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## Spicy Blue Cheese Dip

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- 2/3 Cup sour cream, reduced-fat
- 2/3 Cup cheese, blue (crumbled)
- 1 Tbsp vinegar, white, distilled
- 1/4 Tsp pepper, cayenne

Whisk sour cream, blue cheese, vinegar and cayenne in a small bowl.

Makes 8 Servings

