Read More**



Jim, below are links to all currently active pre-written E-Mails to many pieces of legislation. We ask that you go to each one, and send the pre-written E-Mails, and to also call your Reps or Senators and ask for their support on a weekly basis!

Jim you don't need to be Active Duty or a Veteran, in fact we ask all Veteran friends to also help! (Updated 01/02/21)

Please note, we've added 1 new item to the **TAKE ACTION** list.

- 1) HR 1014 Furnish Hyperbaric Oxygen Therapy (HBOT) to a Veteran who has a Traumatic Brain Injury (TBI) or Post-Traumatic Stress Disorder (PTS)
- 2) HR 109 will establish an advisory committee on the implementation by the DVA of an electronic health record
- 3) Concurrent Receipt Legislation Introduced
- 4) Expand Concurrent Receipt
- 5) FRA and Others asks SecDef Not to Raise TRICARE Fees
- 6) H.R. 333, Disabled Veterans Tax Termination Act
- 7) H.R. 344, Support the Women Veterans TRUST Act
- 8) H.R. 914, the Dental Care for Veterans Act
- 9) Military Retiree Survivor Comfort Act
- 10) Oppose TRICARE fee Increases
- 11) S. 134/H.R. 637, the Veterans Economic Recovery Act of 2021
- 12) S. 437, Take Action for Veterans Exposed to Burn Pits
- 13) S. 89, Ensuring Survivors Benefits during COVID-19 Act of 2021
- 14) STOP TRICARE Fee Increases
- 15) Support Bills to Expand Coverage for ChampVA and TRICARE Young Adults
- 16) Veterans Economic Recovery Act Introduced
- 17) H.R. 855, the Veterans Expedited TSA Screening (VETS) Safe Travel Act
- 18) HR 1355 and S 454. These companion bills will provide health care and benefits to Veterans who were exposed to

- toxic substances while serving as members of the Armed Forces at Karshi Khanabad Air Base, Uzbekistan.
- 19) Support Repeal of TRICARE Select Enrollment Fee
- 20) HR 1585 & S 565- Provide for the treatment of Vets who participated in the cleanup of Enewetak Atoll as Radiation Exposed
- 21) Please Support S. 344, the Major Richard Star Act
- 22) Support the Military Retiree Survivor Comfort Act
- 23) S. 810 & H.R. 1972, the Fair Care for Vietnam Veterans Act of 2021
- 24) HR 109 Establish an Advisory Committee on Implementation by the DVA of an electronic health record
- 25) HR 2372 and S 952 will Provide for Presumption of Service Connection for certain diseases associated with exposure to toxins
- 26) Please Ask you Senator to support S.952 the Warfighters Act
- 27) Support Improving VA Homelessness Program
- 28) S. 976, Caring for Survivors Act of 2021
- 29) H.R. 303, the Retired Pay Restoration Act
- 30) H.R. 912, American Indian and Alaska Native Veterans Mental Health Act
- 31) S. 976, the Caring for Survivors Act of 2021
- 32) HR 2269 and S 657 cover herbicide exposure in Thailand
- 33) Bipartisan Bill Introduced to Help Military Survivors
- 34) Legislation asks for Study of Involuntary Discharges for Women
- 35) H.R. 2436, the Veterans Burn Pit Exposure Recognition Act
- 36) H.R. 958—the Protecting Moms Who Served Act
- 37) HR 2127 and S 927, the TEAM bills Veterans Exposed to Toxic Substances
- 38) Ask your Senator to Support S.1520 Military Justice

#### Improvement Act

- 39) Ask your member to support S.810 and H.R. 1972 The Fair Care for Vietnam Veterans Act of 2021
- 40) Ask your member and senator to support HR 2580 and S 1151 to provide for a presumption of service connected disability for certain Veterans who served in Palomares, Spain, and for other purposes
- 41) Ask your Senator to Support S.1520 Military Justice Improvement Act
- 42) HR 855, VETS Safe Travel Act
- 43) HR 3368, the Guam, American Samoa, and Johnston Island bill
- 44) H.R. 2521, Delivering Optimally Urgent Labor Access (DOULA) for Veterans Affairs Act of 2021
- 45) H.R. 1273, the Vietnam Veterans Liver Fluke Cancer Study Act
- 46) H.R. 2968, the Military and Veteran Student Loan Relief Act
- 47) H.R. 845, the VA Billing Accountability Act
- 48) Comprehensive Toxic Exposure Bill Introduced in House
- 49) Action Alert: Tell Congress to Support the COST of War Act and the Honoring our PACT Act!
- 50) HR 303 and S 1147 The Retired Pay Restoration Act
- 51) Ask Your Legislators to Support Concurrent Receipt Reform HR-1282
- 52) HR 1656 TREAT PTSD Act
- 53) S. 1664, the Post-Traumatic Stress Disorder (PTSD) Processing Claims Improvement
- 54) H.R. 2724 VA Peer Support Enhancement for MST Survivors Act
- 55) Please Support H.R. 3452 —Veterans Preventative Health Coverage Fairness Act
- 56) HR 2192, The Camp Lejeune Justice Act of 2021

