



Veterans-For-Change Newsletter

A Voice of the Veterans

Week Ending Sunday, October 06, 2019

Volume 10, Issue 40



This-N-That

In this weeks newsletter you will find it a great deal shorter than it has been in probably over a year.

I had been posting all the legislation that needs your help by sending out the pre-written E-Mails, and my reason was if I keep it in your face and on your mind, everyone would take the appropriate action on them.

I did receive an E-Mail from one of our Veterans asking me to shorten the newsletter, and truly it was getting out of hand and we'd gone from 8-10 pages to well over 40 pages, so just know I did listen, and I've moved all legislative action items over to our Website, and down further in this newsletter are all the titles with the page link embedded into them (showing in blue) and you can click on each one and still take action which we truly hope those of you who have been will continue to do so, and those who haven't we hope you too will jump on the bandwagon and help!

There are a few short pieces in this weeks newsletter regarding suicides both active duty and Veterans. And even if I were to believe any of their numbers from 2018 and 2019 it still greatly saddens me that even one life is lost.

I truly don't care what the reasons or excuses are, no one either DoD or VA is doing their job at all or we'd not be seeing these number which I still to this day believe are still on the rise, not decline as the VA would have us believe.

Here's a real shocker (being a smart ass), the VA

Misses Deadline on Expanding Caregiver Program, Sets New Target. Had they truly care, had serious intentions of ever fulfilling this expansion, it would have been done BEFORE the deadline! There is just no acceptable excuse in the world for this to have happened!

As many of you are aware, we've been actively seeking out a new hosting service who also could act as our webmaster to maintain the system as well as periodically add new modules, change layouts, etc. and sadly we've failed at this point to find that type of service and one who doesn't want to charge a fortune, let alone force us into a new software format which is highly costly not to mention time consuming and would force us into spending countless hours to restore all of the data, documents, web links, etc.

I've not yet come to a final decision, but I felt I owed it to each and everyone of our Veterans, family members and friends to let you know I am contemplating shutting down everything at the end of the year unless we can find the service we can live with.

This decision is not being taken lightly, and is still in thought process mode, and after serving the Veteran community for nearly fourteen years now the thought of closing it all down hurts me a great deal.

There is no other site or newsletter any where in the country like us, we strove to be unique, specialized and open to anyone and everyone who had a sincere interest in helping Veterans, provide documents that could help potentially thousands of other Veterans, links to other information and services and more.

As time goes on, I promise to keep you updated if/when a final decision is made and please know it has been my privilege and honor to be of service to all those who served our Country!

On behalf of our Volunteers nationwide and myself, we wish you and your family good health!

Respectfully,

Jim Davis

Founder

Jim.Davis@Veterans-For-Change.org



If you are a Vietnam Veteran

or know of one who has been diagnosed with a Glioblastoma brain tumor, please contact our Facebook page

“Vietnam Veterans with Glioblastoma Multiforme Grade IV Brain Cancer”

<http://www.facebook.com/groups/VietnamVeteransGlioblastoma>

We are a closed page for privacy & our members are working hard to convince the VA to add GBM to their presumptive list. We have had many members awarded service connection for this diagnosis.



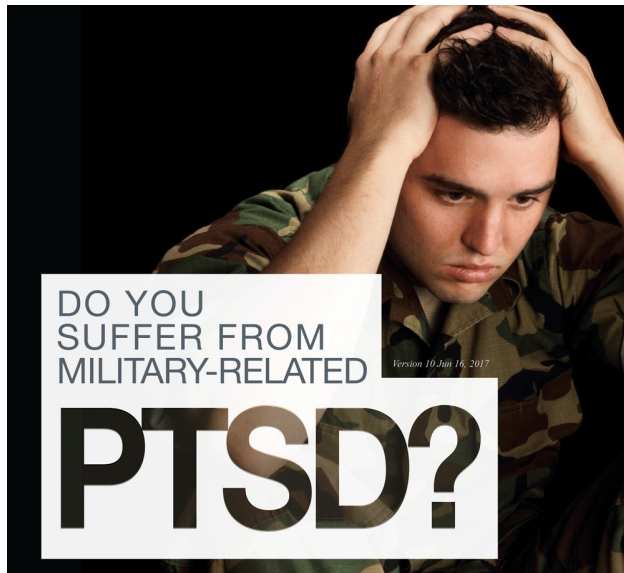
Compare 2020 FEDVIP Plans and Costs, Prepare for Open Season

