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Minted Peas and Rice With Feta

Prep Time: 5 mins Cook Time: 10 mins Rest Time: 5 mins Total Time: 20 mins

Ingredients

- > 1 1/4 cup(s) broth, reduced-sodium chicken
- > 3/4 cup(s) rice, brown, instant
- > 1 1/2 cup(s) peas, frozen
- > 3/4 cup(s) scallion(s) (green onions), sliced
- > 1/4 cup(s) cheese, feta, crumbled
- > 1/4 cup(s) mint, fresh, sliced
- > pepper, black ground, to taste

Preparation

- 1. Bring broth to a boil in a large saucepan over high heat. Add rice and bring to a simmer; cover, reduce heat to medium-low and cook for 4 minutes.
- 2. Stir in peas and return to a simmer over high heat. Cover, reduce heat to medium-low and continue to cook until the peas are hot and the rice has absorbed most of the liquid, about 6 minutes.
- 3. Remove from heat and stir in scallions, feta, mint and pepper. Cover and let stand until the liquid is absorbed, 3 to 5 minutes.

