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Passion Fruit Juice Pops

Prep Time: 10 mins

Rest Time: 3 h

Total Time: 10 mins

Ingredients

- 3 tablespoon sugar
- 3 tablespoon water
- 1 cup(s) guava nectar or pineapple juice
- 1/2 cup(s) passion fruit juice blend
- 2 tablespoon lime juice
- 1/2 teaspoon vanilla extract

Recipe Tip:

Freeze 3 to 4 hours.

Preparation

1. In a small bowl, combine sugar or sugar substitute and the water; stir until sugar is dissolved. Stir in guava nectar or pineapple juice, passion fruit juice blend, lime juice, and vanilla.
2. Divide juice mixture among eight compartments of a freezer pop molds. (Or pour into 3-ounce paper or plastic cups. Cover the cups with foil. With a sharp knife, make a slit in the foil of each. Add sticks or plastic spoons for "handles.") Freeze for 3 to 4 hours or until firm.

