



Veterans-*For*-Change Newsletter

A Voice of the Veterans

Week Ending Sunday, December 27, 2015
Volume 6, Issue 52

This-N-That

With all that's going on in our Country today and so much to bring to your attention this week, I just wanted to give it a rest!

Today is Christmas day and from all at Veterans-For-Change we wish you and your families all the very best!

Hopefully by now children, grandchildren and for some great grandchildren have all had their visits from Santa Claus and everyone is having the time of their life and parents as well as grand parents are thrilled at the sight of all the children playing, laughing and having a great time!

The only thing I'd like to ask of everyone if you would, please set an empty place setting at your Christmas dinner table to remember all those who won't be coming home to spend another Christmas with their family, friends and loved ones.



And for everyone going to the many parties out there to celebrate the Christmas Holiday, please be safe, and have a designated driver!

On behalf of the Board of Directors and Volunteers nationwide, we wish you and your family good health and very Merry Christmas!!

Respectfully,
Jim Davis
Founder & CEO
Jim.Davis@Veterans-For-Change.org

Tips for Filing a VA Disability Claim

Filing a claim for compensation can be a very tedious task indeed. Even if you do complete the online version of the claim at [VA's Online Application \(VONAPP\) website](#) you may find that it takes at least 30 minutes just to fill in all the blanks, gathering the required supporting documentation and submitting it to the VA can take much longer and be an exercise in frustration. [Here are a few pointers](#) on how to make the process easier, and how to make sure you get everything right the first time, so you won't have to do it all over again.



DoD Identifies Air Force Casualties

The Department of Defense announced today the deaths of six airmen who were supporting Operation Freedom's Sentinel. They died Dec. 21 of wounds suffered when their patrol was attacked by a suicide bomber on a motorcycle near Bagram Air Base in Afghanistan.

Killed were:

Maj. Adrianna M. Vorderbruggen, 36, of Plymouth, Minnesota. She was assigned to the Air Force Office of Special Investigations, 9th Field Investigations Squadron, Eglin Air Force Base, Florida.

Staff Sgt. Michael A. Cinco, 28, of Mercedes, Texas. He was assigned to the Air Force Office of Special Investigations, 11th Field Investigations Squadron, Joint Base San Antonio-Randolph, Texas.

Staff Sgt. Peter W. Taub, 30, of Philadelphia, Pennsylvania. He was assigned to the Air Force Office of Special Investigations, Detachment 816, Ellsworth Air Force Base, South Dakota.

Staff Sgt. Chester J. McBride, 30, of Statesboro, Georgia. He was assigned to the Air Force Office of Special Investigations, Detachment 405, Maxwell Air Force Base, Alabama.

Technical Sgt. Joseph G. Lemm, 45, of Bronx, New York. He was assigned to the 105th Security Forces Squadron at Stewart Air National Guard Base, New York.

Staff Sgt. Louis M. Bonacasa, 31, of Coram, New York. He was assigned to the 105th Security Forces Squadron at Stewart Air National Guard Base, New York.

Government Accountability Office (GAO) Reports

Defense Health Care: Research on Hyperbaric Oxygen Therapy to Treat Traumatic Brain Injury and Post-Traumatic Stress Disorder. <http://www.gao.gov/products/GAO-16-154>

Littoral Combat Ship: Knowledge of Survivability and Lethality Capabilities Needed Prior to Making Major Funding Decisions. <http://www.gao.gov/products/GAO-16-201>

Medicare: Increasing Hospital-Physician Consolidation Highlights Need for Payment Reform. <http://www.gao.gov/products/GAO-16-189>

Defense Logistics: DOD Has Addressed Most Reporting Requirements and Continues to Refine Its Asset Visibility Strategy. <http://www.gao.gov/products/GAO-16-88>

GAO Schedule Assessment Guide: Best Practices for Project Schedules. <http://www.gao.gov/products/GAO-16-89G>

How Long Will This Project Really Take? GAO Issues Final Version of Its Schedule Assessment Guide. http://www.gao.gov/press/schedule_assessment_guide_2015.htm

VA Updates Claims Manual

The Department of Veterans Affairs (VA) recently overhauled its M21-1, the guidebook that dictates the policies and guidance of VA claims processing. The new manual is for veteran advocate groups and veterans who have an interest in keeping abreast with VA laws and regulations. Now called Live Manual, this latest version of the M21-1, Adjudication Procedures Manual is available to everyone through the KnowVA Knowledge database. KnowVA is an external-facing Web platform that provides you access to the same information claims processors use to process and make decisions on benefits claims. The information is regularly updated. To access Live Manual via KnowVA, visit the [KnowVA Knowledge Base website](#).

