



# **Veterans-For-Change Newsletter**

*A Voice of the Veterans*

Week Ending Sunday, March 06, 2022

Volume 13, Issue 10



## **This-N-That**

Good evening Jim,

The House passed The Pact Act which is good news for a change! We still need all the exposures bills to pass as well, and not any form of a watered-down bill.

When I post news pieces on all the media outlets I'm connected with, occasionally I do get comments that ask even more questions which is not uncommon. And most recently was regarding Tricare.

I know there are different Tricare plans most do have a cost involved, as well as co-pays, etc. but since I've never seen an actual Tricare policy except for mom's which was a carryover from Dad and is Tricare Prime.

But some of the Veterans I reach out to on my business platform I'm connected with have asked about catastrophic coverage. And is a very serious concern even to me as a bystander.

What I would recommend doing if you have any questions at all regarding your Tricare coverage is to contact the number(s) you were provided and talk to a Tricare Rep to get a full definition of coverage.

In dad's case he was retired from the Marine Corps, and retired from civilian work as well, and although we should never have seen the bill when dad passed, we were accidentally sent one and I was floored to see a \$280,000.00 hospital bill.

I know, but not in percentages or precise amounts that Social Security paid for some, Medicare paid for more, and Tricare paid the balance.

But I also know not all Tricare coverage plans are the same, like any medical or healthcare coverage policy. So, I do strongly advise everyone to call and check in with your rep what is and is not covered, or percentages etc., I would never want to see anyone surprised by a bill we saw for dad and know you'd be stuck paying the full tab or even a large portion of the tab.

I am still playing catch-up on E-Mails which I still owe replies to, please know I am not ignoring you.

If you have not registered for an account on our website, please do so, it will give you access to thousands more documents a non-subscriber doesn't see.

If you've not visited our website, [www.veterans-for-change.org](http://www.veterans-for-change.org) or not visited in a while, please be sure to check often for updates on documents, web links, etc., we are a bit slow, but are moving as fast as we can, yet not over-loading to put more work on our Webmaster when we get to the transition into the new look.

On behalf of our Volunteers nationwide and myself, we wish you and your family good health!

Respectfully,

Jim Davis

Founder

[Jim.Davis@Veterans-For-Change.org](mailto:Jim.Davis@Veterans-For-Change.org)



## **Army Veteran with Multiple Sclerosis teaches kids archery**

Veteran Scott Cleland does not let his Multiple Sclerosis keep him from teaching archery to students. "Say yes to good opportunities."

[Read More](#)



**#Live Whole Health #112: Gratitude practice**

Gratitude is the glue that holds us together in family, work and community. Here's how gratitude practice can bring gratitude into your life.

[Read More](#)



## **New heart failure treatment improves Veteran quality of life**

Veteran Michael Clayton is the first VA patient in the country to receive a new heart failure treatment called cardiac contractility modulation therapy.

"My energy level has improved and I can think so much more clearly," he said.

[Read More](#)



## **Honoring our PACT Act Passes House**

Thanks to your continued support and advocacy efforts, the House passed The Pact Act. This bill passed the day after VFW National Commander Matthew “Fritz” Mihelcic spoke at a press conference and testified before a joint hearing of the House and Senate Committees on Veterans’ Affairs. Our National Legislative Committee members also brought this issue to their representatives as part of the VFW March Legislative Conference this week. The VFW now calls on the Senate to pass comprehensive toxic exposure legislation.



## **Military Veterans Advocacy**



Military Veterans Advocacy is offering some free memberships for those who are struggling to get their claims through, are having financial difficulties. Annual dues are \$25.00 per year. Our organization includes special sections, Blue Water Navy, Veterans of Southeast Asia, Central Pacific Islands, Veterans of Panama Canal Zone, and Okinawa. We have gift members available which can be paid by your fellow brother or sister Veterans. Gift members are kept confidential. Click [HERE](#) and help a Veteran.

You may contact Robin Barr at [robin.barr@mvadvocacy.org](mailto:robin.barr@mvadvocacy.org)



**New program aims to improve care for Native American Veterans**

As efforts to expand VA's outreach to Native American Veterans get underway, careers in rural facilities offer abundant opportunities.

[Read More](#)



## **Yogurt is good for your heart, VA study finds**

Flavored or Greek, yogurt of all kinds might hold answers to better heart health, according to a study on nearly 200K Veterans.

[Read More](#)



## **You Asked, Benefits.gov Answers: Temporary Assistance for Needy Families (TANF) FAQs**

On Benefits.gov, our goal is to make it easier for citizens to find the help they need and connect them to valuable government assistance programs and resources. Here are a few common questions about Temporary Assistance for Needy Families (TANF) answered for you!

[Read More](#)



## Teeth Grinding: You Won't Believe How Harmful It Really Is

Chronic, involuntary teeth grinding – technically called bruxism – can lead to all sorts of health problems.

[Read More](#)



**Your actions**  
could save a life.

Showing you care can make a big difference to someone in crisis.

VeteransCrisisLine.net



**Veterans  
Crisis Line**  
1-800-273-8255 PRESS 1

The advertisement features two men, one in a light blue shirt and glasses, and another in a dark sweater, with the latter's arm around the former's shoulder. The text is in blue and black, with the logo featuring a blue star and red dots.

## TRICARE Formulary Search Tool and Your Pharmacy Benefit

Make sure your prescription is covered by using the [TRICARE Formulary Search Tool](#) on the Express Scripts website before you go to the pharmacy.

The search tool can help you determine:

- Whether a prescription is generic, brand-name, a non-formulary drug, or a non-covered drug
- Where a prescription can be filled (home delivery, local network pharmacy or military pharmacy) and any applicable copayments
- Coverage details and limitations, such as prior authorization or medical necessity forms
- Information about the drug
- Other medication options

Depending on your TRICARE plan, sponsor status, and the type of medication prescribed, the search tool can help you manage your prescriptions.

You can learn more about your pharmacy benefit and how the search tool can help on our web site.

[Read More](#)



**Veteranswers**



My name is Jack Bosma and I would like to welcome you to our events(s).

<https://www.crowdcast.io/e/veteranswers>

Simply save my spot and follow. Our Crowdcasts are designed to promote our personal and professional content. Many of our participants will also have the added opportunity of participating as a content creator, for the first time and learning a new skill. We welcome military veterans globally.



Helping veterans by helping veterans!

<https://www.facebook.com/Veteranswers-331983490234727>



## **Celebrate International Women's Day with I am Not Invisible 3.0 panel**

In honor of International Women's Day, VA's Center for Women Veterans (CWV) collaborated with the Library of Congress Veterans History Project (VHP) for the "I Am Not Invisible 3.0" panel discussion and oral history donation.

[Read More](#)



## **Bystander Intervention training keeps VA safe and strong**

VA has a zero-tolerance policy toward harassment and sexual assault. The Bystander Intervention course is an important tool toward that goal.

[Read More](#)



## **Learn the Difference Between SNAP and WIC Programs**

The Supplemental Nutrition Assistance Program (SNAP) and the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) are federally funded health and nutrition programs. SNAP and WIC help low-income families and their children.