You can now review 2020 Federal Employees Dental and Vision Insurance Program (FEDVIP) plans and rates. View them online using the FEDVIP plan comparison tool. The Federal Benefits Open Season begins on Nov. 11 and ends on Dec. 9. Dental premiums will increase 5.6% on average over current rates. Vision premiums will increase 1.5% on average.

Read the full [article](#).

Sign up for TRICARE email updates [here](#).





**Veterans Crisis Line:
1-800-273-8255 & Press 1
Ntl Call Center for Homeless Vets
1-877-424-3838**



[Veterans-For-Change Web Site](#)

The Veterans-For-Change website has been around since 2009. The looks pretty much stay the same, but in the background constant improvement and change is being done to make our website the most user friendly “**One-Stop-Shop**” website to find almost everything you might have tried to find searching the internet.

Almost a hundred people have been involved; collecting web links to documents now houses on

the VFC website, collecting thousands of web links for various issues, illnesses and benefits. Creating forums for all eras of service and two forums one just for men and one just for woman where you can go question, comment, share medical and personal concerns, what ever you'd like it to be.

We also have a forum with for Mental Health and are currently seeking a new Licensed Mental Health Worker, where you can seek help or just ask questions.

We average **3,371** hits per day, and downloads average **3,907** per day with a total **5,453,575** visitors as of Friday.

If you subscribe you will have full access to the entire website and best of all it's **FREE** of charge! You just need a valid E-mail address so the system can send you a confirmation E-Mail. Once received, click on the link to be authorized automatically.

www.Veterans-for-change.org

- Documents Library with over **17,905** documents in 149+ Libraries, added 37 documents on-line (Updated: 09/19/19)
- FAQ's on-line with **1,790** FAQ's on 101 topics! (Updated 08/29/19 - 128 NEW)
- Multiple Forums
 - o Afghanistan Veterans
 - o FMP - Foreign Medial Program
 - o Gulf War & Desert Storm Veterans
 - o Iraq Veterans
 - o Korean Veterans
 - o Men Veterans Forum
 - o Mental Health for Veterans (Counselor Needed)
 - o Political Issues
 - o Suggestion Box
 - o The Mess Hall
 - o VA Hospitals and Medical Centers
 - o Veteran Affairs
 - o Vietnam Veterans
 - o Welcome Mat
 - o Women Veterans Forum
 - o WW II Veterans
- Job Postings
- Memorial Pages (Updated: 10/30/18) (37 Added)
- News (Articles On-Line: **9,041**)
- Polls

- Web Links, more than **5,202**, Added 103 New Links (Updated: 09/16/19)

If you have a submission for the memorial pages,
E-Mail: Jim.Davis@Veterans-for-change.org



Below are links to all currently active E-Mails to many pieces of legislation. We ask that you go to each one, and send the ore-written E-Mails, and

to also call your Reps or Senators and ask for their support on a weekly basis!

You don't need to be Active Duty or a Veteran, in fact we ask all Veteran friends to also help!

1. [Ask Senators to Support House NDAA Provisions](#)
2. [Allow Active Duty to Sue Military for Medical Malpractice \(H.R. 2422\)](#)
3. [H.R. 1527, the Long-Term Care Veterans Choice Act](#)
4. [Action Alert: Tell Congress to End the Widow's Tax Now!](#)
5. [H.R. 303, the Retired Pay Restoration Act](#)
6. [H.R. 2359, the Whole Veteran Act](#)
7. [S. 514, the Deborah Sampson Act to Improve VA Services for Women Veterans](#)
8. [H.R. 445, Help Hire Our Heroes Act](#)
9. [S. 2022, Specially Adaptive Housing Improvement Act of 2019](#)
10. [H.R. 96, to Provide Dental Care for All Veterans Enrolled in Veterans Health Care](#)
11. [S. 555 and H.R. 1377, Mark Takai Atomic Veterans Healthcare Parity Act](#)
12. [H.R. 840, the Veterans' Access to Child Care](#)