VA Offers Virtual Reality Treatment for PTSD

Mental health providers at the Miami VA Healthcare System are now offering a virtual reality (VR) treatment option for Veterans with post traumatic stress disorder (PTSD). Combining virtual reality with traditional treatments, providers can help veterans change how they perceive and respond to the symptoms of PTSD, which typically cause depression, isolation and anxiety. Read more about virtual reality treatment on VA's [Vantage Point Blog](#). Veterans living with PTSD do not have to suffer alone. Veterans with PTSD can find help and support through the [National Center for PTSD](#) and their [local VA health care facility](#).

Veterans fought for us; we continue to fight for our veterans!

VFC Website Update

If you've not visited our website, maybe you should visit today! Since going on-line on 10/28/12 we have been averaging between 2,100 and 3,000 visitors per day and have had **2,513,281** visitors to date.

Visit today and subscribe, it's 100% **FREE** of charge to all! Just be sure to use a valid E-Mail address so the system can send you an authentication E-Mail. Becoming a subscriber will show you all the various forum's, added libraries, and more.

We have the largest One-Stop-Shop Veterans website available that is user friendly, offers a host of information on many topics, Several forums, Frequently Asked Questions and Answers, a massive Documents Library with more than 12,900 documents, various VA and DoD forms.

www.veterans-for-change.org

- Documents Library with over **140** different libraries and over **14,417+** documents
- FAQ's (**1,567** on-line now) (**Updated 04/05/15**)
- Forums (**with Licensed Mental Health Worker Moderator**)

- Job Postings and Job Fairs (Updated 12/19/15 **42** New Jobs and **0** New Job Fair)
- Memorial Pages (**Updated 04/19/14**)
- News (Updated almost daily, **5,403** articles on-line)
- Web Links (**1,591** Active Links)(**Updated 12/19/15**)

The documents library has many different categories and contains more than 55 million pages of information and forms.

There are forums for all Eras of service and one just for Women Veterans, which is locked to use by women only. Another for Men Veterans which is also locked to men only.

In the documents and forums we provide information pertaining to women and the ability speak freely in the forums to other women about the same issues and problems you face.

The Memorial Pages are open, and if you have a loved one or a buddy you've lost and would like for them to be added to our Memorial Pages, please send a photo, First and Last Name, Rank, Branch of Service, DOB and DOD, and allow us 2-3 days to install on the proper page. (Send to: Jim.Davis@veterans-for-change.org)

You also have the ability to comment and rate all NEWS articles which would be very helpful for us so we know the types of information you'd like to see on our website.

2016 NDAA Changes SBP Coverage

The 2016 National Defense Authorization Act fixed a quirk in the Survivor Benefit Program (SBP) that had prevented divorced retirees from transferring the benefit to a new spouse if their ex-spouse died. The SBP is an annuity paid to survivors of retired servicemembers; retirees pay a portion of their retired pay to enroll in the program. Upon the retiree's death, eligible beneficiaries can receive up to 55% of the veteran's retired pay. The program is designed to give a veteran piece of mind that his spouse and children will have some type of income upon his death.

A Christmas Poem

The embers glowed softly, and in their dim light,
I gazed round the room and I cherished the sight.
My wife was asleep, her head on my chest,
My daughter beside me, angelic in rest
Outside the snow fell, a blanket of white,
transforming the yard to a winter delight.

The sparkling lights in the tree I believe,
Completed the magic that was Christmas Eve
My eyelids were heavy, my breathing was deep,
Secure and surrounded by love, I would sleep,
In perfect contentment, or so it would seem,
So I slumbered, perhaps I started to dream.

The sound wasn't loud, and it wasn't too near,
But I opened my eyes when it tickled my ear.
Perhaps just a cough, I didn't quite know,
Then the sure sound of footsteps outside in the snow.
My soul gave a tremble, I struggled to hear,
And I crept to the door just to see who was near.

Standing out in the cold and the dark of the night,
A lone figure stood his face weary and tight.
A soldier, I puzzled, some twenty years old,
Perhaps a Marine, huddled here in the cold.
Alone in the dark, he looked up and smiled,
Standing watch over me, and my wife and my child.

