

Uploaded to the VFC Website



This Document has been provided to you courtesy of Veterans-For-Change!

Feel free to pass to any veteran who might be able to use this information!

For thousands more files like this and hundreds of links to useful information, and hundreds of "Frequently Asked Questions, please go to:

Veterans-For-Change

If Veterans don't help Veterans, who will?

Note:

VFC is not liable for source information in this document, it is merely provided as a courtesy to our members & subscribers.



Low Fat Tiramisu Cheesecake

- 2 Pkgs (8 ounces ea) fat-free cream cheese
- 1 Pkgs (4 ounces) sugar free instant vanilla pudding mix
- 2/3 Cup dry milk powder
- 1 Cup cold coffee
- 1 Tsp Brandy extract
- 3/4 Cup Cool-Whip Lite
- 1 (6 ounce) prepared chocolate pie crust
- 2 Tbsp unsweetened cocoa

In a large bowl, stir cream cheese with a spoon until soft. Add dry pudding mix, dry milk powder and coffee. Mix well using a wire whisk. Blend in brandy extract and 1/4 cup Cool Whip Lite. Spread mixture into pie crust. Evenly drop remaining Cool Whip Lite by tablespoon to form 8 mounds. Sprinkle chocolate chips over top. Refrigerate for at least 1 hour. Cut into 8 servings.

Makes 8 Servings