Act

13. S. 179/H.R. 712, Legislation Calling for Clinical Trials to Evaluate the Effectiveness of Medical Cannabis for Chronic Pain and PTSD
14. S. 980, the Homeless Veterans Prevention Act of 2019
15. H.R. 2201, Include Military Installations in Thailand as exposed to Agent Orange
16. H.R. 444, Reduce Unemployment for Veterans of All Ages Act of 2019
17. S. 2216, Transparency and Effective Accountability Measures for Veteran Caregivers Act
18. H.R. 2200, the Keeping Our Promises Act
19. H.R. 553, Military Surviving Spouses Equity Act
20. Senate Bill Introduced to Protect Active Duty from Medical Malpractice
21. H.R. 1182, Veterans' Access to Acupuncture Services
22. Support SBP/DIC Offset Repeal (S. 622/H.R. 553)!
23. S. 374/H.R. 1092, the Servicemembers and Veterans Empowerment and Support Act of 2019
24. H.R. 2568, the Vietnam Veterans Liver Fluke Cancer Study Act

25. Urge Congress to Pass the Retired Pay Restoration Act
26. Protect Bankrupt Disabled Veterans from Losing Benefits
27. S. 318, the VA Newborn Emergency Treatment Act
28. S. 785, the Commander John Scott Hannon Veterans Mental Health Care Improvement Act
29. Blue Water Navy Veterans Need Your Help
30. H.R. 713, Provide Beneficiary Travel Funds to Veterans Seeking Specialized Treatment for Military Sexual Trauma
31. Urgent Action Needed to End "Widow's Tax"
32. S. 154, VA CLEAR Act of 2019
33. H.R. 663/S. 191, Burn Pits Accountability Act
34. S. 1392, the Support for Suicide Prevention Coordinators Act
35. S. 1881 and H.R. 3356, Veterans Expedited TSA Screening Safe Travel Act
36. H.R. 1963, Expanding Care for Veterans Act
37. NDAA and Spending Bills





Tricare Moves Toward Chiropractic Coverage

Chiropractic and acupuncture services could be covered by [Tricare](#) under a new policy set to be proposed in the next several months. Currently, Tricare does not cover any chiropractic or acupuncture services for military family members or retirees. The proposal will be issued in an official regulation change notice no later than early next year, according to a document distributed to military support organizations this week and obtained by Military.com. Read more [here](#).



~Follow us on MEWE~

Follow us on [MEWE](#)! The support staff at [MEWE](#) is responsive, open to suggestions and works very hard to protect your personal information.

We hope you will join us on this new site.

VETERANS-FOR-CHANGE

**HOMELESS HEROES PROGRAM OF
VETERANS-FOR-CHANGE**

AMVETS GROUP

VETERANS SOCIAL GROUP

**{USAVET} SUPPORTING GOD & ALL WHO
SERVED OUR GREAT NATION**

AMERICANS FOR SOVEREIGNTY



**Women's Health Tips From
TRICARE: Get Annual Exams,
Exercise, Eat Healthy**

October is Women's Health Month. It's never too early or too late to improve your health. You should always feel empowered to take command and ownership of your health. Before your next visit, make a list of questions to ask your provider that address any health concerns and issues you may have, even if you feel healthy. Prevention is the best medicine.

Read the full [article](#).

Sign up for TRICARE email updates [here](#).