"What are you doing?" I asked without fear,
"Come in this moment, it's freezing out here!
Put down your pack; brush the snow from your sleeve,
You should be at home on a cold Christmas Eve!"
For barely a moment I saw his eyes shift,
Away from the cold and the snow blown in drifts,

To the window that danced with a warm fire's light.
Then he sighed and he said "Its really all right,
I'm out here by choice. I'm here every night."
"It's my duty to stand at the front of the line,
That separates you from the darkest of times.

No one had to ask or beg or implore,
I'm proud to stand here like my fathers before.
My Gramps died at Pearl on a day in December."
Then he sighed, "That's a Christmas Gram always remembers."
"My dad stood his watch in the jungles of ' Nam ',
And now it is my turn and so, here I am.

I've not seen my own son in more than a while,
But my wife sends me pictures; he's sure got her smile."
Then he bent and he carefully pulled from his bag,
The red, white, and blue... an American flag.

"I can live through the cold and the being alone,
Away from my family, my house and my home

I can stand at my post through the rain and the sleet,
I can sleep in a foxhole with little to eat.
I can carry the weight of killing another,
Or lay down my life for my sister or brother,
Who stand at the front against any and all
To ensure for all time that this flag will not fall."

"So go back inside," he said, "Harbor no fright,
Your family is waiting and I'll be all right."
"But isn't there something I can do, at the least?
Give you money," I asked, "Or prepare you a feast?
It seems all too little for all that you've done,
for being away from your wife and your son."

Then his eye welled a tear that held no regret,
"Just tell us you love us, and never forget
To fight for our rights back at home while we're gone,
To stand your own watch, no matter how long
For when we come home, either standing or dead,
To know you remember we fought and we bled
Is payment enough, and with that we will trust,
that we mattered to you as you mattered to us."

Changes to Reserve Educational Assistance Program (REAP)

Colleagues and Fellow Veterans,

Happy holidays, we hope you are enjoying time with family and friends.

We would like to provide a brief heads up that affects members of the Reserve. On November 25, 2015, the National Defense Authorization Act (NDAA) of 2016 sunset the [Reserve Educational Assistance Program \(REAP\)](#) ... please hit the link for more information on REAP. The REAP program was originally created to provide benefits to members of the

Reserve components who were called or ordered to active service by the President or Congress in response to a war or declared national emergency.

REAP served to bridge the education benefit gap between those eligible for the Montgomery GI Bill-Selected Reserve and those serving in the Reserve component who were called to active duty but were not eligible for the Montgomery GI Bill-Selected Reserve. Long story short ... the Post-9/11 GI Bill in many ways has replaced REAP because it has also closed this gap by providing eligibility for certain Reserve and National Guard members called to active duty.

The change affects beneficiaries differently:

- **Current REAP beneficiaries** - if you were attending an educational institution during the semester, quarter, or term that immediately preceded Nov. 25, 2015, you *may* continue to receive REAP benefits.
- **REAP beneficiaries not attending school** - Beneficiaries who applied for REAP but were not attending an institution during the semester, quarter, or term that immediately preceded Nov. 25, 2015, are not eligible to receive REAP benefits.
- **New REAP applicants** - if VA received your initial REAP application after Nov. 24, 2015, you are no longer eligible for REAP benefits.

VA understands this change may have an impact on students who expect to return to school for the spring 2016 semester. In most cases, students will be eligible for Post-9/11 GI Bill benefits. We are actively working to identify Veterans who have previously applied for VA benefits and are affected by this change to notify them of this change and their potential eligibility for other VA educational assistance programs.

We will be sending out more information over the course of the next several weeks but wanted to try and get some initial information out as this may affect some who were planning on attending school next month. Should anyone need immediate information, please call VA at 1-888-GIBILL-1 (7 a.m. to 7 p.m. CST, Monday through Friday) to speak with an Education Call Center Agent for questions about benefits or eligibility for education assistance programs

Please feel free to forward this note to any Reservists who you believe may be using their REAP or affected by this change.

Thank you for your help, we remain committed to helping our Veteran community to be informed consumers of their well-earned benefits.

V/R

Curtis L. Coy
Deputy Under Secretary for Economic Opportunity
Veterans Benefits Administration
U.S. Department of Veterans Affairs

Are You Eligible for Vet Center Programs?