- 57) HR 5026, The Panama Canal Zone Veterans Act of 2021
- 58) HR 3368, HR 5026, HR 2269, S 657 are all Toxic

Exposure Bills that need special attention and more pressure to get passed!

- 59) H.R. 4627, Veterans' Culturally Competent Care Act of 2021
- 60) S. 2172, Building Solutions for Veterans Experiencing Homelessness
- 61) H.R. 4571, the SERVICE Act of 2021
- 62) H.R. 4732, Protect Individual Unemployability Benefit for All Disabled
- 63) S. 1937, the Delivering Optimally Urgent Labor Access (DOULA) for Veterans Act of 2021
- 64) S. 2283 and H.R. 5073—the Crisis Hotline REACH for Veterans Act
- 65) HR 852 and S 221, United States Israel PTSD Collaborative Research Act
- 66) Ask Congress to Preserve Arlington National Cemetery
- 67) HR 4949 and S 692, the Hello Girls Congressional Gold Medal Act of 2021
- 68) HR 2963, the VOW to Hire Heroes Extension Act of 2021
- 69) S 1970, The Clean Water for Military Families Act
- 70) Support S. 1198/H.R. 2819—the Solid Start Act of 2021
- 71) H.R. 3402/S. 976—Caring for Survivors Act of 2021
- 72) HR 3537 and S 1813, Accelerating Access to Critical Therapies for ALS Act
- 73) S. 2386/H.R. 4575, the Veteran Peer Specialist Act
- 74) H.R. 5721—the VIPER Act
- 75) H.R. 5607, Justice for ALS Veterans Act
- 76) HR 2601 and S 1188, SFC Heath Robinson Burn Pit Transparency Act
- 77) S. 3017, Veterans Dental Care Eligibility Expansion and Enhancement Act

- 78) H.R. 4794 and S. 2533, the Making Advances in Mammography and Medical Options (MAMMO) for Veterans Act
- 79) HR 1361 and S 444, AUTO for Veterans Act
- 80) H.R. 4880 and S. 2720, the Veterans' Prostate Cancer Treatment and Research Act
- 81) HR 2800, the WINGMAN Act
- 82) H.R. 5944, Veterans Administration Backlog Accountability Act of 2021
- 83) HR 3400, VA Emergency Transportation Act
- 84) HR 2992, TBI and PTSD Law Enforcement Training Act



## Help for Veterans experiencing intimate partner violence

About one in three women and one in four men report that they experienced intimate partner violence. Veterans may be at even greater risk. VA has started a pilot program to improve services for those Veterans.



### **SUICIDE WARNING SIGNS**

#### TALK:

- Killing themselves
- Feeling hopeless
- Having no reason to live
- Being a burden to others
- Feeling trapped
- Unbearable pain



#### **BEHAVIOR:**

- Increased use of alcohol or drugs
- Looking for a way to end their lives
- Withdrawing from activities
- Isolating from people
- Sleeping too much or too little
- Visiting or calling people to say goodbye
- Giving away possessions
- Aggression
- Fatigue

#### MOOD:

- Depression
- Anxiety
- Loss of interest
- Irritability
- Humiliation/Shame
- Agitation/Anger
- Relief/Sudden Improvement





### **Exploring Your Values**

Can you take an hour today to plan for the next year? You can start by reflecting on your values while following this 40-minute Guided Awareness Meditation and fill out the values worksheet.

**Read More** 



**#Live Whole Health #102: Nourishment for self- care** 

Self-care can take many forms, but it needs nourishment. Did you ever consider how mind and body are connected? A healthy thought is likely to stimulate positive well-being behaviors. Physical activity, good sleep and preventative care practices produce healthy bodies and minds.