[Read More](#)



## **Tobacco and Your Oral Health**

There's a great deal of scientific information that proves using tobacco products is seriously harmful to your health. Nicotine products can increase your risks for cancer of the throat, lungs, and stomach. Also, tobacco products can negatively impact your oral health in several ways.

[Read More](#)



## Know the Warning Signs **It Matters.**

**Sometimes, a crisis may involve thoughts of suicide. Learn to recognize these warning signs:**

- Hopelessness, feeling like there's no way out
- Anxiety, agitation, sleeplessness, or mood swings
- Feeling like there is no reason to live
- Rage or anger
- Engaging in risky activities without thinking
- Increasing alcohol or drug abuse
- Withdrawing from family and friends

**The presence of the following signs requires immediate attention:**

- Thinking about hurting or killing themselves
- Looking for ways to kill themselves
- Talking about death, dying or suicide
- Self-destructive behavior such as drug abuse

..... Confidential chat at [VeteransCrisisLine.net](https://www.VeteransCrisisLine.net) or text to **838255** .....



## **Why I get my health care at VA: Navy Veteran Kenneth**

Homeless, Kenneth came to VA for help. His journey of recovery began with a VA residential treatment program for drug and alcohol abuse.

[Read More](#)



## **Call for Submission: 2022 Veterans Day Poster Contest**

VA and the Veterans Day National Committee are currently accepting submissions for the 2022 Veterans Day poster contest.

[Read More](#)



## **Military Medical Awards Spotlight Excellence Across the MHS**

AMSUS, the Society of Federal Health Professionals, along with the Military Health System announced a slate of awards to recognize outstanding achievement among the top health care providers and facilities that serve the military community.

[Read More](#)



## **'Tactical Napping' and Other Tips to Sleep Well on Deployment**

Getting enough sleep is always essential for optimal performance and functioning. But service members know that a full night's sleep is not always an option.

[Read More](#)



## **Bertha Harrison Dupre and Elizabeth Barker Johnson: Sisters in arms**

This is the story of Bertha Harrison Dupre and Elizabeth Barker Johnson, sisters in arms for the "Six Triple Eight."

[Read More](#)



## **VA nurse saves lives: "The greatest feeling in the world."**

A VA nurse asked a Veteran about his frequent emergency room visits. What the nurse suggested saved the life of the Veteran and his wife.

[Read More](#)



## Near Patient Program Provides Support to TRICARE Families Overseas



When you're sick or injured, you want simple access to health care services no matter where you are. That's one of the reasons why International SOS

Government Services, Inc., the TRICARE Overseas Program contractor, introduced the Near Patient Program.

[Read More](#)



## National Nutrition Month: Celebrate a world of flavors

National Nutrition Month - This year we are celebrating nutrition and food from cultures and cuisines around the world.

[Read More](#)



## Suicide Prevention Resources for Military and Veterans

### **Military & Veterans Crisis Line**

1-800-273-8255, Press 1  
Text 838255, 24/7

### **Vets 4 Warriors** 855-838-8255

### **InTransition** 1-800-424-7877

### **Office of Warrior Care Policy**

warriorcare.dodlive.mil/

### **Military One Source** 1-800-342-9647

### **Tragedy Assistance Program for Survivors [TAPS]** 1-800-959-8277



## Near Patient Program Provides Support to TRICARE Families Overseas

When you're sick or injured, you want easy access to health care services no matter where you are. That's one of the reasons why International SOS

Government Services, Inc., the TRICARE Overseas Program contractor, introduced the Near Patient Program. The program helps beneficiaries based in certain overseas locations with their health care needs.



[Read More](#)



## **VA's autonoME gives patients with spinal cord injuries new life**

VHA IE advances thousands of environmental control units to provide spinal cord injury patients accessibility to communication tools.

[Read More](#)



## **House advances legislation to award historic WWII all-Black, female battalion the Congressional Gold**

Monday night the House of Representatives passed legislation to award the 6888th Central Postal Directory Battalion the Congressional Gold Medal, one of the highest civilian honors. There are less than ten known living members of the unit to receive the medal, but the honor will guarantee the story of their contributions to the World War II effort has a place in history.

[Read More](#)



## **Caring for Recruits' Injuries is Key to Success at Basic Training**



Today's recruit trainers and drill instructors take many precautions to avoid injuries that can leave new enlistees to languish for weeks in a rehabilitation unit or simply sent back home.

[Read More](#)



### **Battle Creek VA: No Marine is ever left alone**

Marine Corps Corporal Michael Neff was interred with full military honors surrounded by his brothers and sisters-in-arms and VA employees.

[Read More](#)



### **PTSD Bytes #4: Treatments for PTSD 1: Overview**

Dr. Abigail Angkaw, San Diego VA, talks about evidence-based treatment for PTSD that reduces symptoms, in the latest PTSD Bytes episode.

[Read More](#)



### **#Live Whole Health #112: Gratitude practice**

Think about all those grandmothers out there who are waiting for thank you cards and not sending more checks until they get them. Grandmothers know, and research supports, that something as natural as saying thank you can encourage more kindness. Gratitude is the glue that holds us together in family, work and community. Here's how to bring gratitude practice more fully into your life.

[Read More](#)



## **April Is Sexual Assault Awareness Month**

During SAAM and year-round, VA works to raise awareness of its resources for survivors of military sexual trauma (MST). VA believes in MST survivors, and we believe there are many paths to healing.

[Learn More](#)



## **Join "Protecting Children's Privacy in a Virtual World," on March 9**

VA Privacy Service hosts its third Speaker Series event of the year in recognition of Military Kids Day, April 15, 2022.

[Read More](#)



Jim, below are links to all currently active pre-written E-Mails to many pieces of legislation. We ask that you go to each one, and send the pre-written E-Mails, and to also call your Reps or Senators and ask for their support on a weekly basis!

Jim you don't need to be Active Duty or a Veteran, in fact we ask all Veteran friends to also help! (Updated 02/27/21)

Please note, we've added NO new items to the **TAKE ACTION** list.

- 1) [HR 1014 - Furnish Hyperbaric Oxygen Therapy \(HBOT\) to a Veteran who has a Traumatic Brain Injury \(TBI\) or Post-Traumatic Stress Disorder \(PTS\)](#)
- 2) [HR 109 will establish an advisory committee on the implementation by the DVA of an electronic health record](#)
- 3) [Concurrent Receipt Legislation Introduced](#)
- 4) [Expand Concurrent Receipt](#)
- 5) [H.R. 333, Disabled Veterans Tax Termination Act](#)
- 6) [H.R. 344, Support the Women Veterans TRUST Act](#)
- 7) [H.R. 914, the Dental Care for Veterans Act](#)
- 8) [Military Retiree Survivor Comfort Act](#)
- 9) [S. 134/H.R. 637, the Veterans Economic Recovery Act of 2021](#)
- 10) [S. 437, Take Action for Veterans Exposed to Burn Pits](#)