Links to Other Stories

1. Ailing Navy Veteran tells Bernie Sanders at Nevada town hall: "I'm gonna kill myself"
2. After surgeon with past issues hired at Biloxi VA hospital, leaders investigated by OIG
3. Top conservative presses VA on allegations of retaliation against employees protecting whistleblowers
4. VA Suicide Prevention: You are not alone
5. The VA's suicide prevention strategy will fail
6. US Veterans and service members targeted by foreign entities online, report finds
7. US Army Green Beret killed in Afghanistan gun battle identified: 'He was a warrior'
8. 'Hero of Cologne' awarded Bronze Star for actions in WWII in surprise ceremony
9. 102-year-old WWII Woman Veteran Served in WAVES
10. VA puts regional director on leave after Veteran found covered in ants at assisted-living facility
11. A nurse at a VA medical center is accused of taking morphine meant for dying Veterans
12. Unveiling shows VA's simulation work to provide better Veteran care
13. Senior VA leaders disciplined after ant infestation at nursing home

14. Court orders VA to cover Veterans' emergency room debts
15. Anger as VA evicts lawmakers from medical center offices
16. Overseas trolls targeting Veterans on social media: Report

Check us out today: www.Veterans-for-change.org



VA Misses Deadline on Expanding Caregiver Program, Sets New Target

Severely injured veterans from World War II through Vietnam who need around-the-clock care from a family member or friend won't be able to apply for the VA's Family Caregiver Program until "summer of 2020," the Department of Veterans Affairs announced Wednesday. The new estimate for enrollment is based on the department's expectations for establishing a new information technology system to handle the expansion, as well as making other improvements, including hiring more staff, before adding beneficiaries. Read more [here](#).



DuPont Is Hiring Veterans

Search & Apply Now. [Purpose-Driven Careers.](#)



**CONTACT YOUR
MEMBERS OF CONGRESS!**

To Call your Representative:

202-225-2305

To Call your Senators:

202-224-3841 or 202-224-3553

To call Different Members of Congress:

202-224-3121

TOLL FREE: 866-272-6622

PLEASE... STOP Making Excuses!

www.veterans-for-change.org



VA Facilities Smoke-Free Starting Oct. 1

All Department of Veterans Affairs health care facilities will be completely smoke-free starting Oct. 1, with all forms of tobacco use, including e-cigarettes and vaping, banned from facility grounds. The policy change, first published by the Veterans Health Administration in early March, ends the use of designated smoking areas or shelters at VA hospitals. The change applies to everyone at VA facilities, including patients, visitors, volunteers, contractors, vendors and staff. Read more [here](#).



Exchanges to Pull E-cigarettes, Vape Products from Stores amid Health Concerns

The Army and Air Force Exchange Service is pulling electronic cigarettes and vape products from on-base store shelves amid safety concerns, officials said Sept. 24. The move, which takes effect Monday, follows a plan announced earlier this month by retail giant Walmart to stop selling the products amid concerns about links to severe lung disease. The Army Public Health Center [warned service members](#) Sept. 12 to avoid vape products after the Centers for Disease Control and Prevention said vaping may be linked to hundreds of cases of severe lung disease and at least six deaths in dozens of states. [Read more here.](#)



More Veterans See Improvements in VA Health Care, VFW Survey Finds

More veterans are giving a thumbs up to how they are treated when seeking Department of Veterans Affairs health care, according to the annual "Our Care" survey, released Sept. 27 by the Veterans of Foreign Wars. And it found that they are feeling positive so far about the new Mission Act, with its private-care options, which went into effect in June. The survey of nearly 7,000 VFW members showed 74% reported seeing improvements at their local VA, compared to 64% in 2018. And 91% said they would recommend VA care to other veterans, compared to 80% in 2018. Read more [here](#).



A Million Veterans Have Looked Into Private Care Since Mission Act Rollout

More than a million veterans have consulted with the Department of Veterans Affairs about going to a private doctor since the Mission Act rolled out three months ago, but there has been no immediate rush away from the VA health care system, officials said Sept. 25. "The bottom line is that the Mission Act is a success," said Dr. Richard Stone, head of the Veterans Health Administration. He added that the number of veterans enrolling in VA health care, or choosing to stay in the system, has actually increased since the Mission Act went into effect June 6. The new enrollments include veterans over the age of 65, when they become eligible for Medicare, he said at a hearing of the House Veterans Affairs Subcommittee on Health. Read more [here](#).



