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Roasted Asparagus Salad With Citrus Dressing

Prep Time: 20 mins

Cook Time: 15 mins

Total Time: 35 mins

Ingredients

- 2 pounds asparagus, (about 2 bunches), trimmed
- 1 pint(s) tomato(es), cherry, or pear, red or mixed colors
- 1 tablespoon extra-virgin olive oil
- 3/4 teaspoon salt, divided
- pepper, black ground, to taste
- 1 tablespoon lemon juice
- 1 tablespoon orange juice
- 1 tablespoon honey
- 1/2 teaspoon mustard, Dijon
- 2 bunch(es) watercress, tough stems removed (about 4 cups lightly packed)
- 2 tablespoon dill weed, fresh, finely chopped

Recipe Tip:

If you can find it, organic raw honey is your best bet.

Preparation

1. Preheat oven to 450°F.
2. Place asparagus in a large bowl. Add tomatoes and oil and toss to coat. Spread in a heavy roasting pan or rimmed baking sheet, spooning the tomatoes between and on top of the asparagus. Sprinkle with 1/2 teaspoon salt and add a generous grinding of pepper. Roast until the asparagus is crisp-tender and the tomatoes are warmed and slightly crinkled, about 15 minutes. Set aside until ready to serve.
3. Whisk lemon juice, orange juice, honey, mustard and remaining 1/4 teaspoon salt in a medium bowl until blended. Reserve half of the dressing in a small bowl.
4. Add watercress to the medium bowl; toss to coat. Spread the watercress on a platter. Arrange the roasted asparagus on the watercress and top with tomatoes. Drizzle the reserved dressing over the asparagus and tomatoes; sprinkle with dill. Serve warm or at room temperature.