



Veterans-For-Change Newsletter

A Voice of the Veterans

Week Ending Sunday, February 25, 2018

Volume 9, Issue 08



This-N-That

Well, it seems that the VA continues marching on to their own band of thieves and it's "business as usual" for them when it comes to thousands, even millions of dollars being stolen from the VA and Veterans!

Edith Nourse Rogers Memorial Veterans Hospital, in Bedford, MA is no different when it comes to theft, but in this case it was a "family affair!"

Two employees, and get this, a father/daughter team both working for the VA in the same VA facility teamed up to milk the VA of \$950,000.00 and get this, \$200,000.00 was for "snow removal" and the remaining balance of \$750,000.00 was for equipment and landscaping. But wait, it gets even better.

Dad and daughter decided to "outsource" the need for equipment and landscaping to dad's son and daughter's brother's company.

And a whistle blower who is a tool and parts attendant kept reporting for nearly two years that none of the equipment showed up and none of the landscaping work was being done. And wait for it, it does get even better.

Dad resigned, but daughter got to keep her job only taking a step down in pay grade from a GS-12 to a GS-11 and no one is being prosecuted, and from all appearances no one is even going after any of this money.

So it would seem the VA is sending out a very

loud and very clear message, come work for us, take our money, and have no fear, nothing will happen to you, and oh yeah you get to keep your job!

First, I'd like to know what moron signed off on these expenses being this high, and how on earth could they even begin to justify landscaping at this astronomical rate of \$750,000.00?

Then we have Phillip Hill who was attempting to sell confidential data on Veterans and their family members and Veterans Affairs employees for \$10,000 to an informant working with law enforcement agencies.

When it comes to working for the VA, why are background checks not being taken seriously? When it comes to handling expenses and personal data why are those not being held to a higher standard and maybe even put through an even more rigorous background check before being hired?

To me, there is no job in the VA that is so

critical with the exception of licensed medical professionals that would need to be filled that quickly they can't perform such checks to make sure they not only are getting quality, but trustworthy people!

And even when it comes to medical professionals why is the VA still hiring Doctors who hold no license or have had it suspended or revoked, or for that matter being allowed to perform medical procedures and have no certification in that particular field?

Although President Trump is requesting \$12 billion dollars for the VA, what good does that do when it's still business as usual, allowing the foxes in the hen houses, claims, appeals, and hearings are all still being seriously delayed only to receive a denial?

We're still looking to hear from as many Veterans as possible regarding being seen in VA hospitals, the delays between appointment time and waiting time. Are the doctors and nurse practitioners doing their job, are the

listening to you, ordering what ever tests are needed or prescribing the necessary medications needed?

No matter the issue, we still want to hear from you and will make certain that all personal information is redacted and no one will know who you are.

We're not the VA, but we do handle many medical and military records and we're very proud of our IT guy and some of the hackers we have met in testing our servers to make sure we're 100% secure or as secure as is humanly possible.

In fact we use several fire walls, DoD level encryption and I can't swear to it, but I think we're the only organization who uses dual level bio-metrics security and over the past eleven years we've never been hacked or any data stolen.

And by the end of June this year we will be fully digitized and the only paper files will be forms we use. All incoming documents will be

immediately scanned, logged, cataloged by Veteran, and all paper documents will either be returned or on written permission from the Veteran, spouse or family member be cross cut shredded, and shredding will be burned.

Security here at Veterans-For-Change is the absolute highest priority we have.

On behalf of our Volunteers nationwide and myself, we wish you and your family good health!

Respectfully,

Jim Davis

Founder

Jim.Davis@Veterans-For-Change.org



**TRICARE Transition Challenges in the
West Region**

We are aware of the customer service issues our patients are experiencing in the West Region. Learn more about how we are fixing these issues, including waiving our usual authorization process through March 18.

Read the full article [here](#).



Everything You Need to Know About Trump's 2019 Budget Request

President Donald Trump has released his budget request for fiscal 2019, marking the first step in a months-long process in which lawmakers from both chambers of Congress debate and ultimately decide on its funding levels and policy provisions. For a complete rundown of the major military budget changes proposed for next year, see this [article](#).



