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BetterYou's revolutionary daily oral vitamin spray could boost vitamin D levels in children with epilepsy

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A revolutionary daily oral vitamin spray by health pioneers BetterYou can boost vitamin D levels in deficient children, particularly common in those with epilepsy.

This was highlighted by Epilepsy Research UK as part of a study which showed that vitamin D deficiency is common among children treated for epilepsy.

Research published in the *Annals of Paediatric Endocrinology & Metabolism*, evaluated the vitamin D status in a group of 198 children with epilepsy who were taking antiepileptic drugs. Sixty-two per cent were shown to have a vitamin D deficiency, with the problem more prevalent during the winter and spring months, and in those aged over 12 years.

BetterYou who are at the forefront of research into vitamin D levels and whose range of popular oil based vitamin D oral spray are recommended by the NHS, are keen to educate about the importance of maintaining your vitamin D levels. They aim to inform how much of this vital vitamin you should be taking, as dosage levels are still poorly understood.

BetterYou's DLuxJunior daily vitamin D oral spray is suitable for children from 5 years of age and provides 400IU of vitamin D (the recommended daily intake by the Department of Health) with each daily spray. It has a great natural peppermint flavour which is great for kids and is a fast, convenient and effective way to top up your child's vitamin D.

Vitamin D promotes the development and maintenance of bones and teeth, supports a healthy immune system and aids muscle development.

Our modern indoor lifestyles, processed foods and the overuse of sun creams in the Northern Hemisphere are resulting in a dramatic rise in vitamin D deficiency, which can cause fatigue, aches and pains, and frequent infections.

Andrew Thomas, founder and managing director at BetterYou, said:

The results of this research are shocking, with vitamin D deficiency becoming commonplace amongst our children.

By your child taking just one spray a day of our DLuxJunior oral spray, you can ensure your child's vitamin D levels can be effectively managed.

Multiple clinical trials have found that oral vitamin sprays elevate serum vitamin D levels on average 50% faster than traditional tablets and capsules.

Researchers at Cardiff University, when testing BetterYou's DLux vitamin D oral sprays, found that absorption within the mouth was far superior to the more traditional digestive route of tablets and capsules.

In addition, trials by both the National Technical University of Athens and the Swiss Research Centre Pharmabase found that vitamin D absorption via an oral spray was at least 50% faster and more effective than traditional tablets and capsules.

BetterYou has joined forces with Sandwell and West Birmingham NHS Trust to provide a simple, affordable and accurate home testing kit for everyone to take control of their own vitamin D requirements. Testing is carried out by City Assays, who use liquid chromatography mass spectrometry to measure the Vitamin D in the blood. A clear interpretation of the vitamin D level is then sent to the customer.

Customers are offered supplementation advice, along with a complimentary DLux daily vitamin D oral spray to help raise levels to adequate amounts.

Source:

<http://www.betteryou.com/>

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Company Background

BetterYou Ltd is an innovative natural health company specializing in the supplementation of the growing number of key nutrients lost through our dramatically changing diet and lifestyle. Their products stand alone in the market place by their unique levels of quality and effectiveness.

BetterYou believe in putting food first, then, using their product range they can plug the 'gaps' that are inevitably left. Their products utilise the fastest and most reliable delivery mechanisms available including transdermal magnesium therapy and sublingual vitamin delivery.