#### **Read More**



## CONTACT YOUR MEMBERS OF CONGRESS!

To Call your Representative: 202-225-2305

To Call your Senators: 202-224-3841 or 202-224-3553

**To call Different Members of Congress:** 

202-224-3121

**TOLL FREE: 866-272-6622** 

**PLEASE... STOP Making Excuses!** 

www.veterans-for-change.org



VA strengthens care for Veterans impacted by intimate partner violence and sexual assault

VA recently initiated a pilot program to improve services for Veterans who have experienced or are experiencing intimate partner violence or sexual assault. The two-year initiative focuses on strengthening community partnerships, training for VA staff and community partners, identifying effective clinical interventions and providing outreach to underserved populations.

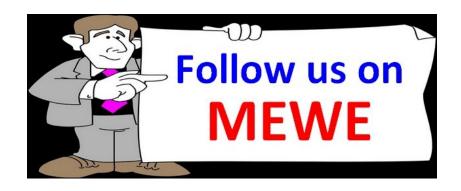
**Read More** 



# HolidayBoost campaign helps you talk about COVID-19 boosters with those you care about this holiday

The holiday season is a time of giving, sharing and caring. VA's "HolidayBoost" encourages Veterans to reach out to their Veteran friends and families, as well as those they care about, during the holidays with some suggestions for having constructive, compassionate conversations regarding getting the COVID-19 booster (and/or vaccine).





Follow us on MEWE! The support staff at MEWE is responsive, open to suggestions and works very hard to protect your personal information.

We hope you will join us on this new site.

**VETERANS-FOR-CHANGE** 

HOMELESS HEROES PROGRAM OF VETERANS-FOR-CHANGE

**AMVETS GROUP** 

**VETERANS SOCIAL GROUP** 

{USAVET} SUPPORTING GOD & ALL WHO SERVED OUR GREAT NATION

AMERICANS FOR SOVEREIGNTY



Healthy habits: You have it in you

You have it in you. Rediscover your best health using tools gained during your time in the service. VA can help you improve your physical and mental wellbeing.

#### **Read More**



## Why I get my health care at VA: Three women Veterans

Women Veterans do not always come to VA for medical care, but we interviewed three women who do to see what they would say to those who don't. We asked the same question as always: Why do you get your health care at VA?

#### **Read More**



### Office of Inspector General

- 1) Community Living Centers: VA Needs to Strengthen Its Approach for Addressing Resident Complaints
- 2) VA Community Living Centers: Opportunities Exist to Strengthen Oversight of Quality of Care



24 Hour Veterans Crisis Line

If you're a Veteran in crisis or concerned about one, connect with our caring, qualified Veterans Crisis Line responders for confidential help. Many of them are Veterans themselves. This service is private, free, and available 24/7.

To connect with a Veterans Crisis Line responder anytime day or night:

Call 800-273-8255, then select 1.

More info: https://www.va.gov/health-care/health-needs-conditions/mental-health/suicide-prevention/



## In the National Guard or Reserve? Learn About Your Health Care Options

Are you a National Guard or Reserve member? Check out the TRICARE Choices for National Guard and Reserve Handbook. You can refer to this handbook to learn about your health care options, whether you're activated, deactivated, or retired. This handbook explains your options based on your deployment status, location, or age. It also lists costs terms and describes dental and vision options.





- 1) Coronavirus (COVID-19) Update: December 28, 2021
- 2) Cybersecurity
- 3) Dianne's Fine Desserts Issues Allergy Alert on Undeclared Pecan Allergen in Sienna® Chocolate Decadent Brownie
- 4) Getinge/Datascope/Maquet Recalls Cardiosave Hybrid and Cardiosave Rescue Intra-Aortic Balloon Pump (IABP) Due to Reports of Fluid Leaks
- 5) Padagis Issues Voluntary Nationwide Recall for Nitroglycerin Lingual Spray Due to a Possible Defective Delivery System
- 6) Seviroli Foods Inc., of Garden City is Recalling Aplenty Rotini with Plant Based Bolognese Meal Kit Due to an Undeclared Allergen – Milk in the Product
- 7) Taro Pharmaceuticals U.S.A. Issues Voluntary Nationwide Recall of Clobetasol Propionate Ointment USP, 0.05%, 60 g Tubes, Lot AC13786 Due to Microbial Contamination
- 8) Viona Pharmaceuticals Inc., Issues Voluntary Nationwide Recall of Metformin HCI Extended-Release Tablets, USP 750 mg, Due to the Detection of N-Nitrosodimethylamine (NDMA) Impurity



VA Trust report shows majority of Veterans trust VA

A majority of Veterans trust VA according to the most recent VA Trust report, compiled from surveys to Veterans.