MESSAGE FROM THE SECRETARY

This week there have been some unfortunate distractions from our core mission of serving Veterans. For that I take responsibility and recognize that this could have been handled better; I owe you an apology for that. Going forward, it is most important that we all remain focused on the great work that you are doing and our efforts to do even better in the future. As you may have heard, Vivieca Wright Simpson has decided to retire after several decades of service in service to Veterans. I am grateful that Peter O'Rourke has agreed to serve as the Chief of Staff.

I truly believe in you and in VA and I remain grateful for your commitment to serving our heroes. I am honored to serve alongside you in this important work.

David J. Shulkin, M.D.
Secretary of the VA



Veterans-For-Change Web Site

The Veterans-For-Change website has been under construction since day one back in 2009 and every day since then. The looks pretty much stay the same, but in the background constant improvement and change is being done to make our website the most user friendly “**One-Stop-Shop**” website to find almost everything you might have tried to find searching the internet.

Almost a hundred people have been involved; collecting web links to documents now houses on the VFC website, collecting thousands of web links for various issues, illnesses and benefits. Creating forums for all eras of service and two forums one just for men and one just for woman where you can go question, comment, share medical and personal concerns, what ever you'd like it to be.

We also have a forum with a licensed Mental Health Worker, again where you can seek help

or just ask questions.

We average 2,100 hits per day, and downloads average 1,200 per day with a total **3,909,723** visitors as of Friday.

If you subscribe you will have full access to the entire website and best of all it's FREE of charge! You just need a valid E-mail address so the system can send you a confirmation E-Mail. Once received, click on the link to be authorized automatically.

www.veterans-for-change.org

- Documents Library with over 16,387 documents on-line (Updated: 02/20/18)
- FAQ's with more than 1,600 FAQ's and answers
- Multiple Forums
 - o Afghanistan Veterans
 - o FMP - Foreign Medial Program
 - o Gulf War & Desert Storm Veterans
 - o Iraq Veterans
 - o Korean Veterans

- o Men Veterans Forum
- o Mental Health for Veterans (Counselor Needed)
- o Political Issues
- o Suggestion Box
- o The Mess Hall
- o VA Hospitals and Medical Centers
- o Veteran Affairs
- o Vietnam Veterans
- o Welcome Mat
- o Women Veterans Forum
- o WW II Veterans
- Job Postings
- Memorial Pages (Updated: 01/11/18)
- News (Articles On-Line: 7,145)
- Polls
- Web Links, more than 3,625, Added 6 New Links (Updated: 02/19/18)

If you have a submission for the memorial pages, E-Mail: Jim.Davis@veterans-for-change.org



Court Determines Military Burn Pits Caused Lung Disease in Troops

The thousands of U.S. military personnel and private contractors whose health was compromised by the dense black smoke of burn pits — and who have been denied proper treatment — may finally be vindicated by a recent court ruling. A judge under the U.S. Department of Labor's Office for Workers' Compensation Programs decreed last month that open-air burn pits — where thousands of chemicals were released into the air after trash and other waste were incinerated at American military bases in Iraq and Afghanistan — are connected to lung disease. For more details, see this [article](#).





How to Dress for Work and Interviews

Unless your job requires you to wear a uniform, choosing clothing for work can be difficult. Of course there are industry standards, such as the navy blue suit for accountants and bankers. What do you wear, however, if you work in an industry where there really isn't a typical style of dress? Complicating the matter further are companies that allow more casual attire. How do you keep from crossing over the line from casual to sloppy? What about the job interview? You want to look your professional best, but you also want to appear as if you "fit in". Here are some pointers:

- First and foremost, no matter what you wear, your clothes should be neat and clean.
- Keep your shoes in good condition.
- Your hair should be neatly styled.
- For women: makeup should be subtle.
- Nails should be clean and neat and of reasonable length.
- Dress for the job you want. If you aspire to be a manager, dress like managers in your company .

