

Uploaded to the VFC Website

This Document has been provided to you courtesy of Veterans-For-Change!

Feel free to pass to any veteran who might be able to use this information!

For thousands more files like this and hundreds of links to useful information, and hundreds of "Frequently Asked Questions, please go to:

Veterans-For-Change

If Veterans don't help Veterans, who will?

Note:

VFC is not liable for source information in this document, it is merely provided as a courtesy to our members & subscribers.



Stuffed Artichokes

- 3 Cans Artichokes In Water, reserve water
- 8 Oz Cream Cheese
- ³⁄₄ Cup Grated Parmesan Cheese
- ¹/₈ Cup Chopped Fresh Chives
- 2 Roma Tomatoes
- ¹/₄ Cup Seasoned Breadcrumbs Salt & Pepper, to taste

Drain artichokes on paper towel upside down. With a sharp small knife, cut around inside of artichoke to loosen center, remove. Mix cream cheese, Parmesan cheese (reserving 1/8 cup,) breadcrumbs and chives. Add salt and pepper. Using a small spoon, fill centers of artichokes with mixture. Arrange in an 8 inch round baking dish. Slice tomatoes and place on top of each artichoke. Sprinkle reserved Parmesan cheese over tomatoes. Pour liquid from artichokes to cover bottom of dish. Bake in a 400 degree oven, uncovered, approximately 25 minutes, or until Parmesan cheese is golden brown.

Makes 4-6 servings