

Uploaded to the VFC Website



This Document has been provided to you courtesy of Veterans-For-Change!

Feel free to pass to any veteran who might be able to use this information!

For thousands more files like this and hundreds of links to useful information, and hundreds of "Frequently Asked Questions, please go to:

Veterans-For-Change

If Veterans don't help Veterans, who will?

Note

VFC is not liable for source information in this document, it is merely provided as a courtesy to our members & subscribers.



Red, White & Blue Potato Salad

- 2 Pounds baby potatoes, a mix of white and blue (or purple)
- 1/4 Cup lemon juice
- 3 Tbsp extra-virgin olive oil
- 1/2 Tsp salt
 - Freshly ground pepper to taste
- 3/4 Cup chopped roasted red peppers, rinsed
- 4 Scallions, thinly sliced
- 1/4 Cup chopped fresh mint
 - 1) Place potatoes in a large saucepan or Dutch oven and cover with lightly salted water. Bring to a boil and cook until tender, about 15 minutes. Drain and rinse with cold water. Transfer to a cutting board. Let cool for 20 minutes.
 - 2) Whisk lemon juice, oil, salt and pepper in a large bowl. Cut the potatoes in half, add to the bowl and toss to coat.
 - 3) Just before serving, add peppers, scallions and mint to the salad and toss gently.

Makes 4 1/2 Cups

