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***If Veterans don't help Veterans, who will?***

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## **THE VENTNOR VET CENTER PROGRAM**

We are the people in the VA who welcome home all war veterans with honor by providing quality readjustment mental health counseling in a caring manner. The Ventnor Vet Center understands and appreciates Veterans' combat experiences while assisting them and their family members toward a successful post-war adjustment in their community.



## **ELIGIBILITY**

- Veterans who have served in a designated combat zone are eligible for Vet Center Counseling. This includes those Veterans who served on active duty and those in the Guard and Reserve who have been deployed to a war zone.
- Veterans who have experienced Military Sexual Trauma, including assault and/or harassment, are also eligible for our counseling services at the Vet Center.

## **DECREASING BARRIERS TO CARE**

- Veterans do not have to be enrolled in the VA for health care services in order to receive counseling at the Vet Center.
- The Ventnor Vet Center has evening hours available several nights a week to help accommodate the schedules of Veterans and their families.
- Weekend appointments available by request.

## **SERVICES PROVIDED**

- All Vet Center services are without time limitation and at no cost to Veterans, Service-members, and their families.
- We have no waiting lists and are able to accommodate veterans immediately who are in need of counseling.
- We address the following concerns in individual or group counseling:
  - PTSD
  - Depression and anxiety
  - Sleep disorders
  - Substance abuse
  - Benefits referral
  - Employment referral
  - Medical referral for TBI

## **ACCESS TO SERVICES (OUTREACH)**

- The Vet Center is available to provide community education on PTSD and readjustment issues for combat Veterans.
- We are able to travel to outstations outside of

Ventnor in order to provide counseling to our combat veterans in their communities.

## **FAMILY MEMBERS**

- The Vet Center provides readjustment counseling to spouses, children, and any immediate family member of eligible Veterans and Service-members when it is found to aid in their readjustment.



## **COLLABORATION**

- The Ventnor Vet Center partners with other VA programs in case Veterans may need psychiatric medication or inpatient care. The Ventnor Vet Center refers to the Philadelphia, Coatesville, and Wilmington VA Medical Centers to ensure that Veterans receive all appropriate care.
- All records are kept confidential at the Vet Center, unless released with the Veteran's authorization.

**Please call for an appointment; we are waiting to serve you!**

### **Ventnor Vet Center**

Phone: 609-487-8387

6601 Ventnor Ave

Suite 105

Ventnor, NJ 08406

[www.vetcenter.va.gov](http://www.vetcenter.va.gov)