Alarming VA Report Totals Decade of Veteran Suicides

The Department of Veterans Affairs released an alarming report Sept. 20 showing that at least 60,000 veterans died by suicide between 2008 and 2017, with little sign that the crisis is abating despite suicide prevention being the VA's top priority. Although the total population of veterans declined by 18% during that span of years, more than 6,000 veterans died by suicide annually, according to the VA's 2019 National Veteran Suicide Prevention Annual Report. The report did not take into account the possible effects of VA's programs aimed at outreach and removing the stigma of seeking help for mental health. Overall, though, the data show the suicide rate is increasing. Read more [here](#).



Troops, Vets Increasingly Targeted by Russian 'Troll Factories,' Report Finds

The same Russian "troll factories" that sought to influence the 2016 elections have continued to target service members, veterans and their families online with "hateful and divisive messages," according to a two-year investigative report by Vietnam Veterans of America. "They're incredibly good at branding" and are seeking to "pit us against each other" in the military and veterans community, said Kristofer Goldsmith, VVA chief investigator and author of the 191-page report. Read more [here](#).



New Podcast - Listen to TRICARE Beneficiary Bulletin #521

Listen to the latest podcast to hear about:

- TRICARE and FEDVIP Vision Coverage
- Extended Care Health Option
- Beneficiary Web Enrollment

Visit the Multimedia Center for this podcast and previous podcasts [here](#).



Lawmakers Urge Approval of New Cash Allotment for Low-Income Military Families

A bipartisan group of lawmakers has sent a letter to the heads of the House and Senate committees in charge of passing annual defense legislation, urging them to put in place a proposal that would give extra cash to low-income military families. The proposal, which is included in the House version of the 2020 National Defense Authorization Act legislation, would extend to some troops a new monthly "basic needs" allotment aimed at decreasing the number of families who seek regular support from food pantries. Read more [here](#).



In a First, Pentagon Releases Data on Military Spouse and Child Suicides

In what was hailed as the Pentagon's first-ever report on military family suicides, the Defense Department said Thursday that 123 spouses and 63 children took their own lives in 2017. According to the inaugural [Department of Defense 2018 Annual Suicide Report](#), the 186 deaths included 122 among active-duty personnel families, 29 among Reserve families and 35 within National Guard families. Seventeen spouses were service members themselves. The report said the calculated suicide rate for family members, which allows for comparison with other populations, was significantly lower than the rate for the general U.S. population in 2017, 6.8 per 100,000 military family members, compared with 14.5 per 100,000 persons. Read more [here](#).



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Military Suicide Rates Hit Record High in 2018

The suicide rate for active-duty U.S. military members in 2018 was the highest on record since the Defense Department began tracking self-inflicted deaths in 2001. Officials said Sept. 26 that 2018's rate of 24.8 deaths per 100,000 service members is comparable to age and gender-adjusted civilian rates, but added that fact is "hardly comforting," given that "the numbers aren't moving in the right direction." A new DoD publication, the [2018 Annual Suicide Report](#), released Thursday, confirms that 325 active-duty personnel took their own lives last year, up from 285 in 2017 and 280 the previous year. Read more [here](#).





Your actions

could save a life.

Showing you care can make a big difference to someone in crisis.