People love the idea of not having to wear a suit to work, they are often confused by the casual dress policies some employers have instituted over the last few years. Here are some simple rules:

- Casual doesn't mean sloppy. Your clothing should still be neat and clean.
- You can't go wrong with khakis and a sport shirt or a nice sweater.
- If you are going to a meeting or making a presentation, professional attire may be in order.

When you go on a job interview you want to

give the impression that you fit in. One way of doing this is to dress like employees of the company. If you can, "case the joint" prior to showing up for an interview. By this I mean, hang out in the parking lot or in front of the building when employees are arriving for or leaving work in order to observe what they are wearing. If you see people dressed in casual attire, remember to take it up a notch. An interview requires more formal dress. While you may not have to wear a suit and tie, you should wear dress pants and a blazer or sport jacket.

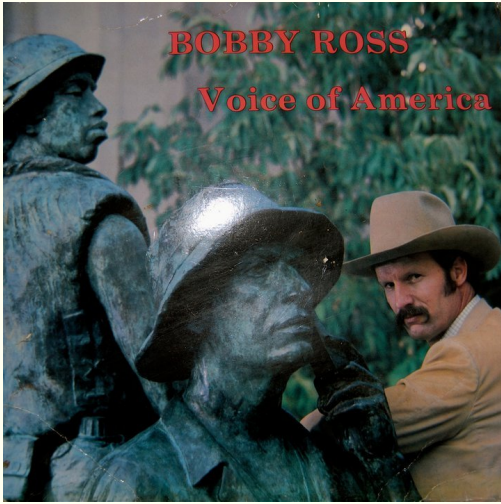
STOP! Don't throw away those business outfits you no longer want. If you have decided to revamp your wardrobe, donate them. If you have clothing to donate, you should contact one of the programs listed on the internet.

Doris Appelbaum/CEO

Appelbaum's Resume Professionals, Inc.



LT Bobby Ross

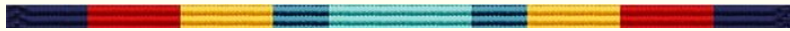


February's Featured
Song

JACK

LT Bobby Ross

PATRIOTIC MUSIC



**Army Warns About Social Media
Scams**

The U.S. Army Criminal Investigation Command's (CID) Computer Crime Investigative Unit (CCIU) is once again warning Soldiers and the Army community to be on the lookout for 'social media scams' where cybercriminals impersonate servicemembers by using actual and fictitious information. Frequently, CID receives notifications from individuals stating they were scammed online by someone claiming to be a Soldier, but in reality it was an online Scammer who has used an unsuspected Soldier's name and available social media photos to commit a crime. For information about computer security, other computer-related scams and to review previous cyber-crime alert notices and cyber-crime prevention flyers, visit the [Army CID website](#).





Tom Hanks Wants Veterans to Audition for His Next War Movie

Tom Hanks is looking for extras to play Navy crewmen in his upcoming World War II naval flick, *Greyhound*, specifically those with a military background. The upcoming film is based on *The Good Shepherd*, a fiction novel by C.S. Forester, and follows a Navy destroyer during the grueling Battle of the Atlantic — one of the [longest campaigns](#) of the war. For more details, see this [Under the Radar post](#).



**CONTACT YOUR
MEMBERS OF CONGRESS!**

To Call your Representative:

202-225-2305

To Call your Senators:

202-224-3841 or 202-224-3553

To call Different Members of Congress:

202-224-3121

TOLL FREE: 866-272-6622

PLEASE... STOP Making Excuses!

www.veterans-for-change.org



Email Safety Reminder

As a general reminder to all Veterans-For-Change Newsletter Members. Before opening any email attachments, verify the senders email address. Confirm that the email address and the senders name match. If you do not recognize the sender, do not open the attachment or click the link.

