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Veterans-For-Change

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If Veteran's don't help Veteran's, who will?

We appreciate all donations to continue to provide information and services to Veterans and their families.

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Note:

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RESOURCES



The Veterans Health Council
is a network of more than 30
professional organizations
invested in the health of
America's veterans.
Please go to the
VHC website at:

www.veteranshealth.org

for the list of VHC participants and how to reach them.

The VHC is a program of Vietnam Veterans of America.

Caution: Military Service May Pose Increased Risks To Health

If you wish to file a VA claim,
for compensation and/or
health care benefits, contact an
accredited veterans service officer
for further information.
www.va.gov/ogc/apps/accreditation/

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AM VETTE PYZOS

Vietnam Veterans of America 8605 Cameron Street, Suite 400 Silver Spring, Maryland 20910 301-585-4000

www.vva.org

Veterans & Their Families:

WHAT YOUR
HEALTH CARE
PROVIDER
SHOULD
KNOW

Did You Serve in the U.S. Military?

The Department of Veterans
Affairs has determined that
certain illnesses have been
associated with military
service. Please check the
lists of illnesses and health
concerns that have been
identified with service
during the wars listed in this
brochure. If you served during
one or more of these periods
of war and have any of the
highlighted diseases, you may
be eligible for compensation,
benefits and health care.



VIETNAM WAR

FEBRUARY 28, 1961 - MAY 7, 1975

- ✓ PTSD (Post-traumatic Stress Disorder)
 and related mental health disorders
 caused by PTSD: symptoms include
 re-experiencing the traumatic event,
 emotional numbing, and hyper-vigilance.
- **Exposure to Agent Orange (dioxin) and** other toxic chemical herbicides: acute and sub-acute peripheral neuropathy; adult onset Type II Diabetes mellitus (and subsequent complications); Hodgkins disease; non-Hodgkins lymphoma; cancers of the bronchus, larynx, lung, prostate, and trachea; soft tissue sarcomas other than osteosarcoma, chondrosarcoma, Kaposi's sarcoma, and mesothelioma: chloracne or other acne-like similar diseases and poryphyria cutanea tarda if manifested within a year after the last date on which the veteran was exposed to the herbicidal agent during active military service.
- ✔ Birth defects: spina bifida in children born to either male or female Vietnam veterans.
- **Birth defects in children born to female Vietnam veterans:** achondroplasia;
 cleft lip and cleft palate; congenital heart
 disease; congenital clubfoot; esophageal
 and intestinal atresia; Hallerman-Streiff
 syndrome; hip dysplasia; Hirschprung's
 disease; hydrocephalus due to aqueductal
 stenosis; hypospadias; imperforate
 anus; neural tube defects; Poland
 syndrome; pyloric stenosis; syndactyly;
 tracheoesophageal fistula; undescended
 testicles; and Williams syndrome.
- ✔ Hepatitis B, Hepatitis C, HIV/AIDS
- **✓** Substance abuse
- ✓ Military Sexual Trauma

PERSIAN GULF WAR

AUGUST 2, 1990 – DATE TO BE DETERMINED, INCLUDES OPERATIONS DESERT SHIELD AND DESERT STORM

- ✓ PTSD (Post-traumatic Stress Disorder) and related mental health disorders caused by PTSD: symptoms include re-experiencing the traumatic event, emotional numbing, and hyper-vigilance.
- Gulf War Illness: medically unexplained chronic, multi-symptom illnesses defined by a cluster of symptoms that have existed for six months or more, including chronic fatigue syndrome, fibromyalgia, and irritable bowel syndrome; may also include headaches, muscle pain, skin disorders, neurological symptoms, weight loss, and menstrual disorders.
- **Leishmaniasis:** a parasitic disease spread by the bite of infected sand flies.
- Amyotrophic lateral sclerosis (ALS): commonly called Lou Gehrig's Disease; a rapidly progressive, invariably fatal neurological disease.
- Exposure to chemical smoke, chemical and biological agents, and depleted uranium
- Immunizations
- ✓ Substance abuse
- Military sexual trauma

GLOBAL WAR ON TERROR

SEPTEMBER 11, 2001 - DATE TO BE DETERMINED, INCLUDES OPERATIONS IRAQI FREEDOM AND ENDURING FREEDOM

- ✓ PTSD (Post-traumatic Stress Disorder) and related mental health disorders caused by PTSD: symptoms include re-experiencing the traumatic event, emotional numbing, and hyper-vigilance.
- ✓ TBI traumatic brain and spinal cord injuries; combined penetrating, blunt trauma, burn and blast injuries.
- Multi-drug resistant Acinobacter: an opportunistic strain of bacteria that can become deadly if untreated.
- ✓ Leishmaniasis: a parasitic disease spread by the bite of infected sand flies.
- Vision loss
- Hearing loss, tinnitus
- Traumatic amputation
- Exposure to depleted uranium
- Substance abuse
- Military sexual trauma

NOTE: In some cases, Dependency & Indemnity Compensation, education benefits, and CHAMPVA medical care may be available for the surviving spouses and children of certain veterans.

DEPENDENCY & INDEMNITY COMPENSATION

To be eligible for DIC benefits, a surviving family member must show the following:

- The family member meets one of the following criteria: you were married to the veteran at the time of death and you had lived with the veteran from the date you were married until the veteran's death, unless separation occurred because of the veteran's misconduct without fault on your part; you are not currently married, remarried after age 57; or you are not currently living with another person and claiming to be the spouse of that person. There may be different rules that apply if you either were married to the veteran for less than one year or were in a commonlaw relationship with the veteran;
- you are a son or daughter of the veteran under the age of 18, unmarried, and there is no eligible surviving spouse;
- you are a son or daughter of the veteran, 18 years old or older, and before you reached the age of 18, you became disabled and permanently unable to support yourself;
- you are the son or daughter of the veteran, unmarried, between the ages of 18 and 23, and currently attend a VA-approved school; and
- you are the surviving parent or parents of a deceased veteran. The term "parent" includes a biological, adoptive, or foster parent. A foster parent is a person who legally stood in the relationship of a parent to the veteran for at least one year before the veteran's last entry into active duty.

Eligibility for dependent parents' DIC is need-based. When countable income exceeds the limit set by law, no benefit is payable. Income limits are adjusted annually.