- 11) S. 89, Ensuring Survivors Benefits during COVID-19 Act of 2021
- 12) STOP TRICARE Fee Increases
- 13) Support Bills to Expand Coverage for ChampVA and TRICARE Young Adults
- 14) Veterans Economic Recovery Act Introduced
- 15) H.R. 855, the Veterans Expedited TSA Screening (VETS) Safe Travel Act
- 16) HR 1355 and S 454. These companion bills will provide health care and benefits to Veterans who were exposed to toxic substances while serving as members of the Armed Forces at Karshi Khanabad Air Base, Uzbekistan.
- 17) Support Repeal of TRICARE Select Enrollment Fee
- 18) HR 1585 & S 565- Provide for the treatment of Vets who participated in the cleanup of Enewetak Atoll as Radiation Exposed
- 19) Please Support S. 344, the Major Richard Star Act
- 20) Support the Military Retiree Survivor Comfort Act
- 21) S. 810 & H.R. 1972, the Fair Care for Vietnam Veterans Act of 2021
- 22) HR 109 Establish an Advisory Committee on Implementation by the DVA of an electronic health record
- 23) HR 2372 and S 952 will Provide for Presumption of Service Connection for certain diseases associated with exposure to toxins
- 24) Please Ask you Senator to support S.952 the Warfighters Act
- 25) Support Improving VA Homelessness Program
- 26) S. 976, Caring for Survivors Act of 2021
- 27) H.R. 303, the Retired Pay Restoration Act
- 28) H.R. 912, American Indian and Alaska Native Veterans Mental Health Act
- 29) S. 976, the Caring for Survivors Act of 2021

- 30) HR 2269 and S 657 cover herbicide exposure in Thailand
- 31) Bipartisan Bill Introduced to Help Military Survivors
- 32) Legislation asks for Study of Involuntary Discharges for Women
- 33) H.R. 2436, the Veterans Burn Pit Exposure Recognition Act
- 34) H.R. 958—the Protecting Moms Who Served Act
- 35) HR 2127 and S 927, the TEAM bills Veterans Exposed to Toxic Substances
- 36) Ask your Senator to Support S.1520 Military Justice Improvement Act
- 37) Ask your member to support S.810 and H.R. 1972 The Fair Care for Vietnam Veterans Act of 2021
- 38) Ask your member and senator to support HR 2580 and S 1151 to provide for a presumption of service connected disability for certain Veterans who served in Palomares, Spain, and for other purposes
- 39) Ask your Senator to Support S.1520 Military Justice Improvement Act
- 40) HR 855, VETS Safe Travel Act
- 41) HR 3368, the Guam, American Samoa, and Johnston Island bill
- 42) H.R. 2521, Delivering Optimally Urgent Labor Access (DOULA) for Veterans Affairs Act of 2021
- 43) H.R. 1273, the Vietnam Veterans Liver Fluke Cancer Study Act
- 44) H.R. 2968, the Military and Veteran Student Loan Relief Act
- 45) H.R. 845, the VA Billing Accountability Act
- 46) Comprehensive Toxic Exposure Bill Introduced in House
- 47) HR 303 and S 1147 The Retired Pay Restoration Act
- 48) Ask Your Legislators to Support Concurrent Receipt Reform HR-1282

- 49) HR 1656 TREAT PTSD Act
- 50) S. 1664, the Post-Traumatic Stress Disorder (PTSD) Processing Claims Improvement
- 51) H.R. 2724 — VA Peer Support Enhancement for MST Survivors Act
- 52) Please Support H.R. 3452 —Veterans Preventative Health Coverage Fairness Act
- 53) HR 2192, The Camp Lejeune Justice Act of 2021
- 54) HR 5026, The Panama Canal Zone Veterans Act of 2021
- 55) HR 3368, HR 5026, HR 2269, S 657 are all Toxic Exposure Bills that need special attention and more pressure to get passed!
- 56) H.R. 4627, Veterans' Culturally Competent Care Act of 2021
- 57) S. 2172, Building Solutions for Veterans Experiencing Homelessness
- 58) H.R. 4571, the SERVICE Act of 2021
- 59) H.R. 4732, Protect Individual Unemployability Benefit for All Disabled
- 60) S. 1937, the Delivering Optimally Urgent Labor Access (DOULA) for Veterans Act of 2021
- 61) S. 2283 and H.R. 5073—the Crisis Hotline REACH for Veterans Act
- 62) HR 852 and S 221, United States - Israel PTSD Collaborative Research Act
- 63) Ask Congress to Preserve Arlington National Cemetery
- 64) HR 4949 and S 692, the Hello Girls Congressional Gold Medal Act of 2021
- 65) HR 2963, the VOW to Hire Heroes Extension Act of 2021
- 66) S 1970, The Clean Water for Military Families Act
- 67) Support S. 1198/H.R. 2819—the Solid Start Act of 2021
- 68) H.R. 3402/S. 976—Caring for Survivors Act of 2021
- 69) HR 3537 and S 1813, Accelerating Access to Critical

## Therapies for ALS Act

- 70) S. 2386/H.R. 4575, the Veteran Peer Specialist Act
- 71) H.R. 5721—the VIPER Act
- 72) H.R. 5607, Justice for ALS Veterans Act
- 73) HR 2601 and S 1188, SFC Heath Robinson Burn Pit Transparency Act
- 74) S. 3017, Veterans Dental Care Eligibility Expansion and Enhancement Act
- 75) H.R. 4794 and S. 2533, the Making Advances in Mammography and Medical Options (MAMMO) for Veterans Act
- 76) HR 1361 and S 444, AUTO for Veterans Act
- 77) H.R. 4880 and S. 2720, the Veterans' Prostate Cancer Treatment and Research Act
- 78) HR 2800, the WINGMAN Act
- 79) H.R. 5944, Veterans Administration Backlog Accountability Act of 2021
- 80) HR 3400, VA Emergency Transportation Act
- 81) HR 2992, TBI and PTSD Law Enforcement Training Act
- 82) HR 6260, the Casualty Assistance Reform Act of 2021
- 83) H.R. 6064, VA Compensation and Pension exams for claims related to military sexual trauma
- 84) H.R. 5819, Autonomy for Disabled Veterans Act
- 85) HR 3596, the Lawrence J. Hackett, Jr. Vietnam Veterans Agent Orange Fairness Act
- 86) H.R. 2327 – to Remove Delimiting Dates for Survivors and Dependents' Educational Assistance
- 87) S. 2513/H.R. 4772, Improved VA Clothing Allowance Benefit for Disabled Veterans
- 88) S. 3293, the Post 9-11 Veterans Mental Health Care Act of 2021
- 89) HR 6402 and S 1725, will grant a Federal charter to the National American Indian Veterans, Incorporated

90) [HR 6659 and S 3541, the Health Care for Burn Pit Veterans Acts](#)

91) [Ask your member to support S.810 and H.R. 1972 the Fair Care for Vietnam Veterans Act of 2021](#)

92) [H.R. 6543, Restore Veterans Compensation Act](#)

93) [H.R. 3967, Honoring Our PACT Act Going to House Floor for a Vote](#)



### **VA sets new hires up for success**

Are you looking for a new nursing position? VA has you covered. Learn about VA's dedication to new hires and the essential support you'll receive as a VA nurse. Dedication to new hires VA's emphasis on teamwork is beneficial to nurses and patients alike. The team-based, patient-focused philosophy ensures both high patient satisfaction and happy [...]