For your review we suggest the following Consumer FTC.GOV URL's

Identity Theft Protection Services:

<https://www.consumer.ftc.gov/articles/0235-identity-theft-protection-services>

Stopping Unsolicited Mail, Phone Calls, and Email:

<https://www.consumer.ftc.gov/articles/0262-stopping-unsolicited-mail-phone-calls-and-email>

FRA Affinity Partner Mercer offers Identify Theft Protection Plan:

<https://www.myprivacyarmor.com/?customerid=FRA>



Urgent Message from TRICARE West

Due to recent changes to TRICARE that went into effect Jan. 1, members in the TRICARE West region who utilize TRICARE for their health insurance must update their insurance premium payment method with the new insurance provider, or face dis-enrollment. Health Net Federal Services replaced United Healthcare as the insurance provider for TRICARE West On Jan. 1, 2018. To update your insurance premium payment method, contact HNFS at 844-866-9378, or visit the [TRICARE West website](#).



VA Secretary's Chief of Staff Embroided in Another Cover-Up Scandal

One of the high-ranking Veteran Administration (VA) officials who misled the agency's secretary about the prosecution of an elderly Army vet made false claims and altered an official record in a separate case. Her name is [Vivieca Wright](#) and she is the chief of staff to VA Secretary [David J. Shulkin](#). Last week Judicial Watch [obtained records](#) showing that Wright and others in Shulkin's inner circle lied to him about a federal case in which an Army

veteran was criminally prosecuted for displaying the American Flag at a southern California VA facility. Judicial Watch helped represent the 75-year-old vet, Robert Rosebrock, who faced up to six months in jail for the ghastly offense of affixing Old Glory at a site honoring those who served their country. He was also charged with taking unauthorized photographs of both the Flag and VA police.

Wright helped spread falsehoods to her boss about the Rosebrock prosecution after he ordered her to check the accuracy of a national [news report](#) about the federal case. Shulkin was opposed to pressing charges against Rosebrock and wanted to issue a press release announcing it. More than a month before Rosebrock's trial, the VA Secretary's staff downplayed the seriousness of the charges by erroneously stating in official agency emails that the vet made the choice to go to court rather than pay a fine and that he faced no jail time. In fact, Wright forwarded an email to her boss from the director of the West L.A. VA, [Ann Brown](#), falsely stating: "Forgot to

add—he is facing a \$25 fine with NO jail time.”

Days after Judicial Watch published this, the Department of Veterans Affairs Office of Inspector General (OIG) released a [report](#) stating that Shulkin’s chief of staff lied and altered official agency emails in another case. The VA watchdog was tipped off by a whistleblower outraged over waste involving an overseas trip that misspent taxpayer dollars and misused department resources. During the European jaunt, a high-level VA employee was delegated to “personal travel concierge,” OIG investigators found, and the agency paid thousands of dollars for Shulkin’s wife, a dermatologist named Merle Bari with a private practice in Pennsylvania, to join him on the trip to Copenhagen and London last July. The ten-day trek included 11 people and cost the VA north of \$122,000, according to the OIG probe, which found “serious derelictions concerning the trip...” The VA delegation visited Kensington Palace and Westminster Abbey and strolled through the gardens of Buckingham Palace. Details are included in

more than a dozen trip books printed at a cost of \$100 each, the report reveals.

The VA secretary and his entourage were officially attending the Ministerial Summit on Veterans' Affairs in London, a questionable powwow for senior officials from the U.S., the United Kingdom, Canada, Australia and New Zealand to "discuss topical issues related to veterans." After accepting the invitation, Shulkin ordered his staff to book a side trip to Copenhagen, Denmark. Prior to the summer trip, Wright contacted the VA ethics office to find out if her boss's wife would qualify as an official U.S. government traveler so taxpayers could pick up her expenses. Unless she was on official business or Shulkin was receiving an award, the wife didn't qualify and would have to pay her own way, Wright was told. The chief of staff did what any corrupt government employee would do—lie and falsify a document. She made up a bogus award that Shulkin would supposedly receive from the U.S. ambassador to Denmark and told the ethics office that the wife's travel had been

“approved by the White House.” Shulkin never received any awards or recognitions, the OIG report confirms. The “VA’s chief of staff made false representations to a VA ethics official and altered an official record, resulting in VA improperly paying for Dr. Bari’s air travel,” the report states.