VeteransCrisisLine.net



Military Suicide Increasing

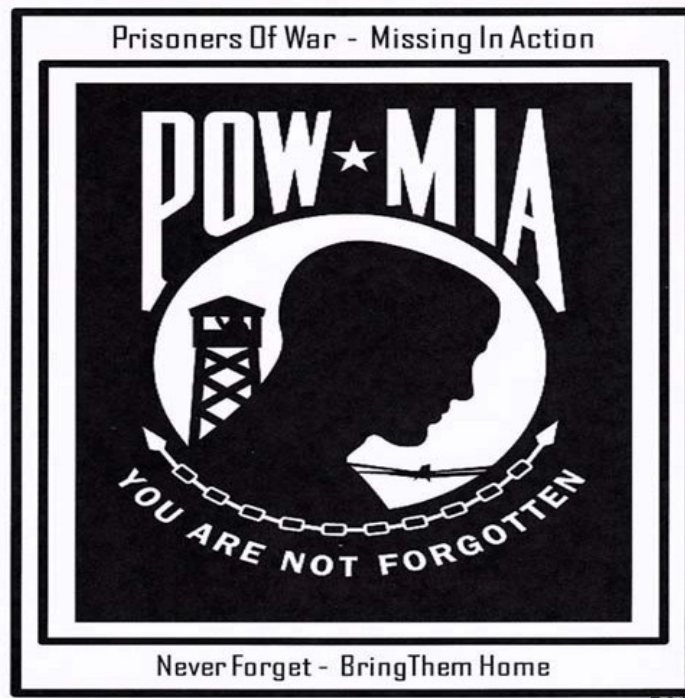
The Department of Defense (DoD) recently released its Annual Suicide Report that indicates that the number of active-duty military who have died by suicide has climbed an average of six percent each year over the past five years. The report, mandated by Congress, indicated that there were 676 active duty/reserves/National Guard suicides in 2018. There were 325 active duty suicides and 406 Reserve Component suicides (11 Navy Reserve and 19 Marine Corps Reserves) and 90 percent of the suicide deaths were enlisted, 90 percent of victims used their own personal gun, and most were males under age 30. The report also found that deployment does not increase the rate of suicide. The report

indicates that the Army National Guard had the highest rate (35.3 per 100,000 or 118 in 2018) and the Marine Corps had the second highest rate 31.4 per 100,000 with 58 suicides in 2018. The Navy in 2018 had 68 suicides (20.7 per 100,000). The Air Force had the lowest rate of suicide.

While the Pentagon has implemented a number of suicide prevention and awareness programs, suicide remains a troubling challenge for the military services. But it's not just the active-duty military community; veterans and the general public also are affected.

Data released by the Department of Veterans Affairs found that the suicide rate for veterans was 1.5 times greater than for the general population in the U.S., amounting to about 20 veterans a day. The rate for veterans aged 18 to 34 increased by more than 10 percent from 2015 to 2016, the most recent VA data available.





Proposed Changes to Eligibility Criteria for Burial at Arlington National Cemetery

Acting Secretary of the Army Ryan D. McCarthy has recently announced proposed changes to eligibility criteria for burial at Arlington National Cemetery (ANC) that will include military retirees for above-ground inurnment. The FY2019 National Defense Authorization Act directed the Secretary of the Army to establish revised eligibility criteria to keep the cemetery functioning as an active burial ground "well into the future" - defined as 150 years. The Army will now begin the federal

government's public rulemaking process, which includes soliciting public feedback to the proposed changes.

At the outset, the Army established critical imperatives of sacrifice, service and impact to guide this effort. "Arlington National Cemetery is a national shrine for all Americans, but especially those who have served our great nation," said McCarthy. "We must ensure it can honor those we have lost for many years to come."

In addition to directing ANC to preserve 1,000 gravesites for current and future Medal of Honor recipients, the Acting Secretary proposed revised eligibility criteria for those who honorably served our nation, as broadly outlined below:

For below-ground interment:

- Killed in Action, to include repatriated remains of service members;
- Recipients of the Silver Star and above who also served in combat;
- Recipients of the Purple Heart;
- Combat-related service deaths while conducting

uniquely military activities;

- Former Prisoners of War;
- Presidents and Vice Presidents of the United States; and
- Veterans with combat service who also served out of uniform as a government official and made significant contributions to the nation's security at the highest levels of public service.

For above-ground interment:

- World War II-era veterans, to include legislated active duty designees;
- Retirees from the armed forces who are eligible to receive retired pay but are not otherwise eligible for interment;
- Veterans who have served a minimum of two years on active duty and who have served in combat; and
- Veterans without combat service who also served out of uniform as a government official and made significant contributions to the nation's security at the highest levels of public service.

Eventual implementation of revised eligibility at ANC will not affect scheduled services.

Additionally, the proposed revisions at ANC will not affect veterans' burial benefits or veteran eligibility at the Department of Veterans Affairs national cemeteries and state veterans' cemeteries.