[Read More](#)



### **Bystander Intervention training keeps VA safe and strong**



Bystander Intervention Training provides Veterans and visitors techniques on what to do if they witness harassment or sexual assault in a VA facility. The free, 30-minute online training explains how to recognize a situation, how to respond and how to get help.

[Read More](#)



## **Naloxone Can Save Lives of At-Risk Veterans**

Naloxone is a first-line defense against overdoses. If there are opioids in your home or you use recreational drugs, keeping naloxone on hand could help save a life. To get naloxone, talk to your VA provider.

[Read the Blog](#)



## **Biloxi VA hosts Mardi Gras parade for Veteran residents... with moon pies!**

Gulf Coast VA employees provided Veterans in the organization's Biloxi, Mississippi, facilities the opportunity to participate in a Gulf Coast tradition - Mardi Gras - Feb. 24.

[Read More](#)



# SUICIDE WARNING SIGNS

## TALK:

- Killing themselves
- Feeling hopeless
- Having no reason to live
- Being a burden to others
- Feeling trapped
- Unbearable pain



## BEHAVIOR:

- Increased use of alcohol or drugs
- Looking for a way to end their lives
- Withdrawing from activities
- Isolating from people
- Sleeping too much or too little
- Visiting or calling people to say goodbye
- Giving away possessions
- Aggression
- Fatigue

## MOOD:

- Depression
- Anxiety
- Loss of interest
- Irritability
- Humiliation/Shame
- Agitation/Anger
- Relief/Sudden Improvement



**Test Positive for COVID-19?**

Did you know that TRICARE covers two oral antivirals for the treatment of COVID-19 at any pharmacy?

In December 2021, the FDA issued an Emergency Use Authorization (EUA) for two oral antivirals, Paxlovid® and Molnupiravir®. These treatments are not a covered pharmacy benefit, but are covered by the TRICARE health plan when ordered by a TRICARE authorized provider.

If you or someone in your family recently tested positive for COVID-19, talk to your doctor to see which treatment is right for you. It's best to talk to your provider as soon as you test positive, as these treatments work best when started early.

Since supplies might be limited, call your pharmacy ahead of time to see if these treatments are available. You must have prescription from an authorized provider to get these treatments at the pharmacy.

[Read More](#)



## **Louise C. Wilmot: First woman to command a naval base**

Louise C. Wilmot was the highest-decorated woman in the military and was one of the first women to pioneer the early steps into integrating and recruiting women in all branches of the military. Wilmot began her career in the Women Officer's Candidate School that orientated women training in the military by other women. For her first duty station at the Naval Air Station in Pensacola, Florida, Wilmot remembers a woman lieutenant commander who was appointed as the senior representative for women. Wilmot said she never felt alone during her training from her and a handful of women.

[Read More](#)



### **Center for Women Vets Book Corner Q&A: Ina Johnson Myers**

This month's Center for Women Veterans featured author is retired combat Army Veteran Ina Johnson Myers, an entrepreneur, radio host, speaker and certified life coach. Myers is the author of "Girl, Don't Play!!! Pray!!!! The Professional Women's Guide to Identifying His Brokenness."

[Read More](#)



### **Learn About Bipolar Disorder and Treatment**

Veterans with bipolar disorder can experience a range of symptoms, including noticeable swings in energy, mood, or sleep habits. VA offers proven treatment options that are effective for most people, and many types of professionals at VA can treat bipolar disorder.

[Learn More](#)



## **Palm Desert VA Clinic moves to new state-of-the-art location**

**VA Loma Linda Healthcare System officials announce the opening of a new state-of-the-art primary care facility on 72700 Dinah Shore Drive in Palm Desert March 3. Veterans enrolled in the Palm Desert community-based outpatient clinic will receive care at the new location.**

The new Palm Desert VA clinic is open 8 a.m.- 5 p.m., Monday through Thursday and 8 a.m. – 2:30 p.m. on Fridays. The clinic is closed on weekends and Federal holidays.

The clinic provides primary care, behavioral health, telemedicine, preventive medicine, neurology, infectious disease, lab, and audiology services. Palm Desert also hosts the MOVE! weight management program supported by the VA National Center for Health Promotion and Disease Prevention.

Palm Desert VA clinic is one of five community-based outpatient clinics providing care to more than 31,000 Veterans in the Inland Empire. Community-based outpatient clinics allow Veterans to receive care close to where they live and increases access to health and wellness services.

VA community-based outpatient clinics in Victorville, Murrieta, Corona, and Rancho Cucamonga moved to new locations on October 1. STGi, a medical contracting company, manages all five community clinics.

The clinic located on Cook St. closed Feb.28.

Veterans enrolled at the Palm Desert VA Clinic can schedule appointments through the VA Loma Linda Healthcare System central appointment line 909-825-7084 ext. 5085, or online at My HealthVet <https://www.myhealth.va.gov/>.

VALLHS is committed to providing safe, quality, consistent healthcare for our Nation's Veterans.

Follow our official website and social media sites for updated information: [VA Loma Linda Health Care](#) | Veterans Affairs  
Facebook <https://www.facebook.com/VALomaLinda>  
Twitter <https://twitter.com/valomalinda>



**CONTACT YOUR  
MEMBERS OF CONGRESS!**

To Call your Representative:

202-225-2305

To Call your Senators:

202-224-3841 or 202-224-3553

To call Different Members of Congress:

202-224-3121

TOLL FREE: 866-272-6622

**PLEASE... STOP Making Excuses!**

[www.veterans-for-change.org](http://www.veterans-for-change.org)



**Marine Corps Veteran fights diabetes with VA  
support**

Dangerous blood sugar levels, then a severe infection, then amputation. Through it all, Marine Corps Veteran is optimistic and grateful to VA.

[Read More](#)



**My grandmother, Sylvia Benton, and the 6888th  
Central Postal Directory Battalion**

A Marine Corps Veteran offers tribute to his grandmother, Sylvia Benton, of the 6888th Central Postal Directory Battalion. My grandmother was my role model. I've wanted to be like her my entire life. She broke barriers with an easy smile and without fear. Her name was Sylvia Benton and she served in the Women's Army Corps during World War II, of which she was fiercely proud. She was a Titan among mortals, a true embodiment of citizenship in a Republic.

[Read More](#)



### **Helping One Can Help Many**

Kyle experienced PTSD after witnessing heavy combat casualties in Iraq, where he served as a Marine Corps field radio operator. His transition back into civilian life was rough and included a trip to jail and a couple of stays at psychiatric hospitals. Some caring Veterans intervened, urging him to get help at VA. That's where Kyle learned how to manage his PTSD, and he now helps other Veterans find their footing.

[Read Kyle's Story](#)



### **Success Leaves Footprints: DHA Observes Black History Month**



What we now call Black History Month was first established by historian Carter G. Woodson in 1926. He wanted to celebrate the achievements of Black Americans as critical to the story of American history.

