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Melon-Ginger Smoothie

Prep Time: 10 mins

Total Time: 10 mins

Ingredients

- 1 cup(s) melon, honeydew, chopped
- 1/3 cup(s) kiwi, chopped and peeled
- 1/2 banana(s), sliced
- 1/4 cup(s) grape juice, white
- 1/2 teaspoon ginger, juice
- 2 teaspoon lime juice
- 1/3 cup(s) lemon sorbet
- 1/2 cup(s) ice cubes

Preparation

Place ingredients in the order listed in a blender. Pulse three times to chop the fruit, then blend until smooth.

Serve immediately.