Currently there are 300 Vet Centers across the nation. As a guideline for eligibility, if a veteran was on active duty in a theater of combat against a hostile force, no matter the era, or served in imminent danger-pay areas (which may include service support areas outside the zone of direct conflict) after Nov. 11, 1998, the veteran, their family and partner are eligible for Vet Center services. There is no requirement for a veteran, Servicemember or their family members to register with VA or the Department of Defense in order receive support at a Vet Center. Read about one Vet Center on [VA's Vantage Point Blog](#) and find your local Vet Center at the Vet Center National Directory link on the [Vet Center Program webpage](#).

Hearings on Consolidating Non-VA Care Programs

The U.S. Senate Committee on Veterans' Affairs recently held a hearing on consolidating non-VA care programs. Recently, VA introduced a proposal to streamline all of the legacy systems for non-VA care and to consolidate them into a single program, as they were directed to do by law when Congress authorized the ability to move funds from the Choice Program to cover shortfalls in the other non-VA care accounts. Also, VA's plan calls for cultivating a provider network to

serve veterans utilizing federal health-care providers, academic affiliates and community providers. Testimonies and a video of the hearing are available on the U.S. Senate Committee on the [Veterans' Affairs website](#).

Follow Veterans-For-Change on Twitter



<https://twitter.com/Veterans4Change>



Are you seeking employment? Been looking forever and not found the right job?

Well Veterans-For-Change is working very hard to bring you more information on Job Fairs and Job Postings available across the country.

Click on the link below, and find all the jobs available, Job Fairs coming up, locations, details, etc.

<http://veterans-for-change.org/documents-library/category/167-job-fairs-job-postings>

If you have a job position open, and are willing to hire a Veteran, please send an E-Mail to: JIM.DAVIS@VETERANS-FOR-CHANGE.ORG there is never any fee involved, this is a 100% free service in order to help thousands of Veterans nationwide to gain full time employment.

To be updated by 8pm PST 12/25/15

Travel With TRICARE

Here are several tips about your TRICARE benefits if you travel this holiday season: (1) be sure to download and keep the [contact wallet card](#); (2) in an emergency, go to the nearest emergency room; (3) stateside, you can contact the [TRICARE Nurse Advice Line](#) at 1-800-TRICARE (874-2273), Option 1, for medical advice in non-emergency situations; (4) for dental care, if you are enrolled in the TRICARE Dental Program and traveling stateside, call Metlife for a participating dentist at 1-855-638-8371. Overseas beneficiaries can call 1-855-638-8372; (5) if you are enrolled in the TRICARE Retiree Dental Program and traveling stateside find a dentist by calling Delta Dental at 1-888-838-8737; (6) if you are overseas call the AT&T USADirect Access Number +866-721- 8737 to find a dentist; (7) for advice on filling your prescriptions while traveling, call the TRICARE Pharmacy contractor, Express Scripts, Inc. for advice at: 1-877-363-1303 (stateside) or 1-866-275-4732 (overseas, where toll-free service is available).

Links to other Stories

- 1) ['He's not alone anymore': 1,200 perfect strangers attend funeral of unknown Army Veteran](#)
- 2) [10 Statistics You Didn't Know About Veteran Homelessness](#)
- 3) [Contra Costa County urges landlords to help homeless Veterans find housing](#)
- 4) [Decrease your holiday food stress](#)
- 5) [Finding What Matters Most](#)
- 6) [Homeless Veterans face challenges beyond the rent check](#)
- 7) [Homeless Veterans Surviving Rape and Indifference](#)
- 8) ['I no longer trust them to fix me when I'm broken'](#)
- 9) [Not a lot of Christmas cheer going around VA hospitals](#)
- 10) [Researchers evaluate true effects of hearing loss for Soldiers](#)
- 11) [Some military discharges mean no benefits after service ends](#)
- 12) [Squatters Move Into Veteran's Home While He Is In VA Hospital, Police Say They Can't Help](#)
- 13) [The Cost of VA Malpractice](#)
- 14) [The Voices of Whole Health](#)
- 15) [VA Pays Paltry \\$215k In Beating Death Of Elderly Veteran](#)
- 16) [VA to expand coverage for contaminated Lejeune drinking water](#)
- 17) [VA to provide robotic legs to paralyzed Vets](#)
- 18) [Veteran who killed himself during traffic stop suffered from PTSD](#)
- 19) [Veterans Affairs Hires Surgeons Accused Of Incompetence](#)

You can help Veterans-For-Change by reading the articles posted, and comment at the bottom and rank the article. If you don't have an account, sign-up today, it's **FREE**. Your comments and rankings help us to better determine the type of information you'd like most to see.