Of interesting note is that less than two weeks before the European trip, Shulkin issued a stern memo to all VA staff announcing restrictions on nonessential travel. The memo, titled Essential Employee Travel, said agency managers had to approve all employee travel by determining whether it is essential in order to decrease “employee travel and generate savings” within the VA. Evidently, the new measures don’t apply to him or his wife. Investigators say they found no evidence that Shulkin was aware of his chief of staff’s “false representations or alteration of official records.” Because Wright’s actions may have violated criminal statutes, the OIG referred the matter to the Department of Justice (DOJ) for criminal prosecution, but the agency decided to let it

slide. This is typical of the dysfunctional manner in which government operates.



Ormond Beach Villas Affordable Housing for Veterans Groundbreaking in Oxnard

WHO: The California Department of Veterans Affairs (CalVet), California Housing and Community Development (HCD), California Housing Finance Agency (CalHFA), and Many Mansions.

WHAT: Groundbreaking for the Ormond Beach Villas

WHEN: Wednesday, February 21, 2018 at 11 a.m.

WHERE: 5527-5567 Saviers Rd. (near Hueneme Rd.) Oxnard, CA 93033

EVENT: Celebrate Ventura County's first Veterans Housing and Homelessness Prevention Program permanent affordable & supportive housing community for veterans as we break ground on Ormond Beach Villas in Oxnard.

BACKGROUND: This project will include one-, two- and three-bedroom units geared toward veterans with low-incomes and their families, veterans with disabilities, and veterans experiencing homelessness. The development, which is funded partially by the VHHP program, will consist of five three-story buildings, totaling 40 units, sitting on 1.81 acres.





Never forget our fallen!



VA and Treasury Team Up to Fight Fraud

The U.S. Department of Veterans Affairs (VA) has announced that it has formed a partnership with the U.S. Department of Treasury to develop new and innovative tools to combat fraud, waste and abuse. VA's related projects will concentrate on the following: identifying where and how VA can learn from industry leaders and bridge gaps in payment processes; creating a comprehensive methodology for identifying fraud risks across VA programs; and building data models to identify potential fraud in one of VA's most used Community Care programs. The next step will be for Treasury to produce a government-wide framework to assist other federal agencies in addressing fraud, waste and abuse.



Veteran Crisis Resources

Veterans Crisis Line 1-800-273-8255 and Press 1

Military Crisis Line 1-800-273-TALK (8255)

National Call Center for Homeless Veterans

1-877-4AID-VET (424.3838)

VA Caregiver Support Line 1-855-260-3274



Water Prevents Heart Attacks

A cardiologist determined that heart attacks can be triggered by dehydration.

Good Thing To Know. From The Mayo Clinic. How many folks do you know who say they don't want to drink anything before going to bed because they'll have to get up during the night?

Heart Attack and Water - Drinking one glass of water before going to bed avoids stroke or heart attack. Interesting.....

Something else I didn't know ... I asked my

Doctor why people need to urinate so much at night time.

Answer from my Cardiac Doctor: Gravity holds water in the lower part of your body when you are upright (legs swell). When you lie down and the lower body (legs and etc.) seeks level with the kidneys, it is then that the kidneys remove the water because it is easier. I knew you need your minimum water to help flush the toxins out of your body, but this was news to me.

Correct time to drink water... Very Important.
From A Cardiac Specialist!

Drinking water at a certain time maximizes its effectiveness on the body:

2 glasses of water after waking up - helps activate internal organs

1 glass of water 30 minutes before a meal - helps digestion

1 glass of water before taking a bath - helps

lower blood pressure

1 glass of water before going to bed - avoids stroke or heart attack

I can also add to this... My Physician told me that water at bed time will also help prevent night time leg cramps. Your leg muscles are seeking hydration when they cramp and wake you up with a Charlie Horse.