[Read More](#)



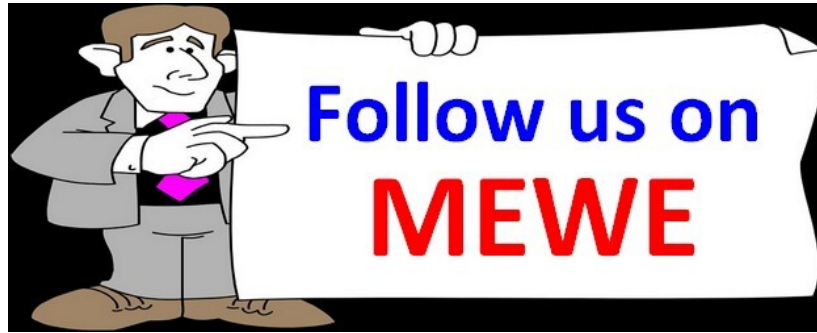
## **VFW Commander-In-Chief Testifies Before Congress**

VFW National Commander Matthew “Fritz” Mihelcic testified before a joint hearing of the House and Senate Committees on Veterans’ Affairs. The VFW delivered its top priority of toxic exposure reform, telling Congress to pass comprehensive legislation for veterans who were exposed to toxic chemicals during their time in service. “For generations, veterans have returned home from war with an array of unexplained health conditions and illnesses associated with the toxic exposures and environmental hazards they encountered in service.

Today is no different, and toxic exposure has become synonymous with military service. For this reason, the time is now for Congress to change the way veterans receive health care and benefits to help save our lives.” [Watch the hearing.](#)

[Read the testimony.](#)





Follow us on [MEWE](#)! The support staff at [MEWE](#) is responsive, open to suggestions and works very hard to protect your personal information.

We hope you will join us on this new site.

[VETERANS-FOR-CHANGE](#)

[HOMELESS HEROES PROGRAM OF VETERANS-FOR-CHANGE](#)

[AMVETS GROUP](#)

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[{USAVET} SUPPORTING GOD & ALL WHO SERVED OUR GREAT NATION](#)

[AMERICANS FOR SOVEREIGNTY](#)



**New heart failure treatment improves Veteran  
quality of life**

Michael Clayton, an Army and Navy Veteran, was the first VA patient in the country to receive an innovative new heart procedure.

[Read More](#)



## **Live Whole Health #111: Tai Chi and the 7-posture series**

It can be overwhelming if your doctor has said "You need to slow down," or "You need to move more," or "You need to take your mind off stress." It feels impossible to manage all of these orders at the same time, but Tai Chi and this 7-posture series may help.

[Read More](#)



## **Vaccines can help prevent cancer**

One easy way to possibly reduce your risk of cancer is to discuss cancer-preventing vaccines with your primary care team.

[Read More](#)



## **Fortitude and Resilience: The Journey of a Navy Medical Student**

Navy Ensign Alexius Russell stands determined, steadfast, and motivated in making her dreams come true.

[Read More](#)



## **VA Proposes New Presumptive Conditions for Burn Pits**

VA is proposing a rule to add nine rare respiratory cancers to the list of presumptive conditions for particulate matter exposure from service in Southwest Asia. The VFW sees this as a step in the right direction to help veterans exposed to burn pits, but remains committed to passing legislation such as the Honoring our PACT Act and the COST of War Act to codify VA's presumptive process.

[Read More](#)



## **Office of Inspector General**

- 1) [Tribal Epidemiology Centers: HHS Actions Needed to Enhance Data Access](#)
- 2) [VA Health Care: Incomplete Information Hinders Usefulness of Market Assessments for VA Facility Realignment](#)



## **Columbia VA hosts American Red Cross blood drive**

There is an emergency blood supply shortage in America. The employees at Dorn VA did their part for the 14th time since March 2020.

[Read More](#)



## **Registration open for 2022 National Veterans Summer Sports Clinic in San Diego**

Registration for the 2022 National Veterans Summer Sports Clinic (NVSSC) is open until April 1 and limited to the first 150 Veteran applicants who submit the required paperwork.

Participation is open to Veterans whose current rehabilitation goals would benefit from the value of adaptive summer sports and is open to Veterans eligible for care and actively engaged in VA health care, including physical rehabilitation, mental health, blind rehabilitation, spinal cord injury, etc.

[Read More](#)



## **Eat snacks and protect your heart**

Most of us don't eat enough fruits, vegetables, and whole grains. Snacks can be a fun and delicious way to change that.

[Read More](#)



## **Remembering Dr. Alexander Augusta, the U.S. Army's First Black Doctor**

Lt. Col. (Dr.) Alexander Augusta was the first African American to be an Army doctor. He was also the first Black Army officer to be buried at Arlington National Cemetery.

[Read More](#)



## **VA's Mission Statement Survey**

In accordance with the Deborah Sampson section of the VFW-supported Johnny Isakson and David P. Roe, M.D. Veterans Health Care and Benefits Improvement Act of 2020 that was passed last year, VA needs to engage with veterans and gain an understanding of their perception of VA's mission statement. As a result, VA recently released a survey asking for feedback on possible alternatives that are more inclusive.

**Take the survey** now and share your ideas before March 11, 2022.





**U.S. FOOD & DRUG**  
ADMINISTRATION

- 1) [B. Braun Medical Inc. Issues Voluntary Nationwide Recall of 0.9% Sodium Chloride for Injection USP 250ML in Excel Due to Fluid Leakage or Low Fill Volume](#)
- 2) [CDER Continues to Make Rare Diseases a Priority with Drug Approvals and Programming to Speed Therapeutic Development](#)
- 3) [COVID-19 Frequently Asked Questions](#)
- 4) [Do Not Use Certain ACON Flowflex COVID-19 Tests: FDA Safety Communication](#)
- 5) [Do Not Use Certain Celltrion DiaTrust COVID-19 Tests: FDA Safety Communication](#)
- 6) [Do Not Use SD Biosensor STANDARD Q COVID-19 Ag Home Tests: FDA Safety Communication](#)
- 7) [FDA Advisory Panel Recommendations on Lifelong Surveillance and Long-Term Postmarket Data Collection for Patients with AAA Endovascular Aortic Repair – Letter to Health Care Providers](#)
- 8) [FDA approves drug for adults with rare form of bone marrow disorder](#)
- 9) [FDA Clinical Trial Guidances Share Biden Administration’s Goals for Advancing](#)
- 10) [FDA Drug Shortages](#)
- 11) [FDA Investigation of Cronobacter and Salmonella Complaints: Powdered Infant Formula \(February 2022\)](#)
- 12) [FDA Patient-Focused Drug Development Guidance Series for Enhancing the Incorporation of the Patient’s Voice in Medical Product Development and Regulatory Decision Making](#)

- 13) [FDA Roundup: March 1, 2022](#)
- 14) [FDA Roundup: March 4, 2022](#)
- 15) [FDA Urges Companies to be 'Recall Ready' to Protect Public Health as Part of Final Guidance for Voluntary Recalls](#)
- 16) [Infant Formula Recall: What to Know](#)
- 17) [Patient-Focused Drug Development: Methods to Identify What Is Important to Patients](#)
- 18) [Sharing Experiences in Rare Diseases Together](#)
- 19) [The Third Synthesis Inc Issues Allergy Alert on Undeclared Egg, Milk, and Wheat Allergen Statement](#)



## **VA to publish recommendations to realign and modernize VA health care nationwide**

VA is preparing to publicly release a report containing recommendations to invest in the most significant redesign of the VA health care system since the World War II era. The recommendations aim to realign and modernize VA health care facilities to improve Veteran health care access and outcomes.