#### **Read More**



## Vet Center: Veteran Sandra Hardy no longer suffering in silence

Although Vet Centers offer unlimited counseling appointments, U.S. Army Veteran Sandra Hardy had it set in her mind she would only need a couple of visits. Three years later, she's still going. With skepticism swarming her thoughts, Hardy opened the door to her local Oklahoma City Vet Center with the intent to leave as quickly as possible.

#### **Read More**



CLICK HERE TO FOLLOW US ON TWITTER!



Face of InnoVAtion: David K. Dunning

Face of InnoVAtion is a regular series focusing on VA employees working to change and save Veteran lives. This month, meet David Dunning.

**Read More** 

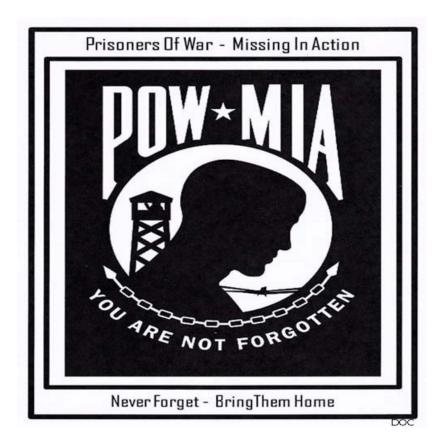


## **#VeteranOfTheDay Army Veteran Mary-Margaret**"Maggie" Brandt

Today's #VeteranOfTheDay is Army Veteran Maggie Brandt, who served in the Army Reserve Medical Corps as a doctor for 21 years. Mary-Margaret "Maggie" Brandt was born in Colorado and grew up in New Mexico. She earned her medical degree from the University of New Mexico in 1990.

We honor your service, Maggie!







## VA Pittsburgh tests self-cleaning mats – additional layer of protection for patients

Innovative, self-cleaning mats continuously disinfect themselves. When they detect contamination, they electronically release ions that destroy the germs.

**Read More** 



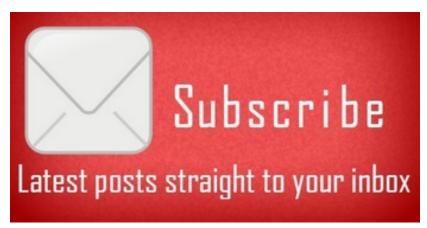
Director Wanda Wright on Arizona's Commitment to Supporting Veterans

Director, Arizona Department of Veterans' Services and United States Air Force Veteran, Wanda Wright On Arizona's Commitment To Supporting Veterans.

**Read More** 



If you received this newsletter as a courtesy or a forward from a friend or relative, you can sign up to receive in your E-mail every week.



CLICK HERE TO SUBSCRIBE TO THE VFC NEWSLETTER!



### Best of 2021: Top Veteran Resources of the year

Every week, VA sends a weekly newsletter—#VetResources—filled with valuable content, including free resources. Here are the top 10 for 2021.



### **#VeteranOfTheDay Army Veteran Susan O'Neill**

Today's #VeteranOfTheDay is Army Veteran Susan O'Neill, who served as a nurse in three hospitals during the Vietnam War. Born in Fort Wayne, Indiana, Susan O'Neill joined the Army in 1967. At that time, O'Neill was a nursing student at the Holy Cross School of Nursing and had no intention of joining the Army.

We honor your service, Susan!

#### **Read More**



CLICK HERE TO GO TO THE VFC WEBSITE



"On the fourteenth day of Christmas..." holiday giving continues

VA employees and local communities went out of their way to ensure Veteran patients had a happy holiday.

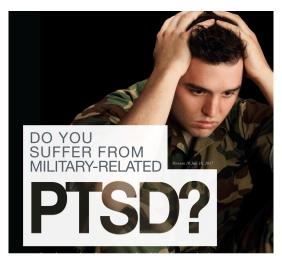
#### **Read More**



### Live Whole Health #101: Exploring your values

During your time in the military, understanding your mission was critical to your unit's success. In Whole Health, you're asked to consider your "Mission, Aspiration or Purpose" when setting health goals. What you want your health for helps to guide the choices you and your health care team make. Exploring your values helps to define your Whole Health journey's success.





Veterans Crisis Line: 1-800-273-8255 & Press 1 Ntl Call Center for Homeless Vets 1-877-424-3838



#### Greenhouse initiative bloomed in 2021

Greenhouse Initiative: VA health care innovation community gets input from Veterans and employees for solutions to improve care.

**Read More** 



**#VeteranOfTheDay Air Force Veteran Jennifer Day** 

Today's #VeteranOfTheDay is Air Force Veteran Jennifer Day, who flew in Operations Northern Watch, Southern Watch and Provide Promise. Jennifer Day grew up all over the world. Her family moved often because her father was in the Air Force, but she learned to make the best of every new home.