Mayo Clinic on Aspirin -Dr. Virend Somers is a Cardiologist from the Mayo Clinic who is the lead author of the report in the July 29, 2008 issue of the Journal of the American College of Cardiology.

Most heart attacks occur in the day, generally between 6 A.M. and noon. Having one during the night, When the heart should be most at rest, means that something unusual happened. Somers and his colleagues have been working for a decade to show that sleep apnea is to blame.

1. If you take an aspirin or a baby aspirin once

a day, take it at night.

The Reason: Aspirin has a 24-hour "half-life"; therefore, if most heart attacks happen in the wee hours of the morning, the Aspirin would be strongest in your system.

1. Aspirin lasts a really long time in your medicine chest; for years. (when it gets old, it smells like vinegar).

Something that we can do to help ourselves - nice to know. Bayer is making crystal aspirin to dissolve instantly on the tongue. They work much faster than the tablets.

Why keep Aspirin by your bedside?

It's about Heart Attacks -There are other symptoms of a heart attack, besides the pain on the left arm. One must also be aware of an intense pain on the chin, as well as nausea and lots of sweating; however, these symptoms may also occur less frequently.

Note: There may be NO pain in the chest

during a heart attack.

The majority of people (about 60%) who had a heart attack during their sleep did not wake up. However, if it occurs, the chest pain may wake you up from your deep sleep. If that happens, immediately dissolve two aspirins in your mouth and swallow them with a bit of water.

Afterwards: - Call 911. - Phone a neighbor or a family member who lives very close by. Say "heart attack!" - Say that you have taken 2 Aspirins. - Take a seat on a chair or sofa near the front door, and wait for their arrival andDO NOT LIE DOWN!

A Cardiologist has stated that if each person after receiving this e-mail, sends it to 10 people, probably one life could be saved! I have already shared this information. What about you? Do forward this message. It may save lives!



President Seeks Increase in 2019 VA Budget

In the fiscal year (FY) 2019 budget, President Trump is proposing a total of \$198.6 billion for the U.S. Department of Veterans Affairs (VA). This request is an increase of \$12.1 billion over 2018. The FY 2019 budget medical care request is \$76.5 billion, including collections. Suicide prevention is VA's highest clinical priority. The request of \$8.6 billion for mental health services is \$468 million (5.8 percent) above 2018. The FY 2019 budget also requests \$1.2 billion to continue implementation of a single, accurate, lifetime Electronic Health Record (EHR). For a copy of the current budget submission FY 2019, visit the VA Office of Budget [website](#), and for more details, see this [article](#).



Links to Other Stories

- 1) [Court determines military burn pits caused lung disease in service members](#)

- 2) Diabetes Mellitus Type II due to Agent Orange Exposure
- 3) For Women's History Month, VA to Showcase Stories of 10 Women Veteran Athletes
- 4) Former Arkansas VA employee accused of trying to sell Veterans' personal data
- 5) Honoring those who served this National Salute to Veteran Patients week
- 6) Mental Incompetency Proceedings
- 7) New Blood Culture ID System Improves Care for Vets
- 8) President Trump Seeks \$12B Increase in FY2019 VA Budget to Support Nation's Veterans
- 9) Probe: VA Hospital employees took \$200G to buy equipment for family business, ordered \$750G more
- 10) Report Faults V.A. Secretary Shulkin Over Travel to Europe
- 11) The real VA scandal: No will to help Veterans
- 12) VA Celebrates African-American Veterans throughout February
- 13) VA employee caught putting \$950,000 into

family's pocket, keeps job SOFREP Original
Content

14) VA Partners With DeepMind to Build
Machine Learning Tools to Identify Health
Risks for Veterans

15) VA Secretary David Shulkin misused
government resources, agency watchdog
report says

16) VA statement on departure of VA Chief of
Staff

17) VA statement on new chief of staff

18) VA study shows that rocking chairs can
help Veterans overcome addiction

19) VA, Department of Treasury Advance in
Partnership to Strengthen Prevention of Fraud,
Waste and Abuse

20) Veterans group asks the VA to remove
Abraham Lincoln's quote as their motto
because it excludes women in service

21) Veterans groups rally around VA secretary
amid rumors of looming dismissal

22) Veterans, smiles and a dog named Honor

23) Why You Should NEVER File a Request
for Reconsideration

You can help VFC by reading articles posted and commenting at the bottom and rate the articles. If you don't have an account, sign up today, it's FREE. Your comments and rankings tell us what type of information you want most.