[Read More](#)



## **Get paid work experience through VA's National Diversity Internship Program**



Take a look inside a career at VA – and get paid to do it. If you're a student interested in working at VA, or just looking for some real-world experience, consider our National Diversity Internship Program (NDIP). This paid internship program lets undergraduate and graduate students from diverse backgrounds and cultures explore career options at VA.

[Read More](#)



### **Survival rates higher for Veterans who receive VA emergency care**

Veterans who received emergency care at a VA hospital had a 20% lower mortality rate compared with Vets taken to a non-VA hospital.

[Read More](#)



### **Top African American leaders in the Military Health System share thoughts on service**

They are from different places geographically and followed different paths to get to where they are. But Army Lt. Gen. R. Scott Dingle and Army Command Sgt. Maj. Michael Gragg found themselves among the top leadership in the Military Health System.

[Read More](#)



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## **Have Questions About Your Coverage? Start With the TRICARE Plans Overview**



Did you know that there are multiple TRICARE health plans? They're all outlined in the TRICARE Plans Overview. If you're eligible for or enrolled in a

TRICARE plan, this resource highlights key features, including eligibility, how to get care, and costs information for different health plans.

[Read More](#)



**Find your next job with help from an American Corporate Partners mentor**

American Corporate Partners (ACP) and a Fortune 500 Business mentor can help Veterans find their next civilian career

[Read More](#)



## **Why I get my health care at VA: Veterans speak on Vet Centers**

Where do you go when you return from combat and need help readjusting to civilian life? These Veterans found that Vet Centers – VA's storefront centers staffed by combat Veterans who understand what it's like to transition – helped them the most. There, they got connected to community resources, VA benefits and services, and found someone to listen to their experiences.

[Read More](#)



## **Laughter Heals: Veterans Comedy Boot Camp**

A Comedy Boot Camp hosted in partnership with Arts Altoona and the Altoona VA Medical Center is helping Veterans live Whole Health through laughter and camaraderie, one joke at a time.

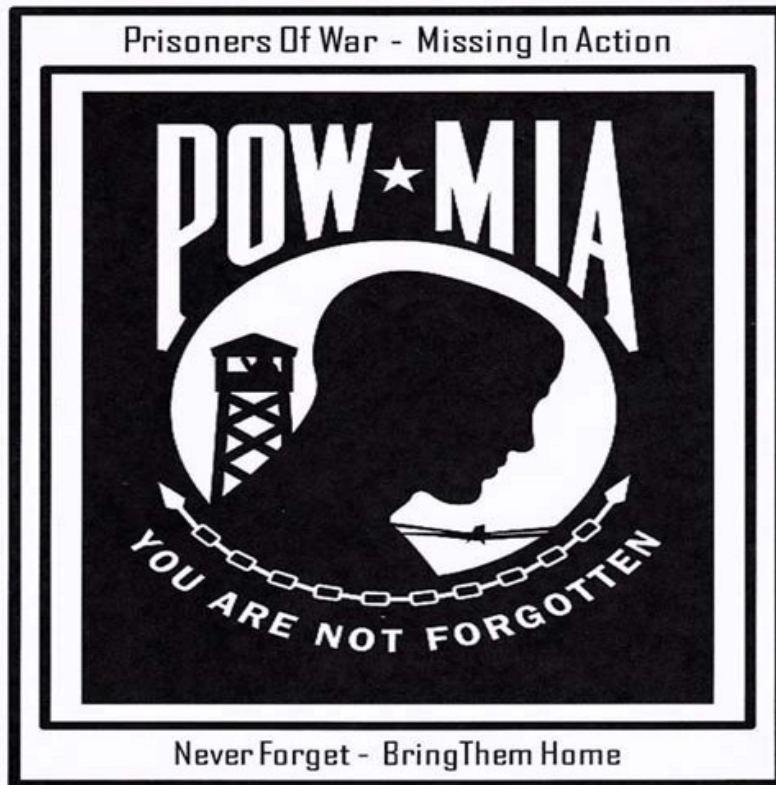
[Read the full story](#)



## **Fort Belvoir Nursing Chiefs in Unique Position as African Americans**

At Fort Belvoir Community Hospital at Fort Belvoir, Virginia, African Americans serve as both chief and deputy chief of nursing services. Army Col. Clausyl "C.J." Plummer is the chief nursing officer, and Navy Capt. Jamesetta Goggins is deputy chief nursing officer.

[Read More](#)



DOC



## **VA will propose adding rare respiratory cancers to the presumed service-connected list**

On March 1, VA announced its intention of adding nine rare respiratory cancers to the list of presumed service-connected disabilities in relation to exposure to toxic chemicals in the air, water, or soil for Veterans who served any amount of time in the Southwest Asia theater of operations.

[Read More](#)



## **Army Veteran a biostatistician, researcher at Iowa City VA**

Initially, I served with the United States Army Reserve in St. Cloud, Minnesota. I was a technical engineer, which means that I learned how to do so soils testing, drafting, and surveying. (I think it's funny that I now work on a totally different kind of survey as a researcher.)

[Read More](#)



**Caregiver Support Line Monthly Education Call.**

This March, the VA Caregiver Support Line's (CSL) monthly education call will focus on the theme Goodbye to Going it Alone: Learning to Ask for Help. Join the monthly education call this March on one of the following dates and times:

**Wednesday, March 9, 2022, at 7:00 p.m. ET (6:00 p.m. CT; 5:00 p.m. MT; 4:00 p.m. Pacific)**

**Wednesday, March 16, 2022, at 3:00 p.m. ET (2:00 p.m. CT; 1:00 p.m. MT; 12:00 p.m. Pacific)**

Caregivers must register to join the CSL monthly education call. To register, call 1-855-260-3274. Caregivers who are unable to attend the calls can access presentations on the [CSL's webpage](#).



## **A New Way to Meet with Your Military Health Care Team**

You and your family can conveniently get care in a new and easy way. All active duty service members, retirees, and families enrolled in a military hospital or clinic can now use MHS Video Connect - the Military Health System's web-based telehealth solution to access care.

[Learn More](#)



## **President Biden Gives State of the Union Address to Congress**

President Joe Biden gave his first State of the Union address to Congress. The 62-minute speech comes as inflation dramatically increased raising the consumer price index 7.5 percent annually by the end of January, the fastest rise since 1982. Further, Congress has been unable to agree on funding levels for the government in FY2022. In addition, there is an international crisis created by the Russian invasion of Ukraine.