We honor your service, Jennifer!

**Read More** 







Military spouses: A new career waits for you at VA

When someone chooses to serve our country, their family serves with them, and no one knows that better than military spouses.

**Read More** 



### **#VeteranOfTheDay Army Veteran Monica Benning**

Today's #VeteranOfTheDay is Army Veteran Monica Benning, who took care of patients as a nurse during the attack on Pearl Harbor Dec. 7, 1941.

**Read More** 



## **#VeteranOfTheDay Air Force Veteran Kemberlee Ann Scott**

Today's #VeteranOfTheDay is Air Force Veteran Kemberlee Ann Scott, who served in Operation Enduring Freedom in Afghanistan. Born in May 1965 in Ohio, Kemberlee Ann Scott enlisted in the Air Force in 1985 while in college at Wright State University in Dayton, Ohio. She joined the service to help finance her education and because her university had an Air Force Reserve Officers' Training Corps.

We honor your service, Kemberlee!



### **#VeteranOfTheDay Army Veteran Joan Furey**

Today's #VeteranOfTheDay is Army Veteran Joan Furey, who served as a nurse in Vietnam and pioneered a PTSD program working for VA. In 1946, Joan A. Furey was born in Brooklyn, New York, as the second of five children. Her father served in the Army, fighting in Germany and France during World War II, and the family often attended parades and events celebrating Veterans.

We honor your service, Joan!

**Read More** 

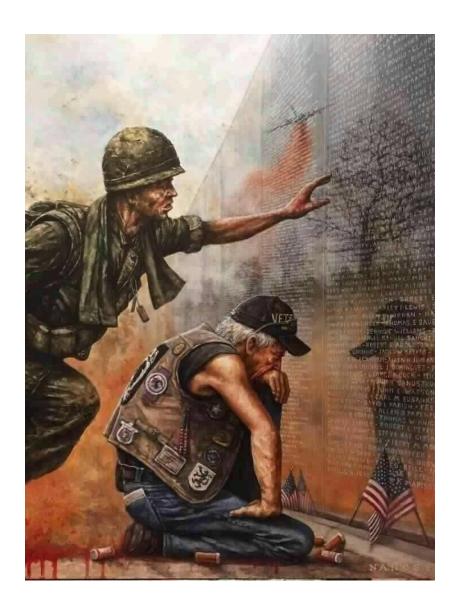


**#VeteranOfTheDay Army Veteran Jasmine Walker Motupalli** 

Today's #VeteranOfTheDay is Army Veteran Jasmine Walker Motupalli, who served in Operations Iraqi Freedom and Enduring Freedom. Born out of a strong and diverse family of Veterans, Jasmine Walker Motupalli had always wanted to join the military in some way, shape or fashion. In the fall of 2001, this dream came true. After attending a summer program at the U.S. Military Academy at West Point in New York, she knew she wanted to attend.

We honor your service, Jasmine!







### **#VeteranOfTheDay Army Veteran Homer Hickam**

Today's #VeteranOfTheDay is Army Veteran Homer Hickam, who served in Vietnam and later became a rocket scientist and bestselling author.



#### **#VeteranOfTheDay Navy Veteran Ralph Whitlock**

Today's #VeteranOfTheDay is Navy Veteran Ralph Whitlock, who served in the Pacific during World War II and in the Korean War.

**Read More** 



## **#VeteranOfTheDay Army Veteran Jim "Pee Wee" Martin**

Today's #VeteranOfTheDay is Army Veteran Jim "Pee Wee" Martin, a 100 year old who parachuted in the D-Day invasion of Normandy.

**Read More** 



## **#VeteranOfTheDay Army Air Forces Veteran**Lorrain Vogelsang

Today's #VeteranOfTheDay is Army Air Forces Veteran Lorrain Vogelsang, a 100 year old who served as a clerk during World War II.

**Read More** 



**#VeteranOfTheDay Air Force Veteran Ashley Dent** 

Today's #VeteranOfTheDay is Air Force Veteran Ashley Dent, who served as an aviation resource manager from 2010 to 2019. Ashley Dent served in the Air Force from 2010 to 2019. She spent much of her time as an aviation resource manager, coordinating flight missions.

We honor your service, Ashley!

**Read More** 





**Veterans-For-Change, Inc.** 

Riverside County, CA

Visit our website today

www.Veterans-For-Change.org

Serving those who served!

Please pass on to all your Veteran Friends and Family!



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Jim.Davis@Veterans-for-change.org

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