Check us out today: www.veterans-for-change.org

To Contact your Members of Congress

To Call your Representative:	202-225-2305
To call your Senator:	202-224-3841 or 202-224-3553
To call different members of Congress:	202-224-3121
Toll FREE Number:	866-272-6622

TRICARE Update: State of Emergency in NW

The governor of Washington has declared a State of Emergency due to flooding. Emergency prescription refill procedures are in place through January 9, 2016. To get an emergency refill, take your prescription bottle to any TRICARE retail network pharmacy. To find a network pharmacy: call Express Scripts at 1-877-363-1303 or search the [network pharmacy locator](#). If possible, visit the pharmacy where the prescription was filled. If you use a retail chain, you can fill your prescription at another store in that chain. If your provider is available, he or she may call in a new prescription to any network pharmacy. You can request assistance at another pharmacy, but it's at that pharmacy's discretion to help you.

Fiscal Year 2016 Appropriations

Congress and the President acted on the funding needs of the entire federal budget before adjournment for the Holiday. The national legislative staff wanted to provide you a synopsis of the funding levels approved for veterans benefits and health care in the omnibus act.

On December 18, Congress passed and the President signed into law H.R. 2029, the Consolidated Appropriations Act of 2016. This legislation provides the FY 2016 funding for the Department of Veterans Affairs (VA), and includes advance appropriations for FY 2017 for most VA health care and mandatory spending programs.

The bill includes almost \$163 billion in total discretionary and mandatory funding for VA for fiscal year 2016. This includes \$91 billion in mandatory funding and \$71 billion in discretionary funding.

Advance Appropriations: The bill includes \$63 billion (\$3 billion less than recommended by the Independent Budget (IB)) in fiscal year 2017 advance funding for VA medical care and \$103 billion in fiscal year 2017 advance funding for VA's mandatory programs for compensation and pension.

Medical Programs for FY 2016: The Veterans Health Administration, including its research programs, is funded at \$62 billion (\$2 billion less than recommended by the IB), \$1 billion more than the Administration's requested level and \$5 billion more than fiscal year 2015.

Medical Care Highlights:

- Hepatitis C Treatments. - \$1.5 billion for new Hepatitis C treatments.
- Women Veterans.-\$5 billion in total health care for women veterans who use the VA health system. This includes \$446 million for gender-specific health care.
- Caregivers.-for the family caregivers program, \$605 million (\$50 million more than requested by the Administration).
- Vet Centers.-\$258 million to fund readjustment counseling.
- Homeless Programs.- \$1.4 billion.
- Mental Health.-\$7.5 billion, including \$381 million for Post-Traumatic Stress Disorder, \$612 million for substance abuse treatment and \$144 million for suicide prevention outreach.
- Rural Health.-\$270 million for programs of the Office of Rural Health.
- Iraq and Afghanistan War Veterans.-The bill includes funding of \$4.9 billion to treat almost 845,000 Iraq and Afghanistan war veterans.
- Traumatic Brain Injury.-\$232 million in care for veterans suffering traumatic brain injury or other polytraumatic injuries.
- Long-Term Care.-\$7.5 billion for institutional and non-institutional long-term services.
- Medical and Prosthetic Research.-The bill includes almost \$631 million, \$42 million more than fiscal year 2015 and \$9 million more than requested by the Administration.

Other:

Claims Processing: The bill includes \$2.7 billion (\$89 million less than recommended by the IB) for claims processing, \$173 million more than last year's level of \$2.53 billion and \$10 million more than the request.

Construction: Major Construction, \$1.24 billion (\$686 million less than recommended by the IB) for major construction projects; for minor construction, \$406 million (\$169 million less than recommended by the IB).

Grants for the Construction of State Veterans Homes: \$120 million (\$80 million less than recommended by the IB).

Information Technology (IT): The bill provides \$4.1 billion (\$158 million more than recommended by the IB) to modernize and sustain VA's information technology systems.

In some respects (especially when compared to the IB), this appropriation is lacking in terms of known and projected needs. However, the overall rate of increase in funding for veterans' programs is welcome.