The FRA is thankful that the president addressed the veterans burn-pit/toxic exposure issue, calling on Congress to pass legislation. He noted his deceased son Beau, an Army veteran, was exposed to burn pit pollutants and said many veterans, like his son, suffer from lifelong injuries including cancer, after serving in combat. He said Beau may have developed his brain cancer as a result of exposure to toxins from burn pits in Iraq. He called on the Department of Veterans Affairs to expand presumptions for these types of disability claims.

The first item addressed in his speech was the Russian invasion of Ukraine. He then discussed the problem of inflation and noted economic gains over the past year. He proposed initiatives to reduce ocean shipping costs and spiraling nursing care costs for the elderly.

The president pledged to address what he says is a mental health crisis in America. President Biden promoted a new three-digit crisis line already available in many parts of the country and is expected to go nationwide in July. He also proposed \$700 million in funding for local crisis centers. He thanked Congress for progress made against the COVID-19 pandemic.



**If you received this newsletter as a courtesy or a forward from a friend or relative, you can sign up to receive in your E-mail every week.**



*[CLICK HERE TO SUBSCRIBE TO THE VFC NEWSLETTER!](#)*



## **Medical support assistants play vital role in Veteran care**

At VA, medical support assistants serve as important members of our clinic teams, allowing us to effectively carry out day-to-day administrative operations in support of Veterans. Providing medical administrative support, you'll work to connect Veterans with VA providers as you earn a competitive salary and unbeatable benefits. "I love serving our Veterans," shared one of [...]

[Read More](#)





## **Health Equity Podcast Episode 8 – LGBTQ+ Veteran health**

In this episode, Julia McGirr, fellow with the Office of Health Equity, is joined by Dr. Ernest Moy, executive director of OHE; and Kayla Williams, assistant secretary, Office of Public and Intergovernmental Affairs. Moy summarizes the findings of the LGB Veteran Health Chartbook. Since VA does not currently collect data on the sexual orientation of Veterans, OHE partnered with the National Center for Health Statistics at the Centers for Disease control. This enabled them to use data they collected from national surveys on the health and health care of different Veterans groups.

[Read More](#)



## **Better Sleep, Digital Benefits Guide, and Burial Benefits**

In this episode of The BLUF we look at treating PTSD with better sleep, the new Digital Benefits Guide, and Burial and Memorial Benefits. Watch the episode to learn more.

[WATCH](#)



## **House and Senate Veterans Affairs Committees Hold Joint Hearing**

The House and Senate Veterans Affairs Committees held their annual hearings on veteran's issues. This year's hearings are

set against the backdrop of competing bills that would expand care and benefits from the Department of Veterans Affairs for veterans who were exposed to airborne contaminants and other toxins during their military service. The Senate has already passed the Health Care for Burn Pit Veterans Act (S.3541), which extends the period of eligibility for veterans to apply for benefits.

The "Promise to Address Comprehensive Toxins (PACT) Act" (H.R. 3967), goes much farther. It creates new service presumptions for more than 20 health conditions, expands research, and allows more veterans to receive coverage for the effects of toxic exposure. The House passed the bill that is estimated to cost \$300 billion over 10 years.

The FRA submitted a statement for the joint hearing that supports both toxic exposure bills. The statement raises alarm over the VA family caregiver program's expansion not being properly implemented. The VA's revised regulation tightened the eligibility criteria substantially beyond what is required by law. As the VA's regulation substantially changes the program's eligibility criteria, the process to determine a veteran's need for assistance, and the entire methodology and basis for the stipend paid to the caregiver. The FRA is concerned that many caregivers will be unable to obtain assistance, which was the intent of the 2018 Act. The FRA statement also includes commentary on other veteran's health care issues, mental health challenges, veteran's homelessness, and veteran suicide, among other issues.

Everyone can weigh in on the toxic exposure issue by using the [FRA Action Center](#) online.



**Our values  
match yours.**



[www.veterans-for-change.org](http://www.veterans-for-change.org)

*CLICK HERE TO GO TO THE VFC WEBSITE*



## **VA honors women on the front lines**

Women's History Month: VA celebrates women on the front lines... active duty, Veteran, or VA employee, VA is proud to honor them.

[Read More](#)



## **"I Am Not Invisible 3.0" Women Veterans Panel Discussion [March 8, 2022]**

Virtual – Women have played a crucial role in protecting our country and our democracy since America's founding. They have served in every major conflict since the Revolutionary War. Today there are over two million women veterans in the United States. They comprise the fastest growing and most diverse demographic in military and veteran population. Despite centuries of honorable service and constant growth, women who serve are still often overlooked leaving many women veterans to feel unheard and unseen. The Library of Congress Veterans History Project (VHP) and the U.S. Department of Veterans Affairs Center for Women Veterans invites the public to a virtual panel titled "I Am Not Invisible 3.0" through the VHP Facebook page. Marking International Women's Day, the panel will explore the challenges they face, communities they represent and discuss how we can all be better advocates. This virtual event is on March 8, 2022 at 6:00 p.m. Sign up now!

[Read More](#)



## **VA is Here for You During Times of Emotional Distress**

Veterans may be experiencing a range of challenging emotions related to the Russian invasion of Ukraine. Veterans who served in U.S. military conflicts may be feeling emotional distress, reminded of their own deployment experiences. Click the link below for a list of available VA and partner resources.

[LEARN MORE](#)



## **VA will Add Rare Cancers to Presumption List**

The Department of Veterans Affairs intends to propose adding certain rare respiratory cancers to the list of [presumed service-connected disabilities](#) in relation to military environmental exposure to particulate matter.

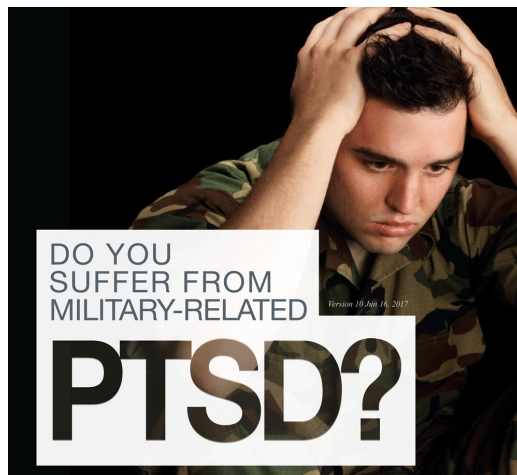
The VA determined through a review of scientific and medical evidence there is biologic plausibility between airborne hazards, specifically particulate matter, and carcinogenesis of the respiratory tract, and that the unique circumstances of these rare cancers warrant a presumption of service connection. Based on these findings, the VA's secretary is proposing a rule that will add presumptive service connection for several rare respiratory cancers for certain veterans. The cancers under consideration include:

- Squamous cell carcinoma of the larynx.
- Squamous cell carcinoma of the trachea.
- Adenocarcinoma of the trachea.
- Salivary gland-type tumors of the trachea.
- Adenosquamous carcinoma of the lung.
- Large cell carcinoma of the lung.
- Salivary gland-type tumors of the lung.
- Sarcomatoid carcinoma of the lung.
- Typical and atypical carcinoid of the lung.