The next step to implement the proposed rule is notice and public comment rulemaking in accordance with the Administrative Procedures Act. The ANC expects the clearance process to take a minimum of nine months to make public in the Federal Register for citizens to comment.



Office of Inspector General

1. **Veterans Affairs: Additional Actions Needed to Increase Veterans' Burial Access**
2. **VA Health Care: Additional Training Could Improve Organ Transplant Referral and Evaluation Processes**
3. **Indian Health Service: Facilities Reported Expanding Services Following Increases in Health Insurance Coverage and Collections**





American Heroes Network - A Veteran Podcast

Mission: Serving the brave men and women who have sacrificed to ensure our freedom

American Heroes Network airs a weekly podcast with true stories of our US Military American Heroes. You'll hear firsthand, personal accounts of heroes whose selfless actions have contributed to the traditions and values that represent the soul of America. You'll also hear from stellar organizations that provide a wide range of resources for our Veterans and Military Families.

American Heroes Network was founded in January of 2013 and run by veterans, active military, and volunteers. Because of their hard work, commitment and professionalism they now have

listeners in all fifty states and in more than 98 countries around the world.

By providing a unique blend of information and advocacy American Heroes Network has created a National Veteran's Resource Directory that is making a difference through their weekly podcasts and resource page. All episodes are available at americanheroesnetwork.com as well as on Podbean, iTunes, Google Play, Spotify, Stitcher, and TuneIn for easy access any time, any where, and on any mobile device. For more information or questions about AHN please email their Resources and Special Projects Coordinator at michaelddavis@mddastudio.com. Please be sure to put AHN in the subject line when you do.

Best Regards,
Michael



1. [Rong Shing Trading Ny Inc. Issues Allergy Alert](#)

on Undeclared Milk in Ganchi Naiweitangpian Candies

2. FDA Updates and Press Announcements on NDMA in Zantac (ranitidine)

3. B. Braun Medical Inc. Issues Voluntary Nationwide Recall of one lot of one catalog item number of an Infusomat® Space Volumetric Infusion Pump Administration Set, Due to Potential Leakage

4. Collect Products Inc. and Oglethorpe Ltd. Issue Voluntary Worldwide Recall of Collect Unflavored Powder & Essentials Factor Cell Synergy Unflavored Powder, Lot #041907 Due to Potential Unsafe Levels of Arsenic and Lead

5. Consider Bardwell Farm Recalls Dorset, Slyboro, and Experience Because of Possible Health Risk

6. Mavidon Issues Voluntary Worldwide Recall of LemonPrep® Tubes and Single Use Cups

7. URGENT/11 Cybersecurity Vulnerabilities in a Widely-Used Third-Party Software Component May Introduce Risks During Use of Certain Medical Devices: FDA Safety Communication

8. FDA informs patients, providers and manufacturers about potential cybersecurity vulnerabilities for connected medical devices and

health care networks that use certain communication software

9. Dorset Cheese Voluntarily Recalled by North Atlantic and Northeast Whole Foods Market Stores Due to Possible Health Risk
10. In Association with ADM Milling Co, King Arthur Flour, Inc. Expands Recall of Unbleached All-Purpose Flour (5 Lb & 25 Lb)
11. Mical Seafood Inc Recalls Tuna Products for Possible Scombroid Poisoning
12. Coborn's, Inc. Issues Recall of Select Chicken Salad Products Due to Possible Listeria Contamination
13. Coborn's recalls 10 deli chicken salad products; listeria contamination possible
14. E.A. Sween Announces Product Recalls Due to Possible Listeria Contamination
15. Lipari Foods Issues Recall of Bulk Chicken Salads and Chicken Salad Sandwiches Due to Potential Contamination of Listeria Monocytogenes
16. Super World Trading Inc. Issues Allergy Alert on Undeclared Sulfites in Dried Date





If you received this newsletter as a courtesy or a forward from a friend or relative, you can sign up to receive in your E-mail every week.



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Veterans-For-Change, Inc.

Riverside County, CA

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www.Veterans-For-Change.org

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**Please pass on to all your Veteran Friends
and Family!**



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Jim.Davis@Veterans-for-change.org

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