Check us out today: www.veterans-for-change.org



Pentagon's New Deploy-or-Out Policy Could Separate Up to 286K

The Pentagon's new "deploy-or-out" policy could result in the separation from military service of possibly 286,000 personnel who are currently deemed medically unfit for overseas duty. "This new policy is a 12-month deploy or be removed policy," Robert Wilkie, the undersecretary of defense for Personnel and Readiness, told the Senate Armed Services Subcommittee on Personnel Wednesday. For more details, see this [article](#).





Are you at risk for heart disease?

Ask your doctor or nurse the following questions:

1. What is my risk for heart disease?
2. What is my blood pressure?
3. What are my cholesterol numbers? (These include total cholesterol, LDL, HDL, and triglycerides.)
4. What are my body mass index (BMI) and waist measurement? Do they mean that I may need to lose weight for my health?
5. What is my blood sugar level, and does it mean that I'm at risk for diabetes?
6. What other screening tests do I need to help protect my heart?
7. What can help me quit smoking?
8. How much physical activity do I need to help

protect my heart?

9. What's a heart-healthy eating plan for me?

10. How can I tell if I'm having a heart attack?

If I think I'm having one, what should I do?

If you are told you are at increased risk or already have a heart problem, be sure to ask what you can do to stay healthy. Learn more about heart health on our [website](#).

(Courtesy: Doc Hill)



Monitoring Commissary Patrons' Savings In An Era Of Reforms

When asked about the current level of savings for commissary shoppers in an era of sweeping reforms, the interim director of Defense Commissary Agency (DeCA), retired Navy Rear Adm. Robert Bianchi, referred to results of a price comparison survey conducted in 2016 and released in late January last year. It showed average savings at commissaries “globally” were 23.7 percent compared to prices at commercial grocery stores. More specifically, patron savings averaged 20.2 percent at stateside commissaries and 44.2 percent overseas. For more details, see this [article](#).



U.S. Government Accountability
Office Reports

- 1) Actions Needed to Improve the Effectiveness and Oversight of Continuing Disability Reviews
- 2) Army National Guard Has Implemented Internal Controls for Soldier Incentives but Needs to Better Plan to Maintain the Integrity of Those Controls
- 3) Evaluations Yielded Limited Results, Underscoring Need for Changes to Federal Policies and Procedures
- 4) Federal Agencies Could Improve Dissemination of Resources to Colleges



**“We Proudly Support our
Military Personnel & Families”**



**How President's Food Stamp Cuts
Would Impact Military Families**

A federal funding proposal issued by the White House this week would cut the amount of food aid given to most recipients, including many military families, and replace it with a subscription-style box of delivered foods. The proposal, announced Monday, would slash the food stamp program, known as the Supplemental Nutrition Assistance Program (SNAP), by \$17 billion in 2019. For more details, see this [article](#).



U.S. FOOD & DRUG
ADMINISTRATION

- 1) Allergy Alert Issued by Sunneen Health Foods for Undeclared Pecan in Vegan Buffalo Chicken Bites
- 2) Clarithromycin (Biaxin): Drug Safety Communication - Potential Increased Risk of Heart Problems or Death in Patients With Heart Disease
- 3) Market of Choice Issues Allergy Alert on Undeclared Egg in Sezam Kale Salad
- 4) Seggiano USA, Inc. Issues Allergy Alert on Undeclared Tree Nuts
- 5) Snyder's Lance Announces Voluntary Recall of a Limited Amount of 6.5 oz Emerald® Glazed Walnuts Due to Potential Presence of Undeclared Peanuts, Almonds, Cashews and Pecans





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and Family!**



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