"This is the right decision. The rarity and severity of these illnesses, and the reality that these conditions present a situation where it may not be possible to develop additional evidence prompted us to take this critical action," said VA

Secretary Denis McDonough. "We'll continue to hold ourselves accountable to veterans to provide more care, more benefits and more services to more veterans than ever before."

The VA intends to focus its rule on the rare respiratory cancers listed above, in veterans who served any amount of time in the Southwest Asia theater of operations and other locations. The VA will invite and consider public comments as part of this process. Once rulemaking is complete, they will reach out to impacted veterans and survivors to inform them about potential eligibility.



**Veterans Crisis Line:  
1-800-273-8255 & Press 1  
Ntl Call Center for Homeless Vets  
1-877-424-3838**



**Naloxone can save the lives of at-risk Veterans**

Learn more about naloxone and how it can save a Veteran's life. It's available for free from VA for those patients who need it.

[Read More](#)



## **PTSD and Relationships**

Trauma and PTSD can lead to problems that affect interactions with others, including close family and friends. The symptoms of PTSD can cause problems with trust, closeness, communication, and problem solving in a relationship.

PTSD affects families and others as well as the person who experienced trauma. Living with someone who is easily startled, has nightmares, and/or avoids social situations can take a toll on the most caring family members.

### **Get Support**

- The [Couples Coach mobile app](#) can help couples living with PTSD to improve your relationship and explore new ways to connect.
- [Resources for families and friends](#) to help you take care of yourself while supporting someone with PTSD.
- [Coaching Into Care](#) offers free telephone advice and support for families and friends of Veterans.

[Read More](#)



## **VA to Publish Recommendations to Realign, Modernize VA Health Care Nationwide**

On March 14, VA will publish a report on modernizing and realigning VA health care facilities to improve access and outcomes for Veterans. The recommendations, if implemented, would result in the most significant VA health care system redesign since the World War II era.

[READ MORE](#)



### **Resources available to Veterans experiencing emotional distress due to recent world events**

Due to recent world events, Veterans may be feeling emotional distress as they may be reminded of their own deployment experiences.

[Read More](#)





## **Veteran News Network to Air TheSixTripleEight Documentary**

In February 1945, the U.S. Army sent 855 black women from the Women's Army Corps (WACs) to England and France to clear the backlog of mail in the European Theater of Operations.

The 6888th Central Postal Directory Battalion, known as the SixTripleEight, was the only all-black female battalion to serve in Europe during WWII. Confronted with racism and sexism from their own leadership and troops, they served with honor and distinction completing their mission in six months. By war's end, the SixTripleEight had cleared over 17 million pieces of backlogged mail ensuring the troops stayed in touch with their loved ones back home. The last of the women returned home in March 1946. They were never fully recognized...until now.

Tune in to the [Veterans News Network](#) each night at 8 p.m. from February 24 through March 3 to see the full [TheSixTripleEight](#) documentary.

[Watch the Trailer](#)



## **VA Proposes Adding Rare Respiratory Cancers to the Presumed Service-connected List**

VA recently announced its intention of adding nine rare respiratory cancers to the list of presumed service-connected disabilities in relation to exposure to toxic chemicals in the air, water, or soil for Veterans who served any amount of time in the Southwest Asia theater of operations.

[LEARN MORE](#)



## **Tax & Credit Information**



- 1) Child Tax Credit payments: IRS online portal now available in Spanish; Nov. 29 is last day for families to opt out or make other changes
- 2) Holiday scam reminder: Gift cards are never used to make tax payments
- 3) Important charitable giving reminders for taxpayers
- 4) Interest rates remain the same for the first quarter of 2022
- 5) IRS resources help taxpayers determine if an offer in compromise is the right way to resolve tax debt
- 6) National Tax Security Awareness Week, Day 2: Giving Tuesday reminder that scammers can use fake charities to get sensitive information
- 7) National Tax Security Awareness Week, Day 3: Choosing a special Identity Protection PIN adds extra safety for taxpayers
- 8) National Tax Security Awareness Week, Day 4: Security Summit warns tax pros that pandemic adds to data-theft risks; offers tips and outlines common scams
- 9) Some important things all taxpayers should do before the tax year ends
- 10) Taxpayer alert as holidays, tax season approach: Watch out for scams, protect financial information; National Tax Security Awareness Week, Day 1 highlights important tips
- 11) Tips to protect your data, security, and privacy from a hands-on expert
- 12) Understanding taxpayer rights: The right to privacy
- 13) What small business owners should know about the depreciation of property deduction
- 14) What taxpayers can do now to get ready to file taxes in 2022



## **VA volunteers and leaders connect with Veterans during Salute Week**

Volunteers and VA leaders, including the VA Secretary, have joined the Compassionate Contact Corps to call Veterans during Salute Week.

[Read More](#)



**My grandmother, Veteran News Network:  
Television for Veterans, by Veterans**

A new way VA is working to build trust, improve health outcomes and improve the Veteran experience is through the Veteran News Network (VNN). VNN is a television channel developed for Veterans, largely by Veterans. The TV channel is currently being used by more than 130+ VA Medical Centers and Clinical Based Outpatient Clinics across the country.

Veterans Watch Veteran News Network while awaiting their medical appointments

Created in response to customer feedback drawn from Veteran Signals surveys, VNN gives medical centers and clinics increased flexibility as it represents an alternative to the cable news and typical daytime television programming. The channel offers a mix of entertaining, informative and inspiring Veteran-centric content 24 hours a day, seven days a week. This makes VNN a powerful public health tool while simultaneously offering Veterans a sense of community through shared experience.....

[Read More](#)



**Distressed over the invasion? We can help**

If you served in the U.S. military, you may be feeling emotional distress related to the Russian invasion of Ukraine. Please know that we at VA are here for you during this difficult time. You can speak to another Veteran, talk to a therapist, visit one of our Vet centers, or use any of VA's mental health services.

[Read More](#)



The Defense POW/MIA Accounting Agency announced one burial update and one new identification for service members who have been missing and unaccounted-for from World War II. Returning home for burial with full military honors are:

**Navy Chief Water Tender White**, 40, of Yorkville, Tennessee, was assigned to the battleship USS Oklahoma, which was moored at Ford Island, Pearl Harbor, when the ship was attacked by Japanese aircraft on Dec. 7, 1941. The USS Oklahoma sustained multiple torpedo hits, which caused it to quickly capsize. The attack on the ship resulted in the deaths of 429 crewmen, including White. He will be buried on April 19, 2022, in Dyer, Tennessee. [Read about White.](#)

**Army Air Forces 2nd Lt. Eugene P. Shauvin**, 25, was assigned to the 95th Troop Carrier Squadron, 440th Troop Carrier Group. On Sep. 17, 1944, the C-47 Skytrain aircraft he was piloting was shot down over Belgium. The four-person crew, including Shauvin, and five paratroopers died in the crash. Following the war, his remains could not be identified. Interment services are pending. [Read about Shauvin.](#)



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Riverside County, CA

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**Please do not reply to this E-Mail, this is an unattended E-Mail address, please send all correspondence to:**

[Jim.Davis@Veterans-for-change.org](mailto:Jim.Davis@Veterans-for-change.org)

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