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# Veterans-For-Change

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## **Roasted Brussels Sprouts with Hazelnut Brown Butter**

Prep Time: 10 mins Cook Time: 21 mins Total Time: 31 mins

### **Ingredients**

- > 1 tablespoon butter
- > 1 pounds brussels sprouts, trimmed and quartered
- > 1/4 cup(s) nuts, hazelnuts, chopped
- > 1/4 teaspoon salt
- > pepper, black ground, to taste
- 3 tablespoon water

## **Preparation**

Position rack in bottom third of oven; preheat to 450°F.

Place butter on a large rimmed baking sheet and roast until the butter is melted, browned and fragrant, 4 to 5 minutes. Remove the baking sheet from the oven; toss Brussels sprouts and hazelnuts with the browned butter and sprinkle with salt and pepper.

Return to the oven and roast for 7 minutes. Sprinkle with water; toss and continue roasting until the sprouts are tender and lightly browned, 7 to 9 minutes more.