Our entire DAV family sends good wishes to you and yours for a safe and happy Holiday Season and we look forward to continuing our advocacy with your assistance in 2016.

Click the link below to log in and send your message:

<https://www.votervoice.net/BroadcastLinks/rKTT3mD6s2ybl07mX5DnTw>

~ We Proudly Support Our Military Personnel & Families ~

If you received this Newsletter as a forward or as a Courtesy Copy and would like to continue to receive this FREE weekly newsletter, click on link below:

<https://app.expressemailmarketing.com/survey.aspx?sfid=121170>

Complete all information, and select the appropriate box at the bottom of the form. You will then receive an automated authentication E-Mail, follow the instructions and you will then be added to the weekly distribution list.

Our mailing list is never sold, traded or shared with anyone ever, and is held in the strictest of confidence.

New Members Appointed to VA Advisory Committee on Minority Veterans

WASHINGTON – The Department of Veterans Affairs (VA) has announced the appointment of four new members to the Advisory Committee on Minority Veterans. The committee was chartered on November 2, 1994, and advises the Secretary of Veterans Affairs on the needs of the nation’s 4.7 million minority Veterans on compensation, health care, rehabilitation, outreach and other benefits and programs administered by the VA. The committee assesses the needs of Veterans who are minority group members and recommends program improvements designed to meet their needs. The committee members are appointed to two or three-year terms. Minority Veterans comprise nearly 21 percent of the total Veteran population in the United States and its territories.

The new committee members are:

Melissa Castillo: Navy Veteran of San Antonio, Texas. Served as the Assistant Regional Director for San Antonio Region, Veterans County Service Officer Association of Texas; Assistant Women Veterans Coordinator; Advisor to the US Army Survivor Outreach Services Program; and Advisor to the Alamo Community College District Veterans Affairs Committee. Currently serves as the Assistant Veterans Service Officer at the Bexar County Veterans Service Office in San Antonio, Texas, and is an accredited Veterans Service Officer.

Benno Cleveland: Army Veteran of Fairbanks, Alaska. Served two tours in Dong Tam, Vietnam where he earned a Purple Heart. He also served as Senior Vice Commander and Department Commander of the Military Order of the Purple Heart. In recognition of his distinguished military service, the Alaska Federation of Natives bestowed him with their “Veteran of the Year” honors in 2014 at their Annual Convention in Anchorage. Mr. Cleveland also founded the Alaska Native Veterans Association and is currently serving as President.

Ginger Miller: Navy Veteran of Accokeek, Maryland, and former homeless disabled Veteran. Ms. Miller became Founder and CEO of two nonprofit organizations that serve Veterans and their families: John 14:2, Inc. and Women Veterans Interactive. She served as Chairwoman of the Prince George’s County Veterans Commission; Commissioner, Maryland Commission for Women; member of the Maryland Veterans Resilience Advisory Council; and a member of the Maryland Caregivers Support Coordinating Council. She is currently a member of Disabled American Veterans.

Xiomara Sosa: Army Veteran of Summerville, South Carolina. Ms. Sosa is the Founder and Principal of XAS Consulting, LLC, an integrative mental healthcare and holistic wellness consulting firm. She served on the Women Veteran Social Justice board of directors; Military Partners and Families Veteran Initiative; the Semper Fidelis Health and Wellness Advisory Board; and a current member of the Women in Military Service for America Memorial Foundation, Inc.

The new members join current members:

Marvin Trujillo, Jr., Committee Chairman, Marine Corps Veteran

Many-Bears Grinder, Col. (USA-Ret)

Patricia Jackson-Kelley, Lt. Col. (USA-Ret)

Librado Rivas, Command Sgt. Maj. (USA-Ret)

Teresita Smith, Sgt. First Class (USA-Ret)

Rebecca Stone, Staff Sgt. (USA-Ret)

Cornell Wilson, Jr., Maj. Gen. (USMC-Ret)

Anthony Woods, Army Veteran



Veterans-For-Change Newsletter is a once weekly publication deadline for submission is 5:00 PM PST on Thursday!



I believe in America because we have great dreams - and because we have the opportunity to make those dreams come true.

~Wendell L. Wilkie~

Veterans-For-Change, Inc.

Riverside County, CA

Visit our website today
www.veterans-for-change.org

Serving those who served!

Please pass to all your Veteran friends and family!

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